

**"I Avoided an Operation Appendicitis Disappeared"**  
 Mrs. James Wells, Udon, Ont., writes—  
 "I took a severe pain in my right side. It was very bad at times. I tried oils and tablets without gaining any relief. The doctor pronounced it chronic appendicitis. I dreaded an operation and a friend advised Dr. Chase's Kidney-Liver Pills. I used them and not only obtained relief from pain, but I believe it has completely freed me of appendicitis, as it is now over a year since I have had any of the old symptoms."  
**Dr. Chase's Kidney-Liver Pills**  
 GERALD S. DOYLE, Distributor.

**At the Mouth of the Treacherous Pit**  
 STORY OF LOVE, INTRIGUE AND REVENGE

CHAPTER XIV.  
 "Before I had time to tell you so, however, I heard that you were engaged to Lord Rhyworth; then it was too late. Dolores, let there be no more mistakes; no more playing at cross-purposes. Believe me, I love no other woman but you."  
 The time was not far distant when every word of this interview was to come back to her with sharpest pain, when she remembered how earnestly each word was spoken; how the very ring of truth and sincerity was in his voice.  
 "I know," he said, "of whom you are thinking. It is Lola de Ferras. You believe that I am retreating between you, my beautiful queen, and her. Lola is nothing to me but a pleasant friend."  
 Lady Rhyworth thought of the emphasis Lola had laid on the word "mine," and felt puzzled.  
 "I am almost ashamed to speak as I do," he continued, "but in such a case as this there is nothing like frankness; even that friendship was more of her seeking than my giving. She is very beautiful and accomplished; she is clever beyond the generality of woman; I have spent some pleasant hours with her; but she is the very last person in the world I should ever fall in love with or marry. Now promise me, Dolores, that there shall never, during the whole course of our lives, be any further misunderstanding between us concerning Lola."  
 She promised; and in after years she remembered that promise in an agony of grief that was unexpressible.  
 "It is true I went to Beaulieu last evening," he said; "but my heart was with you all the time. Dolores, I have promised, out of respect to your dead husband and your own sorrow, not to intrude my love on you. I have waited fifteen months before I would return at all. I will wait three months longer before I try to persuade you to share your life with me. I will leave the future entirely in your hands. If you wish to wait one year or two, I will do so to please you;

**MRS. BUDGE SO WEAK COULD HARDLY STAND**  
 Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health  
 River Desert, Que.—"I used to have a severe pain in my side. I would be unable to walk fast and could not stand for any length of time to do my ironing or washing, but I would have to lie down to get relief from the pain. I had this for about two years, then a friend told me to try Lydia E. Pinkham's Vegetable Compound as she had had good results. I certainly got good results from it, for, as the last time I had a sore side was last May and I have not had it since. I am also glad of having good nursing for my baby, and I think it is your medicine that helped me in this way."—Mrs. L. V. BUDGE, River Desert, Quebec.  
 "If you are suffering from the tortures of a displacement, irregularities, backache, headaches, nervousness, or a pain in the side, you should lose no time in trying Lydia E. Pinkham's Vegetable Compound.  
 Lydia E. Pinkham's Private Test-Book upon "Allments Peculiar to Women" will be sent you free upon request. Write for it to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario. This book contains valuable information that every woman should know."

