

My Digestion Is Now Good

And I Feel Like a Young Man Since
Using Dr. Chase's Kidney-
Liver Pills.



Prof. A. T. Smith.

What a horrible condition the digestive system gets into when the liver becomes sluggish and the bowels constipated. The poisonous waste matter is thrown back into the blood stream and finds its way into all parts of the body, causing pain and aches and feelings of fatigue and misery.

It is wonderful how quickly Dr. Chase's Kidney-Liver Pills sweep the poisons from the digestive system and enable the organs of digestion to resume their natural functions.

Prof. A. T. Smith, 1 Mt. Charles street, Montreal, and formerly of Boston, Mass., writes:—"I suffered for many years from bad digestion, constipation and horrible backaches. I have been treated by many doctors without any results. One day a friend in Boston advised the use of Dr. Chase's Kidney-Liver Pills. After using two boxes I noticed great improvement, and after the fourth box I was completely cured. My digestion is good. I never feel any pain in the back. My head is clear and I feel like a young man. I think Dr. Chase's Kidney-Liver Pills are one of the best medicines on earth."

Dr. Chase's Kidney-Liver Pills. one pill a dose, 25 cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

TOBACCO HABIT.

Dr. McTaggart's tobacco remedy removes all desire for the weed in a few days. A vegetable medicine, and only requires touching the tongue with it occasionally. Price 25c.

LIQUOR HABIT

Marvellous results from taking his remedy for the liquor habit. Safe and inexpensive home treatment; no hypodermic injections, no publicity, no loss of time from business, and a cure guaranteed.

Address or consult Dr. McTaggart, 75 Yonge street, Toronto, Canada.

SPECIAL Introduction Offer

As a special inducement to have you try KA-TO-LA KIDNEY AND LIVER TABLETS and KA-TO-LA CORN SALVE, we will for a limited time, for only 35c (coin or stamps) send you, post paid, one regular 50c box KA-TO-LA Kidney and Liver Tablets and one regular 25c box KA-TO-LA Corn Salve. KA-TO-LA Kidney and Liver Tablets are unequalled for KIDNEY and LIVER TROUBLE, CONSTIPATION, BILIOUSNESS, HEADACHES and SALLOW COMPLEXION.

KA-TO-LA Corn Salve will remove your CORNS, root and all, easily and without pain or discomfort; also BUNIONS and CALLOUSES.

ONLY ONE ORDER at this price will be accepted from same address. MONEY POSITIVELY RETURNED IF YOU ARE NOT SATISFIED. Send your order today.

KA-TO-LA SPECIALTY CO., P.O. Box 1414, Dept. H.M., MONTREAL, QUE.

Dr. de Van's Female Pills

A reliable French regulator; never fails. These pills are exceedingly powerful in regulating the generative portion of the female system. Refuse all cheap imitations. Dr. de Van's are sold at 25c a box, or three for \$10. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont. Sold by the Ultra Druggists, Winnipeg.

life application of electricity will bring about a notable improvement even after years of paralysis, when the muscles seem wasted away to nothing.

The Invalid's Christmas

An old lady who had been an invalid for years, when asked what gift had pleased her most of all, produced a scrapbook about Scotland—her native country. Her daughter had devised and made the book, and it contained pictures of many familiar home places, also sketches of Bruce, Wallace and Scott. There were, too, copies of some Scotch lullabies, sketches of Ellen's Isle with quotations from Scott, and some anecdotes and short stories of Scottish life. The cover of the book was appropriately decorated with sketches of flowers of Scotland done in water-colors to match their natural colors. It was a very attractive and interesting book—one that anybody could easily imitate by collecting material of equal interest in connection with other countries.

An invalid man, who often amused himself by playing games with cards, found much comfort in the present of a small, light lapboard, about eighteen inches long by ten wide and a quarter of an inch thick. It was made of oak, and carefully finished with a dull polish. It proved handy for holding many other things besides the cards: a cup of coffee, a plate of fruit, etc.; and its usefulness was really out of all proportion to its very slight cost.

