Skin

Eruptions

Are Usually Due to Constipation

When you are constipated, there is not enough lubricant produced by your system to keep the food waste soft. Doctors prescribe Nujol because its action is so close to this natural lubricant.

Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it

For Constibation

The Week's Calendar.

MARCH-3rd Month-31 Days.

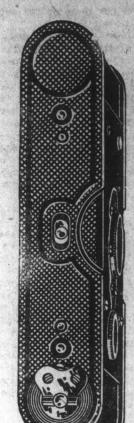
27.—MONDAY. S.S. Resolute

Conference at Paris, 1916.

tack, Verdun, 1916.

bombarded Paris, 1918.

Liner Falaba torpedoed, 1915.



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quaintance with one such and have

Advice for Friend Husband.

be stretching the truth a little.

to set forth on her great Springtime

SIDE TALKS.

By Ruth Cameron.

THE GRTAT SPRING ADVENTURE.



Have you bought | wear down town shopping and at the your Spring hat same time dressy enough to wear to yet or is the church and teas and bridge parties. great adventure Of course I am speaking of the

I do not think average woman, the you-and-I woman there is any sea- who buys one hat per season (when son of the year she doesn't try to make last year's when the instinct do). I have heard of women who to cast off old bought half a dozen hats per season

garments and clothe oneself in some- a sport hat, a tailored hat, a hat for thing different is stronger. Perfect- the tea dansant, a theatre hat, and ly natural, surely, since Dame Na- two or three odd hats for various ture sets the style and supplies the gowns. In fact I have a bowing accosmic urge with her elixir of Spring. And, of course, the most important

When a woman goes forth to huy in five minutes. (Yes, and look thor- it out'). oughly homely and gawky in it and it doesn't matter because men don't have to care about beauty.) But the it involves so many factors.

(or if not within her means at least case of the average woman who, if will go and buy assassin whiskey. within whatever sum she can wheedle she has not already done so, is soon out of her husband).

She must have it becoming (I adventure. Here's wishing her luck should have put that first, shouldn't and here is reminding her husband

She must get a hat enough like no light matter, this selection of a what the others are wearing so that hat that may be a joy or a misery like a pretty woman with only one no one will think she bought it last every time she puts it on—to be will-

She must get one sufficiently dif- to take that interest without which ing so that she won't see half a dozen savor. almost like it on the way home. She must get one that will go with

her brown tweed suit, her blue tricoine dress and her lavender crepe. She must find one simple enough to everywhere.-mar2,tf The Attraction of the Season. JACKIE COOGAN IN "PECK'S BAD

Theatre, ever on the alert for the attraction that will please its numerous patrons, announces the worldfamous "child star," Jackie Coogan in his supreme photoplay effort, namely "Peck's Bad Boy." Young Coogan as the "bad boy" is the adorable little rascal you've ever seen. This is a picture that will delight Pa, Ma, and the youngsters. The story is

as follows:

Young Henry Peck and his pal, the grocer's son, start the day by opening the door of the lion's cage at the Cir cus, and rasping the nerves of the en-Henry's father hears of it and informs his son that he can have no circus money in consequence But Henry has his pal write a note and sign it with the name of a mys terious female. The elder Peck gets the note and hurries to the candy store to keep the appointment. The girl in the case is. Henry's pal, dressed up in his sister's clothes. Young master Peck drops into the candy store just as his father is trying to learn why his companion keeps her face hidden and does nothing but weep. Being a wise father he digs up a dollar and asks his son if he hadn't better go to the circus. Henry agrees and is about to escape with the coin when he runs into his mother in front of the store. He tells her tha the older Peck is inside with a girl Mrs. Peck rushes in and the other girl rushes out, leaving her wig i the indignant wife's hands. There are many other funny situations, and most beautiful climax that gives the story the desired finished touch.

THE BROOK.



to which bards a thous and odes have chanted, and am loaded to the guards witl health, it must be granted: I slip along by church and school, you hear my merry laughter; a n

