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Prayer.— It is useful to suggest to our readers such means as are conducive to acquire a perfect devotion to our Lord in the Bl. Sacrament, and thereby a more perfect and practical love of Him.

The first means is prayer which is the most infallible means of obtaining everything we desire. There is nothing to which Jesus so often and so so lemnly binds Himself, as to the fulfilment of our desires manifested to Him in prayer, "What sover you ask," He says, " in

sover you ask," He says, "in prayer, believing you shall receive." (Mark xi. 24, How then can we believe that our Lord, who has done more than we can ever comprehend in order to make us love Him, will not hear us when we implore of Him the grace of His love! We must, however, little comprehend the value of this inestimable gift, since we take so little pains to acquire it, and ask it so seldom and so faint heartedly. Let us pray then, and demand incessantly this precious gift of the love of God, and it is impossible that we should thus demand it for any length of time without

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