MC 2035 POOR DOCUMENT



VEBSTER'S DICTIONARY the, 16 pages of valuable Bonus of Census. Present at this **98C**

upons and the

The \$3.00 WEBSTER'S EXPERSIONALLY of the ol-DICTIONALLY of the ol-Binstrated of the ol-Binstrated of the ol-Bonns of SK 48C

DICTIONARY with olive Expense of g os and with square corners. SIX SIC Consecutive Coupons and the Any Book by Mail, 22c Extra for Posta



How we have fallen away from the trencher work of ancient times! So much so that we are astonished when we learn the astonished when we learn the table. But although many suffer now from deficient nutri-tion it would not be wise to go meals for these would be too great a tax on our powers, and unigested food is poison to the system. FOR INTERCOLONIAL

Our course appears to he in the irection of a selected diet, which hay be easily digested and yet rovide sufficient work to strength-

It has been proved by scientific tests that while Bovril is in itself a quickly digestible food it posses-ses the valuable quality of directly strengthening the digestive and strengthening.

a gross amount of \$80,277,245 in prem-iums during 1912 and paid out for fire losses \$12,072,797. Life insurance companies



that have the enamel slightly chipped off

Half Price

J. MARCUS - 30 Dock St.

These Are Now Selling At

while handling.

THREE SUNDAY TRAINS

NICKEL PROGRAMME MEETING MUCH FAVOR

PEACH SHORTCAKE Ripe, soft peaches make a delicious shortcake. Pare, slice thinly around the fruit, put powdered sugar between the layers and let them stand two hours. Make the pastry as usual. Spread the bottom layer with sweet but ter, then generously with the prepared fruit, put on the upper layer, spread again with fruit, heap sweetened whip-ped cream on top and serve immediate-ly.

On a Bald Head

DROWNED AT DIGBY

ler, of 59 Ludlow street, W

Ougler, aged 21 years, pantryman aboar

BY A SPECIALIST

Daily Hints

For the Cook

QUICKLY RAISED BISCUITS

Cld, strs Cynthiana, Hull; Kim (Nor)

NINE HOUR DAY The nine-hour day has been adopted by the McFarlane-Neill Manufacturing Company of St. Mary's. Heretofore it has operated on the ten-hour basis.



CONGRATULATIONS FROM

DUKE OF CONNAUGHT

(Signed) R. L. BORDEN

Tired, Smelly, Sweaty Feet, Corns, Cal-Juses and Bunions Cured by TIZ.



naught reading as follows: Bagshot, England. To Miss Kate Hazen: We send our good wishes. (Signed) ARTHUR. Among the great number of telegrams bearing congratulations and good wishes was one from the Right Hon. R. L. Borden, prime minister of Canada. It read: Halifax, N. S. To Hon. Mr. Hazen: Greatly regret circumstances prevent-ed me from being present at wedding to day. Please convey my warm congratu-lations and best wishes to bride and groom.

the tablets you make to Today there is no sign of ither foot and no soreness. to-date Godsend."—Sam. A.

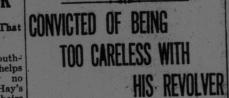
WOMAN TAMES TRIBE

(Signed) R. E. Bornaus, and the point of the purpose you ever heard of.
It's an up-to-date Godsend."—Sam. A. Hoover, Progress, N. C.
Just use TIZ. It's not like anything else for the purpose you ever heard of.
It's the only foot remedy ever made which acts on the principle of drawing out all the poissonous exudations which cause sore feet. Powders and other remarked is merely clog up the pores. TIZ cleans them out and keeps them clean. It works right off, You will feel better the very first time it's used. Use it a week and you can forget you ever had sore feet. There are a good many counterfeits of TIZ now being made by manufacturers who think they can make a little money by fooling people once. Don't fail a victim. You'll have to get TIZ afterwards and they know it, and you might as well get it the first time and save the money on counterfeits. TIZ is for sale at all drug stores, department and general stores, at 22 tents per box, or direct, if you wish.
Money back if TIZ doesn't do all we for a free trial package write to save. To a free trial package write to save.

BY A SPECIALIST Thousands of people suffer from bald-ss and falling hair who, having tried arly every advertised hair tonic and ir-grower without results, have re-ned themselves to baldness and its tendant discomfort. Yet their case is thopeless; the following simple home

<text><text><text><text><text><text><text><text><text><text><text><text><text><text>

FOREIGN PORTS. Rossario, June 18—Sld, str Leuctra, thtler. for Europe. Stonington, Coun, June 16—Sld, schr T W Cooper, St John (N B). New York, June 18—Sld, strs Bjorn (Nor), Hillsboro (N B); schrs Margaret May Riley, St John (N B); Crescendo, do; Roma, Halifax; Maggie Todd, Lu-Why Have Grey or Faded Hair That Makes You Look Old



Toronto Youth Who Disfigured Girl GERMAN CRUISER STICKS FAST IN WAYS AT LAUNCHING For Life With Bullet Through Jaw, Remanded for Sentence

Toronto, June 18—In the police court hay Hugh Hannah was found guilty of minal negligence in handling the re-ver with which he shot Mary Brook the face, and disfigured her perman-ly. He was remanded a week for

Garters with several flap pockets that fasten with snap buttons have been in-vented to aid women in carrying jewel-An English brewery chemist says he has perfected a de-alcoholized beer, free from intoxicating properties, but retain-ing all the original flavor.

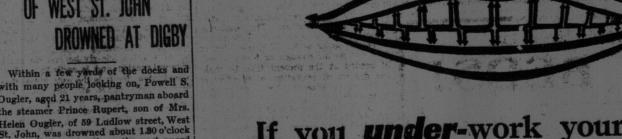


and Cream

These crisp, nutty granules have delicious flavour and the food elements which fully nourish every part of the body.

Brain workers especially need such a food as Grape-Nuts because it is rich in the Phosphate of Potash which Nature requires for rebuilding daily the tissue cells in Brain and Nerves - a scientific fact.

If your plans for money-making and fame call for the work of keen Brains, try Grape-Nuts.



If you under-work your jaws-You over-work your stomach.

If you don't chew your food enough you don't make saliva enough. Digestion needs it. This chewing dainty supplies it.



So if you must swallow food hastily, let this mint flavored morsel give refreshing, improving relief to your poor, tired digestion. Let it steadily improve your teeth and appetite.

> IT BY THE BOX It costs less-of any dealer-and stays fresh until used.

Look for the spear

Wm. Wrigley Jr. Co., Ltd 7 Scott Street

