## STOMACH IN FINE CONDITION

ndigestion Results from Excess of Hydrochloric Acid.

sted food delayed in the decays, or rather, ferments as food left in the open air, otted authority. He also tells indigestion is caused by Hyty, meaning, there is an experience of the state of the sta

s us to lay aside all digestive instead, get from any pharur ounces of Jad Saits and tablespoonful in a glass of specific breakfast and drink is efferveecing and furthercontinue this for a week, lief follows the first does, it ant to neutralize the acidity, ne gas-making maes, etart the nulate the kidneys and thus

tts is inexpensive and is in the acid of grapes and remcombined with lithia and phosphate. This harmless used by thousands of people uch trouble, with excellent

ach Care

RONTO, Ont.

Loss of Strength
Through Indigestion

The Stomach Can Only Do Its Work When the Blood is Rich and Red.

Indigestion means low as well as suffering to many people. Loss of strength, loss of time and loss of money follows indigestion and debits to continues as long as the indigestion remains. Workers suffer from indigestion because their hours are long, and often they cannot give proper time to meals. Then the appetite becomes fickle, indigestion becomes feeble and the blood becomes impovertished. So the general health suffers; is impover, nervous troubles and often sleeplessness follows. It is well to remainer that the whole system relies upon good blood and that good

blood is impossible unless the digestion is good.

The stomach cannot do its work unless the blood is made rich and red, and so new blood alone can cure indigestion. It is for this reason that a remedy like Dr. Williams Pink Pills which makes new, rich blood, cures indigestion and builds up the whole system. The great value of Dr. Williams Pink Pills in cases of this kind is proven by the statement of Mr. R. E. Small, Winsham, Ont. who says:—"The truthfulness of my statement can be proven by scores of my friends and acquaintances. I am a glove cutter by trade and for six long years, have at times been a great sufferer from complications of ills chiefly due to indigestion. Gas would accumulate on the stomach causing me great pain. I would bloat up at times and almost suffocate, and often when at work would be overcome by a drowsy oppression which was almost indiscribable. Finally I began the use of Dr. Williams, Pink Pills, and after taking seven boxes I feel like a new man. The transformation they have made in me is simply remarkable, and while asing them I gained thirteen pounds in weight. I may add that I began the use of r. Williams Piles.

to begin their use, with, as I have already said, a complete restoration of health in my own case."

You can get Dr. Williams Pink Pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams

THE WATER SUPPLY.
Commissioner Jones said yesterda
morning that he expected that repair
would be effected and the norms
water supply to Mount Pleasant re
sumed some time this afternoon. Th
packing in the thirty-six inch mas
which serves that ection blew ou
near the March bridge Thursday nigh
and excavation was started yesterda;
morning.

FRIDAY EVENING SERVICE
Rev. R. P. McKim was the preache
at the Friday service held inst eventr

Burglars' Day
In Police Court

Of Seven Cases Yesterday
Five Were for Theft—
Ranged from Theft of Hack
Saw to Ocean Voyage.

It has become a custom of this modern age to have special days for all manner of things, and yesterday was "Burgtary" Day" in the Police Court. Of the seven cases heard, five were for theft, ranging from the theft of a back-

the steamer Majestic, in Indiantown, and stealing tools and a pair of rubber boots, valued at \$20, was preferred against Gilbert Milberry, aged 22; Harper Rose, aged 16, and Lao Lyach, also aged 16. They pleaded guilty to the charge and were remanded.

The Hoffman case was resumed, with Detective Robert Crawford on the stand. J. A. Barry, one of the coursel for the three boys accused of the thett, cross-scammed the witness, who said that Hoffman told him he wanted no presented to

also cross-examined the witness.

Policeman Gibbs was the only witness called in the case against Albert.

Ritchie, changed with steating cloth, from Dreskin's talker shop on Main; street. His evidence closed the case for the prosecution, which was post-poned till Monday at eleven.

dose was ordered eent back to England.

Thomas Herbert, charged with being drunk on the ferry, and with assaulting James Mulcahey, was remanded to jath

Owing to his condition, a man charged with drunkenness was unable to appear in court.

L. C. Ord, formerly major in the 10th Siege Battery, and son of C. R. Ord, who was master mechanic at Modadam for the C. P. R., left yesterday on the C. P. O. S. imer Scandánavian for Liverpoot, to take office as works manager for the Cammell-Laird Company. Before going overseas, L. C. Ord was master car builder of eastern lines for the C. P. R., and on his return from active service was appointed assistant works manager at the Angus shops, Montreal. The Canadian expert, it is understood, will have as part of his new duties the directing of construction of street cars for use in this country.

TRINITY GIRL GUIDES.

More than one half of the company
of Girl Guidee of Trinity Church are
now second class guides and a large
class is preparing for the Ambulanes
test. At their regular meeting held
last evening, instruction in this subject was given by Rev. H. D. Loweth.
On Wednesday, nine girls took their
examination for the Nice Briesda sec-

She's Up And At Her Work Agai

THAT'S WHY MRS. KARGU RECOMMENDS DODD'S KIDNEY PILLS.

Lynedoch Lady states that she was weak she could not get out of b till she found relief in Dodd's Kingy Pills.

Lynedoch, via Wolfe, Ont., Marci Level (Special.).—"I feel like tettility overybody about win at Dodd's Kidner Pills did for me." This is the joytu exclamation of Mrs. Frank Kargus, well known and highly respected resident here. Mrs. Kargus gives aplendid neasons why she is so emburisatic over

"I don't know the cause of my trouble," she says, "but I know ! dragged along for over a year. I had a bad pain in my back and I was se weak that I could not get out of bed My heart troubled me very much and my sleep was broken and unrefresh

"I was always tired and nerrous am sometimes I was so bad I thought could not live much longer. I tried tw doctors and they did not do me much sood, so I tried Dodd's Kidney Pills "They have done me a lot of good I can do my housework again and

am getting along fine."

