## athon: Recap

NBTFF. certified

26.2

## leart Marathon

athon was born when the Greek Pheidippides across the Plain of Marathon to warn of impenb. He dropped dead as soon as his message was

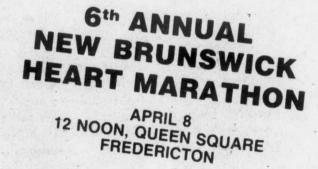
u decide to run the 6th Heart Marathon, we can rantee you won's suffer the fate of Pheidippides. it's a lot of fun and can be either serious or al depending on how you take it. This year he best ever with finish-line photos, runner kits, s, a banquet (with awards ceremony) and other o be named later. Again, we would like to thank Club and Beaver Foods for their help with the

sing is the key to the Heart Marathon, with all submitted to the Heart Foundation. Let's try to year's \$12,500. Ask your friends, family,

s, anyone; it's for a worthwhile cause. ords for the Heart Marathon are 2:27:21 (men) 11 (women). WORLD bests are:

Alberto Salazar	USA, '81
Rob De Castella	AUS., '81
Derek Clayton	AUS., '69
Toshiko Seko	JAP., '83
Carlos Lopes	POR., '83
Women	
Joan Benoit	USA '83
Allison Roe	NZL., '81
Grete Waitz	NOR., '83
Julie Brown	USA, '83
Patti Catalano	USA, '81

p the training and fund-raising. So long until next



INFO. ENTRYS Heart Marathon Box 3015. Str. B

Fredericton. N.B E3A 5G8

(506) 455-6598

Hey there runners, joggers, walkers and volunteers. Don't get discouraged! The Heart Marathon will prevail! Entry to the 6th Heart Marathon is by Sponsors (\$25 minimum). this is the preferred method of entry since all proceeds of the event go to the N.B. Heart Foundation. Entry can also by by payment of entry fee (\$10). However, you do it, come join us. We'd love to have you.

The 1st 150 entrants receive Bonus Sportsbags. Prizes will be awarded to the top 3 males and females in 5 different divisions. The top 2 walkers in each division will be awarded medals.

All entrants receive t-shirts, finish -photos and banquet (lasagna). Door prizes will be given out. At the banquet there will be a film and video. chanle 10 Cable will also be present. Many thanks to Canadian Runner magazine, Sports medicine products, Adidas, Kangaroo and Marathon Sports for their support.

For any information or comments, call 455-6598.

## PLEASE PRINT CLEARLY

MAILING .A	DDRESS:	
	city province	postal code
TELEPHONE:	N	<u></u>
EVENT	DIVISION	AGE CATEGORY (as of April 8)
SEX	26.2 miles	Under 16 (for 6.5 miles)
M F	13.1 miles 6.5 miles	16-20 21-39 40-49
		50 & over

Accomodations required?

Yes\_\_\_\_\_No\_\_\_\_

NOW IS THE TIME TO REV UP THOSE NEW RUNNERS FOR THE APRIL OT HEART MARATHON!

## **Heart Marathon**

The 6th N.B. Heart prizes. Thanks again to

"RUN FOR THE HEART"

The 6th N.B. Heart Marathon is in full swing as far as the planning goes.

Applications are now available at Marty's Sporting Goods, Neill's Sporting Goods, the Trail Shop, and the UNB Gym. In Oromocto, the Dept. Of Leisure Services and the Base Rec Centre have applications. Pick them up, fill them out and send them in as soon as possible. With receipt of your \$25.00 sponsor (reimbursed to your later), or your \$10 entry fee, you will receive a free 10" x 18" sportbag. Only the 1st 150 entrants will receive these. Everyone receives a T-shirt, finish-line photo, banquet meal and the possibility of winning doorLabatts for helping out with the T-shirts. Medical forms for are required this year only for the full marathoners.

The race hotel this year is Fredericton Motor Inn. Thanks to Max MacEwan and FHS for producing our buttons for us. They will be vailable, for an indredibly low price, by March 22.

Remember that the top 10 fundraisers receive prizes, so try to get pledges if possible. The Heart Foundation really needs your support.

Listen for training tips to be broadcast soon. For more information call 455-6598. CO.O.O.MA MARKAN

St. Anne \$750 to nual Heart