

AND HEALTH  
ny thousands is practi-  
matter of the right use  
able means of main-  
g vitality.  
**COTT'S  
TULSION**

onored and reliable,  
as palatability, inherent  
and unrivaled efficacy,  
first sign of weakness  
ott's Emulsion.  
known every-  
by the "Mark of  
F"—the Fisherman  
wise, Toronto, Ont. 19-17

**R  
OD  
OES**  
go to  
**ESELOH'S**  
doors from Post  
Office  
Phone 671.

**ME PEOPLE  
OU KNOW**

B. Lint and son, Walter of  
are visiting at the home of  
s, Mr. and Mrs. M. Wild-  
Frederick St.

A. Lang, 377 King West  
a few days in Toronto.

Mrs. W. J. Seitz, of Toron-  
the week-end at East Lawn,  
of Mr. and Mrs. G. C. H.

A. Wettlaufer, Manager of  
and Douglas, is a business  
New York.

Mrs. Philip Hagerdon, of  
Sunday at the home of  
Mrs. Herman Yanks, Bru-  
net.

Mrs. Fred Mahn and daugh-  
ry, of Galt, spent Sunday  
ves in town.

ther local persons who were  
collected of the two Grand  
way cars Friday night was  
Reidel of the city hall staff.  
I sustained a wrenched arm  
bruises but is able to be  
ies.

, Harper, of Toronto, is a  
sitor here.

Docket To-day  
is a busy day at police  
ay. Alleged violations of  
were the principal items  
cket.

giving contributed to the  
ry: P. McGraw, \$20 and  
A. Spiers, \$20 and costs;  
day, \$10 and costs; Albert  
and costs, and Clayton  
and costs, each for having  
their possession on the pub-  
lic street.

against R. A. Laurie for  
e O.T.A. on the street was  
until next Tuesday.  
it was pronounced on the  
ist N. Kelly, of illegally  
or, which was heard last  
istrate Weir informed the  
counsel, Mr. E. W. Mac-  
it he found the evidence  
a conviction and said the  
be \$200. The defence was  
portunity to put in a stated  
vas, therefore, left over  
afternoon.

adst appeared and denied  
nolating two girls on Wel-  
lie. The matter was ad-  
a week.

se of Wales visited Lava  
Montreal, and Ville Marie  
avelled a soldiers' moun-  
attended a citizens' ball.

in Decorating Co.  
Decorating our Spec-  
iality  
class work only  
too large or small  
ates freely given  
Paperhanging, Tint-  
Graining. Give us a  
call.  
387W, Waterloo.

**Repairing**

ate Shoe Repairing with  
ped machinery. First-  
with satisfaction guar-  
t. Niergarth, next to  
Toronto, Waterloo.

**Men's  
Shirts**

This store has always enjoyed a reputation for  
good values in shirts. To-day when goods of all kinds  
are hard to get, this store through its foresight in buy-  
ing has on hand a large stock of Shirts at prices that  
are very moderate. Come here whether it is a dress  
shirt or a work shirt you need and you will be sure to  
find what you are looking for at a price that will suit  
your purse.

**ERNST'S** Head to foot outfitters  
to Men and Boys  
32 E. King St.

**THIS WOMAN  
ESCAPED AN  
OPERATION**

By Taking Lydia E. Pink-  
ham's Vegetable Com-  
pound. Many Others  
Have Done the Same.

Troy, N. Y.—"I suffered for more  
than seven months from a displacement  
and three doctors  
told me I would  
have to have an  
operation. I had  
dragging down  
pains, backache  
and headaches and  
could not do my  
housework. My sis-  
ter who had been  
helped by Lydia E.  
Pinkham's Vegeta-  
ble Compound asked  
me to try it. I  
have taken several  
bottles and am now  
entirely well—so I  
do all my work—and  
not a trace of my  
old trouble. I have  
told many of my  
friends what wonderful  
results they will  
get from its use."—Mrs. S. J.  
Sewler, 1650 5th Ave., Troy, N. Y.  
Women who are in  
Mrs. Sewler's con-  
dition should not give  
up hope or submit  
to such an ordeal until  
they have given  
Lydia E. Pinkham's  
Vegetable Compound a  
trial.  
For suggestions in  
regard to your con-  
dition write Lydia E. Pinkham Med-  
icine Co., Lynn, Mass. There's nothing  
40 years experience is at your service.

