

OCTOBER 26, 1901.

OUR BOYS AND GIRLS.

To Our Lady of Good Counsel.

O Virgin Mother, Lady of Good Counsel, Sweetest picture artist ever drew, In all my doubts I fly to thee for guidance, Mother, tell me what to do!

Plead my cause, for what can He refuse Thee! Get the back His saving grace anew, Ah! I know Thou dost not wish to lose me, Mother, tell me what to do!

Be of all my friends, the best and dearest, O my Counselor, sincere and true, Let thy voice sound always first and dearest, Mother, tell me what to do!

In thy guidance tranquilly repose, Now I face my trials and my sin, All through life and its awful closing, Mother, tell me what to do!

Our Guardian Angels. The Guardian Angel never tires of anyone, no matter how little successful he may be in keeping his ward in the right path.

An Example for Children. St. Rose of Lima was animated from her very infancy with a tender devotion to the Blessed Virgin.

"Little Things." It is doing well the little things of life that make your career a useful one.

Gratitude of the Poor Souls. We are grateful to those who do good, and our gratitude rises in proportion to the generosity of our benefactor.

Be Not Discouraged. Perhaps you have been called the dullard of the family, my boy, perhaps at school you failed to keep up with your class.

Individuality. To be a Christian when Christianity is the fashion, is one thing; to be a Christian in spite of the fashion is another.

Good bye to Mother. One of the most successful men of business in this country once said to a friend: "When I left home, a poor boy, to begin to work, my mother said to me, 'Come back to me with clean hands, and with God's help I have tried to keep them clean for you.'"

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ly lady, who encouragingly asked her errand. "Madam," she answered, "I have learned that you are in need of a chambermaid, and I have come to offer my services, assured that I will be kindly received."

"But, my dear," said the lady, "how is this? Only half an hour ago I dismissed an insolent maid, and not a soul in the world knows a thing about the affair except herself and I. Who has sent you? Tell me."

"A young gentleman, madam, whom I met in the street. He told me to call here. Thank God if I have found a place, for at this moment I have not a cent that I can call my own."

The old lady could not imagine who the gentleman might be, and was beginning to make all sorts of conjectures, when the girl, raising her eyes to a picture over the mantel, suddenly exclaimed: "That's the gentleman, madam. He it is who sent me."

These words seem to have a very strange effect upon the old lady. Her eyes grew dim, and she leaned for support. She made the girl go over her whole story again—her devotion to the poor souls, the Mass of that morning, the meeting with the young man.

Should not this narrative induce us to do something for those souls so dear to God and so appreciative for everything that is done for them? Even if it is only a little, they will not forget, but will after the manner of grateful hearts, return it a hundred fold, both here and hereafter.

CHATS WITH YOUNG MEN. "I have often been asked to define the true secret of success. It is thrift in all its phases, and, principally, thrift as applied to saving. A young man who has many friends, but he will find none so steadfast, so constant, so ready to respond to his wants, so capable of pushing him ahead, as a little leather-covered book, with the name of a bank on its cover.

Let a man learn that everything in nature, even motes and feathers, go by law and not by luck, and that what he sows he reaps. By diligence and self-command, let him put the bread he eats at his own disposal, that he may not stand in bitter and false relations to other men, for the best good of wealth or freedom. Let him practice the minor virtues.

Perhaps you have been called the dullard of the family, my boy, perhaps at school you failed to keep up with your class, and perhaps in taking hold of tools you have shown awkwardness. Even so, there is many a chance yet. If you cannot be a pacer on the race track, then be a plodder outside it.

It is the positive Lincoln, Washington, and Grants, who achieve results. The positive man is wanted everywhere—the man with the positive qualities of leadership. He is fearless—courageous; his conviction is born of the consciousness of strength.

Never allow yourself to admit that you are inferior to the emergency confronting you, for this is to invite defeat. Stoutly affirm that you can do the thing. The moment that moment you doubt of your ability, you harbor a capital to the enemy.

