

WOMAN'S REALM

IN THE HOME AND OUTSIDE

WATER WAVING TRESSES.

How many women long for "naturally wavy" hair, and sigh because they have it not, especially in summer when the "wave" put in by kid curlers or the injurious hot irons departs much more quickly than it came. There are some qualities of hair so straight that it is almost hopeless to make it stay wavy for any length of time. But if the hair is inclined to be a bit flabby, it is possible to "water wave" it with a measure of permanency. These are the directions given by a "beauty specialist":

First shampoo the hair carefully and thoroughly. Then after the first quick rubbing with a towel to remove the dripping water, and while your hair is still very wet, comb it back to a point beyond your ears, rendering it free of all tangles. Then part it or pompadour it in whatever fashion you desire it, using a comb to push it forward into the waves you seek. After denting and pressing in these waves with your fingers, pin them securely with hairpins or insect pins, slightly curved side combs, always crossing the combs securely forward and into the wave. A set of six to eight combs is necessary for this operation.

The indentation made by each comb makes one wave. It is well to keep the combs in line across the head so as to complete the line of the wave.

After the pins or combs are securely placed wrap the entire portion of your hair which you wish waved in a finely meshed face veil, pinning the veil securely to your hair about one and a quarter yards is necessary for this purpose. The veil holds your hair in place as it dries, even though an electric dryer is used on your hair.

It is, however, better to give your hair a chance to dry in the air and sunshine or in a warm, even heat. Of course, the closely packed hair held by the combs or pins sakes much longer to dry than hair allowed to blow at will before a draper or in the wind. This sacrifice of time is the price you must pay to have nature's permanent wave.

FROZEN DESSERTS.

Even without an ice cream freezer some excellent frozen desserts can be made for the home table. The equipment necessary is an airtight mould or pail with closely fitted cover and an outer receptacle to hold equal parts of ice and salt. The flavored cream is placed in the inner receptacle and left in the ice pack for three or four hours, when it will be found of the right consistency to serve in individual cases or to use as the centre of a fancy form of ice cream, the outer layer being of a different mixture, frozen more solidly in a regulation freezer.

As whipped cream is the principal ingredient in this type of unadorned frozen dessert, the texture is unlike ordinary ice cream. In this class are included the desserts for which a high price is asked at fashionable hotels and restaurants, such as parfait, biscuit glace and mousse.

The differentiation of these words is worth remembering as each accurately describes the particular dessert to which it is applied. Thus parfait is said to have been named by a French confectioner who had been experimenting with whipped cream and cream in combination, "Parfait" (perfect) he exclaimed at last, when just the proper mixture had been arrived at, and this particular dessert of frozen sweet has borne that name ever since. Biscuit glace appears in individual paper cases of the size of little biscuits with a sprinkling of mace. Mousse takes its name from its moss-like texture.

French confectioners often concoct a delectable parfait by beating into ice cream half the quantity of sweetened and flavored whipped cream and then repacking the mixture into the case and the ingredients become caterer can do the same. Allow half a pint of heavy cream to each pint of plain vanilla ice cream, whip until stiff, sweeten with one-quarter cup of powdered sugar and flavor, with chocolate, coffee or any preferred fruit puree. Before adding the flavoring reserve sufficient of the whipped cream to decorate each portion when served.

With a thin-bladed knife, or spatula, mix the whipped cream into the frozen mixture. Repack in equal parts of ice and salt for a half hour or more. Serve in tall, slender parfait glasses and decorate the top of each with a whiff of the whipped cream reserved for the purpose. A further garnish of a bit of fresh fruit, a crystallized mint leaf or a piece of candied ginger will add beauty as well as flavor.

The same mixture, divided into individual paper cases and sprinkled with macaroon dust or chopped nuts, should be repacked for a slightly longer time than when in a single mould. Professional confectioners set these cases in an ice cave with shelves, but a layer of paraffin paper over the top quite well, as its cover eliminates the possibility of the entrance of salt, and a layer of paraffin paper over the top of each paper case will keep the portions from touching.

