

### THE STALEST BREAD IN THE WORLD

As Is 4,500 Years Old and Was Found in an Egyptian Tomb.

A loaf of bread 4,500 years old was found in the tomb of Mentuhotep, who died in Egypt 2,500 B.C. It is now in the Museum of Berlin.

This loaf of cake or bread is dark brown in color. Inside are many large holes. Probably this part of the bread long since fell into dust, but much of the bread still remains in the shape of whole kernels and pieces of grain. Examination proves that the bread was made of barley, and the grains were only rudely crushed and not sifted. This proves that barley bread was one of the earliest kinds made, and it was baked and covered with twigs and leaves of the sycamore tree.

The process of preparing the grain for bread is to be gathered from a wall inscription which has been discovered at Thebes. It is a graphic picture of the entire process. This picture shows that at that early period even the hand mill was not yet invented. The flour was, of course, far from fine, and the bread resulting was of the kind found in the tombs. It was not baked in ovens, but after being kneaded into dough, by the addition of water was placed between two heated stones, or was put on a plate and laid upon the red-hot coals.

### WOMEN PROPOSE? HORRORS!

The average woman would be horrified, as a rule, if you made the assertion in her presence that her sex ever propounded the momentous question and proposed marriage to the man. But when you stop and quietly go over the question you will find that in many instances woman has taken the initiative—not in words, perhaps, but in cleverly devised plots and by just helping some bashful lover along.

Is not the wooing of Priscilla a good example? Did she not propose when she said, "Why not speak for yourself, John?" Experienced devotees of the fair sex say the widows are more expert at proposing marriage than the debutante or reasonably up-to-date girl. But the widow is a hard proposition to cope with. She feels it imminent her privilege to "oo" over a man, say sweet things to him, tell him he is the sweetest thing in town and make him so absolutely comfortable that he dreads renewed acquaintance with his bachelor apartments. But the widow is dangerous. She knows how to manage a man with skilful tact. If she decides to marry him she will and he is helpless.

More desirable bachelors have been made beneficiaries through the influence of an after dinner cigar, shaded lamps and a grate fire than books ever tell of—a case of cause and effect. One frank woman remarked:—"Well, looking seriously at it, I guess I did propose to Jim. He had loved me long enough and deserved to be rewarded, only he was too busy with law to form the proper speech. I dressed up in his pet gown and my big hat and went and sat in the moonlight when I knew he was coming, with a sad, far away look in my eyes. He took my hand and simply said: 'The weather is so lovely I wish we might have a few days by the sea before the summer closes,' and in the most coy manner I said, 'Let us go!' In three weeks we were married."

And who says women never propose?

**WHAT THE MINISTER SAID.**  
Jingo—What did the minister say when the plate came up?  
Hingo—He said he wouldn't mind so much if the buttons were all alike.

**"Pharaoh 10c."** Payne, of Granby, Que. Cigar Manufacturer.

**MATURE CONSIDERATION.**  
Miss Peachblow—Was your marriage to old Moneybags the result of love at first sight?  
Mrs. Moneybags—No; of second thought.

**La Toscana, 10c.** RELIANCE CIGAR FACTORY, Montreal.

**MUST TRY SOMETHING ELSE.**  
Binks—Say, old man, do you know of any cure for insomnia?  
Jinks—Counting 1,000 is said to be a remedy.  
Binks—Confound it; that's what everybody tells me, but the baby's too young to count.

**For Over Fifty Years**  
MRS. WINSLOW'S SOOTHING SYRUP has been used by mothers for their children's teething. It soothes the child, softens the gums, relieves all pain, cures wind colic, and is the best remedy for diarrhoea. 25c. a bottle. Sold by all druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

**RECORDS OF TWO OLD FAMILIES.**  
Your grandfather used to saw wood for my grandfather.  
Yes; I've heard him tell how your grandfather beat him down on his price and half the time didn't pay him.

*"The greatest good to the greatest number" is one reason why everybody should drink Blue Ribbon Ceylon Tea.*

### WHAT HE DID.

Johnson—What do you do when you have any stomach trouble?  
Thompson—I just keep still about it. In that way I escape advice from everybody I meet.

**SERVED A DOUBLE PURPOSE.**  
Widow Farrelly—Do ye mind the beautiful booky Mr. Gooagan presinted me this mawnin'? Ah, the poor mon! his wife died jist tin days ago.  
Widow Murphy—Begorra, they kept well, didn't they?

**LUBY'S** Gives new life to the hair. It makes it grow and restores the color.  
Sold by all druggists. 50c. a bottle.

**CIRCUMSTANTIAL EVIDENCE.**  
Husband—after the performance—I didn't enjoy the show very much. I forgot my glasses.  
Wife—Perhaps you did, dear, but your breath doesn't indicate it.

