

## GOOD SPIRITS



Follow good health while low spirits, melancholia, impaired memory, morose, or irritable temper, fear of impending calamity and a thousand and one derangements of body and mind, result from pernicious, solitary practices, often indulged in by the young, through ignorance of their ruinous consequences. Nervous debility, and loss of manly power, not infrequently result from such unnatural habits.

To reach, reclaim and restore such unfortunate to health and happiness, is the aim of an association of medical gentlemen, who have prepared a treatise, written in plain but chaste language and treating of the nature, symptoms and curability, by home treatment, of such diseases.

A copy of this useful book will, on receipt of this notice, with 10 cents in stamps, for postage, be mailed securely sealed in a plain envelope. Address, **WORLD'S DISPENSARY MEDICAL ASSOCIATION**, Buffalo, N. Y.

# R. R. R.

## RADWAY'S READY RELIEF.

CURES AND PREVENTS

Coughs, Colds, Sore Throat, Influenza, Bronchitis, Pneumonia, Swelling of the Joints, Lumbago, Inflammations, RHEUMATISM NEURALGIA, Frosts, Bites, Chilblains, Headache, Toothache, Asthma,

DIFFICULT BREATHING.

CURES THE WORST PAINS in from one to twenty minutes. NOT ONE HOUR after reading this advertisement need any one SUFFER WITH PAIN.

Radway's Ready Relief is a Sure Cure for Every Pain, Sprains, Bruises, Pains in the Back, Chest or Limbs.

It was the First and is the Only **PAIN REMEDY**

That instantly stops the most excruciating pains, allays inflammation and cures Congestions, whether of the Lungs, Stomach, Bowels, or other glands or organs, by one application.

**ALL INTERNAL PAINS**, Cramps in the Bowels or Stomach, Spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Diarrhoea, Colic, Flatulency, Fainting Spells, are relieved instantly and quickly cured by taking internally as directed.

There is not a remedial agent in the world that will cure Fever and Ague and all other malarious, bilious and other fevers, aided by **RADWAY'S PILLS**, so quickly as **RADWAY'S RELIEF**.

25 cents per bottle. Sold by all Druggists.

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# RADWAY'S PILLS,

Always Reliable.

Purely Vegetable.

Possess properties the most extraordinary in restoring health. They stimulate to healthy action the various organs, the natural conditions of which are so necessary for health, grapple with and neutralize the impurities, driving them completely out of the system.

**RADWAY'S PILLS**

Have long been acknowledged as the Best Cure for

SICK HEADACHE, FEMALE COMPLAINTS, INDIGESTION, BILIOUSNESS, CONSTIPATION, DYSPEPSIA, AND ALL DISORDERS OF THE LIVER.

Price 25c. per Bottle. Sold by Druggists.

## SCIENTIFIC AND SANITARY.

Tricycles may be had for hire, like cabs, in Milan. An attendant goes with the machine to propel it. The fare depends on the distance travelled, not the time consumed.

Leather is tanned in Switzerland with the aid of electricity. Time is saved by the process, and the output is said to possess more than the average strength of ordinary leather.

During the month of December 323 feet of 7 by 11 feet tunneling was driven at the Jeddo tunnel, at Eberville. This was done in 27 days of two shifts of men, each working ten hours.

The late Mr. A. L. Bruce, son-in-law of Dr. Livingstone, the famous African explorer, has left £3,000 to the University of Edinburgh for the purpose of founding a Chair of Public Health.

Dr. P. Fuerbringer, of Berlin, praises the peanut as a food rich in albumen, and advises its use in soup or as mush. Peanuts are especially valuable, he says, in kidney diseases, in which animal albumen must be avoided.

The curious and possibly important fact, says London *Electricity*, has been noticed that when the eyes are illuminated from behind by a glow lamp in the mouth, the pupils, seen as blood-red apertures, do not contract.

Henry Villard, a rich New York citizen, has organized an expedition in charge of Mr. C. F. Lummis, to journey through Peru, Bolivia and Ecuador in quest of relics of the ancient life in those interesting countries. — *Illustrated American*.

