

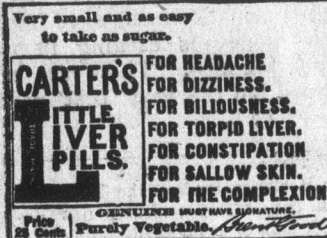
## ABSOLUTE SECURITY.

Genuine  
**Carter's**  
Little Liver Pills.

Must Bear Signature of

*Wm. Wood*

See Fac-Simile Wrapper Below.



CURE SICK HEADACHE.

How Dreams Are Weighed.  
An ingenious instrument which demonstrates the close connection that exists between dreams and brain calculation is known as the "tilt board." A long, shallow tray big enough for a man to recline upon is balanced exactly upon a steel blade. A subject is placed upon it and put to sleep, whereupon the end containing his feet generally falls. But eventually the subject begins to dream, and then the tray containing the sleeper's feet responds, the extent to which it moves varying according to the vividness of the dream. The explanation is that the blood leaves the brain of a sleeper directly the mental activities cease, and the head as a result becomes lighter, and the sleeper dreams small quantities of blood are recalled to the brain to supply the dreams, and the balance is gradually changed. In this way dreams may be weighed.

When flattery is applied to friendship it's a case of make or break.

A big voice is too often mistaken for the gift of oratory.

## And now as to Diamonds!

It is not without reason that Canada's largest Jewelry house should be known as Diamond Hall.

All over the Continent this is the famous giving unequalled diamond values. A permanent buying staff at Amsterdam ensures advantageous purchasing, and our customers receive the price benefit.

A Diamond Hall guarantee means an absolutely perfect stone.

**RYRIE BROS.**  
LIMITED  
134-138 YONGE ST.  
TORONTO - ONT.



It is made of the finest quality two and three ply Australian wool, much finer than Canadian wool, because grown in a warmer climate.

The more strands there are in a rope the stronger it is, weight for weight. On the same principle, a two or three ply yarn is more durable than a single strand.

Ceetee Underwear will not shrink nor get out of shape, and will wear out retaining all the original qualities of wool - is soft and elastic.

Your Dealer will replace any Ceetee garment that shrinks.

Made at Galt, Canada, by

The C. TURNBULL CO., Limited

and sold by all reliable retailers.



CAROLINE M. SEVERANCE.

She Organized the First Woman's Club in the United States.

America's oldest clubwoman, Mrs. Caroline M. Severance, spending her last days beneath the sunny skies of Los Angeles, Cal. One says "last days" upon discovering that her age is eighty-five, but it is hard to realize that Mrs. Severance has celebrated so many birthdays, for she is as active and as interested in life and people as she was at forty. The Friday Morning club of Los Angeles, which she founded, calls her "eighty-five years young." The nearly 5,000 clubwomen of Los Angeles also lovingly refer to her as "the mother of clubs," and she is also known by this title wherever in any part of the country a woman's club is founded.

Mrs. Severance was born in New York in 1820 and was the daughter of Orson Seymour, a member of an old Connecticut family. In 1840 she married Mr. Severance, who has been dead



MRS. CAROLINE M. SEVERANCE.

for several years. When the Severances lived in Cleveland, O., for service in the early fifties, their home was the Mecca of all the cultured people who visited the city, including Emerson, Alcott, Wendell Phillips, Garrison and others equally well known. In 1855 the Severances moved to Boston, and it was there that Mrs. Severance, in 1860, organized the first woman's club of the United States, the New England club of Boston. In speaking of the object of forming this first society Mrs. Severance says:

"We had our social life and our church life, but we wanted some gathering in which the women could meet on equal mental grounds without society or the church and be helpful in every way to one another."

She was the president of this club for three years.

Mr. and Mrs. Severance went to California and made their home in Los Angeles in 1875, building the home in which Mrs. Severance now lives. Since that time the "Red Room," as the cottage, now "El Nido," was called, has been the rendezvous of cultured and noted residents and visitors. For many years Mrs. Severance was the president of the first woman's club of Los Angeles, organized by herself soon after her arrival.

Although her memories of the past are so delightful and are filled with days and hours spent with the Alcotts, Emersons, Hawthornes and others whom just to know was an honor, Mrs. Severance does not live in the past. She has more interests and demands on her time than the majority of younger women. She is interested in kindergarten work and started the first kindergarten in Los Angeles. She is womanly, motherly and altogether charming.