**Hotel Carslake,** European Plan Room from \$1 a day up. Opp. G.T.R. Station, Montreal. Geo. Carslake & Co., Prop.

**SPADE'S ADVANTAGE.**  
First Amateur Gardener—"Why do you buy your seeds of spade instead of Barrow? Are they of better quality?"  
Second ditto—"Not that I know of; but the pictures in his catalogue are much finer than those in Barrows book."

**O'KEEFE'S LIQUID MALT** Extolled by the Medical Profession. W. LLOYD WOOD, Toronto, GENERAL AGENT.

**HEARD THE BETROTHAL KISS.**  
First Boarder—Did you hear the report of the engagement of our lady's daughter?  
Second Boarder—I should say I did. I was sitting in the next room at the time, and it was a pretty loud report, let me tell you.

**TO CURE A COLD IN ONE DAY** Take Laxative Bromo Quinine Tablets. All Druggists refund the money if it fails to cure. 25c.

**PARTEE.**  
I come to steel, said the humorous rat.  
Pleased to welcome you, replied the matter-of-fact steel trap, as it sprang to embrace the new comer.

**W P C 976**  
**CALVERT'S** Carbolic Disinfectants, Soaps, Ointment, Tooth Powders, etc., have been awarded 100 medals and diplomas for superior excellence. Their regular use prevents infectious diseases. Ask your dealer to obtain a supply. Lists mailed free on application.  
**F. C. CALVERT & CO.,** MANCHESTER, ENGLAND.

**ONE NIGHT** Corn Cure. Ask your druggist for it. Price 10c.  
**COMMON SENSE KILLS** Roaches, Bed Bugs, Rats and Mice. Sold by all Druggists, or 321 Queen W. Toronto.

**The "Balmoral," Free Bus** Am. Plan. \$1.50 & up.  
**FARMS FOR SALE.**—BRUCE COUNTY. Some Great Bargains. Apply to JAMES MCK. STEWART, Draver 16, Kingston P.O., Ont.

**CUTTING SCHOOL.** Tailors and Dress-makers, send for catalogue. C. & D. SCHOOL CO., Montreal.

**BRASS BAND** Instruments, Drums, Uniforms, etc. Every town can have a band. Lowest prices ever quoted. Fine catalogues, 500 Illustrations, mailed free. Write us for anything in Music or Musical Instruments.  
**WHALEY ROYCE & CO.,** Toronto, Can.

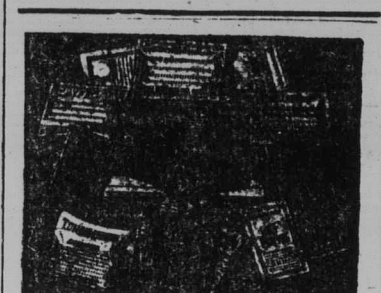


**1899 MODELS** are the best RAMBLERS ever built, at any price, and the 1899  
**PRICE IS \$50.00.**  
RAMBLER builders are confident, after 20 years' experience, that they can build and are building the  
**"BEST BICYCLES IN THE WORLD"** and no wheel at a lower price can be of RAMBLER quality, none at a higher price worth more.

Catalogue is free.  
**BERTRAM, WILSON & CO.,** CANADIAN AGENTS. RAMBLER BICYCLES \$50.00. Gormully & J. Berry Mfg. Co., Chicago. IDEAL BICYCLES, \$25 to \$40.00. Shelby Cycle Mfg. Co., Shelby, Ohio. If there is no Agent in your town for the above wheels, write us for prices. 53 YONGE STREET, TORONTO.

### FORESEEING DISEASE.

In a recent lecture on electricity Prof. Elhu Thomson related how Boston physicians had been able, with an X-ray tube, to detect the presence of the microbes of pneumonia in the lungs before any symptoms of that disease were felt by the patient, or were even perceptible by ordinary pathological examination.



