

Of interest to Farmers

SOWING GARDEN BEANS

(Experimental Farms Note)

Beans are an important truck crop. Garden beans are one of the important truck crops and practically every farmer should grow a patch either for sale or for home consumption, according to his location. Being a leguminous plant, this vegetable stores in the soil nitrogen gathered from the air, and the cultural methods generally given to it leave the ground in splendid shape for the following crop. The consumer also has great advantages in buying them as they are a delicacy, they may easily be canned and are considered a very healthful food indeed.

One or more varieties? To be profitable and palatable, garden beans should be eaten when the pods are well grown but still green, and this period only lasts during about a week of the plant's life. This is why a succession of sowings is generally made by persons who desire to have this fine vegetable on their table for a long time. It was suggested that a number of varieties of different seasons put in the same day, might do as well, and this prompted an experiment at Cap Breton.

The Cap Breton experiment. The object was to compare the yield of green pods from one variety, sown at four different intervals of about a week, with that of four varieties of different seasons the same day. The results of five years showed that Round Kidney Wax, sown at four different intervals, yielded at the rate of 343 quarts of green pods per acre, whilst Round Kidney Wax, sown at one interval, yielded at the rate of 328 quarts per acre.

One variety generally enough. The difference between the two methods was only around five per cent, which is practically negligible, and it seems that either will about give the same results. Persons who would rather make only one sowing, and be done with it, will have of course, to choose varieties of different seasons, whilst others who prefer to sow at intervals of a week or ten days, should take an early variety, such as Round Pod Kidney Wax or Pencil Pod Wax, so as to get the first edible pods as soon as possible.

Save your own seed. Probably the latter way is preferable as ripe beans can be gathered from strong healthy plants each year, for the next, which not only means a saving of money, but, which is quite important, one is thus sure of getting seed of good vitality and of the right strain.

THE FIRST SPRAY

By G. E. Sanders

Last year the majority of Nova Scotia apple growers missed the pre-blossom sprays, on account of their spray pumps being out of order. Practically all fully intended to apply the first spray, but when they got their sprayers out they found them disabled in one way or another. The result was that it took in some cases weeks to get repairs made and many were not able to apply and spray until after blossoms. Consequently we had a very dirty crop, and everyone, even the men who grew clean fruit suffered, for word went to the markets that the Nova Scotia crop was "dirty" and clean lots of fruit were sold at a discount on account of the general reputation of the crop.

Growers should get their sprayers out at once and overhaul them so as they will be able to replace them before it is time to apply the first spray.

In Nova Scotia the first spray should be three pounds of bluestone, ten lbs of lime, one pound of arsenate of lime to forty gallons of water. For aphids add three fourths of one pound of Black Leaf 40 to each hundred gallons of the mixture. This spray should be applied when leaves are about the size of a cent piece.

Where budworms are present in injurious numbers the amount of arsenate of lime may be increased to one and half pounds to forty gallons, and the spray applied at the highest pressure possible and in such a manner as to drive it into every chink and service of the opening buds. If only a few budworms are present a fog spray is much more desirable.

ADVICE RE PRUNING TREES

Professor Longyear, of the Forestry Department of Colorado Agricultural College, gives 14 things to remember when pruning trees. They are enumerated as follows:

1. Proper pruning gives more and better fruit.
2. It costs less to spray and pick a well pruned tree.
3. All varieties are not pruned alike.
4. Heavy pruning tends to increase wood growth, and may be used to rejuvenate a run down tree.
5. Light pruning tends to increase fruit production.
6. The growing habit of a tree varies with age.
7. Water-sprouts are usually the result of heavy pruning. Those sprouts near the base of the scaffold limbs may be tipped back and caused to produce fruit.
8. A limb grows more from the tip buds than from the lateral buds.
9. Fruit may be thinned by pruning.
10. Pruning wounds need not be painted in Colorado.
11. Keep the top of tree somewhat open. Light helps to make extra fancy fruit.
12. If the buds on your peach trees have been killed and the fruiting wood is in the upper third of the top, "dehorn" your trees back heavily to limbs one inch in diameter.
13. Learn the principles of pruning the details will vary with the tree.
14. Common sense and good judgment will help a good deal.

HEN LAYS 6 EGGS IN ONE DAY

With a record of 151 eggs in one month and 77 of these produced in a single week, a three year old White Rock hen owned by Gus Rhodes, prosperous LaCross valley farmer living one mile east of West Salem, Wis., claims the egg laying championship of the world.

