Blotchy skin-

Failure to nourish the body properly,

or - failure to remove its waste-matter

regularly—these are at the root of 99

out of every 100 cases of constipation,

and weak, the whole body becomes

flooded with poisons: the blood is im-

poverished, the skin perhaps affected.

The digestive organs may not be equal

to the strain. In many cases medical or

cine can never cure the trouble: it can

only relieve the symptoms temporarily.

The body must cure itself, so to speak.

Fleischmann's Yeast has given so many

sufferers are easily explained. 2 or 3

cakes a day of this fresh, natural food

contain the very elements needed to help

"When I say that I used to dread the sight, smell, or taste of food—well, it's the absolute truth,"

writes Homer Gauthier of Beverly Road, Brooklyn, N. Y. "I would come home and mother would have

the table fairly groaning with good healthy foods-

side me." Then he began eating Fleischmann

east. In less than a month "my agonies vanished. I gradually indulged in the foods which

used to have the most appalling effect, but nothing doing—they couldn't annoy me!"

yet just as sure as fate, about three hours later a

The really startling results which

Scientists agree, however, that medi-

When the intestinal tract is sluggish

skin trouble, digestive disorders.

surgical aid becomes imperative.

upset stomach-

constipation-

Ills that embitter the lives of millions . . .

#### ANADA'S GROWTH DEPENDS ON BRITISH IMMIGRATION, SAYS HEAD OF TRADE SHOW

turers of City To-Night.

lop the untold wealth that lies in forests, lakes and mines of the intry, they must depend on immigrathe most part, to provide that which so essential for the welfare of the

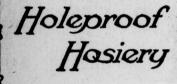
4. in summing up the advantages to nmerce offices to-night.

ne," said Mr. McKinnon, who comenced his tour by speaking in Vanwhich amounted to something over one

The Canadian exhibit will occupy a arate building, 400 by 300 feet, all the ground floor and will be divided two parts-agricultural and industhe natural resources of the country nely, fishing, dairy, water power and minerals. An agricultural enic display will show a typical Ca-dian farm. Another section dian farm. Another see

Canadian lake port, with miniature vators loading grain on to boats an m trains to the elevators. Lake ise will be there in miniature form, well as the Hollinger mines and a tional Park scene, showing animals their native haunts, methods of trap-

ing, etc.
"The industrial section, over which I ill be personally in charge, will be roportioned to show the foodstuffs,



Economical with the economy of long and satisfactory service.

Many colors.

MADE IN CANADA

FOR SALE BY Brick & Dundas 188 Dundas Street.

November

Records

**VOCALION** 

---Including Some Rare

ELENA GERHARDT, Soprano

MALCOLM McEACHERN, Bass

The Mariner in His Barque

Song of the Volga Boatmen

The Dreary Steppe (in Eng.)

FRANK TITTERTON. Tenor

THE AEOLIAN ORCHESTRA

Just a Girl That Men Forget
Waltz Selvin's Orch. 14664

Short & His Tivoli Syncopaters 14867

Bugle all Rag Fox-Trot Short & His Tivoli Syncopaters 14658

Dirty Hands! Dirty Face! Fox-Trot

Rose of Sunny Italy

Why Marry?

The Desert-With Aeolian Orch.

The Solway Symphony, Parts 1 and 2 Ditto. 2nd movt., Parts 1 and 2

THE BAND OF H. M. 1st LIFE GUARDS

Finlandia (Sibelius) Parts 1 and 2

Fox-Trot Selvin's Orch. 14660

Fox-Trot

Fox-Trot

The Castilians 14648

S. McKinnon, Director of Can- agricultural implements, machinery, rubber products, wood and metal proada's Display At Empire Ex- ducts, leather, pulp, paper and stationhibit, Will Address Manufac-furs and silverware, and, in fact, every-turers of City To-Night.

that is produced in the Dominion. "The press will be well taken care of intry to grow in population and to over the main entrance, in which all the papers of Canada will be kept on file. A press room, 30 by 20 feet, has also been provided and will be devoted and they look to the British Isles of the press and representatives of the press that will be there. ENCOURAGE EMIGRATION.

