tement, are no less u may be sure the the greatest value to fession here, which in the war in which ad Canada fought as ust the relations be neighboring countrie e inspired with the anmiated your action

BECK BETTER an. 3. Advies from me where Sir Adam ellent night and that this mc

Company ATHARINES

.\$1,000,000.00 .. 527,300.00 ... 145,000.00 ... 1,100,000.00

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"Fruit-a-tives" Restored Her To Perfect Health

158 PAPINEAU AVE., MONTREAL. For three years, I suffered great in the lower part of my body. with swelling or bloating. I saw a pecialist who said I must undergo or operation. I refused. A heard abo. "Fruit-a-tives" so

lerided to try if t The first box we great relief; and continued the freament. Now my health is except-I am free of ain-and Ig. e "Fruit-a-tives" my warmest thanks". Mme. F. GAREAU

50c. a box, 6 for \$2.50, trial size 25c. It all dealers or sent postpaid by ruit-a-tives Limited, Ottawa.

THE LURE OF HOME

is in the home that good or bad is formed. Musically speaking, may be divided into three

first is the musicless home, where s no musical instrument, no nd of happy song. In such a home sical instincts die for lack of food. one would dream of starving a ld's color sense by forcing him to are all day at utterly blank white alls. The home without color and id of pictures is unknown, but the without music still persists

Then there is the musically unedued home. Here there may be seval instruments, but the music play-is usually trashy and the singing of the sort popular in vaudeville child reared in such a home will. up with no real knowledge or of music. Popular music need be totally forsworn, but see to it your children hear in their home

Incubator FOR SALE

Manson - Campbell) Chatam make; 160 egg capacity Price \$12. Can be seen at

198 Lake Avenue

at least some really fine, noble music | A PIMPLY FACE OR to refine and ennoble their spirits. Last, and hitherto, unfortunately, least numerous, as the truly musical home, where good music is recognized to be not merely a luxury, but a necessity, where the child's spirit is fed with good music as his body is nour-

with good books. Music strengthens and beautifies home life. Gather the children and their friends about the piano in the string quartette or band. But whether the performance is, artistically considered, a success or not, it will draw the family together, make the ome a centre of youthful happiness

MAYOR BY ONE VOTE

al returns made at noon yesterday gave W. H. Taylor the majority by the narrow margin of one vote. His opponent, A. A.McIntyre, who ran on the labor ticket, may ask for a recount. It is the closest election results recorded here in 30 years.

## **Properties For Sale**

\$1300.00 On Hainer St., one and one-half storey frame dwelling on large lot 48x110 ft. five rooms, good soil will accept small cash

\$1700.00-On North St,. large cot- Ont. tage with barn, all are in fair repair, central, will accept small cash payment, balance arranged.

\$1800.00-On Sherwood Ave., frame cottage in good repair, two bedrooms will accept small cash payment, balance arranged.

\$2000.00 On Leeper St., frame cottage with barn, all in good repair, will accept small cash pay-\$2500.00 On Catherine St., large

frame cottage, three bedrooms large lot, will accept \$1000.00 cash, balance mortgage at 7 per cent.

\$3600.00-On Dacotah St., twostorey new brick dwelling, every convenience, all in good repair, will gage at 7 per cent.

KERNAHAN & GRAVES

ADVERTISE IN THE JOURNAL

DOCTOR WARD, The Specialist

BACKACHE, LUMBAGO, RHEUM MATISM, STOMACH AND LIVER TROUBLES, ACNE, SKIN DIS

CASES, CATARRH, ASTHMA, RECTAL TROUBLES, PILES, FISTULA AND BLOOD CONDITIONS.

The knowledge gained from many years' experience in treating diseases just like yours is of much benefit

to you and assures the ailing man of prompt relief. When a man knows that he is again feel ng well-that

is rid of his ailment-he feels that a heavy load has been lifted from his shoulders, I give every pati-

in the benefit of the knowledge acquired through the long experience of a graduated, licensed and register-

al specialist, in order to bring about the most satisfactory results in the shortest possible time.

NERVE EXHAUSTION

OTHER RACE OF PEOPLE.

OTHER SYMPTOMS.

