

NO MORE KIDNEY TROUBLE

Since He Commenced To Take "Fruit-a-Lives"

73 LESS AVENUE, OTTAWA, ONT.
"Three years ago, I began to feel run-down and tired, and suffered very much from *Liver and Kidney Trouble*. Having read of "Fruit-a-lives", I thought I would try them. The result was surprising. I have not had an hour's sickness since I commenced using "Fruit-a-lives", and I know now what I have not known for a good many years, that is, the blessing of a healthy body and clear thinking brain."

WALTER J. MAURIOTT.
Box A, Box 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-Lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union recently organized in 1914.

AWK.—The president of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO.—For God and Home and Native Land.

BAJOS.—A knot of White Ribbon.

WATCHWORD.—Agiates, educate, or gain.

Operation For Appendicitis

Mrs. J. A. Ballantyne, Sturgeon Falls, Ont., writes:—My husband was being treated for appendicitis and the doctor ordered an operation. But he would not consent to an operation and began the use of Dr. Chase's Kidney-Liver Pills. Since doing so he has had no need of an operation or even of a doctor as the trouble has completely left him. I cannot find words to speak our gratitude for his cure.

Officers of Wolvill Union

President—Mrs. B. O. Davidson.
1st Vice President—Mrs. W. O. Miller
2nd Vice President—Mrs. McKenna
Recording Secy.—Mrs. Ernest Hadden
Cor. Secretary—Mrs. W. O. Taylor
Treasurer—Mrs. H. Pines.

SUPERVISORS:
Evangelistic—Mrs. George Bishop
Parlor Meetings—Mrs. Young
Lecturing Work—Mrs. McKenna
Red Cross and Laid—Mrs. M. J. W. Vaughn.
Press and Willard Hall—Mrs. M. P. Freeman.
White Ribbon Bulletin—Mrs. H. H. Robinson.
Temperance in Sabbath-schools—Mrs. C. A. Patterson.

Results of Prohibition in Halifax.

The Editor of the Antigonish Casinet writes as follows: "We mention Halifax because it is the largest community in Nova Scotia; because it has had a sudden access of population of mixed nationalities, because it is a port with all that that implies. We have just spent three months in that city; we have spent about the same length of time there every year, for ten years; and we used to see as many men drunk in one evening, and sometimes in an hour or two, as we have seen in the past three months. We have no hesitation in saying that with twenty or thirty licensed bars, Halifax, during the war, and particularly during the past year would have been intolerable.

CASTORIA

For Infants and Children
In Use For Over 30 Years
Always bears the Signature of Dr. J. C. Watson

Mizpah

Mizpah is a word from the Hebrew and its frequent use as an inscription on rings is based upon the words voiced by Jacob in the twenty-third chapter of Genesis in connection with the setting up of the heap of stones by Jacob and his brethren as follows: "The Lord watch between us and thee when we are absent one from another."

CONQUER WEAKNESS

By keeping your powers of resistance at highest peak. It is as natural for Scott's Emulsion to strengthen as it is for your food to nourish the body. If you would conquer weakness—



Clothing Price Reductions.

Decreases in the cost of clothing are predicted as a result of the report made by the Dominion cost of living commission on the clothing trade. The commission declares that the Canadian manufacturer cloth for suits to be sold during this fall were sold by the Canadian manufacturers at prices eight to ten per cent below their previous lists and that cloth manufactured in Canada was of a very high quality, equal to many times imported from England before the war. Canada, he says, is better supplied with wool than ever, owing to large stocks brought in from Australia and New Zealand for war needs.

The Hebrew is not a dead language. It is very much alive, but considerably changed from the Biblical Hebrew, in which the five books of Moses were written. Yiddish is about 2 per cent, Hebrew, 70 per cent German and 10 per cent Slavic. It is used as polyglot jargon for intercommunication by Jews from various nations. It uses Hebrew characters for its literature.

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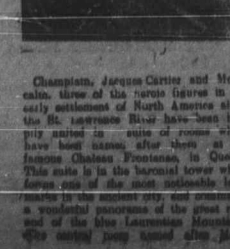
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The Story of Nipigon

Nipigon, Ont., Lies Picturesquely Along Waters Abounding With Fish.

During the warm summer months tourists from all parts of the world make their way to Northern Ontario. Here they find the climate most delightful and plenty of fish in the rivers for sport and an abundance of wild animals for hunting. These especially fond of fishing usually come to the Nipigon river which is known far and wide for its speckled trout.

