

Look High : Be High.

Look high, O soul! for what is earth but dust—
The fleeting shadows of the better things?
The heavens are thine if thou wilt use thy wings,
And sighs are songs if thou wilt only trust.

Aim high, O soul! for on the higher forms
Is always room, while lower ranks are filled;
Who climbs the heights finds all earth's noises
stilled,
And a sweet calm and light above the storms.

Be high, O soul! scorn what is low and base;
"Child of a King" they call thee; be a king,
And troops of vassals will their tribute bring
To crown thee heir of glory, child of grace.

Personal Work.

All persons have their own particular work in life to do, and it must be accomplished by their own individual labour.

No other helper can relieve them of the responsibility or share in the work given them. Others may encourage and sympathize, but they cannot take part in the work. What is done by each one may be much or little; the quantity does not count for as much as the spirit with which the work is entered upon and the faithful devotion to its performance. It is God's will and purpose that this personal work should be done personally, and His name is more truly glorified by everyone who does his own work in his own sphere, without asking for or expecting another to do it for him.

K.D.C. is specially prepared for the cure of indigestion and dyspepsia. Cure guaranteed. Try it, and be convinced of its Great Merits.

How to Enrich Character

Who doubts that Christian character would be far richer, and church activities tenfold more successful, if Christians generally would put in practice the most familiar suggestions concerning the use of the Word of God? I submit these:

1. To read the Bible regularly every day.
2. As nearly as possible at a fixed hour.
3. Alone in your room.
4. Never when in haste.
5. The morning is the best time; but if you have found no other opportunity during the day take time immediately before retirement at night.
6. Read in course.
7. Select, in addition, from any part of the Bible such passages as you especially need.
8. From time to time, read largely—several chapters, or a whole epistle or other book at a sitting. In this way give your Bible a chance to pour into your soul its great tides of truth.
9. Above all read devoutly, as for your soul's life. Prayer is the key that unlocks the Word.

Eternal Vigilance

Is the price of health. But with all our precaution there are enemies always lurking about our systems, only waiting a favourable opportunity to assert themselves. Impurities in the blood may be hidden for years or even for generations and suddenly break forth, undermining health and hastening death. For all diseases arising from impure blood Hood's Sarsaparilla is the unequalled and unapproached remedy. It is king of them all, for it conquers disease.

Painting on Lace

An excellent lamp-shade may be made of silk or other lace that has a large and distinct floral design, by painting the figures in their appropriate colors, leaving the ground work untouched.

Water colors are used, and those which come in tubes or pans, known as moist colors, are most convenient. Bristle brushes of two or three sizes are required, and some fine camel's hair brushes. To prevent the paints from spreading, mix them with a medium prepared by one-half ounce of gum arabic and one teaspoonful of sugar in a pint of tepid water. It is well to prepare at one time as much paint as will be required for the piece, otherwise the tint will not be uniform. The prepared paints, if any are left over, may be kept in small vials, tightly corked, and to be well shaken before using.

Lay two or three thicknesses of cotton cloth over a drawing board, and stretch the lace smoothly over this, securing it with thumb tacks. With a small quantity of the required color, thinned with the medium, moisten a bristle brush, and rub the paint into the lace, working the brush with a circular motion, using as large a brush as the figure will allow, for the sake of evenness and rapidity. Shade from the center of the flower or leaf toward the edge, going over the work afterward with a camel's hair brush for veining, shading and finishing the outlines. When the painting is finished, it should be left to dry by the action of the atmosphere, but, if necessary, it can be dried more rapidly by covering it with a fine cloth and passing a warm iron lightly over it.

For curtains, scarfs, bureau sets or doyleys, that are made of fine muslin, or mull, a pattern may be placed under the fabric, both tacked to the drawing board and the design outlined upon the muslin, which is then painted in the same manner as the lace; a very delicate but effective style of ornamentation.

The stomach defiled by poorly cooked food can be cleansed by K.D.C. Restore the stomach to healthy action by taking K.D.C., the King of Dyspepsia Cures.

What Christianity Means.

If Christianity stands for all that is Christ-like in humanity, it will show its true meaning in the lives of all those who call themselves by His name.

In the world of business it will shine forth in honesty of all dealings; at home and in society it will be noticeable in courtesy of manner and purity of conversation; with the poor and needy it will be manifest by a quiet charity, which blesses both the giver and recipient; it will produce a spirit noble, yet gentle; an integrity as unflinching as the everlasting hills; a sympathy as tender as that of a little child; a humanity as broad as all mankind, and a loyalty to friends, country, Church and God that will be unmistakable.

Senses of Owls.

