

30 Days.

Quebec.	Maritime Provinces.
Moon sets.	Moon sets.
h.m.	h.m.

Day's length.

3 02	3 33
rises.	rises.
8 09	8 39
9 29	9 48
10 29	10 49
11 16	11 37
11 53	a.m.

Day's length.

a.m.	0 11
0 25	0 48
0 48	1 13
1 09	1 37
1 32	2 00
1 54	2 24
2 07	2 48

Day's length.

2 42	3 16
sets.	sets.
8 13	8 32
9 04	9 23
9 48	10 08
10 24	10 45
10 53	11 15

Day's length.

11 20	11 43
11 42	a.m.
a.m.	0 06
0 01	0 27
0 21	0 48
0 41	1 09
1 02	1 32

Day's length.

1 29	2 00
2 01	2 35

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**The Usual Symptoms** of Worms in children are indigestion, irregular appetite, moaning and restlessness during sleep, grinding of the teeth, swelling and hardness of the abdomen, with frequent slimy stools, countenance pale, picking at the nose, offensive breath, low spirits, irritable and feverish, frightful dreams, headache, pain in the stomach, urine turbid, convulsive fits, and a gradual wasting away of the flesh, etc. When any of these symptoms are noticed, do not delay in getting relief for the sufferer.

Worms attack all ages, from the youngest up to the adult, but more frequently between the ages of three and ten years, and are no respecters of persons; the rich and poor, the proud and humble, alike have to seek relief from their ravages. They are not only a cause of disease, but by their irritation aggravate all other diseases. Their presence deranges the whole system, causing the strong to grow feeble, and the glow of health to fade from the cheek.

In administering medicine to children, one important thing is to get something that will be pleasant to the taste, and at the same time effectual in accomplishing the end desired. In

### Mother Graves' Worm Exterminator

These two desirable qualifications are to be found. It is put up in the form of a syrup, and is so agreeable that children will not refuse it; in fact, so pleasant that it will have to be placed beyond their reach or they will empty the bottle.

**This Medicine Does** not require the help of any purgative medicine to complete the cure. It effectually destroys the worms, and removes the nests in which their young are deposited, thus relieving the sufferer of their injurious effects.

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Mr. BENJAMIN MCKENZIE, Kimberley, writes as follows: "About three months ago our child, eighteen months old, was taken ill, followed by a fit. Suspecting that Worms were the cause, we got a bottle of MOTHER GRAVES' WORM EXTERMINATOR, and we had only given a few doses when the result was marvellous, an extraordinary number of large worms having been expelled."

Mr. GEORGE BURKE, Quebec, writes: "I have used MOTHER GRAVES' WORM EXTERMINATOR and found it the best thing I ever used for worms."

Prepared by NORTHROP & LYMAN CO.,  
Toronto, Ont.



IN changeable climates there is no complaint so prevalent as Catarrh, or Cold in the Head, as it is commonly called. The cause is, generally, exposure to draughts, or damp atmosphere. Common Catarrh is an inflammatory state of the mucous membrane of the head or chest; Chronic Catarrh is usually the result of a neglected Cold or Common Catarrh, and is exceedingly troublesome, as the unpleasant discharges frequently find their way into the stomach and cause derangement of the whole system. The smell is impaired, and sometimes destroyed; appetite bad; and general emaciation frequently occurs. Remedies without number have been recommended for Catarrh, but none have been found more efficacious than Dr. Kellogg's Catarrh Snuff, the old and well-known specific for Catarrh. It gives immediate relief to the dull, heavy pains caused by Cold in the head. The sensations after using it are delightful and invigorating. It opens and purges out all obstructions, strengthens the glands, and gives healthy action to the parts affected.

Mr. PAUL THIBODEAU, Cavendish Road, P.E.I., writes: "I have had Catarrh for twelve years, and fifty cents' worth of KELLOGG'S SNUFF did me more good than \$50 worth of medicine which I had from the most eminent medical men of Montreal, Quebec, St. John and Charlottetown; I think one more bottle will completely cure me."

NORTHROP & LYMAN CO., Toronto.  
Price 25 cents. Sole Agents for Canada.