

carried to the Grave by the fewest possible Number of Persons. The Funeral Service to be performed in the open Air.

8th. It is of the utmost Importance to the Public Health that an improved Diet, and Flannel Clothing, at least Flannel Belts and Woollen Stockings, should be given to the Poor. No Person should ever allow himself to sit down and get cool, with wet Feet: Indeed the most particular Attention should be paid to keeping the Feet dry and warm. Repletion and Indigestion should be guarded against; all raw Vegetables, acescent, unwholesome Food and Drink avoided. Temperance should be most rigidly observed in every thing. In short, no Means should be neglected which may tend to preserve individual Health. The Neglect of any or all of these Cautions would not of themselves produce the specific Disease called Spasmodic Cholera; but such Neglect would most assuredly dispose the Individual living in an infected Atmosphere to be attacked by this Disease, when most probable he might otherwise have escaped.

The most effectual Means by which this Disease may be prevented from extending, is to enable the Poor, who are generally the first attacked, to oppose to its Influence, as far as practicable, those Ameliorations in Diet, Clothing, and Lodging, which public and private Charity will, it is hoped, not fail to produce.

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*Observations on the Nature and Treatment of the Disease, drawn up by Drs. Russell and Barry.*

"Of the Two great Classes of Functions performed by the Organs of which Man is composed, One only is attacked in this Disease. The operations of the Senses and of the Intelligence are either left untouched, or are affected but in a secondary Manner.

Those functions, on the contrary, by which Existence as a living Being is preserved; those complicated Powers, by Means of which we are for ever appropriating and converting into a Part of ourselves Portions of the Matter around us; are all and at once deranged by the Attack of this terrible Malady. Nutrition is annihilated; Respiration becomes difficult, irregular, and inefficient; the involuntary Muscles no longer perform their Task; the voluntary are drawn into Contractions by other Powers than the Will; the Blood ceases to circulate; its Physical Properties are altered; its serous Portion is suddenly thrown out upon the intestinal mucous Surface of the Body; the Secretions are all arrested; and animal Heat is no longer produced.

Under such rapidly destructive, and almost universal Derangement of Function, the most energetic Efforts should be directed to reproduce what the Disease has rendered Nature unable to keep up; viz.

1st. Fluidity, Heat, and Motion in the Blood.

2nd. Regulated Action in the voluntary, and involuntary Muscles.

Lastly, but above every other Consideration, renewed Energy in the Nervous Centre, the Source of all Vitality and Function.

No Remedy at all approaching to the Nature of a Specific has been as yet discovered for this Disease. In fact, no One Mode of Cure can be usefully