#### CHATS WITH YOUNG MEN

MY LIFE

My life is but a weaving Between my God and me; I may not choose the colors-He worketh steadily.

Full oft He weaveth sorrow, And I in foolish pride, Forget—He sees the upper, And I, the under side.

#### -FATHER TABB FLYING WORDS

The cry of men for peace is as old as creation. And yet, although men so ardently profess their desires for peace, too frequently we find them doing the very opposite to what they demand of other men. Inconsistently they refuse to adopt the means to avert this restless spirit of strife which is doing so much to make the world sick and sad at heart.

On every side we hear the heated expression of opinion on some subct or other. Arguments which began in a simple discussion frequently end in the most violent estrangements and quarrels. Peace is disturbed, not only in the hearts of individuals, but even in the city, the State, of the entire world. The most gentle exposition of opinion may end in bloodshed or in the disruption of vast armies.

Although your opinion be good, said a sage of the long ago, do not hold to it too strongly when the opinions of others are equally good. It is sometimes even useful and necessary to defer to the good opinions of others who certainly have

an equal right to a hearing.
It is not unusual to find neighbors and acquaintances who formerly protested undying friendship for one another no longer on speaking terms. They pass in the street, and recognize one another, by a frigid stare. Apparently they are farther apart in their common interests than utter strangers. How did this estrangement come about? Perhaps through some inconsequent argument. It may have been politics, family affairs, or business, or even something of less import. But it has estranged them so com-pletely that all their friends are aware of it and are properly scan-

A holy Bishop who understood human nature from a wide and varied experience, knew that two of his flock were living at enmity with one another. Both men professed to be good Christians, yet both obstinately continued to oppose one another, and in consequence became more and more embittered.

The Bishop invited both of these men to dinner, but unknown to one another. When they arrived, at different hours, he placed each in a separate room to await the hour of dinner. There he visited them privately and took occasion to address them as follows: "Formerly you two men were the best of friends and you did all in your power to assist one another. Now you are behaving like a couple of Turks rather than as Christians. You are desperately unhappy, and yet you are unwilling to take the means to make peace and to end this sinful feud" With kindly this sinful feud." With kindly admonitions the Bishop then introduced the men to one another. They were heartily ashamed of their quarrel, shook hands, and enjoyed a most congenial hour. From that time they were loyal and devoted friends.

What are words but words?" asks the sage, speaking from his quiet corner. "They fly through the air and move not a stone." Words have no power to injure us words have no power to injure us unless we are willing to be injured by them. "Hear My word," admonishes the Divine whisper, "and you will care nothing for a thousand words of men. Their testimony often fails. My judgment is true and shall stand."

Why are men so disturbed when advers words are properly to the product of the properly words.

adverse words rise against them, so as to lose their peace for whole days and perhaps years at a time? What does it matter whether we are listened to with respect or whether men turn coldly from our opinion which may be good and praiseworthy of itself? What difference does it make?—and yet men fall into the most violent disturbances because they happen to displease their fellow men.
"There comes a time," says the

sage, "when all tumult shall cease, and all labor," when man shall be in true peace, undisturbed by the wagging of tongues. The day of this life is short and evil, full of sorrows and straits, where man is overthrown by many sins, disturbed by many passions, circumvented by many cares; overpowered by many labors enervated by delights, crucified by wants. When shall he be free from this miserable servitude? The hour shall not dawn here, it is true. But man might do much to hasten the reign of peace in the world and in his own restless heart did he but consent to use a little holy strategy. His worst enemy is himself, no matter how evil other men may be. His course is, then, to lay careful plans whereby he may overpower this strong and arrogant enemy, his fallen nature.

Generals about to advance against the enemy are accustomed to consult their maps most carefully and to lay deep-seated plans for the events about to transpire. Man prone to anger and vengeance, should look forward through the coming that give an insight into the mysteries of holiness, but attention to the ies of holiness, but attention to the

sume him, whether these evils be

inferior or exterior ones.