Mrs. Kargus' troubles are all symptoms of diseased kidneys. That's why she got such prompt relief. Ask your neighbors of Dodd's Kidney Pills do not relieve all kidney tills.

CANADA INTERDEPENDENT
Many bunkers and bustness men it
Canada were little concerned befor
the war with the happenings beyon
our borders. They might take it
interest any alert man felt in th
burnan drama unfolding in all its b
wildering wariety before his
but it was a somewhat detached in

the world. War made the world one armed camp. Peace is linking all amankind in common tasks and common troubles. Little happens abroad that does not soon find an echo within our shores. Soviet demagogues stand on their glorified soap boxes in Mos cow, and their words take wing to every corner of the world. Plans of direct action formulated in Sydney or Glasgow may be tried out in Seattle or Winnepig. War flares up again on the Danube and Canadian woolen mills halt in their orders. Currency and war debt difficulties in British are reflected in our exchange rates with New York. A war rages in Europe for five years, and as an unexpected sequel a labor conference meets in Washington and Canadian Parliaments prepare to carry out its recomments prepare to carry out its recomments prepare to carry out its recomments.

mendations.

The formation of a League of Nations, and our entry into it however tentative both steps may be, are only the outward expression of a striking permanent change in our and the world's position—Editorial in Journal of the Canadian Bankers' Association.

dit. Miss Lamoreaux is the Captain of the company, Mrs. H. Loweth, as

Toronto Y.M.C.A.
Asking For Funds

owing to the urgent need for proper housing and recreational facilities for girls and young women who de dead in the city, the executives of the Young Women's Christian As sociation and the Dominion Council have decided to austitute a joint came of this year, for funds for this purpose. They aim to raises \$650,000, to the known as the Blue Triangle Fund at thus making use of the well-known as the secondation.

The local Y. W. C. A opened their first boarding house for girls in June, 1873, and have gradually expanded until at present they have nearly at dozen centres in Toronto where the young business women of the city either board or meet for instruction or recreation. For nearly fifty years these institutions have been supported partly by fees, partly by private of partly by fees, partly by private

Now, to keep up with the demand upon them it is necessary to erect. I large building with two floors of bed encesational room and club rooms in the east end of the city. Plans an a stready begun for a similar building in West Toronto, and the very insade quate central building on McGrill streety must be replaced by a new one.

C. A. is about to seek, for the first time, the financial co-operation of the citizens of Toronto.

## "SLOAN'S LINIMENT NEVER FAILS ME!"

Any man or woman who keeps I handy will tell you that same thing

Especially those frequently attacked y freumatic twinges. A counter-ir-tant, Sloan's Limiment scatters the ongestion and penetrates without

deving the ache and pain.

Kept handy and used everywhere
for reducing and finally eliminating
the pains and achee of dumbago, neuralgia, muscle strain, joint effines,
sprains, bruises, the result of exposure

prains, bruises, the result of exposure of weather.

Sloan's Liniment is sold by all drug-

Sloan's

The case of Goodwin vs Guthrie was before Mr. Justice Chandler in Chambers yesterday on an application by the defendant to have the affidavit to hold to bail and the arrest set aside. The defendant, a returned soldier, having been arrested on a specially endorsed wit of Caplas the principal grounds of the application were:

Enjoys Nature

The Scout knows how to prepare meals. His favorite breakfast is bacon, toast and Cowan's Cocoa

Cowan's Cocoa

Cowan's Cocoa

Cowan's Cocoa

Cowan's Cocoa

Cocoa

wit did not show that the debt and arrest on the second grounds by the plaintiff was due and heid that though there is no authority yable.

His Honor set aside the affidavit plas doing so does not reader the arrest on the second grounds by the plaintiff was doing so does not reader the arrest on the second grounds by the plaintiff was doing so does not reader the arrest on the second grounds by the plaintiff was doing so does not reader the arrest on the second grounds by the plaintiff was due and arrest on the second grounds by the plaintiff was due and arrest on the second grounds by the plaintiff was due and the plaintiff was due a

rold. Costs to be paid to the defendant in any event. William M. Rya represented the plaintiff and H. W. Robertson, the defendant.

It Keeps Boys Fit- Also Men and Women 6.72



the Great Sweetener



"In the making of cakes, mussins and delicate tea biscutts, I find that the use of CROWN BRAND Syrup not only isupplies the requisite sweetening, but it brings out the stave of the blended ingredients, and, more than everything else, brings a lasting freshness of stavor. Since I discovered "The Great Sweetener" my cakes are more palatable and digestible They don't dry out so rapidly, don't crack nor get stale. And then, CROWN BRAND Syrup is so reasonably priced."

"The Great Sweetener," as I have learned to call CROWN BRAND Syrup, is a great help in the preparation of pie fillings, icings, etc. Mince meat, for instance, gains in mellowness, body and flavor, besides gaining in keeping qualities. Puddings are more palatable, lighter and more digestible—because Corn Syrup is already partially digested by its wonderful process of manufacture. Then, when you are icing a cake, think of the smoothness and the softness your icing receives by using CROWN BRAND, without the cloying sweetness and hardness from using sugar alone."

"The food value of candy is very high, but so is the price of sugar! CROWN BRAND Syrup is invaluable in making candy, and it is so reasonably priced! CROWN BRAND candies are softer; they can be better pulled, and because of this are more healthful. A candy that melts in the mouth is much more delightful than a hard, brittle piece of cloying sweetness. Think of soft, pliable, mouth-watering caramels, butter scotch or toffee, and you will need no further urging for using 'The Great Sweetener.'"