'HE WESLEYAN, FRIDAY, APRIL, 91880.
in ire apparatus
 ber pire runs of theng in the the
 onnecteo of the ene enginin,
trivence by which tozzle ve tonce by which although then en
tha man who is puares hat or "gor onead,", co
that can be arreed apon,
h.ch is struck on a apong canal of the ear resem
of a glove, the tivo being
anit is lined with e are from one thoushani
nod mitute glands, whick
ond of the canal as is it is is formHable that the tendencey
lways to move outward no necessity in aumards, healthy
oving it artifically. Those
ir it out with hey draw out, and also
of injuring the delicate
re $:-1 \mathrm{n}$ every grievenc
the score of bad or tain 5 at least learn to distrus
it tas been in rather than
d ask ourselves whe le that a substance which
gone so far out of its wa nay no far have been flinally
na a manner for which our
in in a manner for which our
pe transaction is alone reLet it be borne in mind
of the milk we purchase is
ant than that ant than that which pre-
wo obvivous reasons-first,
ve it at a late ve it at a late period of its
bas already suefftred from
usage, and is, therefore asage, and is, therefore,
ible of injury; and second-
ceive it in small puantitioa ceive it in small puantities,
expose a proportionatly
ce to contan

## pr Fat. it is unple

ese ; but the morbid dread
bis in recent years become his in recent years become
has no foundation in phy-
ht. Fat answers two pur. Ft. Fat answers two pure
as a non-conducting enve.
body and pratects it from so of heat, and it serves as
ole. In the course of ex.
seases it not unfrequently ata the life of a pationt may
d un il the reserve of fat is
nd tieu he dies of inanition nd theu he dies of inanition.
the material of the heating
which vitalty mainly dowheat excess it is inconveni-
grexternal lay ings-on-of-fat
ond measare for the internal
of adipose tissu a mueh
enclency to grow fay imply, en estocy to grow iat imply,
sest, a tendency to what is
fatty degeneration." It is
$k$ on d on this point, as the most
ons seem to prevail. Again,
that the special forms of ethat the special forms of
line fat. That is an old and
tion. Some organisms will tion. Some organisms will
them be fed on the leanest
$t$ and least sacharine desfood; whilst others will not a " let them feed on the most
of diets. The matter is d to which it is supremely
did politic to be natural, ad-
aod taken to the requireood taken to the require-
lith rather than substance. , sufficient exercise, and
ite with moderatien in the ite with moderation in the
lants, compose the maxim
i healthy wase healthy way of life.

## ring is a new method of pre- eal pudding, and differs some- at in gene eal padaing, and at in general use. Take one atmeal, one quart new milk, atmeal, one quart new milk, ir the oatmeal into the milk ond ever night. Then batter in the oatmeal and mulk, atir ot baking powder, and afterer the basin a well-fowered i for two bours. $I$ eaten asing   