There was one who won the grace to overcome a singularly passionate and restless nature by a method which he counsels to all those who are tempted and tried by interior conflicts. "There was a little garden," he says to us, "belonging to our lodging. Thithey the trult to our lodging. Thither the tumult of my breast carried me where none until it might conclude in that issue which Thou knowest, but not I. And to arrive thither was nothing else, but to have a will of going, but this was to be an absolute and resolute will, and not a maimed will. turned and tossed this way and that, and whilst it rises in one is struggling with another part that is falling

This little garden of which St. Augustine spoke may be termed a man's own heart where he is conscious of a fierce struggle going on at all hours. What is the real reason why this tumult does not diminish and die out, leaving the soul in holy peace? It is because man makes little effort to penetrate thither with a strong and resolute. thither with a strong and resolute will to cast out these unquiet forces which are stealing away his content.

"Stand firmly," says the sage, and do not be disturbed by flying words." Every day furnishes opportunities of conquering the motions of anger, of contradiction of our fellow men, of other disorderly movements of the heart. But before a man can be at peace with the world, he must be at peace with himself. The saying is hard, but the lesson when learned is empobling.—The Pilot.

# OUR BOYS AND GIRLS

DO IT TODAY! Today is the day that your tasks should be done-

The day that God's given to you You're living Right Now, and this day is the one

To do what you're going to do! This second, this minute, is all that you've got; The future's unknown, anyhow; The past, with its shadows, the

sooner forgot The better—so do it right now! You number your days from the

day you were born, count them with sighing and tears. But really, my friend, you're reborn

ev'ry morn—
In spite of the calendar years;
Each day, you start life with a viewpoint that's new; The past is a dream that has fled; You cannot go back to the you that

was you, In days that are finished and dead. Nor can you go forward one day in And glimpse what the morrow may

You can't change the future, or one circumstance, Except as the minutes unfold:

Today is the day that your tasks should be done; So live it that you need not fear What's "going to happen," with

each rising sun-Next week, or next month, or next year!

## A HOLY YOUTH

A wise master in the spiritual life gave the following counsels to the young men of his times: Why should not a young man be

capable of solid virtue, even of high perfection? Is this the prerogative only of age? Do years alone give wisdom and experience? By no means. There may be young men who carry ripe sense in a youthful breast, who, being made perfect in a short space have fulfilled a long

Venerable old age is not that of a long time, nor counted by the number of years: but the understanding of a man is grey hairs, and a spotless life is old age.

Laphring thought! Though I am

The priving though I am

The privin

acquire wisdom and possess it! This is in my power. Does anything prevent me on the part of God? Certainly not. It is His desire and will that I should be holy both in youth and age. When Christ says: Be ye perfect, as also your Heavenly Father is perfect, His language is general; it embraces every age, every sex and state. And when the Apostle says: This is the Will of God, your sanctification, these words in no wise con-

fine holiness to a certain age.

I can be a saint. The grace of God is at my disposal as well as that of the oldest and wisest. I can pray for it, and God will not refuse the Holy Cross Sisters—classes in pray for it, and God will not refuse His good Spirit to me, if I sincerely His good Spirit to me, it I sincerely ask it. I can find support in Him Who says of Himself: Without Me you can do nothing, but through the grace of assistance you can do all things.

Bengan, mission stay also will be included.

It is emphasized that the Society will not prepare its members from the medical point of view—they and makes the teaching of religion obligatory in the State schools.

Never in the history of the coun-

of youth be less developed than that of a man of mature years, through the grace of God he is sufficiently capable of learning the science of

things and the good example of

A spotless life is the best key to the deepest secrets of holiness.

The pure heart is the most fitting mirror to reflect the bright rays of

the Divine sanctity. Many things are in favor of the young. Prejudice and false prin-ciples are not so deeply rooted. Worldly views and maxims have might interrupt the hot conflict in not yet obscured the light of which I was engaged with myself, grace and reason. The heart is more open to impressions; it is fresher, warmer, and more easily aroused to enthusiasm for a great and good work.

