For Flavor

Always fresh and pure. - Sold only in sealed aluminum packets.

About the House

many babies every summer. The only safe food for a young baby is mother's milk. Most of the babies who die in the summer are bottle-fed. It is very important that the mother should not the feedings covered and on ice. A homemade ice box is easily made as

Get from your grocer a deep box about 18 inches square and put 3 plates and filled with junket which inches of sawdust in the bottom. Place two pails in this box, one a smaller pail, inside the other, and fill the space between the outer pail and the box with sawdust. The nursing bottles filled with milk are placed in the inner pail. This pail is then filled with cracked ice, which surrounds the bottles. The inner pail should have a tin cover. Nail several thicknesses of newspaper on the under surface of the cover of the box. This ice box should be kept covered and in a cool place. The water from melted ice should be poured off and the ice renewed at least

In hot weather less food is required than in cold and the mother should not expect a rapid gain in the weight of the baby. In fact she should be content if the baby does not lose weight. Though the appetite for food is less, an abundance of cool, boiled water should be given between meals.

At the first sign of diarrhoea stop all feeding, giving as much cool, boil-ed water as the baby will take and consult the doctor at once. The sooner the doctor sees the baby, the sooner will the baby be cured.

The Bath-In addition to the baby's daily bath, it is well to give a cool sponge bath two or three times a day in hot weather. If the baby has prickly heat, sponge several times a day with a solution of baking soda made soda in one pint of water.

Clothing—The clothing should be

muslin slip are enough. In very hot weather take off all but the diaper.

Flies are Enemies-Flies are ba-They carry disease germs and must never be allowed near the baby nor upon anything that out of the house, kill those that do get in and cover the carriage or crib with white mosquito netting

COOL DESSERTS FOR HOT DAYS.

There are no simpler and yet entirely satisfactory desserts for summer than those made with milk and rennet tablets. Most cooks think of tine salads. junkets only in relation to sick people and they fail to appreciate the possipuddings which take so much longer to prepare.

should never be heated above low blood warmth-simply take off the chill, but never heat to a steam.

after every meal Cleanses mouth and teeth and aids digestion. Relieves that over-caten feeling and acid mouth. Its 1-a-s-t-1-n-g flavor satisfies the craving for Wrigley's is double value in the benefit and pleasure it provides. Sealed in its Parity The flavor lasts

SUMMER CARE OF THE BABY. | It is well to pour the desired quan Summer time is danger time for tity of milk into the pan and let it young babies. Everyone knows that set a little while with the sugar to babies feel the cold, but it is not so dissolve it. Also have the rennet tabgenerally realized how very sensitive they are to heat. Food—Unsuitable food and unsuit- ready, set in the place where they are of work. able care of good food help to cause to chill. Moving them about is apt to the digestive troubles that kill so break the junket and spoil its appear-

end of flavors one can use to make the dessert really interesting. When cherries are stewed, chill and drain them of their juice, place a large table-spoonful in the bottom of each dish, and pour the junket into it. When ready to serve, add another table-spoonful of cherries on top, or, if possible, whipped cream. Cantaloupe scooped out and chilled, set firmly on plates and filled with junket which has been simply flavored with vanilla out to serve to think so. Why, you did the ment turn-dessert really interesting. When cherries on tonce more catch step tow, and then once m dessert really interesting. When cherwean her baby during the summer of their juice, place a large table. except on the doctor's advice. If the spoonful in the bottom of each dish, baby is bottle fed, be sure to keep and pour the junket into it. When is excellent.

A few pieces of chopped canned pineapple with a tablespoonful of shredded cocoanut also combines well with vanilla.

Flavored with lemon extract, a dessert is quickly made with chopped peanuts spread over the top after it has set.

A very good chocolate junket is made by adding two tablespoonfuls of cocoa, softened in a little milk, to the vanilla pudding and adding a few chopped nuts as it sets.