Tourists desiring to visit this world famous river usually come on the Canadian Pacific Railway to the village of Nipigon, which is situated on the Nipigon River about thirty miles east of Port Arthur. As one steps off the train at Nipigon one sees the houses of all the inhabitants stretched along on either side of the track. Besides the houses of the villagers the tourist would notice other buildings worth mentioning. He would see three churches, a Hudson Bay store, another general merchandise store, owned by William McKirdy and Sons, two hotels, a restaurant owned by Mr. Goodridge and a school. The stranger to the village would likely follow a side street to the river and here he would find rapids in the river. Because Nipigon is situated near this fact water, it was named NIPIGON is derived from an Indian word which means "large quantities of water beyond." Just above the rapids the river widens out into a lake, known as Lake Helen.

As the tourist stands on the river's bank and surveys the surrounding country he is greatly impressed by the size and color of the rocks in the water around the village. Mr. W. R. Brown, Indian agent of Port Arthur, by assisting party of Indian affairs, has added much to the comfort of the Red Rock band of Ojibwas at Nipigon.

The Hudson Bay post at Nipigon is an old one. The site first chosen for the post at Nipigon was on the bank of the river, near the com-

A Great Shipping Record

The 18,000-ton C. P. O. S. Liner "Empress of France."

At the outbreak of the war the Canadian Pacific Ocean Services, Ltd., had in commission in the Atlantic and Pacific services thirty-eight steamships, with an aggregate gross tonnage of 341,999 tons. Since August 31st, 1914, the construction of four steamships, previously authorized, having a gross tonnage of 87,000 tons, has been completed, and twelve steamships of 76,000 gross tons have been purchased within the same period. During the war fifteen steamships were lost by enemy action or through accidents at sea, and eight have been sold to the British Government after having been requisitioned, and one sold to an Indian Prince who later presented it to the British Government for use as a hospital ship. The construction of the new ships is being proceeded with at the Clyde yards of the Fairfield Shipbuilding and Engineering Company, of a ship 826 feet long between perpendiculars, having a gross tonnage of 23,000 tons. This ship will be known as the Empress of Canada. Three passenger

Montrose, 7,367 tons; Mount Royal, 7,395 tons; Meagantha, 4,212 tons; Numidian, 4,835 tons; Ruthven, 4,288; Troyala, 7,395 tons. The Empress of India was purchased by an Indian Prince and presented to the British Government for use as a hospital ship. Her gross tonnage is 8,594. The total tonnage lost through enemy action and other causes is 146,668, and the tonnage sold is 21,272, a grand total of 125,396 gross tons.

Late George W. Russell, A Prince of Anecdotalists

Stories of Famous Men

THE late George W. E. Russell was known in Britain as a prince of anecdotalists. In one book he recalls the Duke of Wellington saying that he had "been much exposed to the authors"; all his long life Russell was much exposed to the great men of a time and society rich in them, and employed his opportunity well. When James Parn was dying he used to visit him to recall amusing stories characteristic of those he had met, and the veteran journalist advised him to make a book of them. "Collections and Recollections," of 1896, was followed by a long list of titles. In his last volume Russell entertainingly proved that he had been acquainted with every Premier since his uncle, Lord John Russell. Writers of anecdotal memoirs, autobiographies, and diaries have abounded in England for a long time past. Few, however, have polished into literary form the material which journalists, schoolboys, clerics, have collected in their notebooks. It is interesting chiefly for the sake of the personalities of the day. Of those who founded their fame on Virgilian *tantum vires*, none deserved it more than Russell.

A good story is its own excuse for being. But one service of writers like Russell is that they give us an intimate, informal view of characters who otherwise would be seen only as official personages. Anecdotalists like J. R. Planché, William Jerdan, William Harnes, Thomas Halkes, C. C. Hays, offer biographers stones which they polish into illuminating jewels. We know that Lord Shaftesbury was a philippic reformer and the soul of practicality; Russell illustrates it in telling how Shaftesbury replied to a Whitechapel clergyman who, when asked about relieving some starving children, said: "My God will supply their needs"; "Yes, so He will, but they must have food directly," it is a glimpse of the real Downing Street. The anecdotalist's gift is to himself by small exclamations: "But, my dear fellow, this is too bad!" "Inconceivable!" "You're right," "It is illuminating," "Blasphemous!" Russell's reply to a pertentious pastor who begged him for leave to visit the Holy Land: "Dear Sir, go to Jericho. Yours, H. W. T." We can better realize Shaftesbury's portrait of Cardinal Manning when we read how, after Newman's death, Russell asked Manning as to whether he was a member of the Society of Jesus. "I am bound to say," a photograph. "The principal touchstone differentiating a good anecdotalist from a vulgar gossip is truth to fact. The motive also must be regarded; there are not only malicious anecdotes, but the turf-buster's anecdotes, revealed to prove an intimacy with the great."