"The whole idea in the exhibition is to bring the people to the country and director of the Industrial Ex- to show them what a wonderful place of Canada at the British Empire it is to live in and, incidentally, to aton, to be held in Wembley Park, tract enough capital to the Dominion t England, April to October, develop the natural resources. "The cost of the exhibition has bee

gained by exhibiting the natural reduced by the Canadian Government manufactured products of the Do- to a minimum," he explained. "It has nion at the first such exhibition to offered to pay all transportation costs held within the realm of the British from any city in the Dominion directly mpire. Mr. McKinnon will speak to to the exhibition grounds and to set al manufacturers in the Chamber of up the exhibit in booths already prepared. The only cost to the exhibitor have met with the greatest suc- will be for rental space to be used by in Canada that I have him for the six months' period. "Of the Dominion's exports for 1922,

billion dollars, statistics showed that Dominion have assisted me to their over 45 per cent. was the produce of ost and the greatest of interest is factories, and this figure can be greatng taken by manufacturers in the ly exceeded when the people of the old country learn just what products are obtainable here," he stated.

"The Canadian manufacturers are cooperating closely," he concluded, "and Hon. J. A. Robb, minister of colonization and immigration, is deeply interested, as it comes directly under his

Halloween Masquarade Ball held under to be issued to employees in the near decorated with Halloween favors. All the auspices of the Port Stanley Rebekah Lodge was staged last night with greater success than ever in the were worn reflecting originality and tireless enthusism. The usual grand

parade, followed by the prize distribution, dancing and supper, filled the program, which continued until 2 a. m.

brators, when at 1 a. m. Dr. Mothersill was called from the hall to attend to tween, with restrictions on some firstvoung lady hurt in an auto smash. class trains. The young lady together with a lady friend, both of London, who had been home by John B. Going and James he central regions, including the lines ish Hall to-night. Miss May Leth-Goodhue, two Port Stanley youths, in extending to the United States, but it by some mischance, perhaps on account trains. of the greasy road caused by a slight The 25-year pass was good on the convener of the social. snowfall, the car swerved into the fence entire Grand Trunk system, including on the rising grade passing Hepburn's the United States and was good on farm just north of the village. The car any train. crashed through the light fence and

seven stitches, but the others fortunate- same privileges. y escaped without injury. After medical attention the ladies were taken

ENGLISH GEMS

A Few of the Latest Dance and Popular Records

### To Speak Here

was appreciated. CHRIST CHURCH GUILD

the Theological Seminary at Indore, India, who will address the World Mission Convention at First Metho-

# dist Church next week.

Long Service Honors May Be Given Five Years Earlier.

department as a means to stimulating length of time required to be worked at the tea hour were Mrs. Dyson and by employees of the Canadian National Mrs. Lee. Railways before they are entitled to their services, has been made and now, Grand Trunk for ther employees after per at the Blue Dragon. Mrs. Fred Lanservices of 15, 20 and 25 years, the passes don presided over the pretty table, future will be for 10, 15 and 20 years of the members of the original club, with

> A short time ago divisional officials is out of the city, were present for the were requested to compile a list of anniversary supper which marked the names of all employees who had been in service for 10 or more successive years. This has been done in this section and word for the distribution of passes to those entitled to them, is now being

The Grand Trunk pass for 15 years was good for an employee and his wife A disappointing mishap occurred, to travel anywhere on the central recasting a cloud of awe over the celeliam to River de Loop and points be-

The 20-year pass was issued to the employee working that length of time attending the dance were being driven and for his wife. It was also good in Mr. A. R. Going's Ford coupe when also had restrictions on some first-class and Mrs. Charles Wilson is the general

dropped down the six foot ravine, turn-ing over on its side. that the new passes will take the place One of the young ladies received a of the Grand Trunk passes with the fivesevere gash in the arm which required year reduction and will include the

Together with these passes employees working one year are entitled to a firstclass pass a year, anywhere on the sys-This is the second close call for tem. For two years of service an em-John B. Going. He was the driver of ployee may take his wife anywhere on the car which was smashed at a railway crossing coming from Detroit a few obstainable for one trip over any formonths ago, when Mr. Alfred Hogg, of eign lines. These passes are, however, this village was killed instantly and only obtainable once a year, while the Going himself knocked unconscious for 10, 15 and 20-year passes are permanent and held by the employee at all times