Parfait so served is known as biscuit glace. This method of preparation will be found much more simple than the more involved process of boiling syrup until it spins a thread, pouring over beaten egg yolks, cooking to the proper point and then cooling before adding the whipped cream. The results will be quite as good.

Mousse, on the other hand, is singularity itself. A general rule is: To each pint of cream, stiffly whipped, add four table-spoonfuls of sifted powdered sugar. Flavor to taste, turn into an ice cold mould and let it stand untouched in salt and ice for three or four hours. Fresh fruit flavorings, such as peach, raspberry and strawberry, are favorites for mousse, and either the crushed rasp or the juice may be used.

For an elaborate dessert the hostess can order plain vanilla ice cream from a confectioner and use it for the lining of a mould. Fill the centre with sweetened and flavored whipped cream and repress for two hours. The best combinations are those in which color and flavor are in contrast. Thus, vanilla ice cream with a centre of raspberry mousse is as good to look at as it is to eat.

RAINBOW EFFECTS.

Rainbow effects are much in vogue and there are rainbow weddings now at which the bridesmaids all appear in gowns of the same design, but each in a different hue. And there are rainbow party dresses that are much in demand among the younger girls. But these rainbows are not always of the regulation sort. The people who plan them have a different color scheme.

Take, for instance, a very charming trousseau set offered in one of the summer shops. It contains, aside from the usual supply of lingerie, so called, all sorts of dainties for the boudoir—chaise lounge cover, clothes hangers, shoe trees, cushions, bags, etc. These are developed in a rainbow that consists of pastel green, yellow, blue, ivory white and shell pink. Not a bad combination of colors, to be sure, and perhaps under the circumstances a better color scheme than nature's own.

RISQUE GARB AND RISQUE RHYME.

By the Post Law-Rate.
(Dedicated to the College of Frondes by a member of the "Satanic School.")

Little girl, you took so small,
Don't you wear no clothes at all?
Don't you wear no shimmy-shirt,
Don't you wear no petty-skirt,
Just your corsets and your hose—
Are those all your underclothes?

Little girl, you look so slight,
When I see you in the light,
With your skirts cut rather high,
Won't you catch a cold and die?
Ain't you 'traid to show your calf?
It must make some fellows laugh.

Little girl, what is this suite
Why your clothes is made of gauze?
Don't you wear no underwear,
When you go out fully dressed?
Do you like those peek-a-boos?
'Steed of normal underclothes?

Little girl, your 'penders show
When the sunlight plays on you,
I can see your tinted flesh,
When you go out fully dressed?
Is it modest, do you s'pose,
Not to wear no underclothes?

Little girl, your socks has shoals
Of those little tiny holes,
Why you want to show your limb
I don't know—is it a whim?
Do you want to catch the eye
Of each feller passin' by?

Little girl, where is the charm
In your long uncovered arm,
Is it there for birds to peck?

Little girl, I tell you those,
Ain't no 'sice as underclothes.

Little girl, now listen here,
You would be just twice as dear
If you'd cover up your charms,
Neck, back, legs and both your arms.
I would take you to the shows
If you'd wear some underclothes.

Little girl, your mystery
Luring charm and modesty,
Is what makes us fellows keen
To possess a little Queen;
But no lover—goodness knows—
Wants a girl sans underclothes.

I must wear a coat of mail,
Cloth from head to big toe-mail,
I must cover up my form
Even when the weather's warm;
'Can't enjoy the swimmer's throes
Less I garb in underclothes.

—The "City-Man" (Ottawa.)

TO SAVE HOUSEHOLD TEMPER.

Every housewife has laughed over the story of the old man who lived under a leaky roof because when it rained it was too late to mend it, and when the sun shone the leak didn't bother him.

The old man is not more careless than the housewife who forgets to provide for her family the small, but most essential conveniences and time and temper savers which oil the wheels of the domestic machine.

