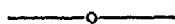


ble from vaccination and strengthen the hands of the authorities in dealing with the obstinate, and men who openly incite to a breach of the laws (as well as endanger the health of the community) by delivering to ignorant audiences addresses full of untruthful statements amid the rapturous shouts of the poor deluded hearers.

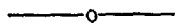
Most of these evidences are from *Public Health* (London), but they are so applicable to our East End fellow-citizens and anti-vaccinationists generally, that we thought it well to publish them.



PHYSICAL EDUCATION.



We beg to draw the attention of our readers to Mr. Barnjum's very excellent paper on the Physical Education of the Young in the public schools of this country, and we quite agree with him. We have frequently urged that more might be done in this direction, and with very great advantage to the health and physique of the youth of this country. Too much attention is given to the mental, and too little to the physical education of all classes, and the consequence is that many of them are stunted in growth, jaded in aspect, and very vulnerable to the exciting causes of constitutional disease. Sweden, Prussia, Russia, Italy and Saxony have all acknowledged the necessity of such a training, and we should be glad to add Canada.



SMALL-POX.—From research we find that the loathsome disease, "small-pox," has been in existence for more than a thousand years B. C., it having been epidemic in India, China, and thereabout, from time immemorial. But it was quite unknown in Europe before the beginning of the eighth or end of the seventh century. The Greek and Roman physicians do not seem to have been aware of its existence even. Would to Heaven we were as ignorant of it here in Montreal!