The young man calculates less: therefore he is more enterprising. I can accomplish this work, great and arduous as it seems O yes, my God! I plainly hear a voice within me say: You can be holy. My reason tells me the same; the example of the Saints loudly proclaims it: Eternal Truth boldly declares it. I can be holy. There obstacle. I am even obliged to be holy.

And yet—what prevents me from becoming a Saint and advancing in moral perfection? Alas, myself and my own coward-

e, my own abhorrence of everything that is called sacrifice. I hesitate to employ the proper means. I shrink from every effort. I am afraid of warfare. I cannot resolve to resist my corrupt nature, to declare war against it, to conquer and reduce it to submission. But the seed must first die before

it can multiply. If it does not die, it will remain alone. It will not spring up and bear a hundredfold. I am afraid of this death of mortification, and yet this death is life, resurrection, immortality. — The

### CATHOLIC MEDICAL MISSIONARY CORPS

TRAINED LAY WOMEN DOCTORS DENTISTS AND PHARMACISTS -NO VOWS

Washington, Aug. 1.—There has just been born here an international of Catholic laywomen medical foreign missionaries, the first of its kind in the world. It is to be known as the Society of Cathoic Medical Missionaries.

Establishment of a foundation of the new organization in his archdiocese has been authorized by the Most Rev. Michael J. Curley, Archbishop of Baltimore.

its personnel, operation and the Society of Catholic field. Medical Missionaries is unique. Its members, all laywomen, must

specialists-doctors, dentists, nurses, pharmacists, etc. before they may enter. They will lead a community life, but without the three usual vows of religious. They will be bound by a pledge of only three years' service, after which they may renew their mem-bership or leave the Society as they

All recognized foreign mission fields of the world will be included in the new organization's province. Members sent into the field after the prescribed course of training will remain subject to the direction of the Society until their pledges

organizations. It isanecclesiastical society under ecclesiastical regulation, but without the vows and many other restrictions of religious congregations.

DR. ANNA DENGEL IS FOUNDER

served as a Catholic medical missionary in the Punjab, India, is the founder and provisional head of the Society. Since coming to the United States, Dr. Dengel has won

of the Foreign Mission Seminary of Holy Cross here. The constitutions and rules are the joint work of Dr. Dengel and the Very Rev. Michael A. Mathis, C. S. C., Superior of the Holy Cross Seminary, with the counsel on canon law of the Rev. Francis McBride, C. S. C., of Holy Cross College.

Cross College. While the Congregation of Holy Cross has no organic connection with the new society, the Seminary will place its local training facilities, as far as practicable, at the disposal of the members. Dr. Dengel will establish a house near the Seminary Bengali, mission study and apolo-

the grace of assistance you can all things.

Difficulties there are—the frivolity and thoughtlessness of youth, the tumult of raging passions, inexperience and weakness. But surely these difficulties are not insurmountable.

The medical point of view—they must come with that training already acquired—but only from the missionary point of view. A course of one year is regarded as sufficient for this latter training. Members of the Society will then go into the foreign field, working with the past seven years.

Inquiries from persons interested in foreign mission work already have assured the leaders of the Society of many candidates.

Promoters of the Society see it opening a new page in the history of Catholic missions. They point to a crying need for lay medical missionaries, and to the command-ing lead acquired in this field by Protestant missionary bodies. The Society's prospectus, which will appear shortly, says:

"Amongst the thousand millions

of pagans in China, India and Africa and the numerous islands, disease stalks almost unchecked, reaping a ghastly annual toll of largely preventable deaths. So widespread is medical distress in non-Christian lands that the mortality would depopulate the United States in three years. . . Owing Owing to want of proper aid at the proper time, millions of people, especially women and children, suffer from chronic and preventable ailments. Lack of cleanliness and sanitation, superstition, fatalism, ignorance and helplessness all contribute to

the reign of the monster disease. simply Christian charity, and, since it is the genius of true Christianity most practical and gracious form through which the missionary can introduce his message to the pagan.

