## After the Coffee," IRON-OX

Tiny Tonic Tablets and the dinner will be thoroughly digested.

It is impossible to enjoy a good dinner when you know that headache, heartburn, sour stomach, palpitation, constipation, are likely to follow.

IRON-OX, little chocolate coated tablets. positively prevent all unpleasant consequences.

They tone and invigorate the stomach, regulate the digestive fluids, cause natural activity of the

Why not try?



# WORLD OF SPORT ABSOLUTE

\*\*\*\*\*\*\*\* LACROSSE

GETTING READY.

A meeting for all interested in our national game, lacrosse, will be held in the Council Chambers of the Town Hall on Friday evening, March 25th. A large attendance is earnestly re quested. The lacrosse boys feel that they have not received the support they should from our citizens during the past two or three years, and in consequence it has been a hard struggle for them to keep a team in the field. They are willing to organize again this year, and play the game for all that is in them, but they do not feel disposed to do so unless they have the co-operation of the citizens. Blenheim Tribune.

It has been stated by Thamesville that they would like to see a lacrosse league formed, including Ridgetown, Dresden, Wallaceburg, Bothwell, Rod-ney and Thamesville. Very good idea. The matter will be considered at a meeting in the future.

Highgate will play lacrosse this summer. Well, the boys in that burg made a grand success of baseball and they will likely do the same with the faster game.—Rodney Mercury.

GOOD PROSPECTS.

GOOD PROSPECTS.

Let's see, there are in town now of last year's team Dr. McLevey, the only goal keeper; "Bobby" Tough, who is hard to beat; "Billy" Whitton, clever pfayer ;Carl Pinfold, the old stand-by, and others. Then "Archie" will be on deek when the team lines up for battle. But new material has arrived. Hewson, a fast player; Williams, lately with Owen Sound; Mctintye, of last year's Hamilton team Latimer, who has lined ap against such teams as Fergus, Branpton, and Orangeville. And then mention must be made of the fast juniors—Zoller, Henry and Billy Mistele, W. Thomas and P. Yale—and more will be heard from before the saason closes. True, we have lost some players, but with an array such as Rodney has now she can bump up against the best of them. Then Gordon Morris is not fat away, and we understand Mr. Patterson, manager of the bank at West Lorne, is an Al filayer, who at one away, and we understand Mr. Pat-terson, manager of the bank at West Lorne, is an A1 player, who at ong time lined up with some of the North-ern teams. Lots of material.—Rod-ney Mercury.

#### BASEBALL

BLENHEIM BOYS ORGANIZE.

A meeting of those interested in baseball was held at W. E. Hall's ofice on Tuesday evening for the purpose of organizing a baseball club for Blenheim this season. Rev. G. B. Brown was elected chairman of the meeting and W. E. Hall, scoretary, and the business was then proceeded with. An organization was formed, and about 20 names secured as members. The membership fee was plac-ed at \$1.00.

The following officers were elect-

President—Mayor Henry.
Vice-Pres.—J. W. Shillington.
Sec.-Preas.—J. W. Shillington.
Sec.-Preas.—J. W. McNutt.
Captain—R. Bannon.
Manager—J. E. Livingstone.
Executive Come—The officers.
A good deal of enthusiasm was manifested, and it is more than probable that we will have an excellent team here this year. Practice will begin as soon as the weather permits.—Blenheim Tribune.

#### TENNIS

Bothwell Tennis Club has organized for the coming season. The presider is J. J. Vincent, and the secretary P H. O'Keeffe. An effort will be made to establish a league with the sur-rounding clubs.

#### THE GUN

The Palmyra and Botany Rifle clubs had a match Friday afternoon on the race track. The conditions were 12 men each, one hundred yards, Tive shots per man, open sights, string measure, the losers to pay for a supper prepared at the Arlington Hotel. The boys from the west had to settle. They were defeated by about forty inches. Charles Haycroft made the shortest string.

The annual meeting of the Ridge-town Gun Club was held on Friday evening. The report showed the club in a flourishing condition. The fol-

in a flourishing condition. The following officers were elected for the coming year:

— President—D. McMackon,

Vice-Pres.—S. Coll.
Captain—H. D. Bates.
Sec.-Treas.—C. H. Eastlake.

Committee of Management — G.
Laing, J. Scane, A. McRitchie, F. Galbraith and J. McLaren.

Tuesday afternoon a number of friends and relatives of Mr. John Chester gathered at, his home to celebrate his eightieth birthday, A dainty supper was served, after which a very enjoyable time was spent in the parlor in music, speeches, etc. Mr. Chester at eighty years of age is hale and hearty and enjoying life. We wish him many happy returns of the day.—Glenwood correspondent to Merlin Mirror.

