

Had Headache For Two Years

A Barrie Man Tells of Persistent Headaches and Indigestion—Finally Found His Way to Good Health.

For two long years the writer of this letter was subject to severe headaches. The nervous system got run down, digestion failed, and there was continued loss of weight.

The use of Dr. Chase's Nerve Food changed all this, and now with scores of other Barrie people Mr. Nader is recommending the use of this food as the best means of building up the exhausted nervous system and curing headaches, indigestion and all the annoying symptoms of a run-down condition.

Mr. John Nader, 22 Pansong Street, Barrie, Ont., writes: "During the last two years I had an attack of indigestion, accompanied by severe headaches. I suffered from loss of appetite, and my system became run down. I also lost considerably in weight. I began using Dr. Chase's Nerve Food, and as they helped me I continued this treatment for some time. My condition is now greatly improved, my headaches are gone and my health in general is much better. I can cheerfully recommend the use of Dr. Chase's Nerve Food to those suffering from nervousness of any kind."

The reason Dr. Chase's Nerve Food is so effective in cases of this kind is because of its extraordinary mood-forming influence. By creating an abundance of rich, red blood it strengthens the action of the heart, vitalizes the exhausted nerves and builds up the system in every way. The appetite is restored, digestion improves, you rest and sleep well, and the new vigor and energy is felt in every organ of the human body. Dr. Chase's Nerve Food is doing wonders for men, women and children, whose systems have become weak and run down. It costs a box of 6 boxes for \$2.75, all dealers or Williamson, Bates & Co., Limited, Toronto.

McCain-Perley

A wedding of much interest in political and social circles was solemnized on Wednesday afternoon, October 2, in St. Anne's church, Fredericton, when Miss Laura Blanche, eldest daughter of George A. Perley, ex-M. L. A. of Margerville, became the bride of Andrew Davis McCain, son of H. H. McCain, ex-M. L. A. of Florenceville and himself one of the Liberal candidates in the last provincial election. The ceremony was performed by Rev. Orono Smith.

The bride entered the church on the arm of her father by whom she was given away. She was attired in a gown of silver tone, imported hat of brown, and carried a bouquet of cream and pink roses. Little Daisy Perley, niece of the bride, was flower girl. She was dressed in pink crepe de chine and carried a basket of pink and white asters. Mrs. Frank Good sang sweetly "Oh, Perfect Love," to the accompaniment of Mr. Oldham, the organist, who also played the wedding march. Mr. and Mrs. McCain left on a short honeymoon trip, after which they will reside in Florenceville. They were in St. John yesterday.

The groom's present to the bride was a diamond pendant, to the flower girl a miniature pendant and to the usher, F. T. Atkinson of Fredericton, he gave a handsome scarf pin.

The out of town guests included Mr. and Mrs. H. McCain, Miss Marie McCain of Florenceville, and Mrs. Slipp, of St. John.

THANKFUL MOTHERS

Mrs. Willie Theriault, Paquetville, N. B., says: "I am extremely thankful that I tried Baby's Own Tablets for my baby. Through their use baby thrived wonderfully and I feel as if I cannot recommend them too highly." Baby's Own Tablets break up colds and simple fevers, cure constipation, colic and indigestion and make teething easy. In fact they cure all the minor ills of little ones. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Splendid Showing

The announcement is made that there was a deficit of only \$106 in the big transaction of seed grain carried out by the provincial Department of Agriculture last spring. The total amount expended was \$173,804, of which \$163,700 has already been returned to the province.

The sum of \$10,171 is still due, but is amply secured to the province. Hon. Mr. Tweeddale and the officials of his department handled the proposition in a business-like way and are deserving of every credit for the results achieved. That it was a mighty good thing for the province is shown by the fact that the wheat crop this year is the greatest on record, and is estimated to be worth at least \$2,000,000. It is no wonder we find officials of the food control department declaring, "We've got to take off our hats to New Brunswick."—Fredericton Mail

Success of Crown Lands Stumpage Sales

The members of the Provincial Government, particularly the Minister of Lands and Mines, are to be congratulated on the success of this sale of timber berths. For the first time in the history of the province the berths were sold on a stumpage basis and the result was highly satisfactory. Under the old plan of selling the lands on a mileage basis, the yield to the province amounted to about \$3 per thousand feet. Yesterday the berths were offered

"First Aid" FOR OVER 100 YEARS JOHNSON'S ANODYNE LINIMENT

(A doctor's prescription for internal and external use.)