for conversation. When it was over, and Lola, flushed with excitement and looking most lovely, stood fanning herself, she said to him—  
 "Have you been to Deeping Hurst and seen Lady Rhyworth yet, Sir Karl?"  
 "I have been three times, and have been fortunate enough to see her each time," he replied.  
 "Do you find her much changed?" asked Lola.  
 "Yes; she appears taller, and is altogether a far more beautiful woman than when I left England."  
 A sudden terror seized her. But she would attach no importance to his words; she felt that if she did she should despair or die.  
 "Did you see the little one?" she asked presently—"Kathleen? What a lovely child she is! But what sad eyes she has! Did you notice the pathetic expression of her eyes?"  
 "Yes, and tried to dispel it by giving her some wonderful dolls," he answered.  
 "Had you thought so much of her as to bring toys purposely for her?" inquired Lola.  
 "Certainly I had; why not? I have thought of the little one continually since she was born."  
 The flush deepened. With the bitterness of death in her heart, but a careless smile on her lips, she said—  
 "That is because you thought so much of the little one's mother, I suppose."  
 "That is the precise reason," he answered. "That was a shrewd guess of yours."  
 Some one interrupted them then; but Lola had made up her mind as to what she would do. She could not say to him, "Tell me at once whether you are really in love with Dolores, or not." She would have given much for courage to do so. She had said just as much as she dared—as it was prudent for her to say to him. She had resolved upon a plan of action.  
 Before this, when she had felt that she wanted a change, Dolores had pressed her to remain a week at Deeping Hurst; she would so manage that Dolores should repeat the invitation, and, once there, she could see for herself if there was any truth in this rumor.  
 The next morning she went over to Deeping Hurst and complained to Dolores of languor and weakness.  
 "A few days with you, Dolores, always set me right," she began.  
 Lady Rhyworth interrupted her.  
 "Then by all means come, Lola," she said, earnestly. "Stay, now that you are here. You do not look well. Send one of the maids with a note to madame, and let her bring what you require back with him."  
 "You are very kind," answered Lola, with a smile; but her heart smote her for entering that hospitable house as a spy upon its mistress. Then she kissed the fair face, wondering a little at the increased beauty and brightness of it. Was it Sir Karl that had brought that delicate flush there and the radiant expression?  
 She could not let the matter rest. When she had sent off her note and was sitting with Lady Rhyworth in the morning-room, she said:  
 "Sir Karl was at Lady Fielden's dinner-party last evening. It was given in honor of his return. I am sorry you were not there. It was very enjoyable. Sir Karl told me that he had been to see you several times—three times, I think he said."  
 "I have not counted the number of his visits," laughed Lady Rhyworth. "Deeping Hurst is not very far from Scarsdale."  
 (To be continued.)

**Heroism of British Sailors**  
 RECITED AGAIN ON DOVER DOCKS  
 Dover, England, June 18.—A dramatic incident of the war is recalled by the necessity to-day of removing a British monitor which was sunk north of the fairway at the entrance of Dover Harbor.  
 The vessel had just taken on board a supply of shells and was anchored near the harbor entrance, awaiting a chance to slip out to sea, when she caught fire. Anchored beside her were two ammunition boats. The danger of an explosion and disaster on a large scale was imminent.  
 Troops were ordered out, townspeople were cleared from shores. To save the harbor and town the monitor's bottom was blown out, and many of her crew perished.

**King George Will Review Britain's Sea Strength**  
 London, June 17.—(A.P.)—King George will review more than 200 warships at Spithead the end of July at what is expected to be the finest naval spectacle seen in British home waters since the war. At the last naval review at Spithead in July, 1914, 220 warships were at anchor, but the navy then possessed more capital ships than it does to-day.  
 Among the big ships participating in the July review will be the Queen Elizabeth, the Barham, Malaya, Valiant, Warspite, Revenge, Royal Oak, Resolution, Royal Sovereign, Centurion, Ajax and Thunderer.

**New Cable Lines**  
 TO CONNECT ALASKAN CITIES AND SEATTLE.  
 Ketchikan, Alaska, June 10.—With the completion of a new cable between Seattle and Seward, Alaska, next fall by the United States army, Ketchikan will be one of the largest cable stations in the world, according to officials handling the laying of the line.  
 The first section of the new cable which links Seattle and Ketchikan was finished May 31 by the cable-ship Delwood. The Delwood then went to London to lay cable for a second section which will connect Ketchikan and Seward. Another new line is to link Juneau, Wrangell and Petersburg with this city. Ketchikan will then be a relay office for four lines, two going into southeastern Alaska, one to Seward and one to Seattle. All these cables will be used commercially.  
 The new cable will be equipped for duplex operation, enabling six times as much traffic to be handled as on the old line from Seattle to Sitka.

**GLEAMS**  
 Never pick a quarrel, even when it's ripe.  
 If it wasn't for trouble, how could we enjoy happiness?  
 The man who has found life full of interest has found himself.  
 Sunshine inside the house is quite as essential as sunshine outside.  
 It's a great thing to be thankful for your lot—even if it's not a lot.  
 Those who constantly look for silver linings never see dark clouds.  
 Life is always worth living; it's the way we look at it that's wrong.  
 The world would be far brighter if we laughed a little more at our own troubles and a little less at our neighbors'.  
**FOR SORE THROAT—MINARD'S LIME MINT.**  
 at all stores  
**GERALD S. DOYLE**  
 Distributor.

