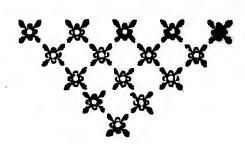
Necessary Rules, &c.

to comfort the Afflicted, reconcile such as are at Variance, visit the Sick, and such as are in Prison, and relieve the Poor.

Never go to Bed with any Disquiet on your Mind, Vords, but endeavour to Pacify your Conscience by Confes-siness, fron or an Act of Contrition, if there be Occasion d your for it.

Every Month at least Confess your Sins, often not to make Acts of Contrition, and daily use Aspirations, Honour or Ejaculatory Prayers, that so you may prevent the Decits of the Devil.



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