Mrs. Severance's good deeds are by no means all in the past, but so modest is she about them that one seldom hears of the many kind acts of this young old woman.—Pittsburg Dispatch.

Women Should Sit More.

"Women don't sit enough to their kitchen work," declared the elderly housewife. "There's a heap of ills and ailments that could be avoided by using just a little common sense. Now, no woman would think of sewing or darning while standing up, yet they do equally foolish things in the kitchen."

"Take peeling potatoes or other vegetables, for instance. The majority of women stand near the sink for such work, whereas they could do it equally well by sitting down. How many do you see beating eggs while sitting down? Precious few, I'll warrant. They stand when mixing dough for pastry or biscuits. After the dishes are washed they stand up to dry them when it's just as easy to sit down. There's a hundred little things to be done while preparing meals which are just as easy to do while sitting as standing. Then when the day's work is done they drop into an easy chair and wait about how tired they are. There's a chair in nearly every kitchen, but it's mostly used for standing on to get things from the shelves. Sit down more, I tell you, and you won't have that tired feeling so much."—New York Press.

Mending by Machine.

With little practice all sorts of mending may be done on a two threaded sewing machine, without turning the work at all, by placing the article under the presser foot and sewing forward across the tear or thin place. When at the point where the work would ordinarily be turned, lift the presser foot ever so little with the right hand and with the left pull the work gently and steadily toward you, without stopping the machine at all, says

the Brooklyn Times. Sew backward to the point where you started from. Then release the presser foot with the right hand and sew toward you again until it is time to reverse. By this means you gradually move over a long tear with the right side of the article resting on the table of the machine and on your lap.

Mend the torn scallops of Hamburg embroidery in the same way. For a small boy's trousers seat this method of mending has no equal. Baste a good thick patch on the wrong side. Place in machine with ragged side up, then stitch up and down until all the thin part is well covered. Literally you can mend a pair of trousers while the small boy waits.

Door and Window Hangings.  
After years of striving after ornate methods of arranging door and window hangings the interior decorators have returned to the more simple designs, news that will be gladly welcomed by the housekeeper who does her own decorating. Hangings should be arranged so that a person looking at a hanging will know instinctively that it leads to the dining room, library or a bedroom, etc., by the color, pattern of the material and the fashion of drapery. Even the size of the room will be apparent if a careful housewife follows an old rule observed by furnishers of select small designs for little rooms and big patterns for large apartments.

Potatoes on the Half Shell.

Bake large, smooth potatoes of uniform size until they yield to the pinching fingers. Divide each carefully in half, lengthwise. Scrape out the interior, taking care not to break the skin. Mash the potato with a little hot milk and melted butter until you can beat it into a cream. Salt and pepper beat in two tablespoonsful of grated cheese for two cupsful of potato and return to the waiting shells. Set into the oven until hot through and slightly browned. Serve in the skins.

When Machine Stitching.

"One of the most annoying things in running a sewing machine is to find that the lower thread has run out just when in the middle of the seam," says a writer in Good Housekeeping. "Now, I run my seam and wind the next bobbin at the same time. I put a spool of cotton in the little top drawer of the machine, leaving the drawer a little open to allow the thread to pass more easily, then use the winder as usual and never have to wait for a fresh shuttle."

Barley as Food.

Barley is rich in nitrogenous substances and contains large quantities of iron and phosphoric salts. Weight for weight, both barley and rye contain quite as much nutritive material as wheat, but it is in a less digestible form, and the flour of both grains makes a compact bread which is considered difficult of digestion. When cooked whole in soup for a long time it is easily digested and nutritious.

To Remove Bad Odors.

Lumps of fresh charcoal tied inside of fish nets and hung wherever there is a convenient place is a marvelous power to remove all bad odors in the cellar. As its power is strictly proportioned to its freshness, which heating restores, the charcoal bags must be taken down each week and emptied, the charcoal heated hot and returned to the bags, which in turn are replaced.

Lavender Scented Sheets.

Lavender scented sheets are said to induce sweet slumbers. The odor is exceedingly fresh, clean and wholesome, and old fashioned housewives always scented their linen and drapery with sprigs of the sweet old flower. Italian orris root and French violet, a dried root, may be substituted for the lavender if the latter cannot be procured.

