

HOME CIRCLE

THE DUTY OF TALKING.

There are a great number of fallacies floating about regarding conversation. One of them is that women talk more than men. We doubt very rauch if this is true. There is an occasional woman, of course, whose tongue ripples on like the brook, but she is the exception and not the rule. And certainly, women never make such talking machines of themselves as men do at public banquets On these festive occasions it really seems as though every man at the table must have his say and it is invariably a very lengthy say. When women are allowed to sit in the gallery at such functions it is always a matter of surprise how men can talk on and on and say nothing in particular. Everyone pops up in turn and says his piece, very much what his predecessor has said and extraordinarily like what the one who follows him will say. It would be rather amusing to get the opinion of women on the question of their powers of talking as compared to

those of men. Another fallacy about talking is that the gentle art of conversation is dying out. If this means the art of conversation as exemplified by Dr. Johnson, or, to take a more modern instance, by Macauley, it is perhaps just as well if it is dying out. body now-a-days would stop to lister to Dr. Johnson's prosy and didactic utterances, and as to Macaulay, he must have been a rather tiresome person. In Greville's Memoirs there is an amusing account of an evening at Holland House, when Macaulay tired Lady Holland's patience almost beyond endurance. First the historian gave his hostess a long account of Munro until she said she had enough of him, then Macaulay began upon the Fathers of the Church and with his miraculous memory, repeated the substance of a sermon by St. Chrysostom. Finally, with the idea of catching Macaulay on something he did not know she asked him about the origin of dolls. He was, however, as well posted on dolls as he was on the other subject, and exolained that the little Romans had their dolls, which they later offered to Venus. This encyclopedic style of conversation has largely disappeared but in its place reigns a lighter and and dainty oval mirror. The gift engine reaches the next station, Oxmore malleable mode of conversa-

The third fallacy-and the one we particularly wish to dwell upon- is collection with brushes, comb, and how far does he walk? that which holds that silence is a sign of friendship, and that absence | of conversation denotes perfect men-tal sympathy. This is utterly absurd. Where there is love and sym- pleasing such collectors need remain gave a recital recently in a propathy and community of interests in no doubt as to the suitable birth- vincial city, and the official in charge there must always be conversation It is only when there is incomplete understanding, an insufficiency of that the cloud of silence descends up-

on the company. this rule. This is when two perone is completely engrossed by some his friend. In such a case he likes the feeling of companionship and is grateful for the complete understanding that does away with the need

of speech. Speech is silver, silence is golden" runs the old saw, but we dispute the golden; silence, the refuge of the sul-

len spirit, is not silver, but lead. There is no lubricant in the family members collect in silence, sit around what should be the festive board in silence, and disperse in silence. Who

silence is golden? Turn to the reverse of the picture They all gather together eager to tell the little events of the day, the father amusing incidents in in the house-if pleasant-the son the to properly digest. affairs in his office or at college, the children the hundred important nothings that go to make their world. All this breeds love, and trust, and faith in one another's ready sympathy and interest. Make a habit of talking at home. Do not save your sparkles of wit and wisdom for strangers. Every observing person must have noticed how a dull, silent boy or girl will often brighten into vivacity when among strangers. At home they have nothing to say. When with outsiders sentences tumble from their mouths. The reason of this is both sad and They receive from strangers true. the interest and attention that is denied them in their own homes. The remedy lies largely in the mother's Encourage your children to Do not shut them up when they babble of their little affairs. Let there be plenty of conversation at the meals, conversation of a pleasant character. Banish from your minds that old lie about silence being golden. Talk, talk, talk, encourage others to talk. There would be fewer crimes committed if we talked more. There would be fewer unhappy and dreary homes if conversation were more general.

THE MISUNDERSTOOD WOMAN.

It is difficult to understand the the man she has married by her criticisms of his shortcomings to others. Such a woman thinks only of herself, although she is certain to believe her life one of self-sacrifice and

misunderstood.