"Catholic missionaries, priests, brothers and sisters, have done much. . Great efforts are being made, but much remains to be done.

"According to the latest statistics over a thousand Protestant missionary doctors, men and women, and many more nurses are laboring devotedly in the various foreign mission fields. There are only a few Catholic mission doctors, certainly not two dezen in all.

"To achieve permanence, stability and continuity of the work, trained and organized workers must be guaranteed. A society alone can accomplish this."

Members of the Society of Catholic Medical Missionaries, the prospectus continues, will remain lay people, but in order to achieve the object in view they propose to live in community and in the spirit of the evangelical counsels.

REASON WHY VOWS ARE NOT TAKEN Reasons advanced for this arrangement are: "First, foreign mission work by its very nature separates lay missionaries from all others and forces upon them a community life. Second, no consistent missionary work can be done in the recognized foreign mission fields of the world by lay medical missionaries unless they are willing to live in the spirit The vows are not of the vows." actually taken, for the reason that religious who make public vows and who wear the religious habit have certain restrictions as to traveling alone and in attending certain cases, such as obstetrics," it is stated.

National headquarters of the American Red Cross, through Miss Clara B. Noyes, its National Director of Nursing Service, has offered to assist the new society in every way possible. The four Catholic missionary nurses now in or the Society until their pledges expire.

Constitutions of the new Society are modeled upon the requirements set down in canon law for such sections of the Red Cross, and recruits to the new Society who are not already to the section of the Society who are not already to the new Society who are not already to the society who are not already to the society of the socie society who are not already bers will be enrolled

### DUTCH CATHOLICS HOLD THEIR OWN

THE COALITION WITH OTHER PARTIES COMMITTED TO CHRISTIAN PRINCIPLES

By Rev. J. Van der Heyden (Louvain Correspondent, N. C. W. C.)

Louvain. July 20.-The results of the Dutch elections are about as forecast by the party leaders. With proportional representation and the coupling of lists as practiced in Holland, safe forecasts are an easy matter.

Among those elected were 31 Oatholics, 24 Socialists, 13 Anti-Revolutionists and 11 Historic Christians. Seven smaller parties divided among themselves the 21 remaining seats of the one hundred which make up the Lower House in Holland. The Upper House has

The Catholic party remains the strongest and it is likely to constrongest and it is likely to con-tinue to govern with the Anti-Revolutionists and the Historic Christians. The three have now been allied for forty-one years, with as bond of union, the common desire to secure for their country legislation based upon Christian principles. To this alliance Holland owes the educational system which

members of the Society will then go into the foreign field, working with any foreign mission group, of any religious congregation, which may require them and with which arrangements can be made as recruits become available.

Inquiries from persons interested in foreign mission work already have assured the leaders of the Society of many candidates. entrusted the task of forming the

Cabinet in 1918. Instead of placing himself at its head, according to parliamentary traditions, he sful-filled his sovereign's trust, yet kept altogether out of the Ministry of his formation.

Sir Ruys de Berrenbrouck, the Chief whom Dr. Nolens put at the helm in his stead started to govern the country without a parliamentary majority; but governed it so well that the 1922 elections gave him the working majority needed to govern safely. him

Thanks to his energy, a revolution was averted in 1918; and then successively, under his leadership, the very liberal school law was voted; model labor and social the very legislation was introduced; a social insurance law, second to none upon the Continent, was passed the Constitution was revised and adjusted to the requirements of the times; the extensive India colonies were granted a constitution of their own; and last but not least, the depreciation of the country's "To relieve this crying distress is currency was averted, thanks to the drastic measures of and taxation inaugurated by Ministo be recognized by charity, medical ter of Finances Collyn, a former relief is at one and the same time director of the Royal Dutch. His policy saved the country from the untold misery which some of its neighbors suffered.