If the whites of two eggs are beaten very stiff and two tablespoonfuls of melted currant juice folded in with a little sugar, plain almond, vanilla or lemon junket can be made very attractive by serving with tinted mounds of meringue. Instead of dusting the top with nutmeg, try a little ground cinnamon. ground cinnamon. Or serve the jun-kets with fresh sliced peaches or

blackberry preserve The secret of making this simple dessert seem extraordinary is to leave it undisturbed while chilling, adding the final touches only just before serv-

Spread on soiled streak of collar, let bition. But they were worse in their For see, a rainbow spans the sky. dry, then brush off. If the collar is way than the Mexicans. by dissolving a teaspoonful of baking dry, then brush off. If the collar is not thoroughly cleaned, put on a sec-

have been boiled-three or four to a cloth and touch lightly

Straw matting.—Wash the matting with clear warm water and dry at ness of his thoughts came the mononce with a soft cloth which will abort ory of Stanley Robertson's words:

sorb the moisture and prevent colors "Don't drive them!" touches him. Use screens to keep flies sorb the moisture and prevent colors from running.-I. M. K.

SALAD HINTS.

Fruit juices are nice additions to

salad dressing, used on fruit or gela-

Lettuce that is intended to be eaten in a salad should be cut in ribbons bilities in using them in place of the with a pair of scissors. The quickest way to dry lettuce for a salad is after washing to toss it lightly in a colander To make a good junket, the milk and then wipe with tissue paper or paper towelling.

Sour cream makes a rice, rich and It should be flavored with cinnamon or nutmeg.

the daintiest garnish for potato

Grated hard boiled egg is pretty on

Shredded cocoanut adds sweetness

and richness to a fruit salad.

dates and prunes used in salad. Celery salt will take the place of fresh celery to give a salad a pleasing flavor

The liquid from mustard pickles is good in the dressing of meat or fish the work.

To make a salmon salad from one for discharging his foremen. They can of fish serve more than the usual were polite to him-as politeness goes number of people, cold cooked green peas and cucumbers may be mixed ed to his suggestions and apparently with the fish and, also, a little of the put such suggestions to trial.

heart of the lettuce. Cold slaw makes an appetizing stuff-

ing for ice cold tomatoes.

Pears, canned or fresh, with nuts and cheese, are an especially nice lun- far he had proved a flat failure on

The place with the shortest name

For Sore Feet-Minard's Liniment.

PART II.

The end of the week found Car on edge. He had driven, he had threatened, he had even discharged one or two of the most flagrant of the laggards, but a comparison of pro-gress with Robertson's records showed him that he was accomplishing even less than his predecessor. Cameron knew the job. More, he knew he knew it. Cameron was just, asking nothing unreasonable; yet a spirit of sallen unrest permeated the entire camp from the fat, black-mustached cook to the thin, cigarette-amoking your ster who took charge of the tools.

When Cameron called together his foremen to award the promised bonus he discovered a singular situation: Whether by accident or deliberate design every gang had seemingly accident or deliberate design every gang had seemingly accident. When Cameron called together his Whether by accident or deliberate as sign every gang had seemingly accident in his complished the same small quantity contenmate

don't seem to think so. Why, you did better under Mr. Robertson, and that was far from setiment. was far from satisfactory."

"Oi'm thinkin' there was a muttered O'Grady. Cameron's eyes darkened. "Are you

insinuating I am not one?" The foreman rolled his cud of tobacco across his tongue storing it open rebellion at last. carefully in his cheek before replying:

"No, sor. 'Tis me privilege, though to be proud of me old boss." "Listen, Mike O'Grady and the rest you don't change your attitude, work them in Mexican camps. If ever Pau with me instead of against me, I'll fire Cameron was to control the constructhe whole bunch of you. That's not a threat, it's a promise! And another thing, Mike, be careful of that tongu of yours. I don't like your way of expressing yourself. If you have any doubts about your present boss a man, step out here."

Just why O'Grady refused lenge was known Cameron waited a turned his back entered his tent.

Far into the night he lay the final touches only just before serving.

CLEANING SUGGESTIONS.

Coat collars.—To one tablespoonful of ammonia add salt to make a paste.

Spread on soiled streak of collar, let

way than the Mexicans.