A binocular glass, whose tubes shut up like a telescope and may thus be compressed to a very small compass, has recently been invented in England. The framework of the instrument is a pair of "lazy-tongs," which keep the barrels at a proper distance, whether open or closed. Aluminum is used in construction, in order to gain lightness.

The recently discovered mines of Mexican onyx in Arizona bid fair to produce this beautiful ornamental stone in practically inexhaustible quantities. It is estimated that one of the quarries contains 4,600,000 cubic feet of merchantable onyx of the finest quality, thought by many to exceed greatly the Mexican product in color and lustre.

The decimal point in England is written near the top of the line (0.25, for instance), but in France and Germany at the bottom, with a comma (0,25), while in this country we use a period, and usually have it where the French put their mark. There is an increasing tendency, however, in Europe and America toward the adoption of the English method.

Italy leads the way in submarine navigation, and telegrams from the great arsenal of Spezzia describe the trial trip of the new submarine boat Pullino. After embarking the two vice admirals commanding the port and the arsenal, the boat disappeared under water and traversed the entire length of the gulf, returning to the surface in proximity to the training ship Maria Adelaide, against which it feigned to discharge a torpedo. The trial was a complete success in every particular.

From observations made at two Prussian stations at Teneriffe in 1889, 1890 and 1891, showing slight and continuous changes of position of the plane of the horizon, Dr. von Rebeur Paschnitz has concluded that the relatively rigid surface of the earth is subject to a movement of rising and falling like the ocean movement that produces the tides. The amplitude of the observations is very slight, but the apparatus used made it clearly perceptible. The direction of the plumb line also points to a daily disturbance, which is attributed, in conjecture, to solar radiation. A third kind of movement may be referred to distant earthquakes.

Minard's Liniment Cures Colds, etc.

## Educational.

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**YOUNG LADIES**

**Lent Term Begins Feb'y 11th, '94.**

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English, Mathematics, Classics, Modern Languages, Art and Music. Pupils prepared for entrance to the Universities, and for the Government examinations in Art. Home care combined with discipline, and high mental training.

Resident, Native, German and French Governesses. A large staff of experienced Professors and Teachers.

**MRS. MARIE M. KLINGENFELD,** Teacher of **Vocal Culture**, Graduate of the Peabody Institute in Baltimore, will receive a limited number of pupils. Toronto College of Music, or 505 Sherbourne Street.

**MR. H. M. FIELD, PIANO VIRTUOSO.**

Pupil of Prof. Martin Krauss, Hans von Bulow and Reinecke, solo pianist Albert Haile concerts; Richard Strauss, conductor, Leipzig; pianist of the Seidl orchestral tour in Canada, 1892; by invitation of Theodore Thomas, representative Canadian solo pianist at the World's Fair, Chicago. Concert engagements and pupils accepted. Address—105 Gloucester Street, or Toronto College of Music.

**W. J. McNALLY,** Late of Leipzig Conservatory of Music. Organist and Choirmaster, Beverley Street Baptist Church, Teacher of Piano. Toronto College of Music or 32 Sussex Avenue.

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GIVES INSTRUCTION IN VOICE PRODUCTION.

Pupils received for study of Musical Theory. Open to accept engagements as Tenor Soloist at Concerts.

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## UPPER CANADA COLLEGE (FOUNDED 1829.)

A fully equipped residential Boys' School. Besides the Classical and Science Courses, for which the College has long been famous, a thorough Business similar to the one adopted by the London (England) Chamber of Commerce is now taught—eight exhibitions entitling the winners to free tuition are annually open for competition. Winter Term begins January 8th.

For Prospectus apply to The PRINCIPAL, U. C. COLLEGE, DEER PARK, TORONTO.

The cholera bacillus may apparently be taken into the stomach of a perfectly healthy person with impunity. It was noted by Dr. Nussbaum several years ago that the normal stomach will digest the bacillus and that it is, therefore, dangerous only to those whose system is not in order. Pure cultures of the bacillus have been swallowed by experimenters recently without disagreeable results.

I was CURED of Acute Bronchitis by **MINARD'S LINIMENT.** J. M. CAMPBELL.

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