Were it not for the spirit of tolerance and magnanimity dis-played by the Catholic members of the Cabinet, the objects attained would still belong to the realm of possibilities. They have steadily waived the claiming of rights within their grasp and yearned for by the Catholic people, in order not to compromise the alliance which permitted them to promote the pest interests of the country at large.

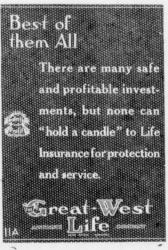
The Catholic party's allies are dyed-in-the-wool Protestants. The Anti-Revolutionists represent the Calvinistic and Huguenot aris-tocracy. Their paper is De Standard and their inspirer was for years the famed Calvinistic preacher, ournalist and statesman, Abraham Kuyper.

The Historic Christians' Union is the party of de Savornin Lohman, the veteran champion of financial equality for all schools, whether enominational or State schools. It has De Nederlander for mouth-piece, and its tendencies are more liberal than those of the ultra con-servatives Anti-Revolutionists. It recruits its voters among the better classes of the bourgeoisie.

Both Historic Christians and Anti-Revolutionists have been the principal beneficiaries of the tripartite alliance. This was particu-larly the case in times before the introduction of proportional repre sentation, when in several districts that now send Catholic deputies to Chambers, their candidates were elected thanks to the Catholic Nevertheless they are the vote. most strenuous opponents of the suppression of the statute forbidding the holding of the Corpus Christi sacramental procession and of the article of colonial legislation which restricts Catholic mission

aries to certain specified territories The Socialist party, numerically the strongest after the Catholic, has long been set upon breaking up the union of the three Christian parties. It scornfully calls their partnership "the Rome Dordrecht coalition.

Success is made up of four ingredients — inspiration, aspiration, desperation, and perspiration, and the greatest of these is perspiration



Imperial Royalties Company nounces that the regular Monthly Dividend of one and one-half per cent, (1½%) will be payable on August 30th to shareholders of record of August 25.

DIVIDEND NOTICE

No. 59

This is Monthly Dividend No. 59, making a total of one hundred and nine per cent, (109%, paid to shareholders since organization in April, 1920. IMPERIAL ROYALTIES

By J. E. Horn. K. H. Kompte &

Company

218 Dominion Savings Bldg. Tel. 8077 LONDON — ONTARIO

# There is WHEN USING WILSON'S only one way to kill all the Flies

This is it—Darken the room as much as possible, close the windows, raise one of the blinds where the sun shines in, about eight inches, place as many Wilson's Fly Pads as possible on plates (properly wetted with water but not flooded) on the window ledge where the light is strong, leave the room closed for two or three hours, then sweep up the flies and burn them.

See illustration below. See illustration below.

Put the plates away out of the reach of children until re-quired in another room.

The right way to use Wilson's Fly Pads



Proved safe by millions and prescribed by physicians for

Colds

Neuralgia Toothache Neuritis

Lumbago Rheumatism Accept only "Bayer" package

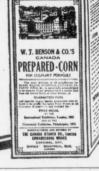
which contains proven directions.

"Bayer" Also bottles of 24 and 100-Druggists.

PREPARED

equal the quality of BENSON'S Corn Starch. First in Canada 65 years ago, and still first in quality today! Our Recipe Book FREE!

The CANADA STARCH CO., Limited



# Build Dollar by Dollar



HEAD OFFICE,

DON'T neglect to open a savings account because you may have no large amount of money to deposit. The Dominion Bank will accept deposits of \$1.00 and upwards.

Open an account now and add small amounts regularly. You will be surprised to see how rapidly your savings will grow.

DOMINION BANK

TORONTO

For Your Savings Your First Thought IS

Open your account with us and your savings are secured by the entire resources of THE PROVINCE

Become a depositor to-day and receive security coupled with courteous service.

The Province of Ontario Savings Office

TORONTO BRANCHES: Cor. University & Dundas St. 549 Danforth Avenue

OTHER BRANCHES : ilton, Newmarket, Ottawa, Owen Sound, Pembroke Seaforth, St. Catharines, St. Marys, Walkerton, Woodstock