**FREE CAMERA.**  
For selling two dozen packages of Toledo Pens at ten cents a package, we give this Camera. It is made by the Yale Camera Co., has a Bausch & Lomb lens, and a shutter that can be used for snap-shot or time exposures. With it we send full instructions, so that a child of ten years can make, after a little experience, pictures almost as good as those taken by high-priced cameras. Many cameras are sold separately, and the purchaser has to buy the outfit afterward. We give the complete outfit, as shown, with every camera. The outfit consists of:  
1 "Yale" Camera, 1 Package Developer, 1 Box Dry Plates, 1 Set Direction, 1 Package Hypo, 1 Toning Tray, 1 Printing Frame, 1 Package Fixing Powder, 1 Developing Tray, 1 Package Silver Paper.  
We require no money in advance. Send us your name and address, and we will forward the Pens, which you sell for us. Then return the money to us, and your Camera will be forwarded, all charges paid.  
**Toledo Pen Co., Dept. Z., Toronto, Can.**

## 29TH ANNUAL REPORT OF THE Ontario Mutual Life Assurance Co.

THE BEST IN THE COMPANY'S HISTORY, STILL UPWARD AND ONWARD

The Twenty-ninth Annual Meeting of this popular Company was held in the Town Hall, Waterloo, Ont., on Thursday May 25th, 1899, at 1 o'clock P.M. The attendance was both large and representative, and the greatest harmony prevailed.

The President, Mr. Robert Melvin, Guelph, occupied the chair, and on the platform with the Manager, Mr. George Wegenast, the following Directors were seated:—Messrs. Hoskin, Bruce, Britton, Fiske, Clement, Kidd, Sommerville and Garrow.

At the request of the President, Mr. W. H. Riddell, Secretary of the Company, read the Directors' report:—Your Directors have pleasure in submitting for your consideration the report for the year ending Dec. 31st, 1898.

In the early part of the year, in consequence of ill health and advancing age, Mr. Hendry, who had so ably filled the position of Manager of the Company since its organization, placed his resignation in the hands of the Directors, which we accepted, and appointed him Consulting Actuary, a position much less onerous than that of Manager.

Mr. George Wegenast was appointed Manager, and has discharged his duties to the satisfaction of the Board. Mr. Wegenast has been in the service of the Company for eighteen years as Assistant Actuary and Actuary, and is therefore thoroughly conversant with the business and policy of the Company.

kind, gentle, unassuming manner, his honesty of purpose and sound judgment. Hon. E. W. Borden was appointed in his stead.

Owing to Mr. Hendry's retirement from the Management, and his appointment as Consulting Actuary, he resigned his position as a member of the Board of Directors, and the Hon. J. T. Garrow was appointed in his place.

You will be called upon to elect four Directors in the place of Alfred Hoskin, Q.C., E. P. Clement, Sir Wilfrid Laurier, and the Hon. J. T. Garrow, whose terms of office have expired, but all of whom are eligible for re-election.

On behalf of the Board:  
R. Melvin, President.

**THE PRESIDENT'S ADDRESS.**  
In moving the adoption of the Report the President said that the business for 1898 was in all respects of the most gratifying character, both in the volume of new business transacted and the mortality experienced. The amount of surplus earned and the amount paid to policy holders were in excess of any former year, while with a much larger amount of insurance in force, the lapse rate was very little more than in 1897. Purchased Policies showed a decrease of \$202,915 as compared with 1897, when it reached the sum of \$470,488, indicating the growing confidence of the assured and the enhanced value placed upon the policies they hold in the Company.

The Excellence is Uniform and the High Standard Always Maintained.

# LUDELLA

Lead packages. CEYLON TEA. 25, 30, 40, 50 & 60c.

**A BOON FOR THE LAME!**  
THE IVEY PATENT EXTENSION SHOE CO.  
Are anxious to secure the address of every lame man and woman in Canada, whose limbs are shorter than the other, and are offering good paying employment to every lame person who will take the trouble to apply for detailed and full information. Get one of the Extension Shoes for yourself and you will, without waiting a week, have no trouble to convince others of its value.  
This Extension is by far the best of its nature ever placed on the market, and enables the wearer to walk upright, to walk with ease and comfort, to wear any ordinary shoe, and gives them the same appearance as their more fortunate friends. Descriptive circulars free to all. Ask for terms to agents. Address:  
170 BAY STREET, TORONTO, CANADA.

**Ideal Leather Polish** Will keep your shoes soft as velvet  
MADE IN ALL COLORS.  
SOLD EVERYWHERE.

**Hobbs Hardware Co.** LONDON.  
**BINDER** HIGHEST GRADES.  
LOWEST PRICES.  
Dealers, Ask For Quotations.

**EVERY WISE MOTHER KNOWS THE VALUE OF INDIAN WOMAN'S BALM** AS A PAIN-REMOVING MEDICINE.

**WOOD & PHOTO ENGRAVING** J. J. JONES & CO. 6 & 10 ADELAIDE ST. W. TORONTO.

**WHITE'S PHOSPHO SODA** An Effervescent Phosphate, excellent cleanser for liver, kidney and stomach. Also the best of all for preventing indigestion in case of headache, its effect is immediate. Sold in all druggists. In 10c, 25c, 50c and \$1.00 packages.  
Queen City Drug Co., 371 Wellington-St. E., Toronto.