BY SPEEDING THE LIVER  
DR. HAMILTON'S PILLS  
BRING GOOD HEALTH.  
Good For Men, Women,  
Children

No curse seems harder to bear  
than the downright weariness and  
despondency that comes from a slow  
liver.  
The man or woman who is pale,  
sallow, depressed, and out of sorts  
usually has Liver Complaint. Such  
people continually suffer from head-  
ache, constipation, ringing ears, lack  
of appetite, and poor digestion. What  
a world of good Dr. Hamilton's Pills  
will do in such cases! In one hour this  
smooth working medicine changes half  
sick folks into different looking and  
feeling people. No chance for head-  
aches or constiveness when Dr. Hamil-  
ton's Pills get to work. Taken at  
night they restore normal conditions  
while you sleep, morning finds you fresh  
and hungry, headaches all gone, cheeks  
rosy, eyes bright, spirits good.  
Impossible to feel dizzy, to have  
weak back, to be nervous, depressed,  
sleepless, or out of sorts if you tone,  
regulate and cleanse the system with  
Dr. Hamilton's Pills. Good for men,  
women and children. Sold every-  
where in 25c boxes.

**Tobacco Habit  
Dangerous**

says Doctor Conner, formerly of Johns  
Hopkins Hospital. Thousands of men  
suffering from fatal diseases would be in  
perfect health to-day were it not for the  
deadly drug, Nicotine. Stop the habit  
now before it's too late. It's a simple  
process to rid yourself of the tobacco  
habit in any form. Just go to any up-to-  
date drug store and get some Nicotol  
tablets; take them as directed, and in a  
few days the pernicious habit quickly vanishes.  
Doctors refund the money if they fail.  
Be sure to read large and interesting an-  
nouncement by Doctor Conner soon to be  
appearing in this paper. It tells of the dan-  
gerous nicotine poisoning, and how to  
avoid it. In the meantime try Nicotol  
tablets; you will be surprised at the re-  
sult.

**TUCKETTS  
MARGUERITE  
CIGARS**  
Now-  
Better than ever

**Cleaning & Pressing**

It's cheaper to have your  
old suit cleaned and pressed  
than to buy a new one. We'll  
make it look like a new one.  
Try us.

**The Dye Works**  
29 South Queen. Phone 598

cluding from several polling places  
and that the deputies made incorrect  
statements.  
His Honor has not yet decided  
to grant the application for the re-  
count but has it under consideration  
feet in length.  
A waterproof coating for aeroplane  
propellers which incorporate thin  
aluminum leaf in the finish, has  
been developed.  
Holland has more than ten thous-  
and windmills each of which drains  
business in connection with the large  
election to deal with and for other  
reasons.  
FROM HERE AND THERE.  
Dice were invented and extensi-  
vely used for gambling purposes  
at least fifteen hundred years be-  
fore the Christian era.  
Many of the Japanese shopkeepers  
serve their prospective customers  
with oaks and tea before exhibiting  
their goods.  
In the Franco-Prussian war every  
third German soldier carried a map  
on an average three hundred and  
ten acres of land.  
In Japanese towns nearly all the  
cooking is done in public ovens,  
maintained at convenient places,  
at a moderate cost to patrons.  
In China it is the custom to drink  
wines hot. The thrifty Chinese be-  
lieve that heated wine intoxicates  
more expeditiously than cold wine.  
Japan, including Formosa, has an  
area of 161,160 square miles, much  
of this, however is mountain, and  
but little more than 20,000 square  
miles is cultivated yet this area feeds  
a population in excess of 50,000,000.  
One of the coziest thrones in  
the world is that in Windsor Castle.  
It is composed entirely of carved  
ivory inlaid with precious stones,  
especially emeralds. It was presented  
to Queen Victoria by the Mahar-  
ajah of Travancore.



**Daughters of  
Canada**

The mother, the nurse, the  
women with the needle, the am-  
bulance driver, the canteen worker,  
the "farmerette" and the daughters  
of industry in factory, office and  
store—all-inspired the manhood  
and ennobled the womanhood of  
Canada by their labours of love and  
sacrifice in the days of the nation's  
anguish—now happily past.

And their response, to give and to  
lend of their money time and time  
again—was beyond all praise.

And—Canada—being mindful  
of their past example—and con-  
scious of their all-pervading in-  
fluence again asks her Country-  
women to buy Victory Bonds. Yes,  
she asks them to buy them, even

at the sacrifice of some cherished  
longed-for purchase.

It is self denial to do without  
something that will lend back-  
ground to ones charm, but the time  
is not long and the debts of honour  
must be paid.

There is another thought, too,  
that wives and mothers will  
appreciate. The success of the  
Victory Loan makes for Prosperity.  
Steady employment is dependent  
upon prosperity. Without pros-  
perity uncertainty will follow.

Hence Canada sounds a clarion  
call to her daughters for their aid  
in making an abundant success of  
the Victory Loan 1919.

**Buy  
Victory Bonds**

Issued by Canada's Victory Loan Committee  
in co-operation with the Minister of Finance  
of the Dominion of Canada.