

## IMPOVERISHED BLOOD

### A Common and a Dangerous Trouble—You Must Enrich the Blood to Escape Danger

Anaemia is simply a lack of blood. It is one of the most common and at the same time most dangerous diseases with which growing girls suffer. It is common because the blood so often becomes impoverished during development, when girls are too frequently allowed to over-study, overwork and suffer from a lack of exercise. It is dangerous because of the stealthiness of its approach, often being well developed before its presence is recognized, and because of its tendency to grow so steadily worse, if not promptly checked, that it may run into consumption.

The value of the tonic treatment with Dr. Williams' Pink Pills should be known to every mother in the land. These Pills make new, rich blood, tone the organs and nerves, bring a glow of health to pale, sallow cheeks, and drive away the weakness, headaches, faintness, heart palpitation and loss of energy so noticeable in young girls who are suffering from anaemia. To all such Dr. Williams' Pink Pills are an actual life saver. Miss Mabel McLaughlin, Prince Albert, Sask., says: "In my case I can only say that life had lost its magic, all work was a trial, and even pleasure only a task. When I went up a flight of stairs I was ready to drop from sheer weakness, and I had begun to think life would be a continued burden. But all this is now changed, thanks to Dr. Williams' Pink Pills. These were recommended to me, and after taking them for about a month I found my health renewed. I could sleep better, my appetite returned and I was so strong and well that housework was no longer a burden to me. My sister seemed to be going the same way last summer and Dr. Williams' Pink Pills were at once sent for and two boxes made her as well as ever. Dr. Williams' Pink Pills are now the prized medicine in our home, and doctor bills have been fewer since we discovered the virtues of this great medicine."

Sold by all medicine dealers or sent by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

The forest service in answer to an inquiry as to the general age attained by trees states that the ordinary pine tree attains 700 years; the silver fir, 425; the larch, 275; the red beech, 245; the aspen, 210; the birch, 200; the ash, 170; the elder, 145; and the elm, 130. The heart of the oak lives to rot at about the age of 300 years.

After a cold have don't fail to take a teaspoonful of Pink Pills mixed with a glass of hot water and sweeten. It surely prevents colds. Avoid substitutes, there is but one "Pink Pills"—Perry Davis'—50c. and 50c.

Old-fashioned sandpaper was made with selected sand—hence the name. What is known as sandpaper now is all made with crushed glass and is really much better than the old time product. Old bottles, etc., are first crushed and then ground, and the various grades of fineness are secured by sifting. To get the powder on the paper hot glue is applied as it passes through a machine and the powdered glass is sifted on at the same time. Then a wooden roller passes over the sheet and presses down and smooths the sand.

Minard's Liniment Cures Croup in Cows.

Under certain circumstances a woman will admit anything—except her age.

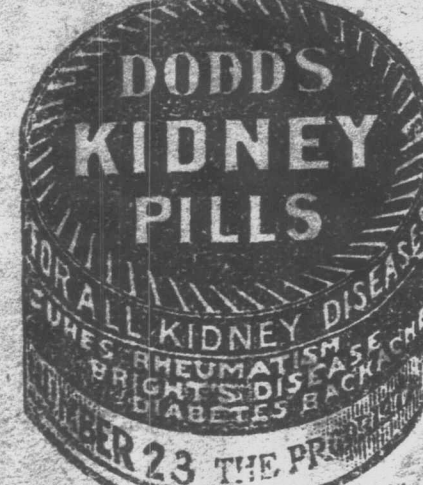
The dose 20c. It cures the Menthel found in "The D. & L." Menthol Plaster, which relieves instantly headache, neuralgia, rheumatism and catarrh.

### PARTIALLY SUCCESSFUL

Once there was an old goat that tried to pass himself off for a sheep. The watchful shepherd at once detected the imposture. He killed the goat.

He sold the flesh for mutton.

Blubb—Why do large women so often marry small men? Crab—They can't intimidate the big ones.



VOLUME NO. 4-10

## ALL SORTS OF THINGS.

### Interesting Paragraphs About Most Everything.

Lavender and rose perfumes are said to be fatal to microbes.

A single cocoon often yields more than two miles of silk.

The wireless telegraph is used in Spain to detect the approach of thunderstorms.

The United States Government spends annually from \$6,500,000 to \$7,000,000 for fuel.

Bathing the head behind the ears with hot water will often cure an obstinate headache.

Peat will be the only fuel used in one great German electric power generating station.