I am the brook

my waters cool will have no morning after. I come from clear and crystal often heard the tale of her glories part of the wardrobe, the touchstone, passed on by a sister-in-law who is springs where Nature did her brewthe success without which all he rest divided between the anguish of envy ing; yet some refuse my waters chaste, my healthful billows scorning. and the excitement of shining in her reflected lavishness ("she thinks and they're the ones who have a taste her season's hat with fear and tremnothing, my dear, of going into J's unholy in the morning. I chatter, Spanish Influenza bling, the man of the family smiles. picking up a hat for 35 or 40 dollars chatter as I flow to join the brimming Such a great bother he thinks over when she already has four or five river; I do not make men's noses such a little thing. Why he can go hats and saying That would look aw- glow, or set their nerves a-quiver. into D's or A's and buy himself a hat fully well with my folly crepe, send do not gather deadly drugs while Minard'S Liniment winding through the valleys: I am not sold in gallon jugs in dark and dirty alleys. I journey through the I feel toward this tale somewhat as pleasant vale, through meadows purchase of a woman's hat isn't a I did when, as a child, a friend of clover-scented; I haven't sent a man little thing. It's a very big thing and mine told me she and her cousin were to jail since I was first invented. to have a penny a day apiece to spend Through bosky dells my waters purr. all the time her cousin was visiting in shade that makes the

A New Cheese.

DELIGHTS OF VACHERIN. who loves her to remember that it is "A dinner withuot cheese," wrote

ing to help if he can, and at any rate The Savoy Hotel, writes the "Diner-Out," has discovered a new cheese. for the World's Typewriting Chamferent from what the others are wear- the joys of married life lose half their Yesterday it was "demonstrated" for the first time, and many gourmets attended in search of a novel sensation. Stafford's Phoratone will cure The new cheese, which is called Coughs and Colds. For sale "Vacherin." looks much like a Camembert. It is a pleasant-looking affair, creamy and round with a nice brown crust. It is made by a farmer in a village 4.000 feet above sea level in the Savoy mountains.

There is something about Vacherin which is quite distinctive and may be folded. due to the unusual richness of the milk used in its making.

It has a piquant "tang" about it. While it belongs to the cream cheese order, it has much more flavour than wrote shorthand at the rate of 322 the ordinary cream or milk cheese or words a minute. Another of Mr. Camembert. Vacherin titillates, agit-Behrin's feats was the writing of ates, and fascinates the palate. And it shorthand on a blackboard at the is as wholesome and nourishing as it phenomenal rate of 260 words a minis good.

The Passion Play

FIRST PERFORMANCE MAY 14. ing these months.

as concerns the production of the play as to solve the problem of accommodating thousands of visitors for whom available. The conditions under which the play will be revived this year have shocked the rural simplicity of these peasant play producers and, while determined to prevent the sacred enter-prise from becoming basely commercialized, they are now beginning to realize that the war's aftermath has produced an economic environment with which they are compelled to reckon. The municipality of Oberammergau has premptorily rejected a proposition that it levy a tax on foreign visitors which, it declares, would traditions of the play and also conflict with the purpose of the present revival which is regarded as one way of achieving reconciliation between Germany and the other nations. The siderable initial expense in preparing for the production, reconstructing the theatre which will seat 4,300 specta-

-FRIDAY. Jim Dobbin Commission, 1874. Prince Henry born. APRIL 4th Month 30 Days.

-SATURDAY. All Fools Day. Union of Scotland and England, 1707. S.S. Atlantic lost at Sambro Head, off Halifax, 1873. -SUNDAY. 5th in Lent. Battle of Copenhagen, 1801. S.S. Tigress blown up at ice: 21 men killed, 1874. Evening Telegram newspaper, W. J. Herder, Proprietor,

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her. I didn't like to think she was yet some delegates prefer a drink typewriting possessed by the average Here's what a woman must do lying but it did seem to me she must that knocks them silly. I chatter, office-worker pales into insignificance that knocks them silly. I chatter, omce-worker pales into insignificance how Fast Do We Think? could be put into figures. The phrase However, that does not alter the and frisky, and yet misguided sports have been established recently. Miss Millicent Woodward, England's cham- All things have been measured pion typist, recently typed from dicta- this world of ours, from the time it tion at the rate of 235 words a min- takes for the answering of a "quiz"

> reached an average speed of 175 words took to estimate the speed of thought a minute, and in a recent contest in until Prof. Charles Richet, the famous Brillat Savarin, prince of epicures, "is Paris she typed 3394 strokes in five French psychologist, tackled the probminutes. She is able to type at a high lem the other day and by skilful exspeed and carry on a conversation at the same time. She went to compete pionship in New York. The highest speed, by the way, that was ever achieved in this test, which consists of one hour's typing, is 143 words a min-

> > Mr. R. G. Curtis, another British typist, once succeeded in typing twenty- two commercial letters in thirty minutes-nineteen perfect and three with one error each. He can also type 160 words a minute blind-

world is Mr. Nathan Behrin, an Am-

at Oberammergau.