Every time you acknowledge weakness, deficiency, or lack of ability, or harbor doubt, you weaken your self-confidence, and that is to weaken your very foundation, the very possibility of your success.

A young man might as well expect to get over the Alps by sitting down, declaring that the undertaking is too great for him, that he can never accomplish it, that he is afraid of the avalanches and getting lost, as to hope to attain greatness in life while he is expressing doubts and fears of his ability to do what he undertakes. The achievement of such a man will never rise higher than his confidence—Success.

Franklin's Advice. The advice of Benjamin Franklin to a young tradesman given more than a century ago, may be followed with advantage by the rising generations of merchants and tradesmen in all time: As you have desired it of me, says Franklin, I write the following hints, which have been of service to me, and may, if observed, be so to you.

Remember that time is money. He that can earn ten shillings a day by his labor, and goes abroad or sits idle one half that day, though he spend but sixpence during his diversion or idleness, ought not to reckon that the only expence; he has really spent, is rather thrown away, five shillings besides.

Remember that money is of a prolific generating nature. Money can beget money, and its offspring can beget more, and so on. Five shillings turned is six, six turned again it is seven and three pence, and so on till it becomes a hundred pounds. The more there is of it, the more it produces every turning, so that the profits are quicker and quicker.

He that kills a breeding sow destroys all her offspring to the thousandth generation. He that murders a crown destroys all that it might have produced, even scores of pounds.

Remember that six pounds a year is but a great day. For this little sum (which may be daily wasted in time or expence unperceived) and a man of credit may, on his own security, have the constant possession and use of a hundred pounds. So much in stock, briskly turned by an industrious man, produces great advantage.

Remember this saying, "the good paymaster is lord of another man's money." He that is known to pay punctually, and exactly to the time he promises, may at any time, and on any occasion, raise all the money his friends can spare. This is sometimes of great use.

After industry and frugality, nothing contributes more to the rising of a young man in the world than punctuality and justice in all his dealings; therefore never keep borrowed money an hour beyond the time you promised, lest disappointment shut up your friend's purse forever.

The most trifling actions that affect a man's credit are to be regarded. The sound of your hammer at 5 in the morning or 9 at night, heard by a creditor, makes him easy six months longer; but, he sees you at the billiard table, or hears your voice at a tavern, when you should be at work, he sends for his money the next day, demands it before he can receive it in a lump.

It shows, beside, that you are mindful of what you owe; it makes you appear a careful as well as an honest man, and that still increases your credit, and that still increases your credit, and that still increases your credit.

It is a mistake that many people who have credit fall into. To prevent this, keep an exact account, for some time, of your expenses and of your income. If you take the pains of first to mention particulars, it will have this good effect: you will discover how wonderful small trifling expenses amount to, and you will discern what might have been and may for the future be saved, without occasioning any great inconvenience.

In short, the way to wealth, if you desire it, is as plain as the road to war, industry and frugality; that is, waste neither time nor money, but make the best use of both. Without industry and frugality nothing will do, and with them everything. He that gets all he can honestly, and saves all he gets, (necessary expenses excepted) will certainly become rich. To whom all should govern the world, in their honest endeavors, doth not in His wise providence, otherwise determine.

Silence About Ourselves. Think as little as possible about any good in yourself, turn your eyes resolutely from any view of your acquisitions, your influence, your plans, your success, your following—above all, speak as little as possible about yourself. The inordinateness of our self-love makes speeches about ourselves like the putting of a lighted torch to the dry wood which has been laid in order for burning.

Nothing but duty should open our lips upon this dangerous theme, except it be a humble confession of our sinfulness before God.

Again, be specially on the watch against those little tricks by which the vain man seeks to bring round the conversation to himself, and gain the praise or notice which his thirsty car drink in so greedily. Even if praise comes unsought, it is well while man utters a word, to guard yourself by thinking of some secret cause for humbling yourself inwardly to God, thinking into what these pleasant moments would be changed if all that is known to God, and even to yourself, stood revealed to man.