The newspapers the other day had a story of a woman who posed as a body. That poor living martyr, etc., etc. starved soul had only herself to which Dr. Chase's Nerve Food en- tacks of Canadian cholera, dysentery blame for her condition. She had ability in half a dozen directions system, it is beyond doubt the most which she had not used. She had effective treatment for anaemia and Change of water, cooking, and green heauty, which she was allowing to go simi ar wasting disease that was fruit, is sure to bring on the atto decay prematurely by self-indul- ever compounded. Note your in- tacks. To such persons we would to decay prematurely by self-indulgence, and was despondent through lack of proper exercise and lack of Dr. Chase's Nerve Food. 50 cents a sentery Cordial as being the best length of treatise on these deplorable diseases. The sample bottle will be sent by mail prepaid to your nearest Post-office address. Leibig's Fit Cure

puruose.

year she had allowed herself to think and talk of being misunderstood and mismated and dissatisfied, until she really believed herself to be all three.

Such a woman needs to learn what real unhappiness is, and to be thrown upon the world for self-support and forced to develop her abilities. The woman who devotes four or five or six hours a day to some employment has little time to muse on her own misfortunes.

Let each wife who imagines herself misunderstood and mistrusted turn her attention to self-improvement. Let her develop some talent, take up some industry, and center her capilities on making herself a woman beautiful in mind and body. If the husband is really unworthy, and he by the tongue of the sister isle is proves absolutely unappreciative, she will, at least, be making a better future for herself than by sitting down brooding over her unhappiness and growing old before her time.

Nothing ages a woman Tike discontented and morbid thoughts. The woman who keeps the wrinkles from her face and the fogs from her heart and the shadows from her mind need not fear being long neglected Fate. Sunshine will radiate wherever she goes.

once more reigns supreme, though it isles. is seen in more variety than the plain, unadorned kind of a few years ago. For instance, ivory inset with The following problem is said to gold makes a charming toilet set, as have demoralized the railway service do those delicately carved in all of a large part of West Virginia, all manner of devices-a flight of swal- the employes being so absorbed in lows trailing across the back of brush working it out: or hand mirror, with initials of the owner traced in gold lettering.

"Man is Filled With Misery."-This frankness, a lack of fellow-feeling, is not true of all men. The well, sound of lung, clear of eye, alert and buoyant with health, are not miser-There is, of course, an exception to able, whatever may be their social condition. To be well is to be hapsons are together and the mind of py, and we can all be well by getting asked a young man about town. and keeping our bodies in a healthworry that he cannot share with ful state. Dr. Thomas' Eclectric Oil inquired a man about town. will help all to do this.

mirror gives her the desire to add to

it from time to time. Quite small

girls now possess silver toilet sets of

their own, and those desirous of

day gift.

CHEERFUL MEALS.

Worry will spoil the best dinners. ful meal the table should be bright matron truth of it. Speech, which means and pretty; the people who surround happy, hearty, human intercourse, is it should be neatly dressed. Chil- much?" said a brisk business man. dren should be taught to always appear neat at the table out of re- for seats. spect to their parents. The desirlife so excellent as talk. We all able state is regular meals with plenknow those family tables where the ly of cheerful, pleasant conversation. The state of mind has a very potent effect upon the digestion. Family meals are of the greatest will have the hardihood to say such importance in the bousehold and should be a scene of refreshment, rest and pleasant intercourse. Instead of I feel all achy in my head -the family where everyone contri- that they are too often looked upon butes their quota to the conversa- as simply the means of acquiring a Th' sheets get stickyish an' hot, certain amount of nourishment as quickly as possible. The result is that nourishment is not gained, behis business, the mother happenings cause the food is eaten too hastily

FOR ANAEMIA YOU MUST HAVE IRON

AND ANYONE CAN USE IRON, AS IT IS COMBINED WITH OTH-ER INGREDIENTS IN

Dr.Chase's **NERVE FOOD**

Anaemia or bloodlessness is indi- I'm misruble as I can be cated by paleness of the lips, the gums and the eyelids, and is most frequently found in girls and young CHINESE TREATMENT OF ANI-