Anything mysterious appeals alike to old and young, and a "Wonder Box" holds a pound or two of curiosity and more than that amount of pleasure. To prepare such a box a friend of the invalid informs other friends of the idea and asks them to bring some small gift to her house, where the packages will be wrapped with gayly colored paper and ribbon, and then placed in a box to be sent to the invalid's home on Christmas morning. Slips of paper should be attached to each gift with congratulations and the time to open them. Some of them should be especially marked—for instance, the card on a cup and saucer might read: "Open this when ready to eat your breakfast," or some message equally appropriate, and so on each article according to its use.

A collection of snapshot pictures of friends at their sports, with the date and a little story of their merry makings written on the back of each one of the photographs, will help to while away pleasantly many an hour in the sick room.

Weighing an Atom

Recent scientific researches have apparently not only proved the actual existence of indivisible particles, but have actually succeeded in weighing them. This wonderful result has been accomplished almost simultaneously by two physicists—Perrin, of the University of Paris, and Millikan, of the University of Chicago.

Professor Perrin arrived at the discovery by a study of the so-called Brownian movements of minute particles, the nature of which had not previously been understood. He conceived the idea that the curious dancing and twinkling of minute particles seen in emulsions under a microscope are due to the bombardment of the visible particles by invisible particles, or atoms. By applying well known laws of physics to the problem, he was able to determine that the weight of an atom of hydrogen is such that three million billion billions weigh one gram (15.4 grains).

But the atom is not the ultimate particle, but a group consisting of a thousand or more of smaller particles called electrons. Under the influence of powerful electrical currents, atoms may be made to throw off some of their electrons. Professor Millikan devised a method of capturing and weighing these electrons and measuring their electric charge.

The weights of atoms and molecules as determined by the two wholly different methods agree with those which have been previously determined by other

EAT AND BE STRONG

To be well and strong you must eat food, and having eaten it, you must digest it and so turn it into the material of your own body. You cannot be well if your body is not properly nourished, and it cannot be nourished if your food does not digest perfectly. Indigestion (imperfect digestion) will make you weak and ailing, subject to headaches, stomach pains—very likely constipation, and certainly discomfort after eating. Matters do not end there, for the poisons, formed in your stomach from the stagnant mass of food, will be drawn into your blood and carried to every part of your body, thus weakening your system and rendering you liable to more deadly diseases. Don't hesitate. Take Mother Seigel's Syrup. It so strengthens the stomach and liver that indigestion becomes impossible, and it cleanses your system of all impurities.

STRENGTH COMES FROM FOOD BUT IT MUST BE WELL DIGESTED

"Six years ago I had a very bad attack of Indigestion. After eating the least bit of food I suffered agony. I had terrible pains in my back and head, and began to lose weight. I tried various remedies, but got no relief.

"I was persuaded to try Mother Seigel's Syrup, and after the first few doses I felt great relief. I continued taking it for about three months and was then completely cured, and I have been well ever since."—Mr. J. E. Deschines, St. Eugene, L'Islet Co. Que.

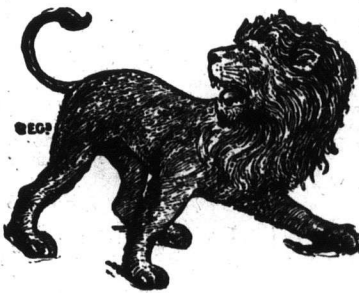
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ENSURES GOOD HEALTH.

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It is Time for You to Stop.

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The most popular and practical treatise published on the Laws governing Life, with special chapters on Generative Weakness, Flagging of the Powers and practical observations on Marriage.

Contains valuable remarks to Weak and Nervous Men on how to preserve the health, regain Strength and restore the Powers when lost.

To the inexperienced, the married, or those contemplating marriage, no other work contains so much helpful or sensible advice, or will prove so interesting and instructive to those who desire to preserve their Strength, build up the whole Nervous System, restore the Powers to advanced age or fit themselves for Marriage. It will be sent in a plain, sealed envelope to any address on receipt of 10 cents.

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