Place yourself beneath the Cross of Calvary; see that sight of love and sorrow; hear those words of wonder; look at the Eternal Son humbling Himself there for you, and ask yourself, as you gaze fixedly on Him, would you, should you, that cross of absolute renunciation and self-abandonment, do cherish in Himself one self-complacent action. Let the Master's words ring ever in your ears: "How can ye believe who receive honor one of another and seek not the honor that cometh from God only."

THE RISING GENERATION AND RESPECT FOR AUTHORITY. Rt. Rev. Jas. A. McPaul in October Danabos's. "Freedom of speech and freedom of the press are indeed essential to the existence of a free government, but they cannot be allowed to degenerate into license. We must remember that 'all excess is vice.' Freedom has its limitations. It is beyond question that many of the crimes against individuals and against society, such as murder, suicide, divorce and the social evil, are encouraged and propagated by an unbridled, licentious press. Bereft of all sense of justice, honor and decency, it enters daily to the worst passions for a pecuniary consideration.

It behooves parents to keep these immoral sheets away from their children; and out of the hands of their children; to train the rising generation in respect for authority, parental, religious and civic; to teach love for our free institutions, and to provide for those whom Providence has entrusted to their protection and guidance that education which will develop their intellectual faculties and form their hearts to virtues; to the love of God and of their fellow-men.

Catholic journals and magazines also share in the keeping of our free institutions to a certain extent. They are frequently termed "dry and uninteresting," yet their editors, with very few exceptions, are men of great culture and general education who exercise a keen discernment in the selection of material for an editor—let the aim and tone of the periodical be what it may, it is not in the least unbecomingly intelligent Catholics forget that the aim of Catholic periodicals is not to publish the sensational news of the day in yellow-journal style, but to acquaint their readers with the leading events of the time, especially those of interest to Catholics, and to note their influence on public life. They also aim at propagating and explaining Catholic doctrines and in dealing with a variety of secular subjects of educational and general interest. And we, ask, when was a knowledge of Catholic doctrine more necessary than at present, when so thoroughly understood the doctrines and practices of our holy religion is the imperative duty of every Catholic, that he may be able to give an intelligent reason for the faith that is in him? Were Catholic books and periodicals more widely read by Catholics, many excellent, fair-minded, Protestant and would not have the erroneous and often amusing ideas of the Catholic religion which we sometimes hear them express; and also affirm that they have received these false impressions from statements made by Catholics."

CONSUMPTIVE PEOPLE Can Secure Renewed Health and Strength. THE RICH, RED BLOOD MADE BY DR. WILLIAMS' PINK PILLS GIVES NEW STRENGTH TO EVERY NERVE, FIBRE AND ORGAN OF THE BODY. From the Budget, Shelburne, N. S. Among the young ladies of Shelburne, there is none to-day who more fully bears the impress of perfect health than Miss Lillian Durfee. Unfortunately this was not always the case, as a few years ago Miss Durfee became ill, and her friends feared that she was going into decline. A doctor was called in and prescribed, but the medicines did not have the desired effect. Her strength gradually left her, her appetite failed, she had frequent headaches, was very pale, and finally grew so weak that a walk of a few rods would completely fatigue her. The young lady's family sorrowfully observed that she was steadily failing, and feared that consumption would claim her as a victim. One day a friend urged that she should give Dr. Williams' Pink Pills a trial, but the idea at first was not favorably entertained; it seemed hopeless to expect that any medicine would help her after the doctor's treatment had failed. However, this good friend still urged, and finally prevailed. By the time the third box was used, there was an unmistakable improvement in Miss Durfee's condition. Cheered by the course of a few weeks the former invalid, whose strength was taxed by the slightest exertion, was almost restored to health. The use of the pills was still continued, and a few weeks more found Miss Durfee again enjoying perfect health.

To a reporter who interviewed her, she said: "I believe that Dr. Williams' Pink Pills saved my life, and I earnestly recommend them to all who fear that consumption has laid its grasp upon them."