CONDITION AFFECTING MANY MEN-THE GREAT AM-

ERICAN DISEASE - IT IS BROUGHT ON BY OUR MAN-

NER OF LIVING-OUR WORRY. AND HURRY - AMERI-

CANS EXHAUST MORE NERVOUS ENERGY THAN ANY

There are a great many men who need treatment for their

ervous system. These men do not know what is the reason they

don't feel right-why they can't work like they used to-why they

tire so easily and why they are irritable, nervous, despondent,

weak, pale and lack ambition. These conditions require the ex-

pert knowledge and treatment of a specialist who has had many

years' experience in just such ailments. A specialist learns by

experience to know just the right treatment at the right time so

that the patient can be dismissed at the earliest possible time. Mer

affected with nervous exhausion have no endurance-no ambition

everything they attempt is an effort. Life to them appears as a

ong, gloomy future. Their appetite is poor and variable—they be-

come irritable, cross and discouraged. They have pains and aches

in various parts of the body and there is often indigestion and

pains in the stomach. Sleepless, wakeful and restless nights fol-

SCIATICA AND OTHER FORMS OF RHEUMATISM, LUMBA-

RHEUMATIC AILMENTS

GO, PAINS IN BACK, SWELLING, ACHING, PAINFUL

CONDITIONS IN ANY PART OF THE BODY-INFLAMED

AND SWOLLEN JOINTS OF LEGS AND ARMS - MANY

Hundreds of men are suffering with some form of Rheumat-

ism. Many of these men go from day to day suffering untold agon-

ies thinking they cannot be cured. They have tried liniments, rub-

bing, massage, salts and other treatments without experiencing

any relief, and they are now going through life thinking they

are martyrs to that burden called Rheumatism. If these men could

only know how easy it is to get rid of many rheumatic conditions

I know they would not suffer another single day. Then all suf-

ferers of rheumatism would be strong and healthy if they could

get rid of the condition. Rheu matic patients are nearly all strong

and robust before being attached by this ailment, and therefore

it is so hard for the man to understand why he should suffer the

agonies of such a condition. When a man gets rid of such a condi-

tion he feels that a heavy burden has been lifted from his life, and

he starts right out to make up for lost time both in money and

pleasure. When a man comes to my office suffering with the

given treatment that he feels is giving him great benefit.

above condition he is given a most careful examination, and he is

rgans, can be accomplished only by working direct through the blood stream.

Quick and Lasting Results Assured the Ailing Man

BLOOD YOUR WHOLE HEALTH OF BODY AND MIND DEPENDS ON YOUR BLOOD. Any

building process" of the body and mind, of the muscle and tissue fermations, of any of the various vital

Treatment Without Operations?

SPECIALIST IN THE TREATMENT OF NERVOUS CONDITIONS, NERVE EXHAUSTION.

POOR COMPLEXION QUICKLY RESTORED

men would be handsome and attractive were it not for unsightly pim ples, blackheads, and rough, uneven skin, Custom seems to recommend loisned with good food and his mind tions and salves, but unfortunately their effect is but temporary. These disfiguring blemishes do not originrate in the skin-their birth in every case goes further pack, to the blood, evening for a good "sing." Perhaps which must be cleansed of humors me, more musically gifted, can form before the pimples depart for good. A physician who has made a careful study of such cases, says that the quickest cure comes from a bloodbuilding medicine like Ferrozone. The and destroy the lure of the great its good work begins. Poisons and four matter are expelled. Every trace of humor is driven out, and the whole life current is supplied with nutri-PETERBOROUGH, Jan. 3 .- Offi- ment and health giving qualities. You can always tell a Ferrozone complexion when you see it-the cheeks are clear and rosy, no signs of sallowness-the eyes are bright and expressive because rich, red blood is circulating through the whole system, carrying health, energy, and strength with it. Not only will all skin eruptions disappear, but an increase in vital strength, an all round improvement will be apparent. No rebuilding tonic could be more efficient. Get Ferrozone today- Good for young

"FIDDLERS THREE"

from The Catarrhozone Co., Kingston

audiences elsewhere and will undoubt- nant. edly do the same here. It carries a sumptuous caste of fifty people with sale opens Tuesday.

The Last Opportunity.