He forgot when all was said and light enough to avoid perspiration. In the tweather, a diaper, thin shirt and muslin slip are enough. In very hot slept; no shot from some apparently pint Apply liquid with soft flannel deserted hut. He forgot these things as he cursed them for a heterogeneo collection of scum. Out of the bitter-

Good heavens! What would become of the road if he didn't drive? Why, severe driving Cubes of lemon gelatine are both were accomplishing little enough. And nimbly catch the incautious files. not supposed to refuse such royal comappetizing and economical in either a fruit or vegetable salad. appeared pretty black to Camer

After a while the officials at treal would recall him as they had recalled Robertson; but he would not have the excuse of age. He w simply be a failure. His hands clenched under the blankets, his jaw et. No! He would make the gang work if he had to thrash every one of the separately!

The next morning Cameron ares economical dressing for cabbage salad. determined to bring matters to a crisis.

And that was the nerve-smashing All salads are nicest served ice cold part—no crisis came. The men toiled Parsley flecked with a sharp knife on sullenly, without the vigor which the daintiest garnish for potato would spell success, but also without the open mutiny he had hoped for. Cameron could not knock down workman for carrying a three-quarter shovelful of dirt instead of a whole one; he could only order the foreman Creamed cheese makes a good stuffing for peppers, tomatoes, cherries, later the man would go back to his three-quarter shovelful. It was nerve-

racking. It was insidious.

Being at his wits' end, the young engineer doubled his bonus offer; but if this had any effect it was to retard the work. Two weeks passed and Cameron could find no logical excuse in a construction camp. They listen

But nothing came of it. He Cameron, who had been noted for his ability to make a Mexican greaser earn at least half his pay, realized that so this particular job.

What was wrong? What on earth could be wrong? And then suddenly

in a most unexpected fashion. dedicat babies.

Brothers Under the Skin

BY EUGENE JONES.

middle of Cameron's fourth week in camp and between the hours of twelve and one in the morning. The engin-eer being awakened abruptly by a variety of noises emanating from the direction of the bunk houses, pulled on his trousers and his boots and went to investigate. He never forgot the

scene which greeted him.
Somebody had thoughtfully provided light in the nature of a gasoline lantern; somebody else was forcing the tune of Turkey in the Straw with variations from a reluctant and partly clogged mouth organ. But Cameron coming into the circle of light paid scant heed to details.

top a slanting bunk-house as Mike O'Grady, attired only ed flannels. Nor was Mike to passively display his intistume. Miraculously bearing ady, set in the place where they are of work.

In answer to his close-clipped respondence.

With this foundation, there is not not of flavors one can use to make the

fense. During the week the men turned in early tired out with the day's work; and on Saturday night alone were they permitted to burn lights as late as they pleased. At no time was liquor allowed in camp; yet before his very eyes a drunken foreman had thrown down the gauntlet. It was

Cameron, who had been at a loss how to handle many a situation of the last few weeks, knew his ground now. He had witnessed such booze parties of you, I'll give you another week. If before, had broken up a hundred of them in Mexican camps. If ever Paul tion gang of the C & W. he realized his chance had come.

(To be concluded.)

A Poem You Ought to Know.

h literary merit, but it remains posthe most complete list of obthe signs of coming rain iner, the discoverer of vac-

Closed is the pink-eyed pimpernel. Hark how the chairs and tables crack Loud quack the ducks, the peacocks

cry, The distant hills are seeming nigh. How restless are the snorting swine, The busy flies disturb the kine; Low o'er the grass the swallow wings The cricket, too, how sharp he sings; Puss on the hearth, with velvet paws, Sits wiping o'er her whisker'd jaws. Through the clear stream the fishes

The glow-worms, numerous and bright, Illumed the dewy dell last night. At dusk the squalid toad was seen Hopping and crawling o'er the green The whirling wind the dust obeys. And in the rapid eddy plays; The frog has changed his yellow And in a russet coat is dressed. Though June, the air is cold and still The mellow blackbird's voice is shrill. My dog, so altered in his taste, Quits mutton-bones on grass to feast; And see you rooks how odd their

flight. They imitate the gliding kite, And seem precipitate to fall As if they felt the piercing ball. Our jaunt must be put off to-morrow Minard's Liniment Heals Cuts.



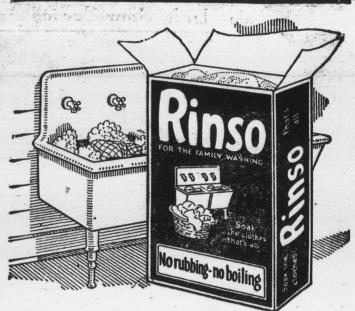
Had Been Convicted, Too. "Do you think that fellow has ever een open to conviction?' "Yes-and been convicted, too."