A web filament two and one-quarter miles long has been taken from the body of a single spider.

A California horticulturist has obtained an edible and nutritious fruit from the climbing rose by cross breeding.

The municipality of Glasgow is trying out wheels in which the rims are separated from the centers by a number of coiled spring to afford resiliency.

To clean ivory—piano keys, knife handles, etc.—rub well with a paste made of equal parts of ammonia and olive oil, allowing it to dry before washing off.

The Prussian State Railways have built a huge tank into which a car may be run and sealed for complete disinfection both inside and out by formalin gas.

To test the speed of projectiles driven by modern explosives, British scientists have perfected a chronoscope which measures time to the millionth of a second.

Insurance statistics show that it requires 300,000 new houses each year to accommodate the increase in population of the United States and 80,000 more to replace fire losses.

While the diamond is the hardest substance known it is also brittle and may be fractured by a blow. But if it is placed between two hard steel faces in a hydraulic press and a slowly accelerating pressure applied the hard steel will become indented.

A French inventor has produced a substitute for cotton made from wood pulp, and samples were exhibited at the recent meeting of the National Association of Cotton Manufacturers by Joseph Hope of Rouen, France. Cloth woven from the fibre is said to stand bleaching, dyeing and finishing as well as cotton and to have a more brilliant lustre.

### WOULD NOT BE WITHOUT BABY'S OWN TABLETS

Mothers having once used Baby's Own Tablets for their little ones would not be without them. These Tablets are a never failing remedy for the little ills such as constipation, colic, worms, colds, etc., that afflict so many little ones. And then, too, they can be given with absolute safety to the youngest child for they are sold under the guarantee of a Government analyst to contain no opiate or other harmful drug. Concerning them Mrs. Chas. Whately, Peterboro, Ont., writes: "I have used Baby's Own Tablets for my little girl and have found them to be of great value. Others to whom I have recommended the Tablets say they would not be without them." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### AFFORDING EXERCISE.

"I don't wish to say anything disrespectful about that spaniel of yours," observed the doctor, "but for a dog he is the worst busy-body I ever saw."

"If you had as many fleas as that dog has," said the professor, "you'd be a busy-body too."

### Kidney's Wrong?

If they are you are in danger. When through weakness or disease the kidneys fail to filter the impurities from the blood, trouble comes at once. Backache, Rheumatism, Sciatica, Gravel, Diabetes, Gall Stones and the deadly Bright's Disease are some of the results of neglected kidneys. Dr. Morse's Indian Root Pills contain a most effective diuretic which strengthens and stimulates the kidneys so that they do their work thoroughly and well. Try

### Dr. Morse's Indian Root Pills

### CORRECTED.

Bob was telling about his visit to the country. While there he had acquired some rustic idioms, and his mother was correcting these as he proceeded:—

"Well, we goes up—"

"Went up on the farm—"

"To the farm."

"To the farm, and there we see—"

"We saw."

"Little child. Now, begin again and tell it properly."

"Well, we went up to the farm, and there we saw a goat's little child." (Further narration suppressed.)

## ARE KNOWN AS THE FARMER'S FRIEND

### DODD'S KIDNEY PILLS DOING GREAT WORK IN THE PRAIRIES.

Michael Anderson joins the throng who are shouting their praises — They cured his Gravel and Rheumatism.

Pine Valley, Man., Oct. 31 (Special).—Michael Anderson, a well-known farmer living near here is added to the number of those who have sent the cry echoing over the Prairies, "Dodd's Kidney Pills are the farmer's friend." And truly Mr. Anderson has reason to praise the great Canadian Kidney remedy. Listen to his experience: "A strain and a bad cold started my troubles," says Mr. Anderson, "and for twelve long years I was a victim of Kidney trouble, Rheumatism and Gravel. Doctors attended me and I tried many medicines, but they did not cure me. Dodd's Kidney Pills cured me in less than one month."

It is easy to do anything when you know how. Mr. Anderson went right to the root of his trouble. He cured his Kidneys by using Dodd's Kidney Pills and with the root gone the other diseases disappeared. Dodd's Kidney Pills always make healthy kidneys and with healthy kidneys, you can't have Rheumatism or Gravel.

HER NEED. Lady—"No, I don't want no brushes nor no laces." Peddler—"Here you are, madam, 'Grammar for Beginners,' only sixpence."