Don't Be Blue.

The remedy for the blues lies with us ourselves. On your dark days put on your brightest and prettiest gown and see how it raises your spirits. It is difficult for cheerfulness to express itself in somber surroundings. If one does not feel like laughing, lift the corners of the mouth and one laughs for force.

Kitchen Furniture.

One of the most fascinating pieces of furniture in the modern kitchen is an old fashioned settee. Its high back lifts up and rests on the sides to form a table or ironing board, while the seat, when raised, reveals many compartments filled with ingeniously devised cooking utensils.

Say the Nice Things.

A woman should not be afraid to say the pleasant things that rise to her lips. There is no reason on earth why frankness should consist in saying all the disagreeable remarks one can collect and that the kind words should be thought insincere.

Don't make home irksome. If you would not have your children lost to you in after life make home happy to them when they are young. Don't force the children to look elsewhere than at home for pleasure.

Lemon Juice will whiten linen, the grated rind of an orange strained through a cloth will give a yellow tint and strawberry or cranberry juice will produce a pretty shade of pink.

Put a few grains of rice in the salt-cellar to keep the salt from caking. As the cellar is shaken the rice will keep the salt moving.

In filling a lamp in which it is impossible to see the height of the liquid use a definite measure.



PROMINENT CANADIAN  
OWES LIFE TO PE-RU-NA.

Suffered Ten Years—  
Lost 100 Pounds in Flesh.

Mr. J. N. Latrelle, the well known grocer and liquor dealer of Montreal, Can., has been one of the leading business men of that city for thirty years. He writes as follows:

"I had catarrh of the head, throat and stomach for about ten years, and for the past two years had been growing weaker and weaker, and coughed continually. When in health my weight was 260 pounds, but I lost 100 pounds in a year. Catarrh had made me almost blind and deaf. I felt discouraged."

"Finally I tried Peruna, took three bottles, and now I must say that my health is much improved, and have gotten rid almost entirely of the effects of that dreaded disease."

Auctioneers in England.

The auctioneers of the United Kingdom cannot claim to belong to a very ancient profession so far as that country is concerned. Though auctions were familiar institutions in ancient Rome, to have been held about 1700, when Sir John Yalden, governor of Fort George (Madras), put up for sale his trophies of the east, and although "auction" was defined in 1673 as "a making a public sale and selling of goods by outcry," it does not appear to have been recognized then as a British institution. The word "auctioneer" does not occur before the eighteenth century.

Lorenzo Dow and Burr.

When the timid colonial clergymen were afraid to criticize Aaron Burr's treason they asked Lorenzo Dow what he thought of Burr's meanness. He raised both hands like a great V and shouted: "Aaron Burr means! Why, I could take the little end of nothing whittled down to a point, punch out the pith of a hair and put in 40,000 such traitor souls as his, shake 'em up, and they'd rattle."

Eminent Doctors Praise its Ingredients.

We refer to that boon to weak, nervous, suffering women known as Dr. Pierce's Favorite Prescription.

Dr. J. E. Fyfe, one of the Editorial Staff of THE ECLECTIC MEDICAL REVIEW says of Unicorn root (Helonias Dioica) which is one of the chief ingredients of the "Favorite Prescription": "A remedy which invariably acts as a uterine invigorant for normal activity of the reproductive system." He continues: "In Helonias we have a medicinal agent which more fully answers the above purposes than any other drug with which I am acquainted. In the treatment of diseases of the reproductive system, a case is seen which does not present some indication for this remedial agent." Dr. Fyfe further says: "The following are among the leading indications for Helonias (Unicorn root). Painful action of the back with menorrhagia; atonic (weak) conditions of the reproductive organs of women, mental depression and irritability, associated with chronic diseases of the reproductive organs of women, constant sensation of heat in the region of the kidneys; menorrhagia (flooding), due to a weakened condition of the reproductive system; abnormal conditions of the digestive organs and anemic (thin blood) habit; dragging sensations in the extreme lower part of the abdomen."

If more or less of the above symptoms are present, no invalid woman can do better than take Dr. Pierce's Favorite Prescription, one of the leading ingredients of which is Unicorn root, or Helonias, and the medicinal properties of which it most faithfully represents.

