## THE OUTWARD PART IN THE LORD'S SUPPER. 109

What else are we to remember?—The benefits which we receive thereby.

By what do we receive benefits?—By the sacrifice of Christ's death.

What are the benefits which we receive thereby?—They are more than can be expressed.

Name some of them.—The forgiveness of our sins, reconciliation to God, being admitted into the Church, the gift of the Holy Spirit, the hope of eternal life. Eph. i. 7; Isai. liii. 5; 1 Pet. iii. 18; Tit. ii. 14; 1 Pet. ii. 9; Rom. viii. 3, 4; Heb. ix. 15.

Could we have been forgiven without the death of Christ?
Could we have been reconciled to God?

Could we have been made his peculiar people?

Should we have had the gifts of the Holy Ghost?

Should we have had any hope of eternal life?

For what purpose are we to remember the death of Christ in this sacrament?—For our comfort.\*

How often are we to do this?—Continually. 1 Cor. xi. 26. You said that the Lord's supper is a sacrament: what is a sacrament?

How many parts are there in a sacrament?

What is the first part of a sacrament?—The outward sign.

What is the outward part or sign of the Lord's supper?

Bread and wine, which the Lord hath commanded to be received.

What is the second part in a sacrament?

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<sup>•</sup> See the Exhortation in the Administration of the Holy Communion.