

REGAL

The Big Value in FLOUR

IN making tea biscuits and pastry, there is no flour that gives better satisfaction than "REGAL". Biscuit makers consider "REGAL" the BIG VALUE in flour.

The St. Lawrence Flour Mills Co. Limited
MONTREAL



Here is Your Golden Opportunity

I have in stock a large supply of men's and Boys' Overcoats, Workcoats, Mackinaws, Work Pants, etc., which I do not wish to carry over to another year, and in order to clear them out, I offer these lines at from

10 to 20 p. c. Discount

Considering the continuous advance in prices, this is a golden opportunity. Do not let it slip by. This offer is good only until February 15th.

Wm. E. Gesner

The Cash Clothing Store

Orders taken for "Fit-Reform Special Measure" Clothes. See our samples.

Greetings and Best Wishes for 1920

To Our Many Friends and Customers.
May the coming year be one of unsurpassed health and happiness for you and yours and all your endeavors be rewarded with success. We thank you for your favors in the past and trust that we may continue to enjoy your patronage in the coming year.

J. H. LONGMIRE & SONS

The Home of Good Shoes and Dealers in Coal, Lime, Salt, etc.
Curtis B. Longmire Wm. R. Longmire

T O D D 'S **GROCERY**

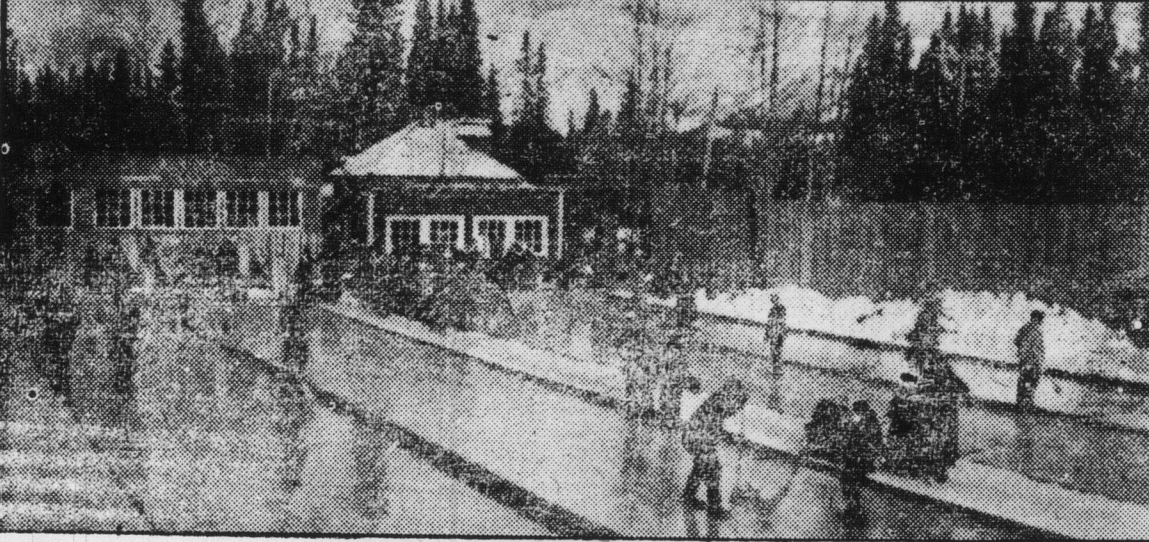
All Kinds of Flour, Feed, Groceries, Etc.

THE OLD STAND

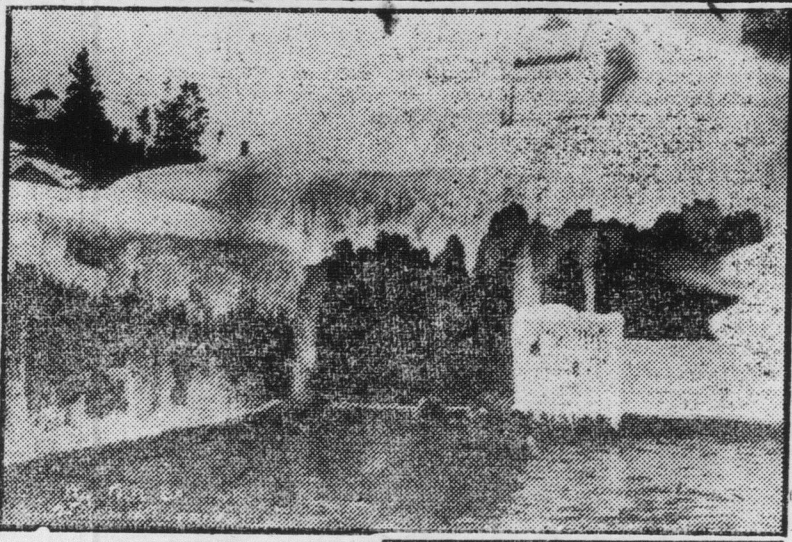
Make The Hens Lay
In Cold Weather by feeding them
Pratt's Egg Producer
30 cents and 60 cents per package
Oyster Shells and Beef Scrap in stock.