Of Golden Seal root, another prominent ingredient of "Favorite Prescription," Prof. Finley Ellingwood, M. D., of Bennett Medical College, Chicago, says:

"It is an important remedy in disorders of the womb. In catarrhal conditions and general debility, it is useful."

Prof. John M. Scudder, M. D., late of Cincinnati, says of Golden Seal root:

"In relation to its general effects on the system, there is no medicine in use about which there is such general unanimity of opinion. It is unconditionally regarded as the tonic used in all debilitated states."

Prof. Bartholow, M. D., of Jefferson Medical College, says of Golden Seal:

"Valuable in uterine hemorrhage, menorrhagia (flooding) and congestive dysmenorrhea (painful menstruation)."

Dr. Pierce's Favorite Prescription faithfully represents all the above named ingredients and cures the diseases for which they are recommended.

Don't laugh at the man who has made good resolutions. Help him keep them. You may need a crutch yourself some day.

We wouldn't fully appreciate the happiness of married life if it were not for being miserable occasionally.

## CHURCH - CHIMES

HOURS OF SERVICE.

The services in all the churches in the city are held at 11 a. m. and 7 p. m., except the following:—  
St. Joseph's R. C.—8.30, 10.30, 7.30.  
Seventh Day Adventists—3 and 7.  
Campbell A. M. E.—11 and 7.30.  
First Baptist—11 and 7.30.  
Union A. M. E.—11 and 7.30.

Pastors and others who contribute news items to this department of Saturday's Planet will confer a favor by seeing to it that their "copy" reaches this office not later than Friday at 4 p. m. Matter received later than that hour cannot be guaranteed insertion.

International Bible Lesson for Tomorrow.

The Wise Men Find Jesus.—Matt. 2, 1-12.

Golden Text.—"My son, give me thine heart."—Prov. 23, 26.

God guided and inspired these wise Gentiles to seek and find Jesus, the infant King of the Jews. The Chief Priests and Scribes and these wise men all agree in expecting He would be born in a natural way, of earthly parents, and to assume rule as an earthly king. They had no idea, as we have, of His being the Divine Son of God, conceived by the Holy Spirit, nor of the spiritual nature of His dominion in the hearts of His people throughout all the ages.

Contrast, their seeking, a success, and that of our poor Doubt-habors, a miserable failure.

The faith of these wise men was not shaken by the lowly condition in which they found him, because it was a God-inspired faith, and they were moved to give generously for the service of the King, just when His treasury seemed to need it most.

"Being warned of God in a dream"—see verse 12—reveals to us that He had them specially in His gracious care, and that their communion and fellowship with them was the secret of their wisdom in seeking and finding the Lord Jesus Christ. "As many as are led by the Spirit of God, these are the sons of God," and never in the history of our earth are so many being led to our Lord and Saviour Jesus Christ, as there are at the present time in all lands. Yet, He is despised and rejected of men as much and more than in the days of His flesh.

May all who teach and who are taught this lesson be led to find their King and Saviour, who once was found in a manger, but who now waits to be gracious on His throne of Grace.

Ask and it shall be given unto you; seek, and ye shall find; knock, and it shall be opened unto you.—Matt. 7, 7.

You are wise men if you do.

CHURCH NOTES.

First Presbyterian.

Rev. A. H. MacGillivray, pastor, will conduct the service and preach on both occasions to-morrow.

Sunday School and Bible Class at 3 o'clock.

Annual meeting of the Ladies' Aid Society, Monday afternoon at 3 o'clock.

Regular weekly prayer meeting on Wednesday evening at 8.

Christ Church.

Sunday School is held every Sunday afternoon at 3 o'clock.

Christ Church Junior Guild meets every Monday night at 8.

Holy Communion the first Sunday in every month, at 11 o'clock service, and an early celebration at 8.30 the third Sunday in every month.

St. Andrew's.

The pastor, Rev. Dr. Battisb, will occupy the pulpit on both occasions to-morrow.

Bible Class and Sunday School to-morrow afternoon at 3 o'clock.

Prayer meeting every Wednesday evening at 8 o'clock.

The week of prayer continued next week. The meeting on Monday evening will be held in St. Andrew's Church at 8 p. m.

Holy Trinity.

The rector, Rev. J. W. Hodgins, will conduct the services and preach on both occasions to-morrow.

Sunday School and Bible Class to-morrow afternoon at 3 o'clock. Parents will please see that their children are in attendance.