Poultrymen who scoffed at the story when Mr. Rhodes first announced that he was getting from three to six eggs per day from one hen, and others who have visited the farm during the last week and watched the hen perform on the nest have ceased to laugh when the White Rock's achievements are mentioned. In all seriousness they are willing to take oath that the hen is "delivering the goods" exactly as represented.

TUXIS BOYS AND TRAIL RANGERS

BY H. H. H. H.

WHO IS YOUR BOSS

A business man was about ready to offer a very important position to a young man who had been highly recommended to him. It happened that the two took a ride together on the train and in the course of the journey the young fellow was asked by some other travellers to take part in a game of cards at which a small amount of money was put in the playing. The employer saw the young man hesitate and then accept the invitation and he immediately made up his mind that he would not offer the position to him. He knew that anyone who engaged in gambling never became his own boss and that some day he and his employer would both suffer for it.

Every boy looks forward to the time when he will be, as he calls it, his own boss. He will be able to decide for himself whether to go out in the evening or stay in and all the other things that have to do with his life. He sometimes feels that he will be glad to get out from under the control of his parents so that he can govern his own life.

Every boy should ask himself whether he is going to govern his own life himself or whether his life is going to be governed by his surroundings. The fellow who gambled on the cards even though he felt that it was not right to do so, is not his own boss, but is bossed by the fact that a game of cards is going on and that he has been invited to take part in it.

Every boy can put himself to this test. Let him decide something that he does not want to do particularly well and which at the same time is something he should do. Can he keep his mind to it as long as he feels he should? Dr. Broadus used to say that in order to be a good student, one should be able to take up his study when he would rather rather stop and stop when he would rather go on. In other words the man or the boy who is his own boss is the one who can make himself do what he ought to do whether he wants to do it or not.

Every boy should ask himself whether he is going to be bossed by his companions, by some other boy who is a strong leader, by the books that he reads, by his own passions and prejudices and fancies. He will need to look his own temper fair in the face and fight out the question as to whether he or it is going to command his life.

First Boy: My dad has some new teeth that the dentist made him.

Second Boy: What is he going to do with the old ones?

First Boy: Oh, I don't know. I suppose they will cut them down and make me use them.

AN ARTS AND CRAFTS EXHIBIT

The boys of Winnipeg put on a "king pin" exhibition this season in Arts and Crafts. Vaughan Street Y. M. C. A. was the centre of interest and more than two thousand entries were on view.

Both in number and in quality the entries much surpassed any similar exhibition previously seen in the city. The judges for the different classes spent three days in judging the various objects. The results indicated the keenest competition for the highest aggregate scores, for which cups were presented.

Prominent in the exhibition was the large amount of wood work, most of which was submitted by boys attending the technical high schools. Everything in the way of minor house hold effects and ornaments was on view. Foot stools, chairs, baskets, brush holders and furniture were attractively displayed in large numbers.

Forging works and metal articles were also numerous and indicate the high degree of skill which has been attained by the youthful craftsmen. A miniature machine shop, operated by an electric motor, was one of the exhibits, the ingenuity of which was a surprise to the crowds. A Morris chair, perfect in its design and workmanship, drew the admiration of the visitors. In the metal sections a display of nutcrackers attracted considerable attention. Screw drivers, metal boxes, chisels, hammered copper and brass work were also shown in large numbers.

The exhibits in drawing and photography were appropriately arranged, some of the entries representing distinct achievements, sketches and maps and drawings of a practical and ornamental character were on view, and were closely scanned by the crowds. Penmanship work was also submitted, while one of the judges had the task of reading compositions, the subjects of which were all current events.

The O. B. Knight Prize Cup was won by Hugh Roberts.

SHE ASKS THE PHYSICIAN

Mrs. Turner Studying Baby Hygiene

"My dear Mrs. Turner," said the family physician, "I can only repeat what I have said so many times—that not only must we see to it that the child properly assimilates its food, but important, that the waste products are properly eliminated. Infant—or Child—hygiene plays an immense part at this day. The proper feeding of children is today an exact science and it has brought with it the knowledge of how to keep the child's alimentary tract to the proper condition. Have you noticed how many physicians how specialize in the maladies of infancy and childhood. Naturally they have the advantage over the general practitioner. But, do you think the specialist has more success in treating the children than the physician who brought them forth into the world, who day out and day in sees them watches them and notices all their little individual peculiarities? The Specialist comes in as an outsider and has to learn of these things. The family physician knows them."

