SPORTS

We're number one-Yeomen volleyball players, Brian Rombough and Larry Simpson (back), celebrate following their victory over the Western Mustangs in the Ontario championships. York won their third straight title.

Two for the price of one

While the University of Toronto may have two undefeated championship hockey teams (pending this week's Toronto-Guelph final). York can lay claim to two undefeated volleyball champions.

The Yeomen (18-0) outclassed the Western Mustangs 15-6, 15-3 and 15-5 while the Yeowomen (25-0) defeated McMaster 15-7, 15-6 and 15-11.

For two of York's volleyball athletes, Larry Simpson and Flona MacGregor, the victories were extra special with both graduating this year.

Get more out of practice

When asked about the lack of competition in Ontario and its possible adverse affects on York's play at this year's Nationals at Dalhousie University, MacGregor claims it may hurt the team. "We get more out of practice."

York, second-ranked behind Laval Rouge et Or, will face stiff opposition, but as MacGregor notes, "Calgary and Quebec will be tough. We'll just have to get psyched up for every game.
"We don't have a tall team, but will rely on running our quick

offence. Therefore, height shouldn't make a difference."

The Yeowomen have a well-rounded team with depth on the bench, however their mainstay is defence.

Will York win? "It depends on how much we want it," said MacGregor.

Laid a bruising on them

For Simpson York's record-setting third straight Ontario title was most satisfying.

The host Mustangs never had a chance on their home court as York quickly wrapped by the match in less than an hour.

York coach Wally Dyba said about the match, "We laid a bruising on them to say the least."

The victory could be attributed to York's freshness following a ski trip to Blue Mountain but Simpson believes it's a matter of experience and preparation. "Other years we peaked too early. Our experience pays off because we're able to handle the pressure."

What are their chances in Nova Scotia? "We're not as well prepared competitively as Western teams," said Simpson, "but there's no team that we won't be competitive with."

Dyba's optomistic, but the Nationals have been know to be breeding grounds for upsets. "If we play like we did against Western—who knows?"

-Xavier

Graham just misses gold but brings home:

A silver medal

Jules Xavier

On the surface Jonathan Graham, York's premier wrestler, is a soft hearted individual who enjoys sun flower seeds while in training. You find it hard not to like the guy. But when you meet him face to face on the wrestling mat he takes on a whole new character. His attitude—pin or be pinned.

A silver medal

While in Regina this past weekend, Graham, competing in the Canadian University Wrestling Championships, captured the silver medal in the 158 pound weight category.

Graham wrestled conservatively, but felt good about his placing.

His nemesis from Guelph, Ken Bradford, thwarted Graham's gold medal aspirations with two 12-0 and 13-1 victories. He was unable to pin Graham.

Physically strong

"He's physically strong and countered me defensively." said Graham about Bradford. "I was physically and mentally prepared for him though. I had him a few times but was unable to stick him. Next year I'll be more prepared for him."

Overall, York coach Albert Venditti was rather pleased with the performance of his team in Regina.

Along with Graham rookie teammates Randy Smith (126 lbs.) and Aaron Hume (150 lbs.), also competing,

finished fifth and sixth respectively. In team standings York finished tenth.

Guelph University won their second consecutive team title with 29 points, followed closely by Lakehead with 24 and the University of Western Ontario with 18.

Always a bonus

"With two rookies it's always a bonus when they qualify for the Canadians," said Venditti.

"Aaron and Randy wrestled over and above themselves," Venditti added. "All three wrestled guys they struggled with at the Ontario's, but turned around and did well at the CIAU's."

Smith, not expecting to finish fifth, pulled off a major upset at the tournament defeating Western's Dave Gordon who was the previous year's CIAU champion.

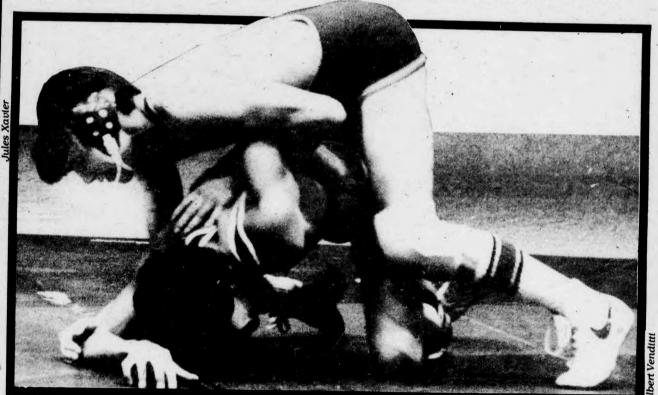
"It was one of the best matches I've ever wrestled," said

Smith. "I was on cloud nine following it."
Smith credits his success to Venditti. "It's a tribute to
Albert in taking an awkward high school kid like me to
the Canadian's in one year. I was expecting my year next
year to tell you the truth. It just shows his calibre of
coaching."

A bad weekend

Hume, disappointed with his placing, attributed his placing to "a bad weekend."

Following the Nationals, Londo Iacovelli, Guelph's head coach said, "The biggest surprise of the tournament was the improvement of York's team."



All wrapped up with no place to go-Yeoman rookie Randy Smith (top) in action.

Victory is sweet

Jules Xavier

Its been a long time coming.
It took four years but the Yeowomen basketball team squeezed by the University of Toronto Lady Blues 58-56 to capture York's first ever Ontario basketball title this past weekend in Sudbury.

York 58 Toronto 56

York coach Frances Flint attributed the victory to the team's patience. "We kept chipping away at their lead. We didn't panick. They (York) had confidence in themselves. Our team balance came through for us."

Play of the game

Down by 7 points at the half, York chipped away at Toronto's lead, closing to within 3 with two minutes remaining in the game.

Number one

With York ahead by one, Kim Holden made the play of the game, stealing the ball from Toronto and after being fouled, scored the insurance basket with 3 seconds left.



The Bronze Baby

The victory was especially gratifying to Flint. "In getting the trophy we are showing the other schools—establishments-that York is the number one school."

The Bronze Baby

Flint's attention is now focused on 'The Bronze Baby.' Going into this year's Nationals

in Saskatchewan Flint points out that the pressure is off York. "We'll prove to the rest of Canada we belong there (Nationals)."

Hates to lose

York's Fern Cooper and Leslie Dal Cin, tournament allstars, played exceptionally well according to Flint. Dal Cin, with 18 points and Cooper with 12 led York. Toronto's Pat Melville added 21 points.

Cooper, who hates to lose, said, "I just can't believe we won after being down. If we ever hit stride—look out."

X-rated: York advanced to the Ontario finals with victories over Western 100-71 and Guelph 63-58 while Toronto defeated Brock and surprised Laurentian 61-60. At one point Laurentian were up by 19 points over Toronto. Toronto and Laurentian (wild card team) also advance to the Nationals. York face Winnipeg in their first game and will meet either Victoria or Toronto if they win. Winnipeg defeated York 76-69 earlier this year.