Magee & Charlton
Hardware, Stoves, Ranges and Kitchen Furnishings
QUEEN STREET BRIDGETOWN

Carnival Spirit at Banff



Banff is to have an elaborate winter carnival this year, and will be on a fete from February 2nd to the fourteenth inclusive. Situated as it is in the Canadian Pacific Rockies and surrounded by the grandeur of Tunnel Mountain, Rundle Mountain, and Sulphur Mountain, Banff, the national resort, is fast becoming the centre of winter sport in Canada, as Christiania in Norway. It is a perfect winter playground with its natural mountain slides and ideal skiing. The preparations for the carnival this year are on a larger and broader scale than previous years; the aim being to make Banff attractive in winter as it is in the summer. In one aspect the visitor will find combined summer and winter amusement in the hot sulphur springs, which give one the privilege of swimming out in the open with the thermometer above or even below zero, in not tepid but warm water.



The spirit of the carnival will again have full sway throughout the town, and those who arrive at night will find themselves in a veritable fairyland. Colored lights are to be strung across the streets, down the famous toboggan slide, and on the rinks in thousands giving a long gala effect. The list of amusements is a long one. There are hockey and curling matches, toboggan races, snowshoe and ski races. The ski jumping this year promises to be one of the big events, for a new jump has been built costing several hundred dollars, and some of the best skiers in Canada will take part in the competition. The Pony ski races are on the programme, and will doubtless create much excitement. Snow shoe traps have been planned and lunch will be served at the game warden's cabin. Those exhilarating tramps are conducted by men who

know every inch of the country. The carnival will be just one continued round of gaiety and anyone who imagines the world in the mountains to be dead in the winter will have a pleasant surprise. Rivers, brooks, cataracts and falls are all pursuing their merry course, as in the summer except in a few occasional spots. The animals are not huddled up inside their burrows or seeking shelter away from the world, but roam around as in summer. The carnival will be opened by the Superintendent of the National Park, and a special programme has been arranged for each day and will conclude with a farewell ball and distribution of prizes. There are three comfortable hotels which remain open throughout the winter. The carnival and house-pell at Banff are becoming amongst the most important and widely known events of the Canadian Winter, and will attract thousands to see "Top of the World" in the winter. Nature in all the beauty of her winter garb is at her best at this time of the year. Instead of being dead Banff will be very much alive.



Practice Economy

Buy Your Groceries

AT

J. I. Foster's

AND

Save Money

TELEPHONE NO. 55



Those New Photographs

Have them taken now, while you have it in mind.

Georgia H. Cunningham
"The Photographer in Your Town"

RAMEY'S MEAT MARKET

I now carry the store on the corner of Queen and Albert streets, one or south of B. N. MESSINGER'S ROCCERY, where I am prepared to serve the public with all kinds of MEAT, FISH etc., at reasonable prices.

A TRIAL ORDER SOLICITED.

Will send a team through the country districts once a week.

ELIAS RAMEY Proprietor.
Telephone No. 56.

DELICIOUS Fancy Biscuits

Something New

Prince of Wales
Our Empire
Aero Cream
Colonial Sandwich
Royal Fingers
Pals
Jelly Wafers
Asstd. Cream Sandwich
Cocoanut Bars
Chocolate Opera Creams
Lemon Nectras

W. H. Maxwell
Queen St., Bridgetown

Ben's Butternut Bread

Is Pure and Wholesome. Try a loaf.

Mrs. S. C. Turner
Variety Store

Northern Fire Insurance Co.

Protects You Against Loss By Fire

F. E. BATH, Local Agent
Bridgetown, N. S.

Minard's Liniment Cures Diphtheria.

GROCERIES

We have a fine line of Groceries on hand including Welch's Plumade, Fruitade, Peachade. Fruit, such as Grapes, Oranges, Lemons.

A full line of Moirs' Chocolates and other varieties.
Home Cooking: Pie, Bread, cake Hot dinners served from 12 to 1 o'clock and hot lunches served any time.

Mrs. E. B. Chute
Confectioner

BREAD ALONE
makes a wholesome, and nutritious meal

EAT MORE BREAD
baked from

PURITY FLOUR

USE PURITY FLOUR
for all your baking
"More Bread and Better Bread and Better Pastry."

