

as well as the other, and I am persuaded it is a good rule for us all, as ever working and building in our houses and our families, as well as when we meet together in the House of Prayer as a congregation.

And now to be practical, let us ask :—

I. How may we edify one another *individually*? How are we to build ourselves up in Faith and Hope and Love, and while we build ourselves up, help our families, our children, our servants, to go on building also? This is not my main point, but it cannot be overlooked when one is speaking of "*edification*," of which a most important part is the work of building up *oneself as an individual*. I have no hesitation whatever in summing up under four heads, the unquestionable means of building up one's own soul in the grace of God, in the love of Christ, and in the hope of glory.

1. *Prayer*, regular *private prayer*, morning and night; and family prayer, as a substitute for the Public Prayer, when and only when the latter cannot be attended. And I am quite sure that no brother will be *disedified* by this means of individual edification.

2. The daily reading of some portion of *God's word*, I do not mean a mere perfunctory reading through of a chapter, as if there was some charm in just going over so many verses; but the *perusal*, the thoughtful perusal of some portion—even a verse or two—with a prayer for the enlightening grace of the Holy Ghost. I am sure, my brethren, that is a most important means of edification for oneself.

3. Attendance at *the Church's services* on Sundays and week days. The experience of all God's most faithful servants in all past ages testifies to the blessing to be found in the Sanctuary, in the meeting even of two or three together in the Name of the Lord. It is my solemn duty to tell you this; and to state my own earnest conviction that you neglect and lose a most precious means of edification, a means of building up your souls in God's faith and fear, and to be blessed specially by God, when you absent yourselves from the House of Prayer all the week or on the Lord's Day. Oh how many of you are there who by a *very little*