We believe MINARD'S LINIMENT is the best: Mathias Foley, Oil City, Ont. Joseph Snow, Keweenaw, N.B. Charles Whitten, Mulgrave, N.B. Rev. E. O. Armstrong, Mulgrave, N.B. Pierre Landers, senior, Pokenouch, N.B. Thomas Wasson, Sheffield, N.B.

### AFTER-DINNER SPEECHES.

Novel Club Recently Formed in English Metropolis.

A novel club has recently been formed in London. It is known as the Public Speaking Club of Great Britain and has for its object the extinction of the after-dinner bore and the training of efficient after-dinner speakers. About 250 barristers, clergymen, solicitors, teachers, lecturers and business men, all of whom desire to become brilliant speakers, have joined the club. A curious method of training is to be employed in the case of the nervous speaker, when he mounts the platform to address his fellow-members, all lights will be extinguished and he will begin his speech in the dark. Gradually the lights will be turned on.

In regard to ambitious beginners who are nervous another method will be used. They will memorize a certain passage or speech and then deliver it from the platform together with a dozen other men. The number of men will be reduced until finally the bashful beginner is left alone on the platform to make his short speech by himself. By that time he has acquired a certain confidence and ease. For the man who rises to make a

### Shiloh's Cure

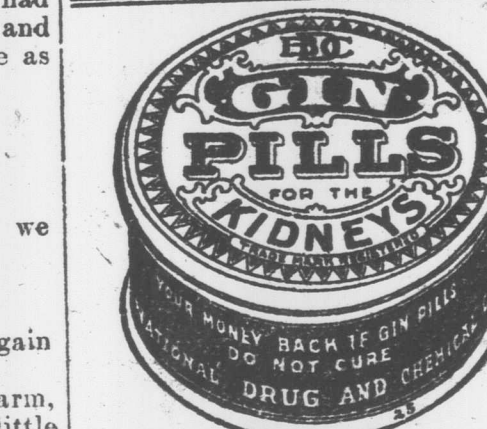
quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

speech and really has something to say, but is long-winded and rambling, there is a bell which will ring to show him he is beginning to bore his audience. This may be painful, but it is expected to have salutary results in teaching him just how long the average audience can bear digressions from the subject they wish to hear about.

Hewitt—Does the climate agree with your wife? Jewett—That's more than I'd expect of any climate.

It takes a smart man to make money out of his own failures.

It is better to make an excuse than to blame the innocent.



Send for free sample to Dept. W. L. No. 10, Medical Drug & Chemical Co., Toronto.

## THE FLATTERER.

They were discussing ages with a commendable degree of frankness.

"Well, now that you have brought the subject up, Miss Dobbson," said little Fribley, "how old are you?"

"Oh, I am as old as I look," smiled Miss Dobbson.

"Really?" said Fribley. "I am astonished. You really don't look it, you know."

Minard's Liniment Cures Disemper.

Jack—I went gunning in the country one day last week. Tom—Bag anything? Jack—Nothing but my trousers.

Red, Weak, Watery Eyes. Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c. At Your Druggists. Write For Eye Book. Free. Murine Eye Remedy Co., Toronto.

It's easier for some men to paint word pictures than it is for them to tell unvarnished truth.

"A little cold, you know," will become a great danger if it is allowed to run down the throat to the lungs. Nip the peril in the bud with Allen's Lung Balm, a sure remedy containing no opiates.

## THE INDULGENT FATHER.

He's just a boy, not nine years old. If I were you I wouldn't scold or punish him for what he's done; He isn't bad, just full of fun. He didn't know that that was wrong. You say you warned him right along?

Well never mind, just let him go. He won't do that again, I know. My boy was saucy! No, sirree, I'll bet he never meant to be. My boy was disobedient, too! I'm positive that that's not true. You say he broke your window pane!

I'll pay for it, but he'll explain. It was an accident, I'll give you. He couldn't help it anyhow. Why don't I whip him as I should! You can't whip boys and make them good.

And anyhow, he doesn't need A whipping. Why my heart would bleed.

To have to thrash him, he's so small. So young. He's only eight, that's all.

He's mischievous, I know, but then He's just a boy, and we are men. You can't tell me my boy is bad, I don't believe it. I'm his dad, I don't care what he's done to-day. Or what he's broken in his play. Or what he's said or failed to do. I'm for that youngster, through and through.

He's my boy, and I'm going to see How kind a father I can be!