OBERAMMERGAU, BAVARIA. (By The Associated Press.)—Preparations for the first post-war revival of the Passion Play have progressed sufficiently to enable the committee of elders to announce that the final dress reheatral will be held May 9. The first regular performances will be given on May 14. Thirty-five thousand applications for seats and sleeping accommodations already have been received from tions for seats and sleeping accommodations already have been received from abroad and, while the local management has not yet received indications as to the extent to which Germans will patronize the productions of the play, it assumes that German attendance will more than quadruple the foreign patronize that Articipating at the play. August, the management has decided to give Wednesday performances dur-WILL NOT COMMERCIALIZE PLAY.

near Fogo, 1886. John Bright died, 1889. First Allied War -TUESDAY. New moon. General Sir R. Abescromble died, 1801. Duke of Albany died, 1884. -WEDNESDAY. Charles Wesley died, 1700. Bishop Mullock died. 1869. Funeral of Greenland victims, 1898. French counter at--THURSDAY, Sicilian Vespers, 1282. Paris surrendered to Allies, 1814. "Bread or Work" detown fathers, however, announce that I they have been forced to assume a conmonstration in front of Colonial Building, 1886. "Big Bertha"

> PROFITEERING PROHIBITED. Oberammergau also is sadly in need village a presentable attire when the alone called for an outlay of 170,000 marks while repaving of the main streets has cost almost as much. All told, this hamlet which, in jeace times had a budget of insignificant proportions already has staked its municipa existance on the outcome of this year's productions. Oberammergau will be 1,000 visitors who prefer to sleep in the

early opening performance. Unterammergau, close by, is arranged in quarters for 1,500 others, while the wellknown convent at Ettal, half an hour's travel distant, is preparing to install 500 emergency cots. Thus the management of the play believes that it will be amply able to accommodate the overflow of visitors. The problem of feeding the guests is more intricate. and to solve it the elders have appointed a commissary department which Controller and the co-operative society of Regensburg. Stern rebuke awaits the profiteer who should attempt to of established regulations or violate fixed price schedules. In fact, illegiti-mate dealers and speculators of all categories are being emphatically informed that Oberammergau is bound to prove disappointing to them if they regard it as an opportunity for a quick

to the distance that separates us from Miss Woodward, while blindfolded, the farthest star. But nobody under-

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rimentation, with instruments to aid him, brought out a result that he selected as a test was the wellknown two first lnes of the Marseillaise-"Allons, enfante de la patrie, le jjour de gloire est arrive." Here are 16 syllables, and the professor's aim was to find out how quickly they could tible matter.

be thought of in the act of mentally recalling the words. Some individuals were faster, others slower, but the differences were "very slight," and the average came out as a rate of about 740 syllables in a minute, or a little more than 12 every second. The conclusion reached was that each conclusion reached was that each mental act takes one-twelfth of a second for its performance, and that thinking is made up of "units," each a Captain Knight, M.C., in "Wild Life in links; if you care to, you can w

twelfth of a second long. Human thought thus flows on at a the "smart" boy at the head of his periority is not greater speed of made of thought. And the speed, reached even the "dark ages."

How Big Birds Feed.

A good many of the large birds which feed on mice, small birds, lizards, and so on, swallow their victims

If a kestrel has swallowed some The latter, observing a set of mice, for instance, for its dinner one sticks reposing in a brand-new ba night, sometime the next day it will remarked: "I see ye gowf, sir!" begin to work its neck and head about "Oh. I've played the game for years."

in an uneasy sort of way, and soon it lied Mr. Profiteer, loftily. "Do y will eject from its beak the indigesti- play?" of a similar kind of process, writes, "Well, I'm just going down to

to its nest, will raise its head to the when they reached the links the "m same for the dull boy at college and full extent of its neck and begin a who had played for years" made a n series of convulsive movements of the tee, upon which he set his ball. The cheeks and throat. This goes on for taking a mighty swing, he missed. meal, consisting of half-digested eels "Graund game, gowf, sir," exclaim some few moments until, finally, a the blacksmith. thought, but the better use which is and other fish, is ejected into the nest. Another swing and miss. "Cap

A Natural Query.

without bothering even to remove the ing her favourite game is legion.

Nature has, however, provided them | cerns a certain war profiteer who was with a means of ejecting this indiges- visited by the local blacksmith in col

ble matter in the form of a pellet. Herons feed their young by means

the Tree Tops." The parent heron, having returned The blacksmith readily agreed,

enthusiastic of women golfers, and the number of stories she can tell concer One that she is fond of relating co

nection with a business transaction

"Nae, nae. I never saw a game pl

round the course with me."

splendid!" from the smith.

Yet another swing, and another m "Man, it's simply magnificent,"

Eat MRS. STEWART'S Ho

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By Gene Byrnet









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