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side to side. Fold your clean sheet now the narrowest way of the sheet, leaving enough unfolded to go round the bolster. Untuck the soiled sheet from the bolster, holding up the patient's head meanwhile; roll the dirty sheet down underneath him. Roll the bolster into the clean sheet; then roll the soiled and clean sheets down the bed, getting someone to help you to lift the patient as you do so. To put on a clean upper sheet untuck the soiled sheet all round the bed; lay the clean one on the top of it, and holding this, draw the soiled one quickly away. Do not allow any soiled linen to remain in the sick-room.

## The Mother.

In far meridians go and come

The proud men-children she has borne;  
Safely her fancies follow them  
In ways by ancient heroes worn.

Alone she sits beside her fire,—

Her thought flies forth to west, to east,  
Under the forest, o'er the plain,  
And finds the soldier, finds the priest.

Their feet returning make her glad

Year after year. She knows their part  
To thrust the mighty world along,  
And follows them with half her heart.

But heart and soul go out to him,

The lad she sees but when she sleeps,—  
The lad by many waters called,  
Rocked on some topmast o'er the deeps.

She basks in sunny leagues of blue,

She shivers with the roaring storms,  
And wreck and ruin, white and wan,  
Fill her dark night with ghostly forms.

Wide-winged her love broods over him

On unknown tides, beneath strange  
signs,  
The fellow of the whistling winds,  
Ranger of waste and boundless lines.

For him she fills those lines with life

Large as his lavish liberty  
Who for his freehold only reaps  
The bitter tilth of the salt sea.  
—Harriet Prescott Spofford, in the 'Christian Endeavor World.'

## How to Chose a Wife.

To such a degree did P. D. Armour practice faith in heredity and home training that he chose the girl whom he made his wife by first seeking the acquaintance of a mother who came up to his ideals. Having found the mother he was satisfied in advance that 'any one of the daughters would do.' He told the story himself one day as he was congratulating one of his favorite employees on his approaching wedding:

'You've got a good girl and I know it, though I never saw her. I know her parents, and they're fine. She's sure to be all right, for she has a good mother. That's the way I picked out my wife. I looked around a long time for a good mother with daughters, and I found her down in Cincinnati. I went down there and picked out the youngest and prettiest of the girls. Then I went to her mother and told her that I meant to marry her daughter. My frankness to her mother rather scared the girl at first, and she seemed quite afraid

of me. But when she found out that I wasn't such a bad fellow she said "yes," and we were married. And you may be sure we have been happy. She couldn't help but be a good wife and mother, for her own mother was both.'

Miss Malvina Ogden, daughter of Jonathan Ogden of Cincinnati, was the girl whom P. D. Armour thus won. They were married in October, 1862, and have had two children—P. D. Armour, Jr., who died last spring, and J. O. Armour.—Chicago 'Record.'

## Selected Recipes

**Apple Soup.**—Boil four quarts of water. Add three tablespoonfuls of rice and let it boil thirty minutes. Add two quarts of apples pared and cored, and boil five minutes. Add a spoonful of wheat flour, stir and boil one minute. Sweeten to the taste with syrup or sugar, and eat warm, with bread or crusts. It is good, cheap, and healthful.

**Furniture Polish.**—A recipe for a very superior furniture polish given by a dealer in musical instruments to a housewife as the cause for the shining surfaces of the pianos in his rooms consists of four tablespoonfuls of sweet oil, four tablespoonfuls of turpentine, a teaspoonful of lemon juice and ten drops of household ammonia. This polish must be thoroughly shaken before using and applied with an old flannel or silk cloth. Rub briskly and thoroughly, which is at least a third of the merit of all polishes. Use a second cloth to rub the mixture into the grain of the wood and a third for the final polish.—'Presbyterian Witness.'

**Roasted Spanish Onions.**—Wash thoroughly in cold water as many large Spanish onions as required. Do not peel them; put them in a saucepan with enough cold water to cover them. Stand them over the fire and let them simmer gently for two hours; then lift them one at a time from the water with a skimmer; place them in a baking dish, pull the skins off, season them with a light sprinkling of red pepper and plenty of salt. Put a tablespoonful of butter on top of each onion, cover them well with fine bread crumbs and stand them in a quick oven and let them roast until a rich brown over the top; then serve in the dish in which they are roasted.

## PATENT REPORT.

The following is a list of patents recently granted by the Canadian and U.S. Governments, secured through the agency of Messrs. Marion & Marion, Patent Attorneys, Montreal, Canada, and Washington, D.C. Information regarding any of the patents cited will be supplied free of charge by applying to the above-named firm.

Canada—81,272, James Millar, Lyn, Ont., seed marker; 81,283, George Laporte, St Felix de Valois, Que., acetylene gas generator; 81,301, Frank R. Millar, Port Arthur, Ont., musical instrument.

United States—726,557, Felix Mesnard, New Glasgow, Que., vehicle wheel, 726,768, Francis Octave Schryburt, Quebec, Que., sole-blocking machine; 727,633, John M. Humphreys, Trenton, N.S., Electric baseball register; 727,647, Murray D. Lewis, Sydney River; C.B., self-mitring cornice-mould.

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JOHN DOUGALL & SON,  
Publishers, Montreal.

THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Craig and St. Peter streets, in the city of Montreal, by John Redpath Dougall and Frederick Eugene Dougall, both of Montreal.

All business communications should be addressed 'John Dougall & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'