



**A Periodical Devoted to the Honor of the Holy Eucharist.**

*If the Blessed Sacrament were better known, earth would be bright and Heaven nearer.*  
E. FABER.

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## REST

*(for the Sentinel)*

*Storm-tossed soul dost thou seek rest ?*

*Come lay thy cares on Jesus' breast.*

*He still loves thee - hark the call.*

*Obey its summons, lest thou fall.*

*Delay not long - His loving Heart,*

*Deigns to thine its grace impart.*

*Linger by His lance - pierced side,*

*Ever in His love abide.*

*Then sweet rest is thine for aye,*

*Even unto Judgment Day.*

Permelia T. Schweitzer