**With this you can make your hair stay combed—all day**  
 Men are finding in Stacombs what they have always sought—an easy, natural way to keep the hair looking always as trim and neat as their favorite barber leaves it.  
 Men find Stacombs just the thing to control stray hairs, to make the curl stay in, and to keep bobbed hair in place. Stacombs is a smooth, velvety, invisible cream—non-staining and non-greasy. It comes in jars and in tubes—compact, economical. You can get it at all drug and department stores.  
**Stacombs**  
 FREE OFFER  
 Send 5c for a sample of Stacombs.  
 Name.....  
 Address.....

**Birds We See at the Seaside**  
 FEATHERED FOES OF VENTURE-SOME FISH.  
 Most holiday makers are interested in seabirds. They like to watch their graceful movements over the waves and to hear their weird cries as they ride on the wind. The birds seem tireless as they glide and swoop throughout the livelong day.  
 As darkness falls they vanish from sight, and one wonders where they have gone, so mysterious has been their departure. In the morning they are there again before the earliest human rises, and one wonders if they ever go to bed.  
 From Lake to Sea-shore.  
 With the first gleam of light they launch their bodies from the rocky ledges along the coast and go hunting for breakfast. One of the most familiar of these birds is the black-headed gull, which, strange to say, does not spend all his time by the sea.  
 In the heart of Britain's beautiful country there are lonely woods and marshes where the privileged may see thousands upon thousands of black-headed gulls at certain times of the year. That is at breeding time.

**England Defeats S. A. Cricketers**  
 VISITORS SEVERELY PUNISHED IN SECOND TEST MATCH AT LORDS.  
 London, July 1.—South African bowlers were severely punished at Lords yesterday when the second cricket test match was continued before 16,000 spectators, England scoring 531 for the loss of only two wickets, the innings then being declared closed. On Saturday the touring cricketers scored 273 runs in their first inning and their second attempt was commenced yesterday afternoon when they obtained 19 runs without loss of a wicket. The innings will be concluded to-day.  
 Hobbs and Sutcliffe for England scored 268 runs for the first wicket, which constitutes a record for test matches against South Africa. Hobbs scored 211 runs before he was caught by the South African captain; Sutcliffe 122, Woolley 134 not out, and Hendren 50 not out. Woolley punished the tired bowlers mercilessly, hitting 20 fours.

**She Knew**  
 He: "That young brother of yours saw me kiss you just now. What should I give him to keep him quiet?"  
 She (absent): "He usually gets a shilling."

**Hints for Your Home**  
 When measuring wrap or any sticky substance avoid waste by dipping the cup in boiling water.  
 Cut a piece of cardboard to fit round the brass door-knocker, and push this into place before cleaning. It will prevent the surrounding paint-work from becoming soiled and damaged.  
 Rusty tins should be rubbed with a rag dipped in whitening and sweet oil.  
 A piece of soda and a little vinegar put in the sink will dislodge grease from pipes.  
 It is quite easy to carry hats in the tray of a trunk fitted with straps. Crowns should be wedged slightly with tissue paper, and paper should also be rolled about the brims. The straps are then fastened over the hats, and keep them firmly in position.  
 When washing china, breakages may be avoided by placing a Turkish towel at the bottom of the basin.  
 To keep the hands white and soft use glycerine and lemon juice mixed in equal quantities, and rubbed in after washing. Allow the lotion to dry into the skin.  
 Paper blinds have a tendency to pucker and tear along the edges. A general improvement can be effected by strengthening the blinds with a hem of tape down both sides, and by introducing tape into the slot at the bottom which takes the stretcher and the blind cord.  
 A quarter of a teaspoonful of baking powder added to mashed potatoes while heating will make them light and fluffy.  
 Pieces cut from old leather handbags and covered with flannel make excellent iron-holders.  
 To glaze cakes or pastry, use a tablespoonful of milk in which a little brown sugar has been dissolved.  
 To prevent black cotton stockings from losing their colour in the wash, soak them all night in warm, weak soda, and wash in warm water to which a teaspoonful of turpentine has been added, using plain soap. Rinse well in cold water.

