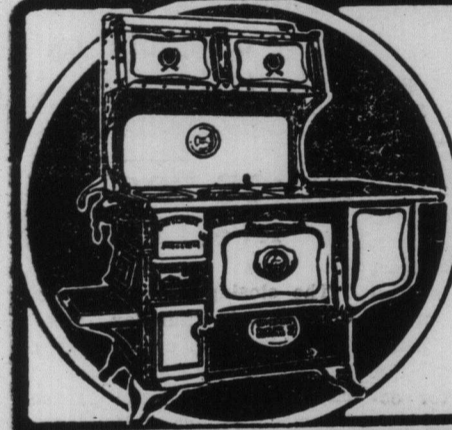


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A good breakfast is a good start for a good day. And it must always include good bread—the kind you make from REGAL FLOUR, the flour that is known as "Wonderful for Bread."



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RUGGLES & BENSON
FANCY WHOLESALE GROCERY HOUSE.
H. L. RUGGLES, BRIDGETOWN PHONE 63.

Needs of Canada

Kentville.—Canada's urgent need of settlers, her immeasurable resources and the excellence of the future that could be held out to those who projected making Canada their home was the principal theme of the municipal convention when the chief speaker was George E. Graham, general manager of the Dominion Atlantic Railway.

"Canada's greatest need to-day," said Mr. Graham, is the inauguration and carrying out of a progressive and aggressive immigration and colonization policy, largely along agricultural lines.

"Canada's real prosperity will always be determined by the extent and thoroughness of her agricultural development.

"Canada's area is greater than that of the United States, while her population of 8,788,482 is less than that of New York State.

"Canada has three hundred million acres of agricultural lands, with less than one-sixth of it under crop.

"Canada has one million farms awaiting settlers.

"Canada has the only two coal regions on the seacoast of North America, and controls one-fifth of the world's coal resources.

"Canada's forests are estimated to contain eight hundred billion feet of commercial timber and one billion cords of pulpwood.

"Canada's mining industry has increased twelve-fold in thirty years, from \$14,000,000 to \$173,000,000.

"Canada has five thousand miles of fishing grounds on the Atlantic and seven thousand on the Pacific, with 220,000 square miles of fresh water.

"Canada has over 38,000 miles of railway, or one mile for every 244 persons. In the United States there is one mile of railway for every 404 persons.

"Canada has twenty million horse power in her waterways, 90 per cent. of which is running to waste.

"Canada's national debt stands today at \$2,372,000 or \$275 per head of population, the annual interest on which is \$114,000,000. The total revenue of the Dominion in 1913 was \$168,000,000.

"Canada is 369 miles nearer Liverpool than Boston and 551 miles nearer than New York.

"The present population of the United States," said Mr. Graham, "is in excess of 110,000,000 and at the present rate of increase that country will, within a few years, become an importing instead of an exporting country, in the matter of farm products.

"Between 1911 and 1921, 818,000 Canadians moved to the United States. There are two hundred thousand people of Canadian birth in Massachusetts, 65,000 of whom are in Boston. Of the Boston Canadian Club's membership of upwards of a thousand, sixty per cent. were born in Nova Scotia.

"During May last 50 per cent. of our exports to the United States consisted of wood pulp and paper, and during the same period out of 78,001 tons of paper imported into the U. S., 73,119 tons were from Canada.

"Canada is in urgent need of work-

ers and capital for the development of her unutilized natural resources and the cultivation of her fertile soil. We must have more taxpayers to assist in the liquidation of our natural obligations. We must produce more and do it more cheaply if we hope to place our products to advantage in world competition. As an indication of the influence of adverse legislation upon immigration, the following will suffice:—

We received:
In 1919, 117,633 immigrants.
In 1920, 147,502 immigrants.
In 1921, 100,413 immigrants,
and for the first six months of 1922—35,500.

"Believe in your Nova Scotia, work for her, cherish her traditions, spread broadcast the facts concerning her ideal living and climatic conditions, her wonderful resources, her fertility, and she will repay you a hundredfold and in a manner that will spell real success. While I am deeply interested in the matter of immigration and colonization as affecting the whole of Canada, I am especially and particularly so as regards Nova Scotia agriculturally.

"We want more virile young men and women on our productive lands. Less than ten per cent. of our orchard lands are under cultivation, and last year we produced upwards of two million barrels of apples. The average crop for the past three years was 1,571,651 barrels. Within five years this Valley should produce at least an average crop of three million barrels of apples and have an annual tourist travel average of one hundred and fifty thousand persons.

In order that the government may be in possession of the necessary detailed information to enable them to deal intelligently with incoming settlers, we have recommended the following:

The immediate taking of an actual farm survey conducted along modern lines in order that the government might be in possession of accurate information regarding farms for sale, whole or in part, farms only partly worked, and the location of lands suitable for orchard or other development.

Also that the survey be followed by the organization of a colonization project by or for the government whereby abandoned, uncultivated or other lands would be taken over at a fair valuation, suitably subdivided, properly buildings erected and the property sold on terms to suit the ability of the purchaser to pay this in order that the intending settler may be assured fair treatment.

