

water or ice, alcohol and water, half and half, may be employed, and in other instances a mixture of equal parts of warm vinegar, warm water, and alcohol may be used with advantage, in that sponging with this liquid not only cools the skin but opens the pores, washes off effete materials, soothes the peripheral sensory nerves, and by so doing tends to produce sleep.

Another drug which is of value because of its influence in increasing secretion of the skin, and because it relieves pain in the muscles and bones, is Dover's powder. But this substance often seems to produce secondary depression in blond, sanguine persons, and because of the opium it contains is liable to increase constipation, which should not be encouraged in the presence of a condition where it is desirable to aid in elimination as much as possible.—*Therapeutic Gazette*.

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