

Children's Department.

WISHING.

One day a lonesome hickory nut,
At the top of a waving tree,
Remarked: "I'd like to live in a shell,
Like a clam, beneath the sea."

And just at that time a clam observed,
Way down in the tossing sea,
"I'd love to dwell in a hickory nut
At the top of a lofty tree."

Then both of them wished, and wished, and
wished,
Till they turned green, yellow, and blue;
And that, in truth, is just about what
Mere wishing is likely to do.

AN EXAMPLE TO AMERICAN YOUTH.

Probably nowhere in the world are such opportunities held out to the youth of a country as in our own land. Whatever may be said of the decay of the apprentice system, of the domination of the "money power," and of the pernicious influence of unrestricted immigration, it is nevertheless true that a young man has more and better chances for advancement from even the lowest rounds of the ladder in this country than elsewhere. The biographical sketches of noted men who have died, or of men who have achieved positions of distinction, as they are exploited in the daily papers, furnish abundant and convincing proof of this. The Presidents of the United States have been for the most part men who at some stages in their lives had hand-to-hand struggles with poverty and other adverse conditions, and who achieved success in spite of difficulties before which men of less determined spirit would have quailed. Perhaps it is not wide of the truth to say that the majority of the men who are being denounced by a certain class of persons because of their wealth, were numbered only two or three de-

Delicious Drink

HORSFORD'S ACID-PHOSPHATE

with water and sugar only, makes a delicious, healthful and invigorating drink.

Allays the thirst, aids digestion, and relieves the lassitude so common in midsummer.

Dr. M. H. Henry, New York, says: "When completely tired out by prolonged wakefulness and overwork, it is of the greatest value to me. As a beverage it possesses charms beyond anything I know of in the form of medicine."

Descriptive pamphlet free.

Rumford Chemical Works, Providence, R.I.

Beware of Substitutes and Imitations.

Well Known Pastor

Health, Voice, Appetite and Strength Failed—Completely Restored by Hood's Sarsaparilla.

"My health failed entirely and paralysis stared me in the face. My limbs were so weak that I could scarcely walk, and heart trouble was one of my ailments. I had no appetite and suffered with constipation. My voice failed me in the pulpit, and life had become a burden to me. I began taking Hood's Sarsaparilla and very soon saw a great improvement. In the winter I was attacked by the grip which left me in a bad condition. I was weak and prostrated. I went back to my old friend, Hood's Sarsaparilla. After taking a few bottles I felt like a new man. Hood's Sarsaparilla seems to be the thing for me, and I find Hood's Pills the best corrector of the liver and stomach."

REV. C. S. BEAULIEU, Lowellville, Ohio.
Hood's Sarsaparilla
Is the One True Blood Purifier. All druggists. \$1; six for \$5. C. I. Hood & Co., Lowell, Mass.

Hood's Pills cure all Liver Ills and Sick Headache. 25c.

decades ago among the poor boys of their respective places of residence.

A CROUPY COUGH WAS SOON DRIVEN AWAY BY DR. CHASE'S LINSEED AND TURPENTINE.

"My little boy had a bad croupy cough," says Mrs. Smith, of 256 Bathurst street, Toronto. "My neighbour, Mrs. Hopkins, recommended me to try Chase's Syrup of Linseed and Turpentine. I did so, and the first dose did him good. One bottle completely cured the cold. It is surprising, the popularity of Chase's Syrup in this neighbourhood. It appears to me it can now be found in every house."

PULLING WEEDS.

"A penny for your thoughts, Roland." "I was thinking, Lill, of Jack Reynolds, and wondering why, with almost everything a fellow could wish for, he should be the most disagreeable, the meanest, and the most unhappy boy in school."

"Have you solved the problem?" "No; not exactly; but I have decided that I am more fortunate in one way than he. I have a sister I would not exchange for all of his things. I don't believe if he had one like mine he could be so disagreeable."

"Suppose you invite him here some evening. Perhaps I can help explain your riddle."