**Unclaimed Letters List G. P. O.**  
 MacKenzie, Mr. Angus, St. John's.  
 McCarthy, Miss M., Gower St.  
 McNeill, Miss D., Carter's Hill.  
 McCarthy, Miss E., Newtown Rd.  
 Martin, Mr. Jas., Newtown Rd.  
 Mercer, Mrs. Wm., Carter's Hill.  
 Mercer, Miss S., P.O. Box East.  
 More, Chas., St. John's.  
 Morgan, Chas., G. Delivery.  
 Moores, Mr. L., New Gower St.  
 Moyles, Mrs. E., Rennie's Mill Rd.  
 Moxley, Miss G., G.P. Office.  
 Morris, Miss A., Parade St.  
 Mullard, Miss S., late G. Hospital.  
 Nash, Mrs. A., Hill.  
 Newell, Mr. Jack, Spencer St.  
 Neill, Mr. J., G.P.O.  
 O'Reilly, Miss K., St. John's.  
 Osburn, Mr. S., Carter's Hill.  
 Osbourne, Martin, Carter's Hill.  
 Olford, Mrs. A., No. 1—7, Rd.  
 Pann, Mrs. M., Bulley St.  
 Penney, Miss M., Southside.  
 Penney, Miss L., Freshwater Rd.  
 Penney, Mrs. H., Water St.  
 Peterson, Mrs. L., Barter's Hill.  
 Penney, Mrs. B., Military Rd.  
 Peddie, Mrs. A., St. John's.  
 Pedford, Mr. Ed., G.P.O.  
 Phillips, John, G. Dry Dock.  
 Pike, L., St. John's.  
 Power, Mrs. Thos., Gower St.  
 Power, Mr. J., Hutchins St.  
 Randall, Miss M., Water St., East.  
 Raymond, Nellie, St. John's.  
 Reid, Miss Lucy, Water St.  
 Rodway, Mrs. A., LeMarchant Rd.  
 Rogers, Miss J., St. John's.  
 Robertson, T. J., Alex. St.  
 Roche, Mr. Wm., (late) Topsail.  
 Royce, Martin, St. John's.  
 Sparks, Mr. J., Southside Battery.  
 Slaney, Mrs. G., Withworth St.  
 Sparks, Mr. Reg., St. John's.  
 Shea, Miss L., Water St.  
 Stevens, Miss M., Gower St.  
 Sexton, Miss A., P.O. Box 195.  
 Sealy, John, St. John's.  
 Stetson, Mr. H., St. John's.  
 Smith, Mr. John L., G. Delivery.  
 Spiro, Lambert, St. John's.  
 Sprill, Mr. E., Flower Hill.  
 Snow, Mrs. John E., Parade St.  
 Stowe, Miss Alice, G.P.O.  
 Short, Mr. James, Casey St.  
 Somerton, Mrs. E., Spencer St.  
 Somers, Mrs. Wm., Queen's Rd.  
 Squires (?) Mrs. L., Field St.  
 Walsh, E. J., St. John's.  
 Walsh, Mrs. Allandale Rd.  
 Walsh, Miss M., Water St.  
 Walsh, Mr. M., Bond St.  
 Walsh, Miss Ida, Quaid Vidi Rd.  
 Wellman, Mrs. Ed., Circular Rd.  
 Wiseman, Miss S., Bannerman St.  
 Whillier, Mrs. E., Cook St.  
 Young, Mrs. John, St. John's.

**Laugh and Grow Fat**  
 is an old Axiom.  
 We advise the use of a Good Tonic and we know of no better than  
**BRICK'S TASTELESS.**  
 Brick's Tasteless is a wonderful nerve tonic and blood builder that we gladly recommend.  
 If you have no appetite, and feel tired, no energy for anything, try a bottle of BRICK'S and see how quickly it will help and improve your condition.  
 You can purchase a bottle of this excellent tonic at nearly every store in the country.  
**Price \$1.20 per bottle.**  
**Dr. Stafford & Son**  
 (Sole Agents for Newfoundland)  
 Duckworth Street and Theatre Hill.

**Radiates Vitality**  
 The man who gets on is the man who can draw on big reserves of energy. If you wish to succeed in life increase your strength and vitality by taking Bovril. Bovril builds up body and nerve and gives new and greater vitality. The man who tires easily is not likely to "get there."  
**Don't get tired—drink BOVRIL**

**Big Lips for Beauty**  
 The women of the Lake Tchad region of Central Africa vie with one another as to who can possess the longest lips.  
 When girls are about four or five years old, their future husbands pierce a hole in the centre of the upper and lower lips with a big thorn or a knife. Through these holes he places thick straws or reeds.  
 In a few weeks, when the girl has become used to the punctures, wooden pegs the size of a lead pencil are pushed into the holes. Three months later, when the lips have become accustomed to the distasteful larger pegs are inserted. At twenty-five a fashionable matron of the Sarus-Djings tribe is likely to have seven inches wide in the lower lip and five inches wide in the upper. Up to this time the diet consists of drop-down from their weight.  
 After this larger diet are inserted about once a year. It is a matter of social pride with a woman to go on increasing her lips as long as possible.

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