'A man's character is never really ormed until he is married, thus re-narked the Wise Guy.

Don't you mean reformed i murmur-d the Simple Mug.

## Carter's Little Liver Pills.

Must Bear Signature of



CARTER'S FOR HEADAGE ... FOR TORPID LIVER. FOR CONSTIPATION

FOR SALLOW SKIN. FOR THE COMPLEXION

GURE SICK HEADACHE.

KENT BRIDGE. Thomas Bartley is confined to the

Human affection is the foundation of the idea of immortality; love was the first to speak that word.

## WORN TO A SHADOW.

Work to A shapew.

When there is a falling off in flesh in woman or man there is "something wrong." And that something wrong is generally a loss of nutrition due to disease of the stomach and the other or an and nutrition. So metimes this loss of flesh is a ccompanied by variable appetite, but in many cases the appetite does not fall and there may be a constant desire to eat. Languor, nervousness, irritability, sleeplessness, are symptoms of ten associated with this loss of nutrition and falling off in flesh.

Doctor Pierce's Golden Medical Discovery cures disease of the stom-

Golden Medical
Discovery cures
disease of the stomach and other organs of digestion
and nutrition. It enables
the perfect digestion and assimilation of
food so that lost flesh is regained an
the physical health re-established.

the physical health re-established.

"I had suffered from indigestion and only those who have suffered from it know what it really is," writes Mrs. M. I. Fagan, of 163 Hast Genesee St. Syracuse, N. Y. "I had had severe attacks of headache and dizziness, with cold hands and feet; everything I ate distressed me, bowels were constipated and I was growing verythin and mervous. I cannot half express the bad feelings I had when I commenced taking Dr. Pierce's Golden Medical Discovery. I took nine bottles of the 'Discovery' and have taken several bottles of Dr. Pierce's Heasant Pellett. I commenced feeling better with the first bottle and kept on improving. Now I am so greatly improved in health my firends often spell of it. I most heartily recommend these medicines to all suffering as I was."

The People's Common Sense Medical

The People's Common Sense Medical Adviser, in paper covers, is sent free on receipt of 31 one-cent stamps for expense of customs and mailing only. Address Dr. R. V. Pierce, Buffalo, N. Y.

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Chatham, Ontario.

## A BARGAIN.

FOR SALE CHEAP.

If desired the house with half the lot will be sold, Dunn & Charteris

General Insurance and Loan Agents. Office over Meynell's Store, King St., Chatham. Telephone 420 

## DISTRICT DOINGS.

S. S. NO. 8. CHATHAM.

S. S. NO. 8, CHATHAM.

The following is the Monthly report of S. S. No. 8, Chatham, for February, The report is based on written examinations, punctuality, conduct and attendance.

Class V.—Ethel Shaw, Vina Clyde.
Class IV.—Harold Shaw, Otis Purdie, Rhoda Morgan, Peter Hill, Hazel Shaw, Bruce Stuart, Pearl Morgan, Jocie Mo'r, Elmer Pal'ng, Beryl Meir.
Class IV.—Jr.,—George Paling, Franklin Clark.

Class III.—Harold Campbell, Ruby Turner, Alfred Crowder, Peach Moir, Irene Brown.

Class II.—Archie Morgan, Bruce Morgan, Edith Shaw, Chester Shaw, Llewellyn Brown, Pearl Turner, Lawrence Clark, Sadie Turner.

Class Sr. Pt. II.—Exa Morgan, R. Tong, Roy Morgan, Joseph Tong, May Brown.

Class Jr. Pt I.—Everna Shaw, Marian

Part I., Int.-Rose Tong, Doris Duddy. Part I, Jr.—John Moore, Verns

JESSIE C. HALL,

Now that the backbone of winter is broken we can draw a breath of relief, and look back ever one of the

CHARING CHOSE.

F. W. Shearing, M. C. R. agent, is suffering from an attack of la grippe.

Frank Drewery su tained the loss of a valuable horse, last week, which he imported from England a few, years ago.

Wm Meloche returned home last week from Niagara Falls, where he has been employed by the M. C. R. for the past two months.

We are glad to report that John A. Stringer is able to be around again, after his recent illness.

Mrs. E. Wiers returned home Saturday, after spending a few weeks with relatives in Dover.

Edward Wright is engaged for the coming season with John Early.

B. Jacobs spent a few days in Ridgetown last week.

Miss Edna Drewery entertained a number of her friends last Monday ening, it being the occasion of her birthday.