Removes rheumatism, neuralgia, sciatica, lumbago, sprains, strains, and many other common ills.

HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.

Providence, R. I.—"I was all run down in health, was nervous, had headaches, my back ached all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and headaches disappeared. I gained in weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman who is suffering as I was."—Mrs. Anna Lynch, 100 Plain St., Providence, R. I.

Backache and nervousness are symptoms or nature's warnings, which indicate a functional disturbance or an unhealthy condition which often develops into a more serious ailment. Women in this condition should not continue to drag along without help, but profit by Mrs. Lynch's experience, and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

at an upset price of \$5.50 per thousand and the price obtained ranged from that figure to \$17.50. The total sales aggregated \$70,000, on which a cash deposit of ten per cent was made. The result of the sale proves that the administration of the public domain is now in good hands.—Fredericton Mail

Upper Brighton

T. Pankhurst, and party returned to Bath, Me., accompanied by her mother and Mrs. Addie Campbell, daughter Anna and

Mrs. Loewen Clark, the latter to visit their sister and brother in Lewiston and Lowell.

On Tuesday Mr. and Mrs. T. Pankhurst, Mrs. R. Rourke, Mrs. Wade, Mrs. Wm. Rourke, Mrs. Wm. Dickinson and Mrs. Bert Day, motored to Houlton.

Mrs. Nellie Nevers was visiting friends in Hartland the past week.

Paul, the little son of Rev. P. J. Quigg is quite ill.

Mrs. Jordan and son Harold, were week-end visitors with relatives at Lower Brighton.

On Wednesday T. Pankhurst and wife, Mrs. R. Rourke, Miss Wade, Harley Rourke, Mrs. W. Rourke and Miss Alice Day motored to Fort Fairfield. On their return they were accompanied by Miss Vera Carr.

Rev. F. J. Quigg attended the funeral of Mrs. D. Lovely at River Bank on Sunday.

Mrs. Sophia Shaw of Conway, N. H., and Mrs. Gustan Day were visitors at Bert Day's.

Mrs. Neil McLean III

We are sorry to learn that Rev. Neil MacLean's change of pastorate, mentioned in this column last week, was in a large measure due to the ill-health of Mrs. MacLean. In accepting the call to Plaster Rock, where he will begin his ministry the second Sunday in October, he hopes that the return to the Tobique will have the desired effect in restoring Mrs. MacLean to her usual health.—Maritime Baptist.

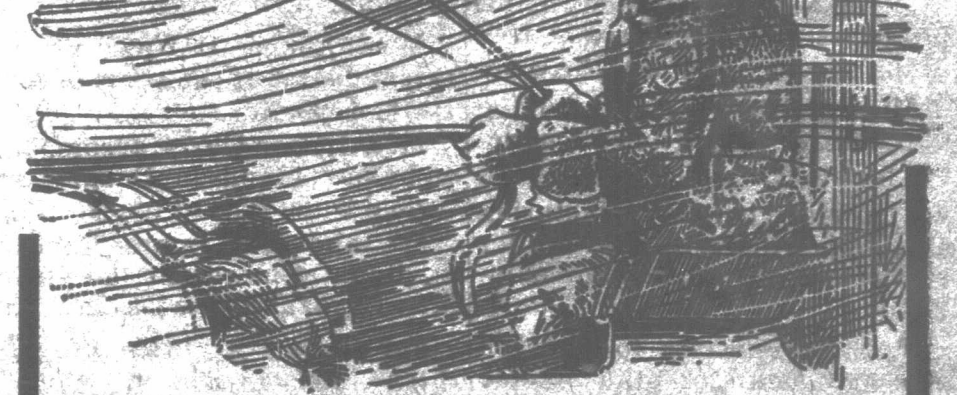
Lee-McEwen

A quiet wedding took place at

the Rectory on the afternoon of Sept. 25 when Hugh Lee and Miss Lucy Mae McEwen, both of Beaufort, were united in marriage by Rev. N. Franchette. The bride was given away by her brother, Newton McEwen.

