



## Room Registry

LONDON MUST PROMOTE INDUSTRY.  
MANUFACTURERS NEED YOUNG WOMEN.  
YOUNG WOMEN NEED HOMES.

### THE YOUNG WOMEN'S CHRISTIAN ASSOCIATION

needs the co-operation of the CITIZENS in providing proper homes.

#### WILL YOU DO YOUR PART?

If you can open your home to even ONE girl you will be helping to meet one of the most pressing needs of the community.

Come to the Y. W. C. A., 187 King street, and register before March 25.

## Old Dutch

—keeps your taps clean and bright. Use it also for scouring nickel stove trimmings, stained cutlery and cooking utensils of all descriptions. Old Dutch cleans everything throughout the house. Try it on anything hard to clean.



## IF KIDNEYS AND BLADDER BOTHER

Take Salts to Flush Kidneys and Neutralize Irritating Acids.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in voiding it.

Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine, so it no longer is a source of irritation to the bladder and urinary organs, which then act normally again.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.

### Influenza?

Take precautions.

## BAUME BENGUE

Was used universally last winter.

Get a tube now. Beware of Substitutes. Large tube \$1.00

THE LEECHING WILKINS, LIMITED, MONTREAL.

## Western U. Beat Central Y in O.B.A. Semi-Finals

Have Margin On Round of Ten Points—Western Co-eds Blank Alma College Girls, While C. A. C. Defeat Aces in Other Games.

The Western "U" made good their promise last night, by defeating the Central "Y" in the semi-final of the O.B.A. tournament. The game was fast and full of interest, and the local team had a hard job on their hands to give the Queen City aggregation a beating. The score at the end of the first period was 10 to 0 in favor of the Western team.

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Western: Position. Toronto. Kingswood. Right guard. Holden. Cline. Left guard. Winfield. Wainwright. Centre. Campbell. McLeod. Left forward. Newell. Simpson. Right forward. Webster. Peever. Substitutes. Webster. Referee—Buscombe.

C. A. C. WIN. The C. A. C. defeated the Aces in the

first preliminary game at the "U" gym last night by the score of 18 to 8. The game was fast and full of interest, and the local team had a hard job on their hands to give the Queen City aggregation a beating. The score at the end of the first period was 10 to 0 in favor of the Western team.

The game was fast and full of interest, and the local team had a hard job on their hands to give the Queen City aggregation a beating. The score at the end of the first period was 10 to 0 in favor of the Western team. The lineups were as follows:

CO-EDS BLANK ALMAS. The Western girls blanked the Alma team from St. Thomas in their game at the "U" gym last night by the score of 11 to 0. This was one of the best girls' games seen here for some time, in spite of the score, as the Hallway City team played hard and was easily the star of their team. The lineups were as follows:

Western: Position. Alma. M. Lindsay. Left guard. E. Sully. M. Shaw. Right guard. M. Black. S. Swartz. Centre. M. Gregory. M. Thompson. Left forward. M. Kernath. J. Walker. Right forward. E. Cooke. M. Davis. Substitutes. M. Sheppard. R. Davis. Substitutes. Referee—Taylor.

THISTLE BOWLERS READY FOR GREAT SEASON IN OFFING

Israel Taylor Elected President At Annual Meeting of Club Held Last Night.

Enthusiasm was the keynote of the annual meeting of the London Thistles held at the clubhouse last evening, and at which plans for the coming season were discussed.

President Israel Taylor is marshaling an exceptionally enthusiastic body of bowlers this year, and the club has never been brighter.

The sporting editors of the papers were practically followed again this year. The sporting editors of the papers were practically followed again this year.

There was little of spring in the air last night for the meeting, but even a dash of cold weather could not chill the anticipations of the Thistle bowlers.

There are no great changes this year to the bowlers. The bowlers of the club are as follows:

President—Israel Taylor. Vice-Presidents—A. J. Smith and F. N. Allen. Secretary—Treasurer—W. H. Ratt. Executive—Messrs. Denison, Stryker, Laur, Barrie, Mortimer, Owen, Bluet, Fetterly, McCallum.

Doubles—Tourney—Messrs. Laur, Larford, Trick, McCallum, Powell, Gray, Swift and Millman. Auditors—C. S. Smallman and G. E. Combs.

Chaplain—Rev. T. D. McCullough and Rev. N. D. Drew.

ON THE ALLEYS

MANUFACTURERS' LEAGUE.

Standing. Won. Lost. P.C. Ford Company 11 1 .517. Fyrmans 10 2 .500. Lawson & Jones 8 6 .500. Dominion Rubber 5 7 .417. Selkirk 4 8 .333. Murray Shoe Co. 3 10 .167.

Totals 746 705 672-243. Ford Motor Company. Hodges 170 162-517. Mills 177 170 180-527. Boyce 110 160 158-428. Lerick 119 173 147-439. Kerr 190 222 180-601.