Here's a list of "little things" which should be in every household:

1. A hall mirror for the convenience of guests in putting on hats or smoothing the hair.
2. A calendar.
3. A telephone list of numbers most used and the numbers of the family physician, dentist, etc. Also the number used for calling fire or police departments.
4. Handy candles and matches if the electricity fails.
5. In the library a paper cutter for books and magazines, a calendar, a dictionary of convenient size, an abacus, a pen knife or pencil sharpener, covered bottles of red and blue ink, pens, pencils, a ruler, scissors, manila, paste, glue, adhesive tape, transparent mending tape, book bands, paper clips, pins, tags and labels for mailing parcels, wrapping paper, heavy and light weight twine, new pen points, envelopes of various size, large and small "scratch paper" pads, an address book.
6. The living table drawer might contain a small mending bag with coarse and fine needles, black and white thread in silk and cotton, a thimble, safety and plain pins, tape measure, snap fasteners and buttons.
7. The same drawer might contain a small box furnished with a bottle of antiseptic, a small roll of bandage, court plaster, adhesive tape, cotton and swabs.

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A WATCH FOR A COMPASS.

A watch is said to make an excellent compass. Hold the watch with the hour hand pointing to the sun. Midway between the hour hand and twelve is due south and of course, a line drawn across the face of the watch from this point north. For example, when it is 3 o'clock and you draw the hour hand at the sun the line due south and north runs across the watch from 1.29 to 7.30, 1.30 being to the south and 7.30 being to the north.

Agreed on That.
"I am not worthy of you, not worthy, I am not worthy of you."
All right, George, go ahead," interposed the girl sweetly. "We've got that much settled."—Louisville Courier-Journal.

TIPS TO HOUSEWIVES.

To clean paint dip a flannel into powdered whiting and rub the painted surface.

Remove white spots from furniture by using two parts of crude oil and one part of turpentine.

To render garments non-inflammable rinse them in alum-water. It is a good plan to do this with all children's clothes.

Mice do not like the smell of peppermint, and a little oil of peppermint placed about their haunts will soon make them look for other quarters.

A moist, soft, dark molasses cake makes a delicious dessert with a little whipped cream, and the cream need have little or no sugar in it because of the sweetness of the molasses.

To renovate a blue serge suit or dress mix two ounces of spirits of wine and one of liquid ammonia. Soak a piece of cloth or sponge in the mixture and rub the serge. Allow to dry, then press.

To remove shine from cutlery or brass dissolve an ounce of rock castle soap in a pint of very hot water. When quite dissolved dip a sponge into the mixture and rub the shiny places.

To remove stains from serge suits or dresses place a teaspoonful of borax in a quart of clean cold water; boil for half an hour, then pour into a bowl. When lukewarm dip a sponge in the mixture and rub the stain; then brush over with a brush dipped in clean cold water and press, placing a cloth over the serge before ironing.

WHERE MONKEYS ARE SACRED.

One of the gods worshipped by the natives in India is Hanuman, who is represented as being half man, half monkey, and as a consequence the monkey is regarded as a sacred animal. To kill one is regarded as most serious offence. The result of this protection is that the monkeys in many places are taken special care of by the priests, being fed regularly outside the temple. Among the places noted for its ceremonial in this respect is Benares, while on the Jakkio Hill, at Simla, also the picturesque village of the hills and Amnong, but at the present day they enjoy as much freedom as ever. The natives do not care to run the risk of offending Hanuman by punishing or neglecting his long-tailed children. In appearance the sacred monkey of India is a little old negro in a light coat, the grey fur contrasting strongly with the black face and feet.

The Hero Shrew.

The Hero Shrew is a little animal of the rat family. It is found only in the Belgian Congo in Africa. This animal is noted for its very strong back, although the largest never measures more than 9.2 inches, including its long tail and nose. His body is six inches long, or less, yet this tiny animal's back is so strong that it can hold up a man.—Contributed by J. Robert Martin, 143 Moy Ave., Windsor, Ont.

Diplomatic.

"Father," said the youngster, looking up from the book he was perusing, "there's a word here I don't know—diplomacy. What does it mean?"