"One of the best known physicians in this country puts the matter of sanitation of the alimentary canal in a terse sentence—"Clean out, clean up and keep clean." Surely what is true about the grown ups is still more true in regard to children. The grown ups can think for themselves. But the baby? Ah— you get the point? Food the baby must eat one child may be absolutely fit for another, the location, the feeding watermelon, cream cone, the tempting watermelon, these and many more cause the woes which may be soothed by remedies that cannot be given to the infant or small child, such as Castor Oil, a most nauseating old fashioned remedy. Now, to tell you the truth, I very rarely give Castor Oil. Years and years, in my own family as well as in outside practice, I give Fletcher's Castoria and I know of scores of other physicians doing likewise. You ask why? Well I have had nearly thirty years experience with it, that is why. Experience teaches. Are you sure that your baby is healthy? Mrs. Turner, are you still young and have only your first baby to worry over and because his little stomach is out of kilter you are scared. Not just as I tell you. Give him Fletcher's Castoria as directed and you will find that your boy will be very comfy."

"But Doctor" broke in Mrs. Turner, "are you sure that your baby is healthy? Mrs. Turner, are you still young and have only your first baby to worry over and because his little stomach is out of kilter you are scared. Not just as I tell you. Give him Fletcher's Castoria as directed and you will find that your boy will be very comfy."

"The doctor's candid talk convinced Mrs. Turner that Fletcher's Castoria was the remedy for her to keep in the house and any other mother who takes the trouble to ask her physician will receive the same advice.

WHAT'S THE USE

Did it ever occur to you that a man's life is full of contradictions? He comes into the world without his consent and goes out of it against his will, and the trip between is exceedingly rocky.

The rule of contraries is one of the features of the trip. When he is little the big girls kiss him; when he is big the little girls kiss him.

If he is poor, he is a bad manager; if he is rich, he is dishonest; if he needs credit he can't get it; if he is prosperous every one wants to do him a favour.

If he is in politics he is in it for graft; if he is out of politics he is too good to his country.

If he does not give to charity he's a stinky cuss; if he does it's for show. If he is actively religious he's a hypocrite; if he takes no interest in religion he is a hardened sinner.

If he gives affection he's a soft specimen; if he cares for no one he's cold blooded. If you're fond of the ladies you're a flirt; if you're not, you're a woman hater.

If he dies young there was a great future before him; if he lives to an old age he missed his timing.

If you save money you're a grouch; if you spend it you're a loafer. If you get it you're a grafter; if you don't get it you're a bum. So what's the use?

June is at hand and we may now expect June bugs, June frost and June brides.

We notice that grocers no longer use a potato to cork the spout of the oil can.

WOMEN MEN LIKE

There are many noble, sensible, fundamentally charming women who feel themselves thoroughly adapted to the sort of women that men seem to prefer. It looks almost as if the majority of men liked the shallow, the cheap, the frivolous, the vain, who may amuse for the moment, but who are certain to fail when it comes to all he tests and trials the real home making and happiness making involve. Yet the charge is only in part true. Men do like to be amused. When they leave the sober work of life making and seek social diversion, they naturally seek those who afford such diversion in largest measure. Furthermore, being human, like women, they enjoy those who enjoy them and show it, even when the exhibition is a little too obvious. Moreover, women rarely understand how difficult it is for men to be at ease with them. When the ordinary unmarried man goes into society he puts on different thoughts, different manners, different habits of moving and speaking and acting. Those habits may be better, as his clothes are; but they are different. He seems thoroughly strange to himself. And he turns naturally to the woman who makes him forget himself, who talks freely and frankly and easily, even if the talk is frivolous and little worth remembering. She may not be the woman whom he should seek, still, though he often does marry her and regrets it afterwards.

The important thing, however, in this as in so many other connections is that not all men are the same. Frivolous and idle and shallow and self-indulgent men like frivolous and idle and shallow and self-indulgent women, and it unfortunately happens that those classes form the most conspicuous elements of general mixed society everywhere—a circumstance that is likely to give the thoughtful a false impression.

Nevertheless, it remains true always that the woman who is simple, modest, self-respecting, and who does not think too much of what a man thinks, is likely to find a man who is worthy of her, or if she does not find one, to live a life that is worthy of herself.—E.X.

RURAL SCHOOL TEACHERS

(Grain Growers' Guide)

The impression seems to be abroad in some quarters that the best public school teachers should be secured for the town and city schools and that a lower standard is sufficient for the country schools. This is an error which, if allowed to prevail, will have a decidedly detrimental effect upon future educational development of the rural districts. In the cities and towns where there is elaborate machinery for supervision and direction of teachers' work the average standard of education will in consequence be high. Where these exceptional facilities are lacking it is of much greater importance that teachers in rural districts should possess the highest standard of efficiency.