S. S. White and J. E. Meloche are busily engaged loading hay at the M. C. R. depot, which was baled by S. Cutmore & Sons.

E. B. West spent Sunday and Monday with friends at Guilds.

Joseph Hewitson and daughter, Miss Isabella, of Newcastle, England, are the guests of the former's sister, Mrs. E. Brown.
P. J. McGee returned last Thursday from a ten days' visit with relatives in Woodstock and Kintore.

[Miss Louise Palmer spent Sunday at Thomas Johnson's, Vietoria.
Mr. and Mrs. Thos. Liddle, of Zion, are the guests of the latter's father, Mr. John Chester, this week.
W. C. Estabrook is attending the Dominion Council of the R. T. of T., at Hamilton, this week.

Miss Ruth May, of Chatham, is visiting her father in the village this week.

week.

Mrs. John Brown, of Wheatley, is the guest of her sister, Mrs. Wm. Vipond, this week.

Miss Rena Mason, of Merlin, spent a couple of days last week the guest of Miss Louise Palmer.

Brown. Class Jr. Pt I.—Verna Shaw, Marion

Average attendance for February, -22.

SOUTH BUXTON.

It was the worst in many respects. It-was the worst in many respects. About the 18th of last November, when farmers were taxed to their utmost strength in trying to finish their seeding and gather in their root crops, and had hardly started their fall plowing, when Jack Frost came along and put an end to all such operations, and he continued to close his grip tighter and tighter all the while. The snow fell thick and fast, and the high winds piled it up high in great drifts in every direction. Some times a little rain would come and settle the snow and it would immediately freeze into ice.

ately freeze into ice.

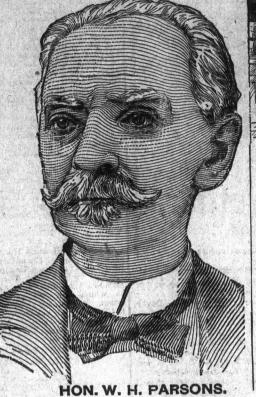
In January there were several thunder storms, followed by a bitter cold wave. Then February gave us terrible floods; the streams and ditches wave. The records and ditches were filled with snow that had become solid with the previous rains and frosts, and the great snow-drifts formed perfect dams, so that the water had no outlet and spread over the whole face of the country, entering cellars and buildings where the floors were near the ground. Ana on the last day of February came the raim of the season. The previous flood had frozen into a sheet of ice, so that the last flood swept over everything, making travelling very dangerous and the care of stock a great task.

But our troubles on the high lands were light compared with those that confronted the Raleigh Plains people. Quoting their own version, the water came in with a great rush and

confronted the Raleigh Plains peo-ple. Quoting their own version, the water came in with a great rush and found many of them sick in bed with the grippe and other causes, no doubt brought on by the dampness' from the first flood that entered their houses. Their drains being in the same condition as ours, the wat-er poured into their houses and out-buildings, and their sick had to be reached through upstairs windows. Some lay in their beds and viewed the reached through upstairs windows. Some lay in their beds and viewed the water flowing through their bedchambers, while others were compelled to move out entirely, the water passing over their door knobs. In some cases stock were frozen in the ice in the buildings and had to be chopped out, and the straw-stacks thrown down to make a dry place for the horses to lie down. Horses, cattle and pigs were driven up there and watched to keep them from drowning, and in many cases the supply of fuely was carried away by the current, and there was much suffering.

# JUDGE OF THE SUPREME COURT

Was Alarmingly Afflicted With La Grippe. Cured by Pe-ru-na.



reaches the source of all diseases of the mucous membranes by its action on the

vaso-motor system of nerves.

Every person who has had la grippe during the last year should take a course of Peruna. No one need expect perfect recovery unless they do so. The grippe Pe-ru-na cures more has produced catarrhal inflammation of the whole mucous membrane, and good health is impossible until these are cases of than all other remedics

dies have been suggested for this con-dition from time to time, but Peruna appears to be the only remedy that has any substantial value in these cases. It has never failed to give satisfaction combined.

has never failed to give satisfaction during forty years' experience and still occupies the unique position of being the leading (if not the only) specific remedy for the after-effects of la grippe.