Other symptoms are deficient app tite, impaired digestion, irritable temper, shortness of breath, dizzi- that in the hands of a foreigner ness, fainting, headache, easily fati-

gued, depression and despondency. 'The blood is lacking in the life sustaining power which is necessary to We never beheld a runaway, a jibing God gives to His beloved ones the proper working of the bodily organs, and can only be restored by the man's employment, but found the use of iron, as any qualified physician same rattling, cheerful pace mainwill tell you.

But iron alone cannot be taken into a weakened stomach. In Dr. turning to the right or left, and type of woman who loves to pose as Chase's Nerve Food iron is combined stopping with but a hint from the martyr to the extent of humiliating with certain nerve restoratives in reins. such a way as to be easily assimilat- to all the animals they press into the ed into the blood and thus afford im- service. Often have I admired the mediate and lasting benefit to the tact exhibited in getting a large system.

And more than this, Dr. Chase's crowded streets and alleys, by mere-Nerve Food, through its action on ly having a little boy lead one of the It is a curious fact that many wo- the nerves, sharpens the appetite and quietest of the flock in front men wish to be thought unhappy and aids digestion, so that help is also others steadily followed. afforded in deriving the full nourish- pigs and birds are equally well cared ment from the food taken into the

On account of these two ways in

box, 6 boxes for \$2.50, at all deal-ers or Edmanson. Bates & Co., To-mer complaints. If a few drops are mention this paper and give name, age and full She was the wife of a man who ers, or Edmanson, Bates & Co., To- mer complaints. If a few drops are ment loved her and was kind to her, the ronto. The portrait and signature taken in water when the symptoms address to man she had deliberately chosen for of Dr. A. W. Chase, the famous reare noticed no further trouble will be a life companion. Yet year after ceipt book author, are on every box. experienced.

HOME Perhaps to many of the Little People it will be a great surprise to learn that a very considerable perreak English. Naturally, the vast majority do use it as the language of their birth, but in Wales there are as many as 508,036 persons who parting clouds a golden border. speak only Welsh, the mother tongue of the principality. Again, in the highlands of Scotland Gaelic is the colloquial language of 43,738 percan speak only Erse, the native Irish tongue. That Erse is being displaced made evident by the fact that the Rev. Joseph Bosworth, writing in 1848, gave Irish as the commonly spoken tongue of nearly 3,000,000 inhabitants. At that time Welsh was spoken by 1,000,000 persons. Strange- plums he proffered coyly. enough, while in Wales fewer people speak both English and Welsh

than Welsh alone, in Scotland al- give them to your mother." most five times as many people use Gaelic only, and in Ireland the pro- and dirty hands, I tested its honeved speaking both to one who is able to squeamish. The smile gr speak Irish only. Manx is spoken sible, more proudly radiant TOILET TABLE ADORNMENT. in the Isle of Man. The population "See my new hat.

In the reodern girl's bedroom the of the island is 55,598. The people bought it for ten cents." toilet table is, says London Tit-Bits, are of Celtic extraction with an in- Its beauty and cheapness were duly usually a feature, adorned as it is termixture of Norwegian. The iswith one of the many dainty toilet land was under the rule of Norway on to test its becomingness. Even sets now obtainable. Silver sets, the from 870 to 1263 A.D. Both Manx boys have their aesthetic standards. prettiest and most effective of all and English are sed in the promulwhen kept well polished, have given gation of any new law in the island. place to tortoiseshell with gold ini- The Channel Islands have a populatials. Ebony and silver, too, at- tion of about 92,000, and the lantracted the favor of many, but seem guage spoken is French. Thus six turned back. to have had their day, for now ivory languages are used in the British

HERE IS A PUZZLE.