Those who take their craft seriously may well contribute to social history, as Pepsy unconsciously and discreetly did. Russell had a careful regard to the illustration of his life, and he was a conscientious student of the social, political, religious, and intellectual tendencies of the day. For the anecdotalist, Russell every current movement is a glorious show. The woman-suffrage struggle was simply a political platform for the curious facts and episodes which he had gathered up. He included the broad and narrow meanings of the word—what changed infinitely for the better in his time. The liberalist woman who, being asked at a hospital by the surgeon what animal he gave her, he had a larger than a dog's and smaller than a horse's replied: "No animal—air—another lady." It is less common than once. A royal son would not not delight to push a lady into a pond. In these brightly democratic days there can no longer exist such imprudently dignified persons as the butler who, when the eldest son of an earl fell over the front staircase into the hall below, and the younger son called down to ask if he were hurt, replied: "Indeed, with some knowledge of the devotion of titles, 'Killed, my lord.'"

English could hardly show more of the nobility than the great Harcourt's capital aside, as he listened to Sir Raimond Knightly expatiating at dinner on his glorious lineage:

And Knightly, to the listening ear, repeats the story of his birth.

Russell furnishes a multitude of illustrations of the changes he gladly traces to the hyphenated movement of the border and great reformer.

The born anecdotalist is far removed from the born dinner-table raconteur. The latter may be assisted by expansive gossamer, inflated good humor, or other personal trait, not to say by the wine. The former must submit to the discipline of facts from his stories, produced by cold print and tape of time. Russell spoke of his "anecdotalist" as a man who takes nothing for granted that does nothing for the book takes no liberties, and never runs in to dinner. Above all, we must advise in his hands that he never must not and it had to read a dozen food stories, he preserved hundreds from oblivion.

Public Notice

All persons having legal demands against the estate of Robert Shaw, late of Avonport, in Ontario, deceased, are requested to render the same duly attested within twelve months from the date hereof, and all persons indebted to said estate are requested to make immediate payment to:

L. E. SHAW, Administrator.
R. R. COX, Administrator.
Avonport, May 30, 1919.

Charles Hogan, C. E.

Provincial Land Surveyor
Bureau, Plans, Levelling & Estimation, Church Street, Greenville, Kings Co., N. S.

SCAPPA FLOW.

Known in Naval Circles as the "Last Place on Earth," Scappa is known by many men as "the last place on earth," but it is really only in the midst of winter that this title is deserved. Then there are only about seven hours of daylight, and, owing to the rough sea, communication with the shore more or less ceases.

When the better weather arrives, parties are landed from the ships for recreation on the various islands. On the island of Flotta, the officers and men of the Grand Fleet have built a first-class golf-course of eighteen holes, and this is the chief attraction of Scappa. This island also has several football and hockey grounds.

Several ships have cultivated plots of land on the island of Fars, and have quite useful vegetable gardens. Unfortunately, however, the ship sometimes leaves for another port just when its best produce is waiting to be gathered, and on its return is perhaps nicely ready for next year's seed.

In the early days of the war men were much inconvenienced by having nowhere to shoot, but in 1915 the steamship *Bordino* was chartered by the Junior Army and Navy Stores, who started a floating branch of their establishment at Scappa. This ship indeed came as a blessing to the fleet, for it contained a laundry and a hairdressing saloon, and in the shop were to be found all manner of goods and luxuries which help to comfort those who "go down to the sea in ships."

The afterthought of the steamship *Gourko*, a provision-ship and sister of the *Bordino*, was early in 1916 turned into a theatre, so that while in the daytime the *Gourko* carried on provisioning the fleet, at night she was able to lay alongside any warship requiring accommodation for a concert.

Our surgeons will always have a good word for Scappa; its air is most bracing, and with the climate slightly warmed by the Gulf Stream, it might almost be called a health resort.

Coal Beneath the North Sea. It is often said that Britain owes her commercial supremacy to her coal. For her size she has more coal better coal than any other country in the world, and for steam purposes South Wales practically supplies the world. Where did the coal come from? The coal seams, lying one below another to an unknown depth, and infrequently cropping out at the surface, are sure proof that tropical conditions once prevailed in the latitude of these islands. In prehistoric times, a period whose length is measured by millions of years, the district which is now Britain was connected with the continent, and the coal of England doubtless runs under the Channel and the southern part of the North Sea. It was not until the collision of Northern France, Belgium and Flanders.