The hearing of all species of owls known to me is marvelously keen, so keen, in fact, that I know of no way of testing it, since it is so much more acute than that of man. If owls have the sense of smell, I am unable to find satisfactory evidence of it. I have tried various experiments with them, hoping to prove that they could smell, but the results are all negative. They dislike putrid meat, but they bite it to ascertain its condition. They will not eat toads or frogs which yield an unpleasant odor, but they did not reject these species until they had tested them by tasting. They may be ever so hungry, yet they do not suspect the presence of food if it is carefully covered so that they cannot see it. This test I have applied with the utmost care to the great-horned, snowy, and barn owls. The latter are shrewd enough to learn my ways of hiding their food, and when they suspect its presence, they will search in the places where I have previously hidden it, pouncing upon pieces of wrapping-paper, and poking under feathers and excelsior with amusing cunning. I tested them with the fumes of camphor, ammonia, and other disagreeable smells, but they failed to show that they perceived them, unless the fumes were strong enough to affect their breathing or to irritate their eyes. Finally, I put a cat in a basket, and placed the basket between the two owls. They were utterly indifferent to it until the cat made the basket rock, when both of them fled precipitately, and could not be induced to go near the basket again. Although Puffy will put a cat to flight when on his mettle, Fluffy is frightened almost out of his wits by them.

A Japanese toy-bird, made of a piece of wood and a few scarlet feathers, was eagerly seized by Puffy, indicating not only a lack of power of smell, but the presence of an appreciation of color. I have fancied that an appreciation of color is also shown by barn owls in their frequent selection of beech trees as nesting places, by great-horned owls in their choice of brown-trunked trees, and by the snowy owls in an apparent preference for gray backgrounds.

Sowing and Reaping.

Many a man put in the seed who never saw the harvest, just as many another brought home ripe sheaves on which he bestowed no labour save that of the sickle. The worker for Christ, therefore, is to work in faith, expecting the divine hand to secure the result. He has abundant reason to believe that good is done of which he has no knowledge, and will have none until the great day. It may be necessary for his own spiritual welfare that he should be kept in this ignorance. And certainly he renders no small honour to the Master when he perseveres in the face of all discouragement.

Hints to Housekeepers.

LEMON SPONGE.—Cover one box of gelatine with a cupful of cold water and soak for an hour; pour over a quart of boiling water and a cupful of sugar and stir until dissolved; strain into a basin and set on ice, stirring occasionally until cold, when add the whites of eight eggs whipped to a froth; turn into a pudding mould to set and serve with a sauce made of one pint of milk, brought to a boil in a double boiler; add the yolks of four eggs and two tablespoonfuls of sugar; stir for two minutes, flavor to taste and remove from the fire.

LEMON SYRUP.—This is an article to make when lemons are twenty-five cents. Grate the rind of sixteen large lemons over eight pounds of granulated sugar; add the juice and two quarts of boiling water; stir until the sugar is dissolved, strain through a fine flannel bag and cork up in pint bottles.

LEMON BUTTER.—Beat together the yolks of five eggs, one pound of powdered sugar and four ounces of butter, until very light; stir in the whipped whites of four; pour into a double boiler and stir until it thickens, when add the juice of three lemons and the grated rind of one. Turn into a bowl to cool, or put up in tiny jars. Delicious with thin bread and butter for afternoon tea.

STRAWBERRY TAPIOCA.—Wash a cup of tapioca and put to soak in cold water over-night. In the morning pour over a pint of boiling water, and set on the back of the stove to simmer gently until the tapioca is perfectly clear. Stem a quart of strawberries and stir into the boiling tapioca with a pint of sugar. Take from the fire, turn into a glass dish, and set on ice. Serve very cold with sugar and cream.

STRAWBERRY SPONGE.—Cover half a box of gelatine with half a cup of cold water, and let soak for thirty minutes; add a pint of boiling water and a cup of sugar; stir until dissolved, and pour in a pint of strawberry juice; set on ice until thick. Beat until stiff, add the frothed whites of four eggs, and mix until smooth; pour in a mould and set to harden. Serve with whipped cream.

LOCAL OPTION.—This term should be applied to the choice every intelligent person has between Burdock Blood Bitters, the natural and certain remedy for dyspepsia, biliousness, constipation, headache and bad blood, and the various imitations offered by unscrupulous parties as being "just as good." There is nothing else as good as B.B.B. It is an honest medicine.

EGG BREAD.—Two cups white Indian meal, one cup cold boiled rice, three eggs well beaten, one tablespoonful melted butter, three cups sweet milk, teaspoonful salt, and a pinch of soda. Stir the beaten eggs into the milk, add meal, salt, butter, last of all the rice. Beat well a few minutes, and bake in a shallow pan.

ANOTHER RECORD MADE.—For nearly forty years Dr. Fowler's Extract of Wild Strawberry has been the leading and surest cure for cholera, colic, diarrhoea, dysentery and all summer complaints. It is a record to be proud of.

FROZEN STRAWBERRIES.—Stem a quart of ripe strawberries; add a pound of sugar and the juice of two lemons to the berries; let stand one hour; mash, pour over a quart of ice-water, stir until well mixed, turn in a freezer, and freeze.

HAVE YOU HEADACHE?—Headache, which is usually a symptom of stomach trouble, constipation or liver complaint, can be entirely cured by B.B.B. (Burdock Blood Bitters) because this medicine acts upon and regulates the stomach, liver, bowels and blood.