"A train one mile long starts from A the station at Glady. The engine really good toilet set is an invest- leaves the station and the conductor ment which lasts a lifetime, and a waits until the caboose comes, when silver set looks delightful when com- he jumps on the caboose and walks bined with a pretty lace-edged slip forward over the train. When the of a pretty toilet set will often in- ley, four miles distant from Glady, duce an untidy girl to take wide the conductor steps off the engine. in her bedroom, and even to start a How far does the conductor ride and

VARIOUS OPINIONS.

M. Eugene Ysaye, the violinist, of the booking of the seats was greatly interested in the various pronunciations of the musician's name.

Say's concert," smiled a young lady Next came an elderly gentleman. "Three seats for EE-zaw-ye,"

said "Any good seats left for Iv-eye? "How's the Isaiah sale going?

'I'd like a box for the Yiss-a-yee affair," announced a portly patron of !-"Let me see what you have left for

To provide a background for a cheer- the Izzy recital," remarked a stylish 'Two tickets for East. How

> 'How should it be pronounced?' asked an interested observer.

"I knew once," replied the clerk, "but now I don't feel sure myself."

BEIN' SICK.

When I am really sick abed It isn't ever any fun. An' hate to take my medisun. But I'm not allowed to kick 'Em off, er read, er talk a lot When I am sick

I hate for all the folks about To come an' pat me on th' face An'say, "Poor child, you'll soon be cautions are taken.

An' tiptoe all around th' place. They go when I pretend to be Asleep-I do it for a trick; I don't like folks to pity me When I am sick.

My mother's diff'runt-I don't care If she sits by me once or twice an' says "Poor boy," an' smoothes

my hair. She ain't just tryin' to be nice. hey bring warm squashy things to

quick.

When I am sick.

MALS

They never punish; hence a mule would be useless or dangerous to those about it becomes in the possession of a Chinaman as a lamb. or a vicious mule or pony in a Chinatained over heavy or light roads, by means of a tur-r or cluck-k, the beast This treatment is extended drove of sheep through narrow,

Some persons have periodical riches the blood and builds up the or diarrhoea, and have to use great precautions to avoid the disease. are noticed no further trouble will be 179 King Street West, Toronto, Canada. And by all Druggists

We met in Paris in 1861 Mr. Burlingame, who was then our Minister to China. We asked him whether society for the prevention of cruelty to animals ought not to be formed in China. His reply was that there was no such thing in China as cruelty to animals; the Chinese were about the THE ENGLISH TONGUE AT kindest people in the world in their treatment of them .- Geo. T. Angell, in Our Dumb Animals.

A STREAK O' SUNSHINE.

The door opened and a voice out centage of the native born inhabi- of the wilderness cried a cheery tants of the British isles cannot "Good-morning." Following the voice was a smile that dispelled the shadows of the room, and gave the

The projector of both voice and smile was a boy of fifteen, shabby as to jacket, and not unimpeachable sons, who are able to speak nothing as to face and hands, but who could In Ireland 32,121 sons of Erin criticize while that smile illuminated the room? Not I.

> In one hand he carried a brand new straw hat, rakishly cocked up at the back and pulled down in front, that its spick-and-span newness might not too much shame its possessor. the other a half dozen big yellow

"For me? O, what beauties! But one is enough; you keep the rest, or

Removing the outer s both languages as those who speak come in too close contact with warm portion is still greater, being twenty sweetness. It does not do to be too

"See my new hat. My mother praised; then, half shyly, it was cried

"I'll have it fer when we go camphe chuckled. The boy had turned to go, but at the door he paused, hesitated, and

"Here, teacher, is 10 cents for my club dues next Friday night. You keep it, 'cos I'm afraid I'll spend it''. and with a smile that had become simply heroic he retired.

And "teacher"-well, there are sunbeams that shine both ways.-Isabel Harton, Chicago,

THE ELEPHANT AND HIS SCHOOL.