After the ceremony dainty refreshments were served and the happy couple took the train for St. John. They will reside at Beaufort. Present at the wedding were also Ed. Lee and Miss Jennie Scovil of Beaufort.

Outdoor Workers



need the warmth and health protection that they get in the fine, big, heavy

ATLANTIC UNDERWEAR

Farmers, Lumbermen, Fishermen, Sailors, Miners, Teamsters, Steel Workers—know about the warmth, the health protection, the easy comfort, the sturdy service of Atlantic Underwear.

Ask your dealer to show it to you. This Trade Mark is on every garment to guarantee long wear.



ATLANTIC UNDERWEAR LIMITED MONCTON, N.B.



With Acknowledgments to Luke Fisher, R.A.

To every home there comes a time when every thought, every hope, every prayer for the future centres on the recovery of one loved one. In that hour of anguish, every means to recovery is sought—the highest medical skill, trained nurses, costly treatment. Does the price matter?

It may be so great as to stagger the imagination—a sum beyond the possible.

But does anyone ask, "Can we do it?" Money or no money, they do it. And somehow they pay.

It may mean doing without things they think they need. It may mean privations, sacrifices, hardships. They make unbelievable savings, they achieve the impossible, but they get the money to pay.

To-day in this critical period of our nationhood, there is imperative need for MONEY—vast sums of money. Only one way now remains to obtain it.

The nation must save, every community, every family, every individual Canadian must save.

If anyone says "I cannot save" let him consider to what extent he

would pinch himself to relieve the sufferings of a loved one at home; and surely he would not pinch less for our fighting brothers in France.

Without suffering actual privations, nearly every family in Canada can reduce its standard of living, can practice reasonable thrift, can make cheerful sacrifice to enrich the life-blood of the nation.

You who read this, get out pencil and paper NOW. Set down the items of your living expense. Surely you will find some items there you can do without.

Determine to do without them.

Start TO-DAY. Save your money so that you may be in a position to lend it to your country in its time of need.

Published under the authority of the Minister of Finance of Canada.

NOTICE—MILITARY SERVICE ACT, 1917

REGISTRATION OF UNITED STATES CITIZENS

Male citizens of the United States living in Canada of AGES 21-30, both inclusive, MUST REGISTER BY REGISTERED POST with the Registrar under the Military Service Act of the district in which they live, during the TEN DAYS NEXT FOLLOWING SEPTEMBER 28th, 1918; and such CITIZENS OF THE AGES 19, 20 AND 31-44, both inclusive, must so register during the TEN DAYS NEXT FOLLOWING OCTOBER 12th, 1918. It must be emphasized that THIS INCLUDES AMERICANS LIVING IN CANADA OF THE ABOVE AGES, MARRIED AND SINGLE, and includes ALSO ALL THOSE WHO HAVE SECURED DIPLOMATIC EXEMPTION OR HAVE REGISTERED WITH AN AMERICAN CONSUL, OR HAVE REGISTERED FOR MILITARY SERVICE IN THE UNITED STATES.

Registration letters may be handed to local Postmasters for despatch to the proper Registrar, under the Military Service Act.

MILITARY SERVICE BRANCH.

NOTICE—MILITARY SERVICE ACT, 1917

MEN EXEMPTED AS FARMERS

Having in view the importance of leaving a sufficient number of men on those farms, which are actually contributing to the National Food Supply, notice is hereby given as follows:

1. ALL MEMBERS OF CLASS I POSSESSING EXEMPTION AS FARMERS which is expiring and WHO WISH TO REMAIN EXEMPT should communicate with the Registrars under the M.S.A. of their respective districts, REQUESTING AN EXTENSION, IN TIME OF SUCH EXEMPTION. Questionnaires will thereupon be issued to these men by the Registrar and they will receive further exemption upon furnishing satisfactory proof that they are contributing sufficiently to the National Food Supply.

2. In order to facilitate productive employment during the Winter months, MEN EXEMPTED AS FARMERS SHOULD APPLY TO THE REGISTRARS FOR PERMITS TO ENGAGE FOR THE WINTER IN SOME OCCUPATION OF NATIONAL INTEREST, SUCH AS LUMBERING, MUNITION WORK, ETC. Such permits will serve to enable exempted farmers to pursue other useful occupations for the months during which farming operations cannot be carried on.

MILITARY SERVICE BRANCH.