the Holy Ghoat. For though this union between us and Him can never be actually broken, yet the practical enjoyment of it, and the blessing that should be flowing consciously down from the Head to us the members on earth, can be, and is hindered if we are not "holding the Head."

May God give us to be going on then steadfastly, and continually, not only knowing we are "accepted in Him" and "united to Him," who is up there at God's right hand, the accepted man, and the Head of the body, the Church; but so walking, through His grace, according to the place we are in, that we may be filled with joy and peace in believing, and that, allowing nothing to come in between us and Him we may know the wonderful sweetness of being "one Spirit with the Lord" as well.

And though by trials pressed, And though by trials pressed, Himself our Life, He bears us up Right onward to the rest.

There we shall drink the stream Of endless bliss above: There we shall know, without a cloud, His full unbounded love.

DISCIPLESHIP.

LUKE ix. 23.

We have here an important lesson, indeed, more than one lesson. First the Christian needs to understand well that the way which leads to glory and