Henry Distin, the inventor and maker of all the band instruments for the Tienry Distin Manufacturing Co., writes W. H. Parsons is Ex-State Senator and Ex-Special Judge of the Supreme Court of Texas, also Erigadier-General in Confederate Army. In a recent letter from 925 H Street, N. W., Washington, D. C., this prominent gentlethe following from 1441 South Ninth street, Philadelphia, Pa.:

restored to a normal condition. This Peruna will do. A great many reme-

"I had a bad attack of la grippe last December which lasted more than three months, and which left me with catarrh, "Upon the recommendation of personal friends and many strong testimonials as to the efficacy of Peruna in the treatment of the numerous symptoms of the grippe with which I have been afflicted for four months past, I have been induced to undergo a treatment with this justly celebrated formula. I feel a decided change for the better after using it only one week. It is especially good in toning up the stomach and has had a decided effect upon my appetite. I therefore feel much encouraged that I am on the road to complete restoration.

"My numerous friends in Texas, where I have had the honor to command a brigade of her Veteran Cavalry in a four years' war, may accept this voluntary testimonial to the merits of Peruna as a sense of obligation on my part for its wonderful efficacy."---W. H. Parsons. and several of my friends advised me to try Peruna. I began with a bottle the first week in March and it certainly did me a great deal of good. I was so well satisfied that I purchased another bottle and followed the directions, and can say that it has cured me."—Henry Distin.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will

There is no remedy in the world that soothes while it stimulates, heals as it be pleased to give you his valuable advice gratis.

There is no remedy in the world that soothes while it stimulates, heals as it be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of the Hartman sanitarium, Columbus, Q.

A reward of \$10,000 has been deposited in the Market Exchange Bank, Columbus, Ohio, as a guarantee that the above testimonial is genuine; that we hold in our possession authentic letters certifying to the same. Every one of our testimonials are genuine and in the words of the one whose name is appended.

Maude Meloche spent Sunday at her home.

Louis Meloche and John Robinson were Chatham visitors Saturday.
Geo. Shaw, of the sideroad, spent Sunday with friends in Blenheim.
Mrs. John Harvey has moved to her new farm in Baddertown.
T. B. Harvey spent Sunday with his friends in the village.

John Foster has started a stage route up the Middle Road to Merlin.
While driving home Saturday evening P. Jonkinson met with a collision with some unknown person driving at a 'urious rate of speed. The buggy was made a total wreck.

Marie, D. Labombade.

Part I.—H. Regue, E. Edwards, L. Legue, G. Taylor, F. Budd, W. Johnson.

"Better out than in"—that humor that you notice. To be sure it's out, and all out, take Hood's Sarsaparilla.

WABASH.

Miss Louis was the guest of Miss Clara Bedford on Sunday.

Mr. Orvil Meredith and family have.

Lever's Y-Z(Wise Head) Disinfecta Powder is a boon to any home. It disinfects and cleans at the same time.

S. S. NO. 3, RALEIGH.

Miss Louis was the guest of Miss Clara Bedford on Sunday.
Mr. Orvil Meredith and family have moved on a farm in Sombra.
Will Neil has returned from England and preached in the L. D. S.'s church on Sunday evening.
Mrs. Martha Hawkins is on the sick list.

Following is the report of S. S. No. 3, Raleigh. Names in order of merit:

Class V.—E. Chrysler.
Class IV., Sr.—W. Drury, C. Budd,
F. Lee, H. Chrysler.
Class IV., Jr.—P. Drury, M. Dolsen,
G. Hitchcock.
Class III.—R. Maine, N. Wardell,
R. Hitchcock, G. Lee, R. Wardell.

R. Hitchcock, G. Lee, R. Wardell. R. Hitchcock, G. Lee, R. Wardell.

Class II.—G. Legue, I. Legue, L.

Legue, R. Edwards, E. Wardell, P.

The funeral of Abraham Blakely, of Thamesville, was largely attended by

Cures

Rheumatism and all other mal-

adies resulting from

Disordered Kidneys.

Guaranteed.

All druggists; box 50 pills, 50 cents.

Refuse Substitutes.

a large number of friends of this place.

Mrs. David Cuttler has returned home from visiting her daughter in Chatham.

FIRE, LIFE & ACCIDENT

Money to loan at lowest GEO. K. ATKINSON

F. B. Proctor.

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5th Street, Next Harrison Hall,

Commission Broker. N. Y. Stocks, Grains, Provisions, Cotton.... Wo better service anywhere. Why

don't you trade at home? In formation f.ee. Telephone 240. +++++++++++++++++++++



EYE-GLASSES.

Such as ours, must be worn to be fully appreciated. We have so much confidence that our glasses are a trifle better than you can buy any place else that we offer free tests, or give you back your money if dissatisfied.

A A. JORDAN

Jeweller, Sign of Big Clock, Chatham.