For Sale

Today

at All

Vocalion

Fox-Trot

Max Dolin's Orch. 14649

The Broadway Syncopaters, 14670

Il Trovatore Fox-Trot Yorkes' Met. Dance Players 14665

#### Churches and Clubs

EVER READY MISSION BAND A delightful little Halloween frolic, closed the well-attended meeting of the Ever Ready Mission Band of First Methodist Church yesterday. The business session, which was very short, was in charge of Miss Minnie Mara. Miss Beth Harkness occupied the chair and work on the dolls for one of the Western hospitals was continued. A charming solo by Miss Annie Sharman

Miss Mary Connor, High street, was the hostess for the meeting of the Christ Church Guild yesterday, when nany of the women of the congregation joined them and worked for the coming bazaar. At the tea hour Miss Connor was assisted by three charming little girls, in Kate Greenaway costumes Miss Marion Finney, Miss Margaret Finney and Miss Violet Mason.

ST. GEORGE'S SHOWER

Many lovely donations for the miscellaneous booth of the bazaar to be held later in the season by St. George's Church were received last night at the shower at the home of Mrs. E. R. Talbot, Wharncliffe road. Receiving with Mrs. Talbot were Mrs. G. B. Sage and Mrs. G. Guymer. In the pretty tea room, Mrs. Kershaw and Mrs. Moore poured tea and the other tea assistants were Mrs. Brown and Mrs. Gor-

ST. MATTHEW'S SHOWER In aid of the bazaar, which will be held about the middle of the month, Mrs. Bert Perry lent her home recently for a miscellaneous shower, at which a great many pretty and useful articles were received. Assisting the hostess

CLUB ANNIVERSARY

The tenth anniversary of the Three T Club was happily celebrated last night the exception of Mrs. A. M. Hunt, who life. Miss Maude McFarlane is president of the club Miss Edith Dunn, treasurer, and the members are Mrs F. B. Kilbourn, Mrs. Herbert Childs, Miss Myrtle Justin, Miss Winifrea Dunn, Miss dna Lawson, Miss Maude Norris and Miss Mabel Gregory.

MOTHERS PLAN SOCIAL

The members of the mothers' unit of the Sacred Heart School look forward with interest to the social evening which is being arranged under the auspices of the unit at St. Peter's Parbridge's orchestra will be in attendance

SOCIAL PROGRESSIVE CLUB.

While it has not been determined district organizer of the women's department of the Latter Day Saints' Church, gave a very helpful address on "Club Work" at the meeting yesterday of the Social Progressive Club at the home of Mrs. Judkins, Chesley avenue. Plans for the bazaar on December 4 were discussed and many donations received. A delightful musical program included a solo by Mrs. J. Judkins, who was accompanied by Mrs. T. B. Richardson, a duet by Mrs. F. Gray and Mrs. H. Koehler, and the critic's report by Mrs. D. Armstrong. Mrs. T. B. Richardson, the president, was in charge of the meeting, and Mrs. D. Armstrong assisted in receiving the guests. At the close of the meeting he hostess served tea, assisted by Mrs. Davison. The next meeting of the club will take place at the home of Mrs. D. Armstrong, Dreaney avenue.

ST. DAVID'S A. Y. P. A.

night by the A. Y. P. A. of St. David's Church, in conjunction with the Ladies Guild, at which about 75 young people were present. Many clever costumes were in evidence at the grand march past when A. James T. Brown and Miss W. Hodgson acted as judges and awarded the prize for the best women's costume to Miss E. Gingell, the best man's to W. Paice, and the best comic to J. Goodings. The children's prizes were received by little Miss Ena Goodngs and Miss Dorothy Merrall. Several merry games were followed by -elicious efreshments served by the members of he guild under the direction of Mrs.