The great majority of pupils in the rural districts never attend any educational institution beyond their local school. For that reason the local school is the most important institution in the rural district. Taxes raised for the rural school, when properly administered and in charge of efficient teachers, are the best investment that farmers can make in the interest of their children.

Teachers' salaries are steadily rising, but are not yet sufficiently high to attract enough capable teachers to equip the public schools. The motto which every rural district should adopt towards its district school and its teacher is: "Nothing but the best."

Pictou Advocate: Unless there are a few liars in this burg, the streams were fished clean of trout Monday. The sizes of the trout ranged from that of a respectable salmon to the dimensions of a whale.

OF INTEREST TO WOMEN

This is a Short Letter, But it Proves the Reliability of Lydia E. Pinkham's Vegetable Compound.

Bothwell, Ont.—"I was weak and run down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong. I recommend your medicine to my friends, and you may use my testimonial."—Mrs. W. J. Brady, R. R. 2, Bothwell, Ont.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, curative influence, and as it contains no narcotics or harmful drugs it is a safe medicine for women.

If you want special advice write Lydia E. Pinkham Medicine Co. (Confidential), Lynn, Mass. Your letter will be opened, read, and answered by women only.

SEEDS

We are headquarters for Seeds of All Kinds

It will pay professional farmers and all amateur gardeners to buy their seeds at

B. N. Messenger's GROCERY

Store closes every Wednesday afternoon, beginning June 2nd, continuing until Wednesday September 30th.

Spring is Here

So is "Spring Fever"—that heavy, sluggish, upset feeling, which indicates a disordered system and impure blood.

Dr. Wilson's HERBINE BITTERS is an excellent regulator and blood purifier, and an ideal spring tonic. At your store 35c and \$1.00.

The Braxley Drug Company, Limited, St. John, N.S.

EAGLE

Write to-day for our big FREE CATALOGUE showing our full lines of Bicycles for Men and Women, Boys and Girls.

MOTOR CYCLES
Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and Parts of Bicycles. You can buy your supplies from us at wholesale prices.

T. W. BOYD & SON, 27 Notre Dame Street West, Montreal.

No Summer Vacation

this year as some of our students cannot afford to lose the time. Our classes have been considerably crowded, but changes now occurring give a chance for new students who may enter at any time.

Send for New Rate Card.

S. KERR Principal
F. E. BATH, Local Agent
Bridgetown, N.S.

Traveller Guide

Dominion Atlantic Railway

Time Table Revised to Feb. 16th, 1920

GOING WEST			
Station	Express	Day	Night
Middleton	11.37	8.10	6.20
Bridgetown	11.44	8.18	6.30
Lawrencetown	11.51	8.25	6.40
Paradise	11.58	8.32	6.50
Bridgetown	12.09	8.43	7.15
Tupperville	12.20	8.54	7.25
Round Hill	12.29	9.03	7.35
Annapolis	12.42	9.20	7.45
Clementsport	12.59		7.50
Deep Brook	1.05		8.00
Bear River	1.15		8.10
Imbertville	1.18		8.15
Smith's Cove	1.22		8.20
Digby	1.37		8.35

GOING EAST			
Station	Express	Day	Night
Digby	12.00	5.15	1.37
Smith's Cove	12.05	5.20	1.42
Imbertville	12.10	5.25	1.47
Bear River	12.15	5.30	1.52
Deep Brook	12.20	5.35	1.57
Clementsport	12.43		2.05
Upr. Clements	12.53		2.15
Annapolis	1.05	5.15	2.25
Round Hill	1.19	5.28	2.35
Tupperville	1.29	5.37	2.45
Bridgetown	1.40	5.48	2.55
Paradise	1.51	5.59	3.05
Lawrencetown	1.58	6.06	3.15
Bridgetown	2.05	6.13	3.25
Middleton	2.12	6.20	3.30

R. U. PARKER, General Passenger Agent.

GEO. E. GRAHAM, General Manager.

H. & S. W. RAILWAY

Accom.	TIME TABLE	Accom.
Wednesdays only	IN EFFECT	Wednesdays only
Read down	STATIONS	Read up
11.35 a.m. Lv. Middleton	Ar. 5.00 p.m.	
12.06 p.m. "Clarence"	Ar. 5.28 p.m.	
12.26 p.m. "Bridgetown"	Ar. 5.40 p.m.	
12.57 p.m. "Granville Centre"	Ar. 5.43 p.m.	
1.14 p.m. "Granville Ferry"	Ar. 5.45 p.m.	
1.37 p.m. "Karsdale"	Ar. 5.45 p.m.	
1.55 p.m. "Ar Port Wade"	Ar. 5.45 p.m.	

