Suffered Three Weeks With Chapped Hands. Sore and Unsightly. Cuticura Soap and Ointment Healed.

Above are extracts from a signed statement recently re-ceived from Miss Gladys Hambleton, Roxton Falls, Que, Nov. 29, 1916.

How much better to prevent such suffering by using Cuticura for every-day todet purposes, the Soap to cleanse and purposes pores, with touches of Ointment now and then as needed to soothe and heal the first signs of eczemas, rashes, dandruff and pimples. You will use no other once you try these super-creamy emollients.

For Free Sample Each by Mail ad-ress post-card: "Cuticura, Dept. A, tosten, U. S. A." Sold everywhere.

GUIDE YOUR BOY NOW.

Keep Him On Road That Leads to Highest Citizenship.

This is a good time to think of your boy. If you do not look after him in the right way some one will do it in the wrong way. Begin now.

the wrong way. Begin now. Teach your boy to follow in the foot steps of his father, to respect the law, to obey his parents, to regard the rights of all men, to honor virtue, to respect womanhood and to depend on no one but himself for his adancement.

Teach him that the golden rule of life will be found in the Ten Com-mandments. They are short. They have survived the ages. They stand to-day unchanged and unchallenged.

to day unchanged and unchallenged. They comprise the first great writ-ten law by God to man. Before these few commandments all man made laws fade into insignificance. Teach them to your boy. danger ahead if you do not. There is

The universal drift of mankind is toward decadence. Heredity pays its premium and also exacts its discount The son of a good father and an affec-

The son of a good father and an affec-tionate mother, brought up in an at-mosphere of parental regard, never will disgrace the family. The boys of to-day are to be the men of to-morrow. The destinles of the American people are to be in the hands of their sons. If the boys are taught respect for the law (both hu-man and divine), obedience to author-ity manly indeendence and the fear God this great nation will be a noilty ble monument to man's capacity for self government and self control at a time when all the world is a seething cauldron of unrest, unreason and disbelief.

Teach your boy to rule, but first to rule himself.—John A. Sleicher in Leslie's Weekly.

Minard's Liniment for sale everywhere.

TOKIO IS YOUNG.

Only in '60's That It Assumed Place in Life of Japan.

In a way almost unique, Tokio represents an epoch in the history of the country of which it is the capital. When, in the middle '60s, the Japanese made their momentous decision definitely to throw in their lot with the West in the matter of civilization, they set about achieving their purpose with all that thoroughness charasteristic of them as possible. 'so lf there was to be a change, then they would make it whole-heartedly, sons Kyoto,, the arcient capital of the rios. country, was irretrievably bound up with the ancient regime, and the man can be arrested within the walls ablest men in Japan saw clearly enough that, if the court was to take its proper place in the country, and the emperor was to become a real ru ler, and not the mere mouthpiece he had been; for many centuries, under the rule of the Shoguns, a clean sweep would have to be made of the past. It was, therefore, in this spirit that Okuba Toshimichi of Satsuma, one of the greatest statesmen of the new era. made, in 1868, a novel and startling proposition. He proposed nothing proposition. He proposed nothing less than that the emporer should abandon the traditions which had grown andon the transforms which has given up respecting his person and his court, and rule his empire not merely in theory but in practice. To do this successfully, he recommended that the capital be transferred "from the place of its degrading supersti-

And so, on Nover emperor arrived at Yedo. residence at the gawa lyeyasu, the hero of Se har. He left behind him in ky 500 something very like construction. To many people, the removal of the emperor from the ancient capital was the end of all things. For a thou-sand years and more Kyoto had been the capital Dal Nippon, and, for over twenty-five centuries, according to tradition, the emperors had ruled from spot near the sacred city. All the powers of religious fanaticism were drawn upon it to prevent the emperor form carrying out his purpose, but in vain. Yedo was not only chosen the

capital, but, to make assurance doubly sure, its name was changed to Tokio, which interpreted, means "eastern capital." And some com-"eastern capital." And some com-pensation to the disappointed and much-distressed citizens of Kyoto, their city was called Saikyo the "western capital." The severance, "western capital." The severance, bowever, was definite and final, and marked for Japan, perhaps in the most forcible way possible, the finar break with the past. Thus Tokio is far and away the

youngest amongst the world's capital cities. Its history, however, stretch-es back far beyond 1869. Two hun-dred and fifty years before that date the Shoun Jewen had built there the Shogun Ieyasu had built there great city, and not many years after that time Yedo had attained the position of first city of the empire in point of population. As to the modern Tokio it finds a full expression in the imperial palace, which stands on the ancient castle of Yedo, formerly the residence of the Shoguns. It is half European and half Japanese in its style of architecture. So Tokio, itself, is a mixture of the two. The numerous houses of the daimos, or vassals, the chief characteristic of the old town have been largely swept away, and government offices and new houses,

lining new streets, have taken their Tokio, in short, like the imperial palace, like all Japan, is strange mixture of east and west.-Christian Science Monitor.

BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during the ho weather than at any other time of the year. Diarrhoea, dystntery, cholera infantum and stomach troubles come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. Baby's Own Tablets should always be kept in homes where there are young children. An occasional dose of the Tablets will prevent stomach and bow ed troubles, or if the trouble comes suddenly the prompt use of the Tablets will cure the baby. The Tablets are sold by medicine dealers or my mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Odds and Ends.

The British army consumes 20,000 tons of potatoes every month. Germany did not become a ship-building nation until within the last eneration

The torpedo as fired from surface vessels is effective up to 10,000 yards range

The bread of the Balkans is made in the form of chains, and sold according to length. The crying of weasels at the baying of dogs are considered evil omens by

the Japanese. The Montenegrin soldier wears his

medals for valor on his cap instead of across his left breast. Within a radius of 100 miles of New

Vork city lives one-eighth the population of all the United States. Germany has 40,000 miles of rail-

way, or about one-sixth of the total railroad mileage in the United States. The founder of the Rothschild riches was born in a Frankfort ghetta, the sons of a poverty stricken dealer in c.

Under the English law no clergy-

ATHENS REPORTER, AUGUST 8, 1917

Every Leaf is of Virgin Quality Sealed Packets Only. Never in Bulk. Black, Mixed or Green. E217



body

stroys the good effect of rest of

tion—with walking plows, too. Women who have exchanged the needle for the plow are all the better for it; and

these men in your Mountain Sanator-ium, forced to give up the plow and

other weighty implements, are all the

GIVE CIVILIANS THE SAME

CHANCE.

are being treated for tuberculosis. This

"With this effective organization of

treatment for military consumptives

before our eyes, it will be absolutely in-excusable if the country fails to or-

ganize an equally efficient campaign

against the 'white plague' among our

shall more than make up for the rav

ages of the war.' "We must never forget that these

The gain in health and wealth to

and certainly much less

people as a whole.

better for taking to the needle.

"We smile at the idea of embroidery

A MONTREALER ON HIS VISIT TO thing to do. Rest is essential, but in THE MOUNTAIN SANATORIUM. must be rest of mind as well as body. In fact, except in cases of extreme weakness, lying still in bed for long periods without any occupation cre-ates unrest of mind, and largely de-

"We are proud of our Mount Royal," a Montrealer writes, after a visit to Hamilton, "but yours has one royal distinction that ours has not achieved a crown.

"We send our own people up to the mountain when they are dead, and bury them in the crater of a burnt-out volcano. You send your people up the mountain to find new life, and to come back and enjoy it. Climb our mountain, and you find a cemetery. Climb yours, and you find a Sanatorium. That is your mountain's crown of glory. "What I noticed up there first, after

the charming scenery and magnificent air, was the spirit of cheerfulness and

hope among the patients. "Of course, it is well known that tuberculosis often has a deceiving effect on its victims, making them feel better than they really are. And that is a great danger

"More than 800 men of the Canadian Expeditionary Force, in a total of 7,000 invalids now being cared for by the Military Hospitals Commission, "Take the soldiers, particularly. They naturally want to get back to their families, and to work, as soon as possible. So they are tempted to quit the sanatorium before they ought, and to undertake more strenuous work than is safe for them. Even when a man is cured-that is, when the germs of the disease have conquered and apparently paralyzedthe lungs are not so powerful as be-fore they were attacked. If the body is overtaxed, the germs may awake from their torpor and make another thorough and successful treatment. attack

FORTIFYING AGAINST A COUN-TER-ATTACK.

"The Military Hospitals Commission evidently realizes this, and does all it possibly can to see that every one of the tuberculous soldiers under its care takes the full treatment re-quired by his particular case, and also the country would be simply enor-mous,' as Lord Shaughnessy was quotto fortify him by knowledge against the very grave, though unseen, dan-gers that will surround him on his gers return to civil life.

"Just as the soldiers after enlist n'ent not only have their bodies trained by exercise for the hardships of a campaign, but also have their minds instructed in the arts of modern way so these men attacked by the 'white plague' not only have their bodie freed from its fatal grip, but their minds instructed and fore-armed, with all the knowledge requisite to prevent another attack, as well as to avoid the possible infection of others by their unconscious acts.