Totals 784 901 827-2505. HYDRO LEAGUE. Standing. Won. Lost. P.C. Meters 1 1 1.000. Stores 2 2 .500. Lines 2 2 .500. Waterworks 2 2 .500. Operators 2 4 .333. Sales 0 3 .000.

Stores. Jones 153 129 124-421. Cooney 127 127 212-487. Pirrie 125 142 163-430. Podditt 150 104 102-357. Griffin 141 169 168-478.

Totals 711 681 761-2173. Meters. Fletcher 159 221 183-469. Kern 128 163 136-449. McMurray 136 150 163-449. Foley 176 161 137-474. Mercer 156 246 149-551.

Totals 755 943 777-2572. Waterworks. Lane 132 87 181-400. Birrell 149 117 104-270. Elmer 111 132 125-468. McCarthy 176 163 212-531. O. Billwood 137 177 106-420.

Totals 705 676 728-2109. T. Hodkinson 149 102-297. N. Wills 171 168 113-458. B. Hodkinson 137 151 150-487. P. Currie 63 102 153-324. P. Murray 137 177 106-420.

Totals 733 676 708-2118. Woodstock Girls Beaten In Whyte Cup Play by Guelph

Woodstock, March 19.—In a swift game here tonight the local W. C. I. girls basketball team was beaten by Guelph in competition for the Whyte trophy by the score of 14 to 6. At half-time the score was 8 to 1 in favor of Guelph.

The Guelph girls had excellent combination. Their stars: Jessie Roberts and V. Stickney. For the local a stellar game was played by Wilda Sutherland and Grace Hill. The game was exceedingly exciting, and was witnessed by a large crowd.

At the conclusion of the game the Guelph girls were given a dance in the gymnasium. The lineups were as follows:

Woodstock. W. Sutherland Defence. A. Templeman. J. Murray Centre. K. Miller. Grace Hill Centre. V. Stickney. Mary McKay Forward. L. Brydon. Jean Thornton Forward. J. Roberts. W. Harris Sub. J. Spares. J. Gillies. Kay Williams. Winnie Plack. Referee—W. Pierce. Woodstock V. M. C. Guelph.

Umpire—W. Hamilton. Guelph.

manner in which he handled the game. The Knights was much the best team, and deserved to win. This gives them possession of the Macdonald cup for the year. The teams were as follows:

G. W. V. A. Goal. Hinchey. Harefield. L. defence. Hamilton. Steeper. R. defence. Hamilton. Burke. Centre. Foster. Edwards. L. wing. Oberle. Johnson. R. wing. Cook. Smith. Sub. Drohan. Brush. Sub. Wimpenny. Referee—Loroux. Kitchener.

IN THE SOUTHLAND

Donna, Texas, March 19.—Exhibition game. R. H. E. St. Louis National. 3 16 0. Philadelphia American. 6 8 1. Batteries—Reinhart, Donk and Dillhoefer; Clemens, Naylor, Perry and Perkins.

Hots Springs, Ark., March 19.—Exhibition game. R. H. E. Pittsburg Nationals. 3 8 4. Boston Americans. 5 8 1. Batteries—Ponder, Adams, Cooper and Clarke; Hoefner, Murphy, Leasure and Devine.

Miami, Fla., March 19.—Exhibition game. R. H. E. Cincinnati Nationals. 0 5 3. Indianapolis American Assn. 0 5 3. Batteries—Salles, Luque and Wilgo; Allen, Crum, Adams and Benline.

### THE INDIANS

long ago discovered the curative properties in the waters of **LITTLE MANITOU LAKE**. Their sick drank of this saline water and were healed.

### Sal Manitou

#### EFFERVESCENT SALINE

is a refined powder form of medicinal compounds taken from these waters. It immediately relieves Stomach Disorder, Sluggish Liver and builds up Run-Down Systems.

Take Sal Manitou regularly—it invigorates and refreshes. Martin's Manitou Health Salt (milder form) in tins. Martin's Manitou Ointment. A wonderful skin healer.

SOLD AT ALL GOOD DRUGGISTS

### STANDARD REMEDIES LTD.

Winning - Manitoba

## Irresistible

THE lure of luscious fruit pies, cakes and pastry made from Diamond Flour is irresistible. The crust is so crisp and light, so easily digested, you can give pie made from this flour to the little folks.

What is Diamond Flour? It is a perfectly balanced blend of the best selected Western Canadian Hard Wheat and the best Ontario Soft Wheat. It is the ideal flour for all kinds of baking.

Look for the trade mark on the bag, and you will get a pure snow-white flour, free of all substitutes.