A "Clean" Town.

The village of Valdese, in North Carolina, which is the home of the only Waldensian colony in the South. boasts that in the thirty-one years of its existence no inhabitant ever has

Shrine to God of Babies

The place with the shortest name could be wrong: And then Suddenly the quaintest and prettiest is that the British Isles is Oa, in Scotland. Mike O'Grady gave him the answer dedicated to Jizo, who is the god of



Soaking takes the place of rubbing-

JUST by soaking the clothes in the suds J of this new soap, dirt is gently loosened and dissolved.

Even the dirt that is ground in at neckbands and cuff-edges yields to a light rubbing with dry Rinso. Not a thread is weakened. The mild Rinso suds work thoroughly through and through the clothes without injury to a single fabric.

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Nurse Plays Big Part in Developing Character.

Quite an interesting book could be influence of some old nurse. Lord Shaftsbury, for instancce, to whose in-In the following poem there is no fluence and perseverance so many of the social reformers of the last century were due, owed almost everything to the religious influence of his nurse, writes F. C. H. in "The Homiletic Re

His mother was just a fine society lady who apparently cared more about being a beautiful hostess than a faith ful mother. He traced the beginning of his Christian life to the influence of that simple Christian woman. She it was who taught him to love his Bible. She was indeed his only guide. Throughout his life he prayed the prayer that she had taught his youth ful lips to speak.

Shaftesbury shared this indebted ess to some simple serving women with some of the foremost men of the nineteenth century. Archbishop Tait's mother died whilst he was quite a child. He owed some of life's most wholesome and abiding influences to the nurse who presided over his youth

Dean Stanley was similarly indebted and in the mid-course of his career refused a royal command to dine with Queen Victoria that he might attend the funeral of his oldnurse. mands-once received that become the day's supreme engagement; but after all there are other engagements of loyalty and of gratitude. Robert Louis Stevenson affectionately sent a copy of every new volume he publish-

Turncoat Words.

A Pagan was originally a villager, a villain was a farm laborer, whilst a boor was a cultivator of the soil. The fact that people in these humble circumstances were in times past usually in a state of ignorance accounts for the later meaning of the words. They became expressions of contempt.

"clumsy" meant numbed with cold. Thus, clumsy hands were cold hands. But as benumbed hands were useless for delicate work, the "clumsy" came to mean awkward and unhandy.

The word "copy" has undergone a

examples of the same thing were pro-

duced they came to be called copies, and one of these "a copy," or specimen. Similarly, the word "gazette," which now means a newspaper, used written upon the indebtedness of fa- to mean a small coin, but when papers mous men in their childhood to the came to be sold for a small coin the name of the coin was transferred to the paper it bought.

"Pomp" originally meant a procession, but as there were generally very splendid the word came to mean anything splendid, whilst the adjective, pompous, has come to mean a mere semblance of splendor. To say to-day that a man has a pompous manner is an insult.

Voices of the Air.

But then there comes that moment rare

When for no cause that I can find, The little voices of the air
Sound above all the sea and wind.

The sea and wind do then obey, The singing, singing double notes Of double basses, content to play

A droning chord for the little throats-The little throats that sing and rise Up into the light with lovely ease, and a kind of magical, sweet surprise

To hear and know themselves For these little voices; the bee, the fly,

The leaf that taps, the pod that The breeze on the grass tops bending by.

The shrill quick sound that the insect makes

-Katherine Mansfield.

To Be Helped By Us-No Doubt. The child of active mind begins earto inquire into the riddle of the universe. Prof. George H. Palmer of Harvard University likes to tell a story that illustrates that truth.

A little boy and girl of my acquaintance, he says, were tucked up snug in bed when their mother heard them talking. "I wonder what we're here for?"

asked the little boy.

The little girl remembered the lessons that had been taught her and re plied sweetly, "We are here to help others." The little boy sniffed. "Then what

are the others here for?" What Wheat "Eats."

A ton of wheat takes away from the change in meaning. -It used to mean soil forty-seven pounds of nitrogen, abundance, but when a great many eighteen pounds of phosphoric acid, and twelve pounds of potash.

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