"And the cheerfulness evident your Mountain Sanatorium is based on solid grounds of hope, not on any delusion. MUST COMBINE REST AND WORK.

"One of the most hopeful signs I and start a vigorou notice is that the men have got some- this ravaging foe."

FAMOUS NOVELISTS. sional cricket player, and in his youth was chiefly interested in the study of science. And How They Started On Their

gazine.

Hall Caine was educated as an archthect, but deserted that profession to enter journalism as leading writer on the Liverpool Mercury. Thomas Nelson Page was a lawyer

Thomas Neison Fage was a lawyer in Richmond for many years before he thought of writing novels. Anatole France, the son of a book-seller, was a librarian in the French Senate, and a Paris journalist. William Allen White got his liter-ary start as a writer on the Emporia

ary start as a writer on the Emporia Gazette, of which he is still editor.

Like Scene From Middle Ages.

The oldest and largest university in the world is El-Azhar at Cairo. Found-ed in 975, it has been from the start a national institution, the khedive being the rector. The minimum age of en-trance is fifteen, and the applicant must know half the Koran by heart-if blind, the whole Koran-and be able to read and write. The curriculum consists of virtually nothing but theology and canon law, the final examination fifteen years after matriculation being upon these, together with traditions of the prophet: Grammar, etymology, rhetoric and logic. It is the same instruction which has prevailed for centuries, and one who goe into the great court where the circles of students are sitting at the feet of their Gamaliels looks upon a scene perfect specimen, living, breathing and entire."

RELIEF AT LAST

as an occupation for men-as we smiled at the idea of plowing as an I want to help you if you are suffer-ing from bleeding, itching, blind or protruding Piles. I can tell you how, occupation for women. But the war has cleared our mental vision and upin your own home and without any set many of our old ideas. I have just seen a moving picture of English wo-men engaged in a plowing competione's assistance, you can apply the best of all treatments.

PILES TREATED AT HOME

I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no oney but tell others of this offer. Address

> MRS. M. SUMMERS, Box 8, Windsor, Ont

AN ADVENTURE IN SPELLING.

I once went a-riding, although My friends told me not to do sough; As a matter of course I fell off my hourse, Who left me in tattlers and wough.

doubless got a first lodgment in them during childhood. It has been stimu-lated to activity by the unaccustomed conditions of military life; but it would very likely have become active

A man passing by in a sleigh Saw my sorrowful plight as 1 leigh, And said, "You're a muff! But it is rather tuff. So I'll just lift you out of the weigh." in any case, sooner or later, in civil-ian life. In such a case, it would have had less chance of prompt discovery

He fitted me into a seat-1 was bruised from my head to my feat I had ruined my clothes, I had broken by nothes. And truly the cushions were sweat!

Then he hustled me over the snow As fast as his horses could gow, And drove me up straight To a doctor's front gaight. "Hi, Doc! Here's a vision of wow

of wow!"

The doctor was drinking his tea, But he came and considered of mea; "He can't use his tongue. And he's spoiled his right longue, And his ribs were not where they should hea.

out

ed as saying a few weeks ago. 'As many Canadians have been killed (at home by tuberculosis since the war be-"There's unusual puffiness here. And his shoulder-blades seem gan as have been killed by the war itself. Yet it is an entirely preventable disease. If we stop its ravages, we

gere; This ear's coming off, And that singular coff Is rather less pleasant than quere."

But he settled my various aches, And he spiintered by numberous breach-

es; And the lesson I learned When my powers retearned Prevents any future mistaches. —Christian Endeavor World.

Minard's Liniment Cures Burns, Etc.

A Story of Longfellow.

In Longfellow's journal, in which he chronicled daily things that came un der his observation, he notes that upon a certain occasion he attended church where the minister took as his subject "Progress." He was very flattered when the latter quoted about half of the "Psalm of Life." After re peating the verses the minister said, "I could never read that poem without feeling the inspiration with which it was written." To this incident Long fellow adds: "But I had the concett taken out of me on the evening of

ISSUE NO. 32, 1917 HELP WANTED.

WANTED - PROBATIONERS TO train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

WANTED-A GENERAL SERVANT for only two in family. Apply, 16 St. Mathew's Ave., Hamilton, Ont.

MONEY ORDERS.

REMIT BY DOMINION EXPRESS money order. If lost or stolen, you get your money back.

ALGERIA A NEW FRANCE.

Result of a Century of Work Against African Savagery.