Tonight will be the last opportunity of enjoying the holiday vaudeville' de luxe bill at the Grand. These high priced vaudeville bills have delighted counter attractions and Manager Odlum is to be congratulated on bring- star at his position. accept \$1500.00 cash, balance mort- ing such attractions to St. Catharines. Tonight there will be a crowd-

> A linen collar which in Manchester would be somled by the impure air in an hour, would last clean several days in Malvern or Bournemouth

> > OFFICE HOURS:

Mondays, Wednesdays and

Saturdays-9 a. m. to 9 p. m.

Tuesdays, Thursdays and

Sunday Hours-10 a. m. to

CONSULTATION

EXAMINATION

FREE

79 Niagara Square

COR. NIAGARA STREET

Opposite McKin'ey Monument

BUFFALO, N. Y.

Buffalo's Leading and Most

Successful Specialist

79 Niagara Sq., Buffalo, N. Y.

Dr. Ward

Fridays-9 a. m. to 6 p. m.

1 p. m.

## Fred Mitchell Stands Pat With His Line-up

CUB MANAGER DECIDES HIS 19 19 TEAM WILL DO NICELY -MERLE, ALTHOUGH OLD AND SLOW, TO PLAY FIRST BASE

The only player Mitchell says he

league experience being preferred.

Fred Merkle to Remain

There was some talk in Chicago

has the best catcher in the National

league, and the recent pitching av-

erages show Alexander and Vaughn

the club after the end of the train-

ing season after over a year's ser-

vice in the army. Tyler, who was of

little use to the club last season, is

said to be coming around as the re-

In looking over the Cub team and

examining the component parts it

NAME.

Billings, Edward J.

Barton, Thos. K.

Brown, Duncan.

Beer, Lionel L.

Bowley, George.

Barton, Edgar W.

Baker, Fred. K.

Burtwell, Robert.

Brown, Frank.

Barroy, John.

Burt, Chas.

Beaver, Alfred.

Boase, Oswald.

Boase, Bernard.

Beatty, Harry.

Coulthart, Jas.

Collins, John.

Clark, Herbert.

Card, John.

Cole, John.

Boyd, Alexander.

Briden, Ernest B.

Carpenter, Arthur.

Charlton, Percival.

Cooper, Leslie.

Cunningham, Wm.

Clark, Alfred E.

Coomber, Thos.

Cobley, Jas.

Conners, Fred.

Colley, Frank.

Cook, George.

Dean, Walter.

Dillon, Percy.

Duke, Thomas.

Dube, Joseph.

Davis, Andrew.

Elliott. Robert.

Fay, James.

Fix, George.

Fallon, Morris.

Fritz, David.

Faulks, Leonard.

Fraser, Matthew.

Fisher, Walter.

Ferrier, George.

Goodwin, Richard.

Graham, Frederick C.

Gout, Geoffrey D. V.

Gray, Frederick J.

Gadsby, Albert E.

Gardner, Wm. E.

Hubbard, Geo. A. W.

Gantz, Ray.

Company of the figure of the first of the fi

Dunlop, Chas. D.

Doughty, Harold

Carney, Edward.

Coupland, Henry J.

Decker, Frederick.

Cooney, Patrick.

Burnes, Herbert T.

Beckwith, Raymond.

Brennan, Raymond M.

sult of the removal of his teeth.

CHICAGO, Jan. 1.—There is noth. This fellow failed once with Washing like giving the ambitious rookie ington, but the Cubs paid \$15,000 timely warning. Recruits on the to the Baltimore club for his release Chicago Cubs who take the training in 1917. He finished strong last sea trip to Pasadena, Cal., next spring son, hitting 313 in seventy six will be working out largely for exer- games. cise. They already have been advised that they have as much chance to make the Cubs in 1920 as a De-needs to round out his team is an minute Ferrozone strikes the blood troit Tiger rookie has for beating extra outfielder, a man with major out Ty Cobb.