All this region was covered thick with great tree ferns, growing to a gigantic height, of exceedingly rapid growth in the damp, steamy heat of a tropical climate which extends to the heat of the equatorial regions of Africa. Today, the region supposed probably seas bowed over it and desolated it, which is now rock. Then came another period of growth, and the pressure carbonized the ferns, on vegetation and formed layers of coal, pieces of which still bear testimony upon their flat surfaces the beautiful tracery of the original fronds of the trees.

New British Gun. Experiments which have been taking place in connection with a new British field gun have again resulted in the production of a weapon which is considered to be the best of its kind in the world.

The advantages of the new gun are that it will fire the heavy 11.44 lb. shell used in the ordinary quick-firer a further distance and with greater accuracy than has even been attained with a gold-gun before.

In fact the new gun increases the range of the British modern field weapon by at least 3,000 yards, and it is expected that further developments will result in the vulnerable point by another 1,000 yards.

Experiments have shown that the new gun can discharge as many as 26 rounds a minute.

One of the difficulties at first experienced was that, although the increased distance could be attained with comparative ease, accuracy would not be wholly relied upon at the increased range, and although the gun was used on a limited scale during the closing stages of the war, its far-reaching qualities were not utilised to their full extent for this reason.

The vibration set up by the extreme rapidity of fire also operated somewhat against accuracy, but it is understood that both these difficulties have now been overcome, and that the gun has been found to answer all requirements.

A Delicate Point. The following letter was written by the wife of a British fighting aviator to a member of the Salvage Club, an official organization for preserving and recovering lost property.

"Dear Sir, I called at your office on Wednesday at one o'clock, but was told you were absent on leave, and that I could not see you. I wanted to ask you about the 1000 yards that was lost at the front in the mud—do I still have to keep up the payments of them on the installment plan? I feel quite sure that your Salvage Club what they talk about would be a great help. I don't think it is fair to let me hear of it if you would only mention it to me respectfully.

Yours faithfully,
The Officer Pilot.

"I'd buy a car if it weren't for one thing—that is, that I'm having to look out for the other fellow."

"But if you had a car the other fellow would look out for you too."

"Oh! I never thought of that. I'll buy one."

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Children Cry FOR FLETCHER'S CASTORIA

Princess Della Patis, royal Egyptian Princess has arrived in San Francisco to offer her heart to some American Princess Della is wearing her Oriental Occidental combination dress. A living loose kimonos like gown half-cocoons Egyptian pantlettes.

"Do you think early life is good for your health?" asked the languid diva.

"Don't know about my health," replied Berner Cobles, "but next to you, I'm sure of it. It's the best thing there is for crops."



Professional Cards

DENTISTRY.
A. J. McKenna, D. D. S.
Graduate of Philadelphia Dental College, Office in McKenna Block, Wolfville.
Telephone No. 48.
Tel. 1011 No. 48.

M. R. ELLIOTT

A. B. M. D. (Harvard)
Office at residence of late Dr. Bowles
Telephone 33.
Hours: 8:30 a.m. to 5:30 p.m.

D. S. HART, Consulting Accountant and Auditor.

Wolville and Halifax.

If You Have Funds

To invest and want advice notify me and I will call.
R. W. TUFTS
Phone 32. BROKER.
Agent Halifax Fire Insurance Co.

DR. J. T. HOTCHKIS

Veterinary Surgeon
WOLVILLE ST. KENTVILLE
Phone 10

Geo. C. Farrell, O. D.

Webster St., Kentville
Every Thursday, Friday and Saturday.
Appointments for Examination of the Eyes may be made by mail or phone.

PUBLIC NOTICE

All persons having legal demands against the estate of Avar J. Woodman, late of Wolville, merchant and undertaker, deceased, are requested to render the same duly attested within twelve months from the date hereof, and all persons indebted to said estate are requested to make immediate payment to:

ESTHER WOODMAN, Administratrix.
Wolville, October 6, 1919

COAL!

HARD COAL
SOFT COAL
COKE
KINDLING
A. M. WHEATON

Tonight Tomorrow Alright

Get a Box
A. V. Bond, Chemist and Druggist.

A Real Lord!

The Earl of Dunmore said at a farewell dinner in New York: "Democracy got away with nobility. I called one afternoon on a Chicago lady, and her little son was presented to me. The child studied me curiously as I drank my tea. At length he said: 'Why are you a lord, mister? Was you born in a manger?'"

Children Cry FOR FLETCHER'S CASTORIA

Finance is making a special effort to favor Canadian manufacturers and an announcement recently made in the effect that goods made in the Dominion will be admitted to France whether they be on the prohibited list or not.

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