The compilation of such information is absolutely necessary if the Nova Scotia Government London Office is to be placed in a position to deal intelligently and effectively with intending settlers.

We want our resources developed. We want our government to become really alive to its responsibilities in the matter of immigration and colonization, to equip itself in detail with the necessary information, to extend co-operation between Halifax and London.

BELLEISLE

Miss Nan Chipman, of Nictaux West, who spent the vacation with her grandparents, Mr. and Mrs. A. W. D. Parker, returned home on Wednesday.

Miss Annie Bent, after spending a few weeks with her sister, Mrs. L. H. Elliott, at Mount Hanley, returned home on Thursday.

Mrs. Eunice Bent, after a visit of several weeks with friends here, returned to Granville Centre on Monday.

Dr. and Mrs. Worley Nichols and Mr. and Mrs. Millage Collins, of Aylesford, were recent guests of Mrs. I. J. Parker.

The many friends of Miss Lizzie Troop will be glad to know she is recovering from her recent illness.

Mrs. Sadie O'Dell, of Annapolis Royal, spent a few days recently with her cousin, Miss Ann Young.

Miss Elizabeth McLean, of Bridgetown, is visiting her grandparents, Mr. and Mrs. R. L. Dodge.

Mr. S. Sully, of Smith's Cove, Digby County, is visiting at the home of Mrs. William E. Bent.

Miss Alga Wade, of Boston, is spending her vacation with her mother, Mrs. Gertrude Wade.

Miss Cora J. M. Parker spent the week-end in Clarence, the guest of Miss Mildred Wheelock.

Miss McDonald, of Halifax, spent last week with her friend, Miss Josephine Willett.

Miss Genie L. Troop is spending a few days in Aylesford with her cousin, Mrs. W. P. Nichols.

Mrs. Alex. Fraser recently enjoyed a trip to Falmouth and Halifax, returning home by auto.

Miss Elizabeth Bent spent last week in Bridgetown at the home of Capt. Longmire.

Annapolis Royal band was present through Labor Day proceedings and discussed some excellent music.

Miss Gladys Corbett left for Milton last week and has taken the Principalship of the High School there.

RHEUMATISM
Templeton's Rheumatic Capsules have become the Standard Remedy for Rheumatism, Sciatica, Neuralgia and Lumbago. Thousands have been restored to health through T.R.C.'s. If you suffer, get a box at your Druggist's to-day. Don't let pain spoil the best years of your life.
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WE HAVE EVER OFFERED
Farms for everybody. Priced \$1000 up. Call, write or Phone
VALLEY REAL ESTATE AGENCY
TED FISHER—Representative, MID DLETON

Makes Beautiful Layer Cakes
Barbour's GOLD BOND BAKING POWDER
Made without Alum

In the Supreme Court

BETWEEN:—
VINTON P. SMITH, Plaintiff.
And
GORDON P. HIRTLE, Administrator of the Estate of Angus Hirtle, deceased, Defendant.

TO BE SOLD AT PUBLIC AUCTION by the Sheriff of the County of Annapolis, or His Deputy, at the Court House at Annapolis Royal, in the County of Annapolis aforesaid, on

MONDAY, the 25th day of September, A. D. 1922.

at ten o'clock in the forenoon pursuant to an order of foreclosure and sale made herein, and dated the 22nd day of August, A. D. 1922, unless before the day of sale the amount due and costs are paid to the Plaintiff or His Solicitor or into court.

All the estate, right, title, interest and equity of redemption of all persons claiming or entitled by, from, or under, the said late Angus Hirtle, deceased, the mortgagor, or by, from, or under, the said Defendant as the administrator of said estate in and to all and singular that certain lot, piece or parcel of land, situate, lying and being in West Paradise in the County of Annapolis and Province of Nova Scotia, bounded and described as follows:—

Beginning on the north side of the main road at the western line of lands owned by J. W. Saunders and following this line northerly forty six (46) chains and forty-five (45) links until it comes to the Annapolis River, thence southerly and westerly by said river until it comes to the eastern line of lands formerly owned by A. M. McNitch, thence southerly by said line forty-four (44) chains and twenty (20) links or until it comes to the aforesaid main road, thence easterly by said road twenty (20) chains and seventy-five (75) links to the place of beginning, containing in all ninety (90) acres more or less. Together with all and singular the buildings, hereditaments, easements and appurtenances to the same belonging or in anywise appertaining.

TERMS:—Ten per cent. deposit at time of sale, remainder on delivery of deed.

(Sgd.) J. H. EDWARDS, High Sheriff of Annapolis County.

HARRY RUGGLES, of Bridgetown, Annapolis Co. Solicitor for Plaintiff.

Dated at Bridgetown, Annapolis County, August 22nd, 1922, 21-51.

Soft Coal!

Conditions are rather unsettled in the local mines and it is a WISE plan to make sure of your supply for winter now.

We offer you: **SPRINGHILL**, which is equally suitable for furnace or domestic use.

ACADIA NUT, which is prepared especially for the range, and is very easy to handle.

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