

Many of Lord Roberts' staff are, to our knowledge, homoeopaths, like himself." And when we find that, in addition to Sir Henry Tyler, men of the stamp of Alderman Sir F. W. Truscott attending the opening of this Homoeopathic Hospital, we may well smile at the sneer of Glenorehy's wisacere. Yours, etc.,

H. T. GOULD.

INFANTS' APPAREL.

There is still another source of evil in the improper arrangement of the infant's apparel which should not be forgotten. While it may be adjusted so as to meet the requirements of muscular and circulatory freedom, and thereby insure a healthful demand for nutrition, the over-zealous mother may have been too lavish in the quantity. Much as we deprecate ill-judged exposure, we are inclined to believe it is scarcely more injurious than over-stimulating the tender systems of infants by means of injudiciously applied heat. Heat, beyond a certain degree, or when too long continued even in an inferior degree, acts like any other stimulus upon the vibratile system of very young children. It over-stimulates the nervous, goads to excessive action the circulatory, and relaxes the muscular systems. In consequence of this, the different parts of the body do not develop in their most healthy order, or in their natural proportions—the whole body is urged to a precocious expansion. We thus invite disease by the destruction, or too great a diminution, of certain important secretions. The over-tenderly brought up children, "the instant the winds of heaven a little too rudely visit them," become early victims to serious diseases, or drag out a protracted existence in which there is neither comfort

nor enjoyment. This hot-house plan of rearing children, in consequence of which no organ is prepared to perform its functions properly, has ever had more victims than triumphs. E. P. Triem, M. D., Manchester, Ia., in A. L. H. Trans., 1899.

WEAK EYES CURED BY OUTDOOR LIFE.

Dr. Felix Oswald tells that various diseases of the eye, including myopia, strabismus and catarrhal ophthalmia, are due to a scrofulous diathesis, and sometimes to a general debility, and can be radically cured only by outdoor exercise and a more nutritious diet. But a transient "weak-sightedness" (Schwach-sichtigkeit, as the Germans call it), is eminently a disease of the school room, caused by a persistent abuse of the eyes, poring for hours together over a spelling book or writing by the light of a flickering candle (much worse than twilight), as well as by the wretched print of our modern dictionaries and cheap cyclopedias. It should be kept in mind that reading and writing, even under the most favorable circumstances require an effort to which the eye can only very gradually accustom itself. Hereditary influences and the preliminary exercises of the infant's eye, as, in examining picture books, the first graphic essays with a slate pencil, etc., may help to smooth the difficulty; for it is a fact, attested by the experience of all school-teaching missionaries, that the eyes of an adult, sharp-sighted savage begin to smart and water at the first attempt to decipher the hieroglyphics of his primer. The rudiments ought to be taught in half-hour lessons, with liberal intervals of rest and out-door play; and scrofulous children should never be sent to a public school till after a novitiate of at least six months

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