Connection at Middleton with all points on H. & S. W. Railway and Dominion Atlantic Railway.

H. C. MacFARLANE
District Passenger Agent
Halifax, N.S.

New Goods

"Rit" Soap Dyes, all colors 15c
"Rit" Soap Flakes, all colors 15c
A. D. S. Aspirin, doz. 20c
A. D. S. Castoria 30c
A. D. S. Ironux (peptonized) 75c
A. D. S. Mentholated White Pine and Tar 25c
A. D. S. Hepatica Salts 30c and 60c
Elkay's Straw Hat Dyes, all colors 25c

Royal Pharmacy

W. A. WARREN, Phm.B.

The Rexall Store

CASH MARKET

Prime Beef, Fresh Pork, Lamb, Chicken, Hams and Bacon, Sausages, Headcheese, Pressed Beef, Mince Meat, Corned Beef and Pork, Salt Mackerel, Boneless Co.

Fresh Fish every Thursday.

Thomas Mack

Northern Fire Insurance Co.

Protects You Against Loss By Fire
F. E. BATH, Local Agent
Bridgetown, N.S.

PROFESSIONAL CARDS

OWEN & OWEN
Barristers and Solicitors
ANNAPOLIS ROYAL, N.S.
Branch office at Middleton open every Wednesday from 2.45 p.m. to 5 p.m. and every Thursday from 9 a.m. to 11 a.m.
Money to loan on Real Estate

O. S. MILLER
Barrister and Solicitor
Shafner Building
BRIDGETOWN, N.S.
Telephone 15
Money to Loan on Real Estate Securities

HERMAN C. MORSE, B.A., LL.B.
Barrister, Solicitor and Notary Public
Money to Loan on First-class Real Estate

INSURANCE AGENT
BRIDGETOWN, N.S.
Office in Royal Bank Building

JOHN IRVINE, B. C.
Barrister, Solicitor, Notary Public, Etc.
Office in Piggott's Building, Queen street.
Telephone Connection.

DR. C. B. SIMS
Veterinary Surgeon and Dentist
Graduate of
Nova Scotia Agricultural College
Ontario Veterinary College
University of Toronto
PARADISE, N.S.
Telephone 23-21

W. E. REED
Funeral Director and Embalmer
Latest styles in Caskets, etc. All orders will receive prompt attention. Hearse sent to all parts of the county. Office and showrooms in two-storey building in rear of furniture warehouses. Telephone 75-4

DR. F. S. ANDERSON
Dental Surgeon
Graduate of University of Maryland
Office: Queen St., BRIDGETOWN
Hours: 9 to 5

J. H. HICKS & SONS
Undertaking
We do undertaking in all its branches. Hearse sent to any part of the county. Queen St., BRIDGETOWN
Telephone 46 H. B. HICKS, Mgr.

G. E. BANKS
Plumbing
Furnace and Stove Repairs
BRIDGETOWN, N.S.
Telephone No. 3-2

LESLIE R. FAIRN
Architect
AYLESFORD, N.S.

FOR LIFE INSURANCE
—SEE—
THE CONFEDERATION LIFE ASSOCIATION
W. A. LLOYD, Local Agent
BRIDGETOWN, N.S.

HAIR WORK DONE
Combings or cut hair made into Puffs, Transformations and Switches. Terms moderate. Satisfaction guaranteed. Mail orders promptly attended to.
MISS GEORGINA BANCROFT.
Annapolis Royal, R.F.D. No. 1.

When requiring
Apple Barrels, Apple Barrel Stock, Box Shooks, etc.
Apply to
Bridgewater Coopers Co. LIMITED
Bridgewater, N.S.

Bridgetown Foundry Co.
REPAIR PARTS
will be supplied at short notice by
L. M. Trask & Co.
MILTON IRON FOUNDRY
Yarmouth North, N.S.

Full weight of tea in every package

RED ROSE

TEA "is good tea"

Sold only in sealed packages

In 1870 — and in 1920

What a treat is in store for those who have yet to brew their first pot of

Morse's Selected Orange Pekoe Tea!

MORSE'S
PEKOE
TEA

FIRELIGHTER

No Summer Vacation

this year as some of our students cannot afford to lose the time. Our classes have been considerably crowded, but changes now occurring give a chance for new students who may enter at any time.

Send for New Rate Card.

S. KERR Principal
F. E. BATH, Local Agent
Bridgetown, N.S.