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REST, MENTAL THERAPEUTICS, SUGGESTION.

Being Volume VIII of a System of Physiologic Therapeutics, by Francis X. Dercum, M.D., Ph.D., Professor of Nervous and Mental Diseases in the Jefferson Medical College of Philadelphia, Neurologist to the Philadelphia Hospital, etc., etc. The Series Edited by Solomon Solis Cohen, A.M., M.D., Senior Assistant Professor of Clinical Medicine in Jefferson Medical College, etc., etc. Philadelphia: P. Blakistin's Son & Co., 1904.

This is a first class book by a good authority. Dr. Dercum is already well known as an erudite writer on nervous diseases. The present volume rises to a very high plane of excellence. The publishers have done their part well and in keeping with former issues of this series.

The book is divided into three parts: Rest, Therapeutics of Mental Diseases, and Suggestion. In the first part rest is discussed as to its function and results. Then chronic fatigue and the fatigue neuroses are carefully studied. Rest in neurasthenia, hysteria and hypochondria is then considered. The influence of rest in chorea and the organic diseases closes this section of the book. In all of these chapters the advice is thoroughly reliable.

The second section of the book takes up the prevention of insanity and the general principles of the treatment of the insane, and the treatment of special forms of mental disease.

The third part discusses normal suggestion, and suggestion by mystic and religious methods. The author has some pertinent remarks to make on hypnotism, suggestion and crime, suggestion and hysteria.

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