**HEALTH RESTORED** without medicine or exposure to the most disorderly elements. Liver, Nervous, Lungs, Blood, Bladder, Kidneys, Brain and Nerves by  
**Du Barry's Revalenta** which saves Invalids and Children, and also Bears use especially Infants whose Aliments and Debility have resisted all other treatments. It digests when all other Food is rejected, saves 50 times its cost in medicine.  
**50 Years' Invariable Success.** 100,000 Annual Cures of Consumption, Phthisis, Dyspepsia, Indigestion, Catarrh, Diarrhoea, Bronchitis, Infantile Scum, Coughs, Asthma, Catarrh, Phlegm, Diarrhoea, Nervous Debility, Hysterical, Dropsical, etc.  
**Du Barry & Co.,** 77 Regent Street, London, W., also in Paris, 14 Rue de Castiglione, and at all Grocers, Chemists and Stores everywhere. In this, 2s. 3d., 6s., 10s., 15s. Sent carriage free. Also Du Barry's Revalenta Biscuits, in tins, 2s. 6d. and 5s. Agents for Canada: The T. Eaton Co., Limited, Toronto.

steadily to those traditions of insurance, which experience has shown to be essential to the true prosperity of a Company, viz., 1. Moderate expenditure; 2. High class investments producing a higher rate of interest than that assumed in the valuations, and 3. careful selection of lives." The Report was carried unanimously.

**VOTES OF THANKS.**  
In response to a hearty vote of thanks to the Directors tendered by the meeting on behalf of the Policyholders, for their great care of and vigilant attention to the Company's affairs during the past year, the Hon. J. T. Garrow said it afforded him much pleasure to state that in his opinion the Ontario was one of the best, if not the very best, Life Company in Canada to-day. Before and since he became a policy holder, he heard many pleasant things said about the Company, which, even among its rivals in business, enjoys a reputation for honorable treatment of its members second certainly to none, and equal to any other in any part of the world—the best capital that any Company can possess.

Mr. B. M. Britton, Q.C., M.P., Kingston, said that the business of life insurance in volume and importance was enormous, the amount in force in the world to-day exceeding \$15,000,000,000 and of this immense sum Canadians carried on their lives nearly \$70,000,000, or about \$75 for every man, woman and child in the Dominion, if equally distributed among them. In this truly beneficent work the Ontario was entitled to a fair share of credit, having in force in round numbers the sum of \$24,000,000, and having written in 1898, within a few thousand, the largest amount of new business secured in Canada by any other company in that year. . . . The proud position the Ontario occupies to-day has been attained in spite of the ignorance that still exists, among men otherwise well informed, as to Mutual Life Companies. Many even in Parliament think a Mutual Life Company may levy "Assessments" or make "Calls" on their members. No one should, however confound a Mutual Company like ours with any kind of Assessment or Society Insurance, for they are as different in their methods as any two radically dissimilar systems can possibly be. The Ontario is a level premium Life Company; it takes no premium note as some Mutual Fire Companies do, and it holds at all times the full Government reserve, the same as Stock Companies.

Mr. E. P. Clement, acting Sheriff and County Crown Attorney, Berlin, in proposing votes of thanks to the Head Office Staff and Agents, paid a glowing tribute to the Manager, Secretary, Medical Director, officers, and field workers, for the very efficient manner in which the business of the Company, in their respective departments, had been looked after, and for the marked success that attended their labors during the past year.

Mr. Geo. Wegenast, Manager, returned thanks on behalf of himself and the Head Office and Agency Staff, assuring the meeting that it was a most pleasant thing to him and those who served the Company so loyally and well under him, to hear the welcome salutation of "Well done good and faithful servant." He wished to warmly thank the Board and the Agents for the generous support accorded him in the discharge of the onerous duties of Management, but especially the President, to whom he was greatly indebted for much valuable assistance and advice.

The Scrutineers, Dr. Webb and Mr. Geo. Moore, reported the re-election of the Right Hon. Sir Wilfrid Laurier, P. C., G. C. M. G., Ottawa, Mr. Alfred Hoskin, Q.C., Toronto, Mr. E. P. Clement Berlin, and the Hon. J. T. Garrow, Goderich.  
On motion Messrs J. M. Scully and George Davidson, were re-appointed auditors for the present year.  
The Directors met subsequently and re-elected Mr. Robert Melvin, President; Mr. C. M. Taylor, First Vice-President, and Mr. Alfred Hoskin, Q.C., Second Vice-President of the Company for the ensuing year.