De Ruyter. ST. MARK'S LADIES' AID. Mrs. Arthur Pearson, of London November. A great number of beauti- which Lloyd George attended and once than wheat fields.

ful towels were donated at the party.

poured tea and Mrs. H. Luck assisted in looking after the guests. WELLINGTON STREET M. B. A very good meeting of the Willing Mission Band of Wellington Street Methodist Church was held quality of its citizens is the greatest recently, with Mrs. Henry Maul in test of a nation's strength and that for charge. An interesting story was read Canada to become a great nation a

MINISTERS' WIVES ASSOCIATION. The meeting of the Methodist Minis- be the lights that should guide the unters' Wives Association will unite with certain to honest, loyal and patriotic the mass meeting of women to be held citizenship. in First Methodist Church on Monday, November 5, at 3 o'clock.

by verses of Scripture.

ST. MATTHEWS' MEETING.

At the meeting of the central committee of St. Matthew's Church last night final arrangements were made for the bazaar which will be held on November 15 and 16. The officers elected for the committee were Mrs. T. Beer. convener; Mrs. Messerole, treasurer, and Mrs. Spence, secretary. Those appointed to the subcommittee include Mrs. Howett, Mrs. Burton, Mrs. McKenna and Miss Lottie Phillips.

BAPTIST CONVENTION REPORT. At the weekly prayer meeting of Taloot Street Baptist Church last night Dr. Bowley Greene gave a most interesting report of the recent Baptist con-Olivet Church, Montreal. "A spirit of perfect harmony prevailed through all he sessions," he said, "and the reports showed that the year had been one of progress and the future looks bright." At this convention, the largest ever held in Quebec, Dr. Love, of Richmond, Virginia, gave the inspirational addresses and Rev. Mrs. Coumans, president of the convention, also made a very deep impression. Rev. plained the significance of the conference in Stockholm, Sweden, and presented a view of the Europe of to-day,

at Point St. Charles. He stayed over At the dainty tea table, centered with yellow 'mums, Mrs. Harry Pearson and preached twice in Olivet Church. WILL PRESENT GOLD LAPOINTE AT REGINA **URGES NATIONAL UNITY** 

REGINA, Oct. 31 .- Urging that the by Jimmie Lee and solos by Miss Norma closer bond must be established between Kenny and Miss Marian Vize were its different racial elements, Hon. A. appreciated. The roll call was answered E. Lapointe, federal minister of fisheries and marine, in addressing the Canadian Club to-day on "National Co-operation." suggested that members of the Candian clubs and kindred organizations

> Carrying his argument into the wider realm of world affairs, Mr. Lapointe lauded the efforts of the League of Nations as humanity's sole hope and salvation. He asked that Canada's share in carrying the league expenses be not



The Wonderful Ointment of lodine.

A most efficient remedy for Lumps, Goitre, Sciatica, Enlarged Glands, Burns, Cuts, Bruises. 50 cents, at your drug-

Kelpion, Ltd., London, England.

Junction, very graciously lent her home its religious condition and needs and begrudged, as it was assisting in a monetary award. The Waterloo principles the Baptist opportunities there.

Dr. necessary sphere. given by the members of the Ladies' Greene delivered four addresses and At the same time he warned against Brand, who was second, with a silver Aid of St. Mark's Church, in aid of the bazaar to be held the latter part of Montreal, once at the Baptist church the development of battlefields rather

# MEDAL TO CANDIDATE

WATERLOO, Oct. 31.-North Kennedy, who led the Waterloo entrance candidates this year, will be presented with a gold medal by the Waterloo school board. It has been decided that annually a gold medal will be given to the Waterloo candidate finishing first instead of the \$5 award that has heretofore been made. It is felt that the medal would be more valued than the

grit Dissolves film completely as it foams between the teeth and into every crevice. No scouring necessary. Not a trace of grit. Safe. Tryit!

tooth

should the experiment prove successlighting has a total candle-power of acids in the system, so they no longer 589,575. The residential streets are cause irritation, thus often reliev equipped with 2,514 lights of 150 candle- bladder weakness. ower; 247 of 400 candle-power, at in- Jad Salts is inexpensive; makes tersections, and a number of other delightful effervescent lithia-smaller lights. The total number of drink which everyone should take

make digestion easy, and give the intestinal muscles regular, healthy exercise. The wealth of vitamins and proteins increases the white corpuscles in the blood, and gives new tone and vigor to the Remember that Fleischmann's Yeast

build up the body afresh. The millions

of tiny living plants in each yeast cake

yet, in most cases, needless!

for health comes only in the tinfoil wrapper, and cannot be purchased in tablet form.