"Diplomacy, my son, means this: Doing or saying precisely the right thing at precisely the right time."

"Ah!" retorted the young hopeful. "Then I guess I did some diplomacy last night."

"Yes," I rolled Johnny over into my place in bed last night just before mother came in with the medicine, and then rolled him back again before she came to the other side."

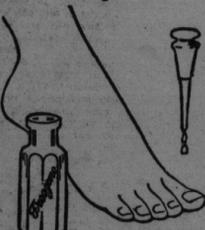
And father is now seriously considering what profession his son is best suited for.

The Sponge.

The sponge is a group of many celled water animals, the scientific name of which is poriferous. The body has many channels, some of which are called inlet tubes. The outside of a sponge is covered with a hard, leathery membrane. The water enters through the inlet tubes, passes through the connecting tubes, and leaves by the outlet tubes. The sponge gets small vegetable and animal bodies when the water goes through it. The bath sponge in use is just the skeleton. The sponge is found mostly at the Bahama Islands, Florida.

LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with fingers



Doesn't hurt a bit! Drop a little Frezzone on an aching corn, instantly that corn stops hurting, then you lift it right out. Yes, magic!

A tiny bottle of Frezzone costs but a few cents at any drug store, but is sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

Frezzone is the sensational discovery of a Cincinnati genius. It is wonderful.

GERMANS PUTTING IT OVER FRANCE ON THE MARKET

Cutlery, Bicycles and Other Articles Placed on French Markets 75 Per Cent. Less Than French Cost Prices.

Paris, July 24.—(By The Associated Press)—Germans, through agents and by circulars, are offering cutlery, bicycles and other articles on the French market 75 per cent. below French manufacturers' cost prices, according to a statement made today during a debate in the Chamber of Deputies. Soldiers who have returned from the occupied regions of Germany, it was alleged, are calling on French merchants and trying to sell them German jewelry, drugs, thermometers, cutlery and bicycles. It was stated that some officers, as well as soldiers, are awaiting court martial for engaging in this trade.

Joseph Clausat, Socialist deputy, declared that the military authorities were permitting commercial propaganda in France by the Germans while the correspondence of French merchants is still being subjected to control.

To Banish Wrinkles and Freshen Up Quickly

After a strenuous day outdoors, when winds, heat and exhaustion have combined to take away one's freshness and caused the skin to wrinkle and sag—or after a tedious or fretful day indoors—one often has urgent need for some quick rejuvenator. May be there's a dance on for the evening, or some other social event. How in the world can one make herself presentable, looking as she does? It's quite easy.

Just get an ounce of powdered saxolite and a half pint which hazel at the nearest drug store, mix the two and bathe the face in the solution for two or three minutes. Then look in a your mirror and behold the wonderful transformation! Wrinkles have vanished, loose, tired muscles have been rested and "firmness" has returned. The face flows, and you look so much brighter and younger you can hardly believe your eyes. No one need hesitate to try this, the witch hazel and saxolite being so perfectly harmless.

AMDUR'S SALE, EAST AND WEST

Opens With Splendid Results People Prepare for the Royal Visit.

Amdur's confidence in the shoppers of Greater St. John was amply justified on Wednesday on the occasion of their opening for the clearing out of their summer stock of ladies' and men's wear. Buying was brisk from the time the doors of the Amdur centres in East and West St. John were swung back sharply at 9 o'clock and groups of people, inspecting, investigating and purchasing, were forming and departing constantly.

Early indications were that the success of the big sale was assured and before noon, there was reason to assume that the record established at the last Amdur bargain period would be smashed by a comfortable margin.

The coming royal visit evidently determined the ladies to call for considerable quantities of clothing suitable for the holidays of August 14 and 15, and in this department, Amdur's are singularly fortunate in having secured splendid offerings from the Canadian Metropolitan centres. Now is the time to purchase finery for the Prince's reception, as the pre-war period, when the sale was held, is certain to advance just prior to the arrival of the Royal party.