Seizing time by the forelock, Fred Mitchell, manager of the Cubs, has announced his opening day line up: that Fred Merkle would be succeed-In doing so the Cubs may also lay ed at first base by a younger man claim to the 1920 pennant

but obviously there is no better man According to Mitchell's statement in sight, and Mitchell has him down the Cubs, on April 14, will take the as his opening day first baseman field as follows: Dave Robertson, Merkle is not as fast as he was, yet right field; Max Flack, center field; Mitchell points out that despite the Turner Barber, left nem; Charley fact that he played in 132 games last Deal, third base; Charley Hollocher, season, he handled twenty more shortstop; Buck Herzog, second base; chances than his nearest rival, Holke, Grover Alexander, Jim Vaughn, Geo. of Boston, who was in 136 games. Fred Merkle, first base; Bill Killefer, Merkle, took care of 47 more chan-Bob O'Farrell, Tom Daly, catchers; ces than Daubert, who took part in Tyler, Claude Hendrix, Speed Martin the entire 140 games played by the Abe Bailey, Joel Newkirk and Tuck Reds. and old, for well folks and sick ones, Turner, pitchers; King Lear, Barney Mitchell well can afford to stand Friberg and Bill McCabe, utility men pat. on his batteries. In Killefer he \$2.50 at all dealers, or direct by mail

This practically is the team with which Mitchell finished the 1919 season. It then was recognized that the team was one of the most dan-as ranking first and second among gerous in the country, and that if Theatre goers are awaiting with Mitchell had had Robertson and far more for the Cubs in 1920 than anticipation "Fiddlers Three" at the Herzog at the start of the season, he did in 1919, when he reported to Grand nextThursday evening.It comes the Reds might have been forced to well recommended having delighted work much harder for their pen-

About the only shift that the Chithe Beauty Battalion and Tavie Belge cago manager announced is the the Belgian prima donna. The seat transfer of Max Flack to center field. Flack is one of the few survivors f the old Chicago Federals now drawing salary on the Cubs and during must be admitted that there is somehis entire career on the North Side thing to Mitchell's boast that after park Flack has appeared in right the 1920 season gets under way the field, Mitchell now proposes to make fans will forget all about the Cincina center field our of him, figuring nati Reds. It is a pretty cocksure large audiences in spite of many that his ability as a ground coverer manager who can announce his openwill enable him to develop into a ing-day line-up before Christmas.

Robertson, who played center field after he joined the Cubs last year. ed house and people are advised to will play right field next season, the same position that he filled well on the Giants.

Mitchell believes that Turner Barbare, who played regularly after Mann was traded, will blossom into he star that he was in the minors

Hospital for Sick Children

Upkeep of Big Charity Requires Fifty

The 44th annual report of the Hospital for Sick Children, Toronto, shows a notable advance in every department of its service to the suffering and crippled youngsters of this province. The ward accommo dation has been taxed to its capacity, and the summer annex, the Lake side Home, was opened for the first time since the outbreak of war.

The daily average of cot patients has increased during the year from 192 to 223, including children from practically every county in Even had the cost of supplies and labor remained stationary the substantial increase in the num ber of patients would alone account or the addition to the charity's debt which at the close of the fiscal year was \$109,000. This debt has become an embarrassing burden. Further increase must threaten impairment of an enviable efficiency.

devoted to the care of sick children. It cost \$335,399 to maintain last year. This great sum not only puts

ession throughout the province. derived from individual benevolence fifty cents.

For churches, societies, lodges

Literature, flustrative of all branches of the past year's work, to street, Toronto. Contributions should also be addressed to the secretary.

IRVING E. ROBERTSON.

Children Cry for Fletcher's

## CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common allments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising thereirom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort-The Mother's Friend.

GENUINE CASTORIA ALWAYS



IRON MOLDERS WANTED

Men accustomed to operating Molding Machines and Bench Work.

Steady employment for good men. Highest wages in Canada paid, Room also for learners.

Taylor-Forbes Co.

## SOLDIERS' INSURANCE NOTICE!

Insurance policies on the lives of the following Soldiers who were insured by the City of St Catharines have not been called for at this office.

On account of changes in address it has been impossible to locate many of the following men Those desiring to keep their policies in force should notify me AT ONCH.

Friends having information concerning any any of the following or their present address should also advise me AT ONCE, as this may be the only means of giving them the opportunity of continuing this insurance:

Adams. Wm. C. TORONTO Bayliss, John.