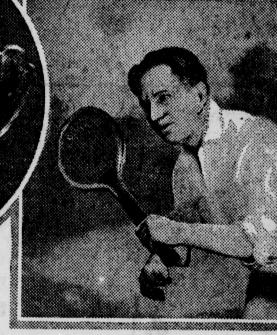
All grocers have it. Eat it before or between meals, plain, in water or fruit juices, or spread on crackers or on bread, whichever you prefer.

Send for free booklet, "The New Found Value of Fleischmann's Yeast in Building Health." THE FLEISCHMANN COMPANY, Dept. 210-B, 208 Simcoe Street, Toronto, Ontario.

"I believe I tried every kind of salts advertised in America," writes Wilson Lovett, of Louisville, Kentucky, "and the same thing with pills. I ran, played tennis, rode horseback, took abdominal massages—still constipation stuck with me... Fleischmann's Yeast appealed to me as logical. I began eating two cakes every day at the lunch hour... After about eight weeks I was able to do without pills or salts of any sort. It is now eight months since I have found it necessary to use a cathertic of any kind—and this understand is after

cathartic of any kind - and this, understand, is after a condition of chronic constipation that had lasted for seventeen years."





mento Blvd., Chicago. "Then a skin specialist advised me to eat two cakes of Fleischmann's Yeast every day, saying that my bodily resistance was low, and that there were not enough white corpuscles in my blood. I took the yeast regularly in a little orange

### FLEISCHMANN'S YEAST—a natural corrective food

Metal Lamp Posts Will Arrive In Few Days.

juice, and now my face has changed so that my friends don't recognize me

EXPERIMENT ON DUNDAS Take a Little Salts If Your Back

Will Carry Single Lights of 2,000 Candle-Power.

New metal lamp posts, to be used in onnection with an experimental lighting Eating too much rich foods crea plan on Dundas street between Wellingtond and Waterloo streets, are expected to arrive in the city to-morrow, and poisons from the blood. Then w and it is likely that they will be erected get sick. Rheumatism, headach within a week or so. The new poles will carry single lights of 2,000 candlepower each and, if successful, it is possible that some such scheme may be considered by the City Council and Utilities Commission next year for use on all downtown streets.

The present lights are only 250 candle-power each, so that the increase should provide a greatly improved for some time, but it is likely, even kidneys may act fine.

lights in the city is 3,500.

FIRE IN ST. THOMAS HOME. ST. THOMAS, Oct. 31.-A blaze indetermined origin at the home Walter M. Pitt, 121 Balaclava stree gave the fire department a run at 11:1 on Wednesday morning. The content of the frame cottage were practical destroyed. Some damage was done

## LIGHTING PLAN QUART OF WATER CLEANS KIDNEYS

Hurts, or Bladder Is Troubling You.

take by flushing the kidneys occasion ally, says a well-known authority acids, which excite the kidneys. The become overworked from the strain get sluggish and fail to filter the was liver trouble, nervousness, dizzine sleeplessness and urinary disorders of

ten come from sluggish kidneys. The moment you feel a du'll ache in the kidneys, or your back hurts, or i the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding. begin drinking a quart of water each day, also get about four ounces of Jad Salts from any pharmacy; take a

lighting system. The matter has been tablespoonful in a glass of water beunder consideration by both civic bodies fore breakfast, and in a few days your This famous salts is made from the ful, that the new lighting would be charged on a frontage basis against the various property owners on the street.

acid of grapes and lemon juice, combined with lithia, and has been used for years to flush and stimulate the

At the present time London's street kidneys; also to help neutralize the

and then to help to keep the kidney clean and active and the blood pure Short coats of white ermine or very light colored furs are lined with delicate pink, blue or green satins.

Crawford Piano Co., 269 Dundas St.

SCYTHES VOCALION CO., Limited, 29-31 Teraulay Street, Toronto.

All 10-in. 75c.

Howard Vair, St. Thomas, Ont.