

good ice, and seldom so severe as to render the exercise unpleasant. Being played in the open air, during a season when few out-of-door recreations can be enjoyed, it is well calculated to counteract the enfeebling influence of confinement to our close and heated winter houses. Many objections which may be brought against other sports, are not applicable to this. It calls up none of the low and degrading passions of our nature. Notwithstanding the intense interest which Curlers may feel in a well contested match, no betting ever takes place among them; the excitement arising from gambling, therefore, is altogether removed from the rink. Intoxication on the ice is also unknown among good players. The nice equilibrium of body and the firmness of nerve, essential to scientific Curling, would disappear on the first symptom of such a state. But the Game is sufficiently interesting without any extraneous stimulant. While it imparts vigour to every limb, and every muscle, it engages the attention and awakens the judgment; and