(Ellen V. Talbot in September St. Nicholas.) great white elephant left the

He said he was too refined; The ways of a circus did not suit His most superior mind.

A creature as big and wise as I Should be teaching school," said he; And all the animal little folk My scholars they shall be.

So into an empty school-house near He marshaled them all one day; ('Twas in vacation time and so The children were all away)

"Give me two tickets for Eye- The kittens and puppies, the pigs and Were put to work with a will;

he But the squirrel and fox to the platform went Because they would not keep still.

> And then he began to teach his school The various things he knew; 'There's much not down in the books." said he, That you ought to know how to

> And first he showed how to flap the ears. But their ears were far too small;

Then came a lull in the application And then he showed how to wave the But they had no trunk at all.

The only thing that he taught his schoo! That the scholars accomplished well

Was when he called in the peanut man. And taught them the nuts to shell.

The elephant soon dismissed his school And packed up his trunk to go; 'For, after all, my talents," said he, "Are best displayed in a show."

Death Comes to All .- But it need not come prematurely if proper pre-"An ounce of prevention is worth a pound of cure' and to have prevention at hand and allow a disease to work its will is wickedness. Dr. Thomas' Eclectric Oil not only allays pains when applied externally, but will prevent lung troubles resulting from colds and coughs. Try it and be convinced.

INSCRIPTION IN A GUEST CHAMBER.

A large upper chamber whose window opened towards the sun-rising. For meals, an' make me eat 'em The name of the chamber was Peace. -John Bunyan.

> Whoever you are, guest of an hour I wish you well, peace be with you. -Pastor Wagner, in The Simple Life

There is a sun-lit chamber Where peace and quiet dwell; The wearied guest finds tranquil rest And a faith that all is well.

Who tests within that chamber Gets healing in his soul; In sleep, and makes them whole.

Who tarries in that chamber Goes forth with courage high: With new-born hope all ill to cope, Or hush a bairnie's cry.

May rest, too, be thy portion Who tarriest in this place. Peace without guile, and often while Glimpse of the Father's face. -Mrs. C. B. Fisher in Presbyterian Banner:

FITS

ness, St. Vitus' Dance, or have child ed, then send for a free trial bottle with valuable

THE RHEUMATIC WONDER OF THE AGE

Benedictine Salve

This Salve Cures RHEUMATISM, PILES, FELONS or BLOOD POISONING. It is a Sure Remedy for any of these Diseases.

A FEW TESTIMONIALS

RHEUMATISM

What S. PRICE, Esq., the well-known Dairyman, says

John O'Connor, Toronto:

pletely cured.

212 King street east.

Toronto, Sept. 18, 1902. DEAR SIR,-I wish to testify to the merits of Benedictine Salve as a

S. PRICE. 475 Gerrard Street East, Toronto, Ont., Sept. 18, 1900.

cure for rheumatism. I had been a sufferer from rheumatism for some

time and after having used Benedictine Salve for a few days was com-

John O'Connor, Esq., Nealon House, Toronto, Ont .: DEAR SIR,-I have great pleasure in recommending the Benedictine Salve as a cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictine Salve, and applied it according to directions. In three hours I got relief, and in four days was able to do my work. would be pleased to recommend it to any one suffering from lumbago. I am, yours truly,

2564 King Street East. Toronto, December 16th, 1901.

John O'Connor, Esq., Toronto 3

DEAR SIR,-After trying several doctors and spending forty-five days in the General Hospital, without any benefit, I was induced to try your Benedictine Salve, and sincerely believe that this is the greatest remedy in the world for rheumatism. When I left the hospital I was just able to stand for a few seconds, but after using your Benedictine Salve for three days, I went out on the street again and now, after using it just over a week, I am able to go to work again. If anyone should doubt these facts send him to me and I will prove it to him.

Yours for ever thankful, PETER AUSTEN.

(MRS.) JAS. COSGROVE.