After a vast expenditure in lives and treasure France is beginning to reap its reward from the conquest of Algeria. A hundred years ago the northern African county was the abode of barbarism, and piracy was the principal occupation of its people. The United States was the first nation to revolt against the payment of tri-bute to the dey of Algeria for "protection to comerce, and after a brief but thrilling conflict the bucca-neer chieftain was brought to his knee

In 1827 the French took up the white man's burden in Algeria and after a struggle of thirty years subdued the country. Under the monarchy and the second empire the government of Algeria was based solely on force, but the republic won the allegiance of the Algerians by withdrawing the military government from all the settled portions of the country, which have since been treated very much as if they were a part of France, each de-partment sending one senator and two deputies to the French chambers. A-gerians, save for a few of the tribes-men in the remote interior, are now 10.loyal Frenchmen, regardless of color, race or religion. Algeria also sup-plies vast quantities of foodstuffs and meals to France.—New York World.

Don't Be Afraid of Work.

Charles M. Schwab, the well-known master of Bethlehem steel works, has no more patience with the man who works with the time clock than has Adam Bede with his fellow workmen Adam Bede with his fellow workinen who dropped their tools at the sound of the whistle. In his book, "Suc#3d-ing With What You Have," he writes: "I have yet to hear of one instance where misfortune hit a man because he worked overtime. Not long ago a man was promoted in our works. 'How did you happen to advance this fellow?' I asked his boss. 'Well,' he explained, 'I noticed that when the day shift went off duty this man stayed on the job until he had talked over the day's problems with his successor. That's why.' The man who fails to five fair service during the hours for which he is paid is dishonest. The man who is not willing to give more than this is foolish.

Minard's Liniment Relieves Neuraigia

Briefest Mention.

Pendulum clocks were first used about 1650. The so-called briar of which pipes

are made is laurel root. There are 800 varieties of pears grown in America and 100 kinds of

The income of electric traction ser-

The income of electric traction ser-vice as a whole in 1916 can be safely put at \$750,000,000. The agricultural produce of the United States is valued for 1916 at not quite \$6,800,000,444, which puts it easily next to railroads.

Copper production in the United States in 1916 is estimated at 1,941,900-586 pounds. Zinc output is put at 672,300 net tons; nickel at 61,675,438 pounds, and lead at 583,498 net tons.

Thrift Maxims.

Nothing waste, nothing want. Thrift is an antidote against anxi-

ety for the future. Thrift deals with the present day

and plans for the future days. Thrift acquaints itself with true val

soldier patient's at the Mountain San-atorium, and in the eighteen other Sanatoria used by the Military Hos-pitals Commission, will themselves be civilians again in a few weeks or months. Instead of being a source infection and danger, as they would have been without the treatment they are now receiving, their return to civil life will be an actual gain to the community. for

chance of

community; for, by preaching what they have practised, they can do much to rouse us from our lethargy and start a vigorous offensive against

tions," namely Kyoto, to a new home A few years before, such a proposition would have been regarded 115 nomething very like a sacrilege; but those few years had made all the difference. The proposal was received with favor by the emperor, and the place ultimately chosen for the new capital was Yedo, where for 250 year the family of Tokugawa, the last of the Shogun dynasties, had lived and guided the destinics of the empire.



of his church, or or from his duty. In the United States there are no

fewer than 21.000 motion picture thea-tres, representing a total investment of over \$2,000,000,000.

The biggest gun of the United States navy is 60 feet in length, weight about 30 tons, and fires projective weighing 2,100 pounds.

The ordinary Chinese printing office uses about 6,000 characters, while a fairly complete Chinese dictionary contains as many as 50,000.

Minard's Liniment Cures Dandruff.

The Starvation Point.

To the question, "If there were a eige, how long do you think the sol-mers and civilians could live after the food supplies gave out?" an English paper answers: Science tells us that if he can get drinking water an ordinary man can exist for thirty days without food. At the end of that time the ma-chinery of the body will not be spoiled and can be brought back to its former

About a quarter of our body weight is fat, and it is mostly this fat that is abscribed as food during the period of starvation. We can absorb and burn up our muscles until 60 per cent. of their weight is gone. We can do the same with from 30 to 40 per cent of our livers and digestive organs and 20 per cent, of our lungs. Our hearts can twee 10 per cent, and our brains and ervous systems can lose 5 per cent. It will be seen that the more vital organs-brain and heart-yield least of icit valuable substance for the life of ne body, while the less essential subtances—fat. muscle, fiber, etc, are

What is a hawaiian?

