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 all turn the hair gray, and either of them  
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 hair regrows with lively expression; falling hair is  
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 with pain can have cheap and positive proof of its  
 claims.  
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 ligious use we may mention with commendation  
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**RICE FRUIT PUDDING.**—One large tea-  
 cup rice, a little water to cook it partially;  
 dry; line an earthen basin with the rice;  
 fill up with quartered apple, or any fruit you  
 choose. Cover with rice. Tie a cloth over  
 the top, and steam one hour. To be eaten  
 with sweet sauce. Do not butter the dish.

**SCOTCH TART.**—Take a deep square tin  
 and line it with rich paste, select pleasant  
 tart apples, peel and core, quarter and cut  
 in bits. Fill the paste with the apples and  
 cover the whole with a layer an inch or more  
 thick of sugar, and sprinkle with small bits  
 of butter. Bake it in a quick oven and have  
 it well browned. When rightly made the  
 apple is soft and candied. Serve warm.

**LEMON PIE.**—Here is said to be a good  
 receipt for lemon pie: Grate the yellow part  
 of the rind of one lemon, squeeze out the  
 juice, dissolve in cold water one tablespoon-  
 ful of corn starch, and add to the lemon, then  
 the yolks of three eggs, well beaten, one cup-  
 ful of sugar, and lastly one cupful of boiling  
 water. Cook this slowly till it thickens.  
 Line pie plates with a rich crust, and when  
 a little cool pour in the above mixture. Beat  
 the whites to a stiff froth, add one teaspoon-  
 ful of sugar, spread over the top of the pie,  
 and brown slightly in the oven.

**CHEESE FRITTERS.**—Put a pint of water  
 into a saucepan with a piece of butter the  
 size of an egg, the least bit of cayenne and  
 plenty of black pepper. When the water  
 boils, throw gradually into it sufficient flour  
 to form a thick paste; then take it off the  
 fire and work into it about a quarter pound  
 of ground Parmesan cheese, and then the  
 yolks of three or four eggs and the whites of  
 two beaten up to a froth. Let the paste rest  
 for a couple of hours, and proceed to fry by  
 dropping pieces of it the size of a walnut into  
 plenty of hot lard. Serve sprinkled with  
 very fine salt.

**BREAD PLUM PUDDING.**—One pound of  
 bread crumbs, one pound of raisins, one  
 pound of currants, one pint of milk, six eggs,  
 four ounces of butter, and one pound of  
 sugar. Pour the boiling milk on the bread  
 crumbs, cover with a plate, and let it remain  
 for an hour; then add the butter, currants,  
 raisins (stoned and cut a little), and the sugar;  
 mix all well together, adding candied fruit,  
 a little grated lemon-peel and spice and the  
 eggs well beaten; boil four hours in a butter-  
 ed basin or mould, and serve with sweet sauce.  
 If it be requisite to add a little flour, boil an  
 hour longer.

**THE WATERMELON.**—This vegetable con-  
 tains about ninety-five per cent. of the purest  
 water, and a trace of the purest sugar, and  
 nothing has yet been discovered that furnishes  
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 Even when diarrhoea has been kept up by  
 continued eating of ordinary food, until the  
 disease has become chronic, this delicious  
 beverage—for it is little more—watermelon,  
 taken freely two or three times a day, has  
 again and again been known to work won-  
 ders, and to "cure" when all the usual reme-  
 dies had failed.

**MILK SOUP.**—Wash, pare, slice, and par-  
 boil one pound of potatoes, pour away the  
 water; skin and scald two onions, chop  
 them; place the potatoes, onions, one tea-  
 spoonful of salt, and a half teaspoonful of  
 pepper in a stew pan, with one quart of cold  
 water; bring to a boil, and boil till quite soft  
 (about half an hour); crush the potatoes and  
 onions with a spoon till smooth; add one  
 quart of new milk and one cupful of boiled  
 rice; stir continually till it boils, then boil  
 for ten minutes. This soup may be made  
 richer by adding one ounce of butter or drip-  
 ping to the quart of cold water.

**THE "TIN KING" TALKS.**  
 From Maine to Manitoba, from St.  
 John's to British Columbia, Mr. Thomas W.  
 McDonald, the Tin King of the Dominion,  
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 this statement by reiterating my endorse-  
 ment of its efficacy."