tain the names of those young men who were accustomed to sea life. After reflecting upon the capacities of the younger men, as they had developed themselves on the road, I made a list of ten sailors and a steersman, to whose fidelity I was willing to entrust myself and fortunes coasting round the Victorian Sea.

Accordingly, after drawing up instructions for Frank Pocock and Fred Barker on about a score of matters concerning the wellbeing of the Expedition during my absence, I set sail on the 8th of March, 1875, eastward along the shores of the broad arm of the lake which we first sighted, and which henceforward is known, in honour of the first discoverer, as "Speke Gulf."



BBIDGE ISLAND.

Afloat on the waters of Speke Gulf! The sky is gloomy and the light grey water has become a dull ashen grey; the rocks are bare and rugged; and the land, sympathizing with the gloom above, appears silent and lonely. The people sigh dolorously, their rowing is that of men who think they are bound to certain death, and now and again wistful looks are thrown towards me as though they expected an order to return. Their hearts are full of misgivings, and slowly, however, we move through the dull, dead waters.

We continued to coast along populous Ururi. The country appears well cultivated, and villages are numerous. Some of the Waruri fishermen informed us that we should be eight years circumnavigating the lake!

The hippopotami of Lake Victoria are an excessively belli-