Your grocer will gladly recommend and supply it to you because, once used

## DIAMOND FLOUR

"Becomes a habit"

Hunt Bros. Limited, London, Ontario

Also Millers of Horton Flour—Highest Manitoba Patent

## DIAMOND FLOUR

"Becomes a habit"

## The Comfort of Dry Feet

is sufficient inducement for most people to wear rubbers in bad weather.

They don't care to spend hours in the clammy discomfort of wet shoes, and risk catching a cold or pneumonia, when a pair of Dominion Rubber System Rubbers mean perfect protection for the feet against sleet, slush and rain.

## Dominion Rubber System Rubbers

are a pleasure to wear. They are neat and trim; they are snug and easy. And they fit perfectly because they are made in styles and sizes for the shoes of every member of the family.

The best dealers sell Dominion Rubber System Rubbers.

## \$51.21 Grows to \$108.50

In November, 1895, a depositor opened an account with \$51.21. He made no further deposits—in fact, he forgot about the account. In February, this year, The Huron & Erie advised him that it had grown to \$108.50.

Had this depositor added to his account \$5.00 or \$10.00 a month during the 25 years he would now have quite a substantial balance.

It pays to save regularly! It also pays to deposit your savings in The "Old Huron & Erie," where they will earn the higher than ordinary interest rate of

### 3 1/2 %

per annum payable half-yearly

Five dollars each month for five years will grow to \$328.05, and to \$718.49 in ten years.

## The Huron & Erie MORTGAGE CORPORATION

"Older than the Dominion of Canada"

T. G. MEREDITH, K.C., President. HUME CRONIN, General Manager.

London Branches:

RICHMOND STREET, Chas. J. Clarke, - - Manager

MARKET SQUARE, Walter T. Westby, - - Manager

DUNDAS STREET, Opposite Rectory Street, A. H. Whitlow, - - - - Manager

## HIGH GRADE OIL AT LEAST COST

Your heat, light and power needs are best served with Imperial Royalite Coal Oil. Every drop is clean, powerful and absolutely uniform. Imperial Royalite gives you the highest fuel satisfaction and costs no more than ordinary coal oil.

Imperial Royalite Coal Oil meets every test of a perfect oil, allows you full power from tractor or stationary engine. Used in oil heaters and stoves, it burns clean—no smoke or soot—and it's best for oil lamps, too.

You can get Royalite everywhere when you want it. Our unlimited means of distribution assures that.

No coal oil is better than Imperial Royalite, so why pay higher prices?

## IMPERIAL ROYALITE COAL OIL

ON SALE EVERYWHERE

## IMPERIAL OIL LIMITED

Power - Heat - Light - Lubrication

Branches in all Cities

## INTERESTING NEWS FOR WORKING MEN

An Article Well Worth Your While To Read.

This is a nerve-racking age—not a man in an office or behind the counter, striving hard to get on in the world, that does not feel the strain. If nerves are in order, a man is strong, eats and sleeps well. Unstrung nerves means weakness, worry, sleeplessness and a general decay of bodily strength.

Most men are careless of their health. They trust to luck and that kind of thing, instead of taking Ferrozene for a few weeks when they feel dull in the morning, or when they sleep poorly or lose appetite.

Ferozene quickly brightens up the mind. It creates an appetite and improves digestion. Ferrozene makes blood, quiets the nerves, makes muscle like steel and induces refreshing sleep.

Ferozene is a body builder, thousands have proved it. If you are sick or out of sorts, use Ferrozene and enjoy the splendid health it so surely brings.

Permanent in its results, the greatest health-giver in the world is Ferrozene. Because nourishing and perfectly harmless, all can use it, even children. Get Ferrozene today, 50c per box, at all dealers, or by mail from The Catarthosone Co., Kingston, Ont.

### Try Making Your Own Cough Remedy

You can save about \$2. and have a better remedy than the ready-made kind. Easily done.

If you combined the curative properties of every known "ready-made" cough remedy, you probably could not get as much real curative power as there is in this simple home-made cough syrup, which is easily prepared in a few minutes.

Get from any druggist 2 1/2 ounces of Pinex (50 cents worth), pour it into a 16-oz. bottle and fill the bottle with syrup, using either plain granulated sugar syrup, clarified molasses, honey, or corn syrup, as desired. The result is 16 ounces of really better cough syrup than you could buy ready-made and saves easily \$2. Tastes pleasant and never spoils.

The Pinex and Syrup preparation gets right at the cause of a cough and gives almost immediate relief. It loosens the phlegm, stops the nasty throat tickle and heals a sore, irritated membrane so gently and easily that it is really astonishing.

A day's use will usually overcome the ordinary coughs for bronchitis, croup, hoarseness and bronchial asthma; there is nothing better.

Pinex is a most valuable concentrated compound of genuine pine extract, and has been used for generations to break up severe coughs. To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex" with full directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

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