That the facts related above are not in any way exaggerated, is born out by the following statement from Robt. G. Irwin, Esq., the well known stipendiary magistrate for the municipality, who says: "I distinctly remember the pale face of Miss Lillian Durfee and her regrets of friends as they expressed their conviction that she would soon be compelled to say farewell to earth. Miss Durfee, however, carries the unmistakable evidence of good health, and frequently expresses her indebtedness to Dr. Williams' Pink Pills."

Pale and anemic girls, or young people with consumptive tendencies, will find renewed health and bodily vigor through the use of Dr. Williams' Pink Pills. These pills are an unfailing cure for all diseases due to a watery condition of the blood, or shrunken nerves. Sold by all dealers in medicine or sent postpaid on receipt of 50c. a box, or \$2.50 for six boxes, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

After the grip, pneumonia or typhoid fever, take Hood's Sarsaparilla. It restores health of late superior. Hood's Sarsaparilla is prepared from drugs known to the profession as being reliable for the cure of cholera, dysentery, griping pains and summer dysentery, diarrhoea, griping pains and other ailments. It has been used successfully by medical practitioners for a number of years with gratifying results. It suffers from any summer complaint. It is the medicine that will cure you. Try a bottle. It sells for 25 cents.

To Break up a Cold. All you require is a glass of hot water, a little sugar, and thirty drops of Pulson's No. 1. Take it real hot and in the morning you will break up your cold. When depressed or weak up without a cold. When depressed or weak, try Nervine; it will tone you up and restore vitality. Nervine works off all the stimulants and keeps people well. Large bottles 25 cents.

CHILLED TO THE BONE? A teaspoonful of Peppermint in a cup of hot water sweetened with sugar, will cure you. It is but one whiff. Avoine, Peppermint, and other ailments, headache, stitches. Avoine every thing said to be just as good. Get the genuine made by Davis & Lawrence Co., Ltd.

THERE HAS BEEN MUCH TALK about Perry's Balsam, the greatest modern remedy for Bronchitis, whooping cough, croup, and other ailments. It cures quickly and certainly. 25c. Of all dealers. Made by proprietors of Perry Davis' Pain Killer.

INDigestion, resulting from weakness of the stomach, is relieved by Hood's Sarsaparilla, the great stomach tonic and cure for Dyspepsia.

THE Two Scourges. ALCOHOL AND MORPHINE. An Antidote Discovered. A recent remarkable discovery in medicine which has been found to annihilate the appetite for alcoholic drinks and all drugs, even in the most hopeless cases, is attracting a good deal of attention among those interested in temperance work. The medicine is purely vegetable, perfectly harmless and is purely free from narcotics. It leaves no evil after effects and can be carried in the pocket and taken in an absolute privacy, thus dispensing with the publicity, loss of time and expence of an institute treatment.

The medicine has been tested and is vouched for by "The Vicar of St. Michael's," Rev. Father Quinnivan, Rev. Father Strubbe, Rev. Father Gault, Rev. Father Conventry, Rev. Father Fitzgerald, Rev. Father Gaughan, Rev. Father McGuire, Rev. Father Conventry, Rev. Father Augustine, Sister William, S. S. H. Sister E. Healy and many others.

Full particulars regarding this medicine can be obtained by writing to Mr. Dixon, No. 81 Wilcox Street, Toronto, Canada.

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SYMINGTON'S COFFEE ESSENCE. Makes delicious coffee in a moment. No trouble to waste. In small and large bottles, from 50c. Grocers. GUARANTEED PURE. 50c.

Use the genuine MURRAY & LANMAN'S FLORIDA WATER. "The Universal Perfume." For the Handkerchief, Toilet and Bath. Refuse all substitutes.

The TOILET IS INCOMPLETE WITHOUT POND'S EXTRACT. RELIEVES CHAFING, ITCHING OR IRRITATION. COOLS, COMFORTS AND HEALS THE SKIN, AFTER SHAVING. Avoid dangerous, irritating Witch Hazel preparations represented to be "the same" as Pond's Extract, which easily sores and often contains "wood alcohol," a deadly poison.