A correspondent inquires whether ' is proper to speak of a Hawaiian as 'Kenaka." The term is masculine. A "Kanaka" is a male Mawaiian. A "wahine" is an unmarried Hawaiian woman. A "wahinemare' 'is a mar rled Hawaiian woman. These defini tions are from the Hawaiian dictionary .- Bellingham American Review

Careers.

William Dean Howells was a printer and reporter in a country newspaper office in Ohio during his boyhood. Joseph Conrad, a native of Poland, was for years a cabin boy, sailor before the mast, and captain in the merchant service

Rider Haggard gained the material for his first tales while acting as an official in South Africa.

Maxime Gorky, in his youth, was successively a painter of ikons. scul-ery boy, peddler, gardener, and baklery apprentice.

Jack London was a "hobo" sailor. gold miner in Alaska, oyster pirate fisherman, longshoremen and sea seal hunter.

Thomas Harding was articled to an ecclesiastical architect, and spent sev-eral years of his young manhood as a church architect. Eden Philpotts was born in India. Daily News

the son of an army officer, and was a thomas Dixon started his career as clerk in an insurance office and studied for the stage.

H. G. Wells is the son of a profes-1886

antic

Sugar

"Pure and Uncolored"

Brand Whitlock was a newspaper reporter in Toledo and Chicago and a clerk in the office of the Illinois secretary of state.

Owen Johnson made his literary de but as the founder and first editor of the Lawrenceville, N. J., Literary Mabody knew whence came the quota-Myra Kelly, a native of Dublin, was tions.' '

for some time a public school teacher in the East Side of New York. Charles G. D. Roberts was a school teacher and college professor in Can-ada before taking up literature.

Ralph Connor (the Rev. Charles W. Gordon), was missionary among the miners and lumbermen of Western Canada.

The Three,

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C The Lantic Library of

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you mail us a Red Ball Trademark, cut from carton

or sack of Lantic Pure Cane

In 2 and 5-lb. Cartons

10, 20 and 100-lb. Sacks

ATLANTIC SUGAR REFINERIES

Limited, Montreal

173

Sugar.

Amelie Troubetzkoy, nee Rives, be-LINIMENT. gan writing stories as a child, and published her first novel, "The Quick for the Dead," in 1888. Irvin S. Cobb started as a reporter in his native Paducah, and at nine-teen became editor of the Paducah Dealy Nowe

lina, entering the Baptist ministry in Using the Scrub Palmetto.

Minard's Liniment Co., Limited.

Yours truly.

Gents,-A customer or ours cured

a very bad case of distemper in a valu-able horse by the use of MINARD'S

VILANDIE FRERES.

Only a prolific and troublesome waste product throughout Florida, the scrub palmetto is now being developed into an asset of great possibilities. Not only has it been discovered that paper of good quality can be made from it, but the manufacture of carnets mot or good quality can be made from the but the manufacture of carpets, mat-tings, twines, rope and burlap from but the manufacture of carpets, mat-tings, twines, rope and burlap from the plant is already an industry of high standing in the state. Only the green leaf or fan, is used. Claim is made that the palmetto leaves when shredded and spun are very much tougher than the grass now used for mattings. The green leaves are fed mattings. The green leaves are fed just as they are cut into the shredding and spinning machines, and in three-minutes they come out in twine. This avoids the discolorations and losses occasioned in drying, storing and hand-ling grasses commonly used for mat-ting. Palmetto can be cut every day ting. Palmetto can be cut every day in the year and immediately made into twine. The skeins of twine when hung up dry rapidly and uniformly. The twine is used as soon afterward as necessary.-Argonaut.

It is hard for a man to forget the past if it effects his own future.

ues and keeps tab on expenditures. the same day, when I happened to meet a lady at Prescott's and in our Neither minute gains nor even small losses are underrated by the conversation she referred to the ser thrifty. mon in the morning and added. He some beautiful verses, but no

To postpone to afternoon what should be done in the morning is thriftiness of management.

Squabs.

A squab grows enormously the first twelve hours and still more rapidly after the third day. Squabs are at first sparsely covered with long dia-ments of down, the root of each fila-ment implicating the point from which ment implicating the point from which each future feather is to start. The down for awhile still hangs on to the tips of some of the feathers during their growth and it is thought by some to be finally absorbed into the shaft of the growing feather.

WHAT HAPPENED TO JONES.

"I see you have a new man making up the classified ad page." said the visitor to the composing-room. "Yes," answer-ed the foreman. "What became of Jones, who had the job" asked the visitor. "Oh," replied the foreman, "we had to let him go Jones was a good man, but he got rattled in the rush the other night and put the ad of an undertaker under "Anguseneute"."



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