Cents a Minute.

Dear Mr. Editor:

The Hospital is in the forefront of all institutions upon this continent at the service of the children of Ontario all the resources of medical science, but, in addition, provides for a training school for 120 nurses and for unsurpassed clinical facilities for the University students who are preparing to engage in their pro

The income which must be forth-coming to finance this absolutely essential work figures out at seven hundred dollars a day; and, as there is no endowment fund, all but a fraction of that amount has to be Therefore the Trustees are making a Christmas appeal to every lover of children to foot the bills for some period of time, no matter how short t may be. A minute of mercy costs

etc., who have more ample funds wherewith to assist the youngsters to a fair start in life, the naming of cots is suggested. A number of memorial cots have been thus dedicated in honor of the overseas service of fellow-members. This privilege is extended in recognition of gifts of \$2,000 to the Main Hospital or \$500 to the Lakeside Home, which can be paid in annual instalments if

gether with any other information desired, will be gladly furnished on application to the Secretary, the Hospital for Sick Children, College

Hall, Reginald. Chairman of Appeal Committee

Hurst, Fred. Hutcheson, Michael. Hall, Karl. Homer, George. Hayden, Jas. Hurlock, Sydney. Hunting, Wm. Halton, Wm. Higgens, Alfred. Harlock, Albert, Howe, Harris W. Ingham, Thos. Johnston, Harold. Jeffs, Chas. A. Jack, John. James, Wm. 10 Johnson, Eric. Jackson, Frank. Johnson, Wm. Kett, Frederick. Kargol, John.

King, George Francis. Kelly, Jas. Kent, Wm. Lay, John T. G. Levy, Herbert H. LeRoy, Wm. J. Low, Daniel. Lavery, Steward. Law, Robert. Moody, Wm. L. Marshall, Gco. Mercer, Chas. E. Monro, Robert S. Morrison, Edmund. Mansfield. Thos. Mann, Jas. McShane, Thos. McCue, John. McGhie, Wm. D. Noble, John D. Noble, John. Nicholas, Harry. Parnell, Mather. Park, Robert. Phelps, George. Parker, Arthur E. Pullin, Frank. Poulter, John E. Park. Wm. L.

Martyn, Albert W. Marwood, Frank L. P. McPherson, Neil H. MacDonald, Ronald J. O'Higgins, Frederick M. Price, Richard. Perre, Harry A. Privett, Frank. Piasicik, Walter. Pay, Charles. Reynolds, Wellington. Rudge, Wm. Riley, Geo. Raulinson, John. Rogers, George. Roberts, Wm. Rodgers, Lenden. Rowden, Edward T.

Robinson, Hugh. Riley, George. Shanley, Arthur. Staccy, John. Saunders, Chas. Stafford, Joseph S. Spencer, Rudolph E. C. Scott, Henry. Spencer, George. Shand, Daniel. Sutton, Robert C. Stevenson, Walter. Sarjant, Joseph A. Smith, John. Sexton, John. Stanley, Wm. Sewell, Duncan. Scott. Neil. Schell, Ernest. Souran, Belle. Stevens, Allie. Smallcombe Wm. Smith, Chas. Smith, Geo. Stott, Norman. Sullivan, Joe. Sherk, Norman. Scott, Stewart. Shutte, George. Smith, Harley. Southam, Edwin. Turner, Arthur W. Tobin, Kenneth E. Trotman, John. Thomson, Wm. S. Thompson, Robert. Thomas, Chas. Tune, Lloyd E. Tomlin, Wm. Tancock, Thos. Upson, Fred. Varcoe, Wm. L. Vanalstine, Donald. Winterford, Arthur. Wheeler, Alfred F. Webber, Wm. H. Woodward, Harry. Wilcox, Sydney. Walker, Leonard J. Wismer, Norman H, Winmill, Harry. Wright, Walter. Wilson, Austin. Webb, Ralph. Winton, Chas. Wyllie, Wm. J. Whitton, George, Young, Albert J. Yoman, Wm.

Rance, Wm. H. G.

Redknap, Archibald.

Rudd, Percy.

Rogers. Fred.

STUART K. WATT, City Treasurer. City Treasurer's Office, 23rd December, 1919.