

which comes with prosperity. It may be that the country after feeding for a time the life of the cities, grows worn out; it may be that militarism eats up the best of the manhood and the men who should be the fathers of the future; or it may be disease. Rome went down, Spain went down, France is going, England is headed that way but it may be that you, in Canada can create cities which will be clean for the youth of the land; it may be that you can solve the problems of the past ages, and that you can set up a nation which will endure. Pray God that you can, for Canada is the hope of the Empire."

One of the cankers which Dr. Saleeby found eating at the heart of the Empire is venereal disease; he was strong in his declaration that the scourge cannot be stamped out as long as the free use of alcohol is permitted, and he was equally strong in his condemnation of those who think they can combat the disease while they feed it on the food of alcohol. The campaign in England against these venereal diseases, he declared, is a demonstrated and admitted failure, and it will always be such "as long as its leading accomplice, alcohol, is used in its free way." The speaker went on to point out how there are five outstanding reasons why the use of alcohol makes it impossible to combat the disease, the chief of which were the lowering of resistance to disease, lowering of resistance to temptation, aggravation of symptoms, and interference with treatments.

"The situation in England would be ridiculous, were it not tragic,"

he declared. "They are trying to save what is left of the race, but disease is increasing. Their idea is to attempt to save the youth of the land without discipline, but it cannot be done. Prohibition, from my observations, has been the greatest single health measure in history, and when you have had time to show results in your battle against disease, I hope you will send them to us, for goodness knows, we need our lesson badly enough."

Following his statement that prohibition is of assistance in fighting venereal diseases, Dr. Saleeby quoted figures from Boston's Public Health Department, showing that during the year preceding prohibition the cases of new infection from such disease increased 11 per cent., while during the first year after prohibition the new infections were reduced by 27 per cent. Similar figures had been obtained from New York, Philadelphia and Chicago.

Vitamines for the Sick

Why prescribe vitamins? an inquirer said the other day. The vegetable kingdom affords us an abundant supply. Why cannot we direct our patients to eat vegetables, butter or milk containing these all-important essential principles? To completely reply to those inquiries would involve the writing of a lengthy thesis. A few words will suffice to make a practical statement of the situation,