The W. A. M. A. will meet on Monday at 3 p. m.

Holy communion on the first Sunday in the month at 11 o'clock; on the third Sunday at 8.30 a. m.

Park St. Methodist.

Rev. W. L. Rutledge, pastor.

The Rev. Wm. Ketticoff, of the Central Methodist Church, St. Thomas, will preach morning and evening.

Meeting for Christian fellowship to-morrow morning at 10 o'clock, in S. S. Hall.

Bible School at 3 p. m. Sunday School in S. S. Hall. Bible Class in the Church, Young Men's Club in the Vestry.

Mid-week service Wednesday evening at 8.

Young Men's Club Tuesday evening at 8, in S. S. Hall.

Epworth League Monday evening at 8, in S. S. Hall.

Week of Prayer next week.

Victoria Ave. Methodist.

The pastor, Rev. E. B. Malott, B. A., H. D., will conduct the services to-morrow, taking as his morning

## Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. Cures hard cases, desperate cases, old cases. You can trust a medicine the best doctors approve. We have no secrets. We publish the formulas of all our medicines. J. C. Ayer & Co., Lowell, Mass.

**\$1.25 Gas!**  
WHY NOT LIGHT YOUR  
HOUSE WITH GAS....?

If you now use Gas for fuel, you can at very small cost have the necessary piping and fixtures installed, pay a small sum monthly on the completed work, and pay the low price through one meter, for fuel and light, of \$1.25 net per 1,000 cubic feet of Gas.

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to walk over to....

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You get style and quality thrown  
in at the lowest possible price . . .

**A Fit Always Guaranteed at**

**THE T. H. TAYLOR COMPANY**

ORDERED CLOTHING DEPARTMENT

theme, "Four Lessons from Four Things that are Little Upon the Earth"; evening theme, "A Vital Question Answered."

Classes meet to-morrow morning at 10 o'clock and 12 noon.

Bible Class and Sunday School to-morrow afternoon at 3 o'clock.

Regular weekly prayer meeting on Wednesday evening at 8.

The Epworth League meets on Friday evening at 8 o'clock.

William St. Baptist.

Rev. J. W. Hayt, M. A., Pastor.

Prayer meeting to-morrow morning at 10.

The pastor will preach at both services. The morning theme will be "God's Great Promise to His Church and People"; evening subject, "A Good Wife and True Mother."

The sacrament of baptism will be administered at the close of the evening service.

Sunday School and Bible Class to-morrow at three.

Regular weekly prayer meeting on Wednesday evening at 8.

Week of Prayer next week.

Latter Day Saints.

Services will be held as usual to-morrow, when Peter McBryne, of Botany, will speak both morning and evening.

Religious Society at 8.15.

Sunday school to-morrow afternoon at 3 o'clock.

Prayer service at 3 p. m.

Regular weekly prayer meeting on Wednesday evening at 8.

Religious Society will meet on Friday evening at 8 o'clock.

Salvation Army.

Salvation Army, Union Depot: knee

MESSRS. C. C. RICHARDS & CO.

Gentlemen—Last winter I received great benefit from the use of MESSRS. RICHARDS' LINIMENT in a severe attack of La Grippe, and I have frequently proved it to be very effective in cases of inflammation.

Yours,

W. A. HUTCHINSON.

A PRIVATE TRAIN THROUGH MEXICO.

A beautiful trip—all the month of February in Mexico, the oldest country in the New World—is being organized by the Grand Trunk Railway System, leaving Montreal in special sleeping cars on the "International Limited," 9.00 a. m., January 29th, 1906. These cars will be attached to the private train leaving Chicago the following morning. Perfect arrangements. Rate includes everything. Train under special escort of the best authority on Mexico. Finest train in the world. Best and only thorough tour of Mexico offered. Particulars and descriptive matter from any agent of the Grand Trunk Railway System or from J. D. McDonald, Union Station, Toronto.

THE GERHARD HEINTZMAN

The only strictly high grade Piano made in Canada, reputed for its distinguished quality of tone, and its beautiful up-to-date appearance. Insist on a Gerhard Heintzman when you buy the most exacting. Studio in charge of Miss M. Richards, over Von Gunten's Jewelry Store. Write to

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## RUBBER STAMPS

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FURNISHED AT  
The Planet Office