And so it happened that Jack Reynolds, who was so disagreeable that no one ever thought of inviting him anywhere, spent an evening with Roland and his sister.

"Don't believe I ever had a better time in my life," he said the next day. "That sister of yours is fine. She looks as though she could not help being happy if she tried. Is she always so?"

"Yes, always."

"What makes her so?"

"The truth is," said Roland, "she is always trying to make others comfortable and happy, and never thinks of being so herself."

"Humph! That's it, is it?"

"That's a good deal of it, yes."

Would you like to know what she said about you?"

"No. It would not be anything good."

"But it was. Lill often says our characters have to be cared for just as a beautiful garden is looked after; and now she says you have the making of a splendid man in your character, a man we might all be proud to know some day, if you would only cut down and pull up the weeds that are choking out the beautiful flowers."

"Did she really say that, Roland? May I come again?"

He did come again and again, and before long a great change was noticed in him. He grew cheerful, happy, and contented, and began sharing his good things with others.

It was hard to change all at once, but Jack persisted till the boys were proud of him, and told him so.

"The credit," he would always say, "is due to the girl who taught me how to pull weeds. I suppose I will have to go on rooting them out as long as I live, but it is easier work now."

CHASE'S KIDNEY-LIVER PILLS.

Chase's Pills have gained popularity because they are a specific for the uric acid condition, prevent Bright's Disease, cure Rheumatism and all Catarrhal conditions of the Kidneys and Bladder. They do this because they possess remarkable alterative, tonic and diuretic properties, exerting a wonderfully soothing influence on irritated or inflamed mucous membranes of the Kidneys or Bladder. One pill a dose, 25c. a box. The cheapest medicine in the world.

—Faith and hope cure more diseases than medicine.

—Goodness is the weapon with which to overcome evil.

25 cents cures Catarrhal Headache
" " Incipient Catarrh
" " Hay Fever
" " Catarrhal Deafness
" " Cold in the Head in 10 minutes
" " Foul Breath caused by Catarrh.

25 cents secures Chase's Catarrh Cure with perfect blotter enclosed in each box. Sold by all dealers.

—"The cost of love is always sacrifice."

—"Don't worry about the opinions of others, but live so that you can always respect yourself."

We know that Cod-liver Oil is a fat-forming food because takers of it gain rapidly in weight under its use and the whole body receives vital force. When prepared as in Scott's Emulsion, it is quickly and easily changed into the tissues of the body. As your doctor would say, "it is easily assimilated." Perhaps you are suffering from fat starvation. You take fat enough with your food, but it either isn't the right kind, or it isn't digested. You need fat prepared for you, as in Scott's Emulsion.

—"Have you ever noticed how fast God's mercies multiply when you try to count them up?"

ONE SAFE FRIEND.

There is one safe friend for every maiden. It is her mother. Whom should you trust, in whom repose confidence, if not in her? No one else loves you so unselfishly, and no one else has loved you so long. It is a pity when girls are not confidential with their mothers. There are times when every young woman needs an old woman to guide and help her, and her mother is at these times her natural counsellor and guardian. If she has no mother, let her pour out her troubles and unfold her perplexities to some motherly woman, aunt, sister, friend, in whom she can believe. Many a heartache would be soothed, many a vexation rolled away, and many a mortification saved, if girls would remember that they have not the dignity of Deborah as yet on their unwrinkled brows. Situations which baffle them would be plain to more experienced eyes, and they would be guided over bad places.

Walter Baker & Co., Limited.

Dorchester, Mass., U. S. A.
The Oldest and Largest Manufacturers of



PURE, HIGH GRADE Cocoas and Chocolates

on this Continent. No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their Premium No. 1 Chocolate is the best plain chocolate in the market for family use. Their German Sweet Chocolate is good to eat and good to drink. It is palatable, nutritious and healthful; a great favorite with children. Consumers should ask for and be sure that they get the genuine Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A.

CANADIAN HOUSE, 6 Hospital St., Montreal.