The influence of the preparations for the provincial welcome to returned soldiers was also appreciated at the Amdur annual clearance sale, in that the younger set were markedly in evidence at the morning and early afternoon period of the initial sale.

Recognition of the return of St. John to aquatic was also noticed at the Amdur business centres in East and West St. John.

Sweaters, sport shirts and other articles of dress suitable for boating were quickly snapped up by girls and women.

In the men's department, the sale offers remarkable bargains, here outfitting shirts, dress shirts, socks, ties and other toggery for the males are available in abundance and at prices unprecedented since the pre-war period. St. John is afforded a grand opportunity properly to prepare, in clothing and in decorations for the homes, for the welcome and reception to All Returned Soldiers on August 14 next and for the Royal welcome on August 15th next. In addition, supplies for the high price period of next summer may now be obtained at rock-bottom prices.

Amdur's are ready East and West with new goods, new styles and record low prices. Buy early to economize in time; buy generously eventually to economize in money.

Amdur's are ready with special staffs of clerks; Amdur's are waiting with splendid lots of goods. The prices at which the summer stock is being rapidly cleared out will not permit of any delay. The duty of the shopper is obvious.

People who usually do not attend sales would do well closely to watch the papers and carefully to read the Amdur advertisements during the summer clearance sale period. There are to be sales within the big sale, or special sales at prices based on the sale prices.

Keep closely in touch with Amdur's visit the store, inspect and closely examine the goods, note the prices. It costs nothing to investigate and East and West Amdur's are located in

Opportunities such as Amdur's offer do not thump very often at the door. Go to Amdur's today—and watch the papers.

OUR MIGHTIEST LITTLE WORD

NOW

ENROLL UNDER ITS FLAG AND SEE

Your attention is called to one of the most potent words in the English language.

It is the little word NOW.

The word signifies action, ambition, initiative, energy. It stands for the militant actualities of life as opposed to the sit-back-and-take-it-easy possibilities.

The armies of life might be divided into two camps, the NOWS and the TOMORROWS.

The army of NOW is the army of Victory.

The army of TOMORROW is the army of defeat.

Under which flag are you enrolled?

Empires have fallen and men missed fame or captured it, according as they enlisted in one army or the other.

Do you think if Napoleon had hesitated to turn his cannon on the Parisian mob he would have gone down in history as the great captain he was?

If Caesar had said "TOMORROW" I will cross the Rubicon, he might have been known as the author of the Gallic War instead of one of the world's shining geniuses.

But the possibilities crowded into the little word NOW are just as potent today as they ever were.

You have an opportunity to prove this in a simple but most convincing manner.

Are you a candidate in The Standard's \$10,000.00 Prize Contest?

If not, why not?

There is only one answer; you know what that is. If you are not already a candidate, you are enrolled under the flag of the ARMY OF TOMORROW.

But you still have time to redeem yourself. You have a chance to resign your commission under that flag and join the army of NOW.

You must not delay. The army of NOW is steadily marching on, and you can easily join by marching a little faster to catch up with the rear guard.

If you have ambition; if you have energy; if you prefer action to indifference, then you are a proper recruit for the army of NOW.

There is still time for every eligible person to get into The Standard's Contest. If you are a soldier and in earnest, prove it by sending in the blank below.

Think over your possibilities.

Read about the \$10,000.00 worth of Automobiles, Pianos, Phonographs, and Cash Prizes and remember there are no losers in this contest.

Ask yourself whether you are enrolled under the flag of NOW or the flag of TOMORROW.

Which is worth while? Which is your choice?

One thing more: The word NOW spelled backward reads WON.

TO JOIN THE ARMY OF "NOW" USE BLANK BELOW

The St. John Standard Automobile and Piano Prize Contest APPLICATION BLANK

I am a resident of in District No. and wish to enter The St. John Standard Automobile and Piano Prize Contest. I fully understand the requirements and conditions governing the contest and agree to comply with same.

Signed:—

Name

Street

City or Town

Business Address

Address All Communications To
CONTEST MANAGER,
The St. John Standard, St. John, N. B.