

And above all they give to the individual that self reliance which should be possessed by each one, so that under trying circumstances, or in the hour of danger, resources are at hand by the exercise of which life or limb have been frequently saved. These, then, are a few of the benefits to be derived by a steady perseverance in muscular exercises, and we can heartily recommend to the heads of families the advisability of permitting their children of both sexes to seek the health invigorating exercises which are to be derived by attendance at the gymnastic institute of Mr. Barnjum.

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THE TORONTO HOSPITAL.

7 We regret exceedingly to notice the closing of the above valuable institution, which for some time has been struggling hard to keep its doors open. We are not thoroughly acquainted with the various causes which have led to this event, but we must say, we have been struck with the somewhat large amount which it seems to cost to maintain each patient. Toronto cannot afford to be long destitute of an Hospital, and when its doors are again re-opened, we trust it will be under auspices which will ensure its successful conduction.

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TO OUR SUBSCRIBERS.

x It is the intention of the Publishers to send in this number of the Journal, accounts to all of our subscribers who are in arrears for their subscriptions, and we earnestly hope that there will be a very generous response. There is a very considerable amount owing, and its payment would enable us to at once liquidate all claims against us. This is the season of festivity, when the heart is said to open more readily than at any other time, and we trust all who owe us will remember that we have to pay the printer.

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MONTREAL DISPENSARY.

Dr. Boyer and Dr. G. E. Fenwick have been elected consulting physicians to the above Institutions. Dr. Angus McDonnell and Dr. Sewell have been elected by the Corporation of the Montreal Dispensary, members of the attending Medical Staff.

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TO CONTRIBUTORS.

We are desirous in future to bring out the Canada Medical Journal on the first of the month. Contributors are requested to send contributions intended for the ensuing number not later than the 15th day of the month.

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