

*R.* Replenished with all sweetness and delight. Alleluia.

*V.* Pray for us, O holy Mother of God!

*R.* That we may be made worthy of the promises of Christ.

*Let us pray.*

O GOD! who hast left us. in this wonderful sacrament, a perpetual memorial of thy passion: Grant us, we beseech thee, so to reverence the sacred mysteries of thy body and blood, that we may continually find in our souls the fruit of thy redemption, who livest and reignest, &c.

Defend, we beseech thee, O Lord! by the intercession of blessed Mary, ever virgin, this thy family from all adversity: and being prostrate before thee, with our whole hearts, protect us in thy mercy from the snares of our enemies; through Jesus Christ our Lord.

*When the priest gives the benediction with the blessed sacrament, bow down, and profoundly adore your Saviour there present. Give him thanks for all his mercies; offer your whole self to him, to be his forever; and earnestly beg his blessing upon you, and yours, and upon his whole church.*