## Shiloh's Cure

quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

### JUST STRUCK ONE.

It was an old custom among highwaymen to stop prosperous looking men on the street at night and inquire the time, and then, when the obliging party had pulled out his watch and named the hour, to snatch the watch and run off with it.

One night one of these footpads accosted an athlete.

"What time is it?" inquired the footpad.

The athlete dealt the crook a hard punch on the jaw. "Just struck one," said the athlete, as the footpad went down before his stinging blow.

"Gee," said the crook, as myriads of stars were clouding his vision, "I'm glad I didn't meet you an hour ago."

The Famous Rayo Lamp

The Rayo Lamp is a high grade lamp, sold at a low price. There are lamps that cost more, but there is no better lamp made at any price. Constructed of solid brass; nickel plated—easily kept clean; an ornament to any room in any house. There is nothing known to the art of lamp-making that can add to the value of the RAYO Lamp as a lighting device. Every dealer everywhere. If not at your, write for descriptive circular to the nearest agency of The Imperial Oil Company, Limited.

The Handy Jack

Does the work of 30 MEN

\$5 A DAY

The "Handy" Lifting Jack is a combination Lifting Jack and Wire Fence Stretcher. Equals any stretcher on the market, costs less. Has a dozen other uses besides. Pulls posts, mends and stretches single wire, sets tires, heads barrels, lifts heavily loaded wagons, traction engines and small buildings. Easily operated. Weighs only 22 pounds. Guaranteed for five years. Thousands being sold. An energetic farmer or other good man wanted to represent us in every locality. Write at once before your territory is taken. HANBY JACK MFG. CO., SARNIA, ONT.

A New Horse or Kendall's Spavin Cure?

Warren, Ont.

"I had a horse that had a spavin for a long time and I had tried nearly every kind of medicine when a neighbor told me to use Kendall's Spavin Cure, which I did and it acted wonderfully."

M. ROSENTHAL.

Kendall's Spavin Cure is no untried experiment, but is the world's standard remedy for all swellings, soft branches and lameness in horse and man.

Used the world over for 40 years. Every farmer, stockman, expressman, livery proprietor and horse owner generally should keep it always on hand.

\$1 a bottle—6 for \$5. Ask your dealer for free copy of our book "A Treatise On The Horse"—or write us.

DR. S. J. KENDALL CO. 56 Kenebrough Falls, Vermont.

IODINOL \$1 a box 6 for \$5

The most highly efficient application for the reduction of swellings, Goiter, Thick Neck, Glandular Enlargements. Its Positive.

PILES of all kinds, in any and all stages, quickly relieved and positively cured. Cure your suffering and live quietly. "Common Sense" for Piles will do it. \$1 a box, \$5 for 6 boxes. Mailed on receipt of price.

LYLE MEDICINE COMPANY, TORONTO

ASK ME WHAT RAW FURS ARE WORTH

W. C. GOFFATT

DRILLIA, ONTARIO

The Heart of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

Mrs. Caudle—Henry, did you miss me the night I was away? Mr. Caudle—No, I went to a lecture.

Minard's Liniment Cures Diphtheria.

A MODERN MIRACLE SHOWS HOW ZAM-BUK CURES ARE PERMANENT

FACTS

1. He had Eczema for 25 years.
2. His hands were so bad he had to wear gloves day and night.
3. Doctors said he could never be cured.
4. For 25 years he tried for cure in vain.
5. Then he tried ZAM-BUK.
6. ZAM-BUK cured him.
7. TO-DAY, three years after his cure, he says: "I AM STILL CURED—there has been no return."

Mr. T. M. Marsh of 101 Delorimier Ave., Montreal, has had this wonderful experience of Zam-Buk. Mr. Marsh has lived in Montreal for over 30 years, many of them at his present address. He is well known and is willing to satisfy any enquirer as to the genuineness of his cure. He suffered 25 years from eczema in the hands and had to wear gloves day and night, the itching was so terrible when the air got to the sores. Doctors said there was no cure. Three years ago Zam-Buk cured him. Interviewed a few weeks ago he said:—

"From the day I was cured by Zam-Buk to the present moment I have had no trace of the eczema and feel sure it will never return. When I think of the marvellous cure Zam-Buk worked in my case I am more and more impressed by the value of this great household balm. I have had letters of enquiry from all over Canada, and am glad to personally corroborate the published facts of my cure."

FREE BOX. Send this coupon and 10 stamp to Zam-Buk Co., Toronto, for sample box. Mention this paper.

1121

ZAM-BUK IS IT IN YOUR HOME?