Peter Austin, writing from Des Moines, Iowa, under date of July 2nd, 1905, says: "Enclosed please find M.O. for \$1.00, for which send me 1 box of your Benedictine Salve. Rheumatism has never troubled me since your salve fixed me up in December, 1901."

198 King Street East, Toronto, Nov. 21, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,-I am deeply gratefu to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rheumatism. I have experimented with every available remedy and have consulted, I might say, every physician of repute, without perceivable benefit. When I was advised to use your Benedictine Salve I was a helpless cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily activity. I am thankful to my friend who advised me and I am more rhan gratified to be able to furnish you with this testimonial as to the efficacy of Benedictine Salve. Yours truly, GEO. FOGG.

St. James' Rectory, 428 N. 2nd street, Rockford, Ill.

Mr. John O'Connor: DEAR SIR,-Please send me three more boxes of Benedictine Salve. find cheque and oblige.

Yours sincerely. (Signed) FRANCIS P. MURPHY.

Cobourg, April 22nd, 1905. Mr. John O'Connor, 197 King street, Toronto: DEAR SIR,-Enclosed please find one dollar (\$1), also postage, for which I wish you would mail to my address another box of Benedictine

Salve. Hoping to receive same by return of mail, I am, sir, Yours truly. PATRICK KEARNS.

PILES

241 Sackville street Toronto, August 15th, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,-I write unsolicited to say that your Benedictine Salve has cured me of the worst form of Bleeding, Itching Piles. I have been a sufferer for thirty years, during which time I tried every advertised remedy I could get, but got no more than temporary relief. I suffered at times in-

tense agony and lost all hope of a cure. Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. I can heartily

recommend it to every sufferer.

JAMES SHAW.

Toronto, Dec. 30th. 1901. John O'Connor, Esq., Toronto: DEAR SIR,-It is with pleasure I write this unsolicited testimonial, and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. consulted a physician, one of the best and he gave me a box of salve and said that if that did not cure me I would have to go under an operation. It failed, but a friend of min learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completely cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me a thorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was.

It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE,

With the Boston Laundry. Rev. Father McDonald of Portsmouth, Ont., sent for a box of Benedictine Salve on the 11th of April, 1905 and so well pleased was he with the result of its use that he sent for more as follows:

Portsmouth, 18th May, 1905. MY DEAR SIR,-Herewith enclose you the sum of two dollars to pay for a couple of boxes of your Benedictine Salve. I purpose giving one to an old cripple and the other to a person badly troubled with piles, in order that they may be thereby benefitted by its use.

Yours respectfully, (Signed) M. McDONALD. Address Rev. Father McDonald, Portsmouth, Kingston, Ont.

BLOOD POISONING

Corner George and King Streets, Toronto, Sept. 8, 1904. John O'Congor, Esq., Toronto:

DEAR SIR,-I wish to say to you that I can testify to the merits "of your Benedictine Salve for Blood-Poisoning. I suffered with blood poisoning for about six months, the trouble starting from a callous or hardening of the skin on the upper part of my foot and afterwards turning to blood-poisoning. Although I was treated for same in the General Hospital for two weeks without cure, the doctors were thinking of having my foot amputated. I left the hospital uncured and then I tried your salve, and with two boxes my foot healed up. I am now able to put on my boot and walk freely with same, the foot being entirely healed. I was also treated in the States prior to going to the hospital, in Toronto. without relief. Your salve is a cure for blood-poisoning. MISS M. L. KEMP.

Toronto, July 21st, 1902.

John O'Connor, Esq .: DEAR SIR,-Early this week I accidently ran a rusty nail in my finger. The wound was very painful and the next morning there were symptoms of blood poisoning, and my arm was swollen nearly to the shoulder. I applied Benedictine Salve, and the next day I was all right and able to J. SHERIDAN, 34 Queen street East.

JOHNO'CONNOR 199 KING STREET

WM. J. NICHOL, Druggist, 170 King St. E. J. A. JOHNSON CO., 171 King St. E

PRICE \$1.00 PER BOX