Western Canada Flour Mills Company, Ltd.
TORONTO—Head Office
Branches at Winnipeg, Brandon, Calgary, Edmonton, Montreal, Ottawa, St. John, Goderich

A Word to the Wives

IS SUFFICIENT

Sugar, Flour, Tea, Soaps and in fact all Groceries are advancing in price. Below are listed a few of the many lines I am offering at **Bargain Prices** while the stock lasts. Buy now for future needs and save money.

- Orange Pekoe Tea, in bulk 59c. lb.
- Coffee, good quality in bulk 59c. lb.
- Lowney's Cocoa, 2 tins for 25c
- Jersey Cream Baking Powder, lb. tins 35c., 3 for \$1.00.
- Pure Cream of Tartar, 1 lb. pkg. 21c.
- Pure Pepper all one kind or assorted.
- Ginger 2 for 25c.
- Mixed Spice 3 lb pkgs for 35c guaranteed pure
- Allspice 3 for 25c.
- Lemon and Vanilla, 2 oz. or 2nd size bottles, 2 for 25c
- Ammonia Powder 5 pkgs. for 25c.
- Cleanser 3 tins for 25c.
- Hammer Soap, knocks dirt, large Cake 3 for 25c.
- Lenox Soap 6 for 35c.

A. J. Burns
Phone 37, Goods Delivered

Flour and Feed

We offer at extremely close prices, Flour (Five Rose or Robin Hood), Middlings, Shorts, Bran and Oats.

Every Barrel of our Flour is absolutely guaranteed.

J. H. HICKS & SONS
Queen Street
BRIDGETOWN, N. S.

THE Yarmouth Beauty Cigar

Is Used by All Refined Smokers

There's a Reason, Quality Counts

ANNUAL MUNICIPAL

Officers for Polling Districts No. 1 and 14-28

Presiding Officer (Mainland)—Robert Fader.
Deputy Presiding Officer (Milford)—Ritson L. Longmire.
Assessors—Charles Merry and Edwin Dunlop.
Pound Keepers—Homer White, Walter Hulley, Ernest Lightfoot, Judson Lewis, Allison Wentzell, David DeLong.
Cattle Reeves—Charles Charlton, Edward Silver, William Fader, John Rowter, Edgar Gates, Delbert Wagner, Allen DeLong, Arthur Fance, Pence Viewers—Charles Merry, Charles Charlton, William Fader, Delbert Wagner.
Constables—Delbert Wagner, William Fader, Edgar Gates, David DeLong, Edwin Silver, Allison Wentzell.
Lumber and Log Surveyors—Charles Merry, Delbert Wagner, O. H. Ford, Edwin Silver, Allison Wentzell, Allen DeLong.
Board of Health—R. S. Baxter, John Rowter, H. L. Mallman, Head Orde.
Overseers of Poor—George Lohme, Edgar Gates.
Sheep Valuer No 14—C. H. Ford.
Sheep Valuer No 14 and 28—Edgar Gates.
Road Surveyors No 14 and 14-28

No. 1—Porter Merry.
2—William Freeman.
3—Archie Lewis.
4—Simon Frank.
5—David DeLong.
6—Wallace Earley.
7—David Zwickler.
8—Ralph White.
9—Leland White.
10—
15—William Fader.
16—Stewart DeLong.
19—William Rogers
Road Surveyors No 14-28

No. 11—Austin Nass.
12—Allison Wentzell
13—H. L. Mallman.
14—Delbert Wagner
17—Arthur Fance.
18—Leander Fance.
20—Richard Wambolt.
21—Ralph Munro.

Officers for Polling District No. 15
Presiding Officer—Grey Gillis.
Overseers of Poor—Thomas Todd, Wilfred Durling.
Pence Viewers—John Barteaux, Frank Ramsay, George Medlicraft, Isaac Taylor.
Constables—Wm. J. Hannam, Freeman Shipp, Chas Todd, Samuel Swift.
Log Surveyors—James Hannam, Walter Todd, Appleton Buckler, William Fance.
Sheep Valuator—Robert Gibson.
Geo Kelly.
Pound Keepers—George Buckler, Clarence Hannam, George Durling, Chas Taylor.
Cattle Reeves—Thomas DeVane, Frank Ramsay, Frank Durling, John Todd.
Lumber Surveyors—Thomas DeVane, Frank Ramsay, Frank Durling, Spurgeon Medlicraft.
Assessors—Wm. Todd and Samuel Swift.

Road Surveyors No 15
No. 3—George Buckler.
4—Wm Todd.
5—Herbert Medlicraft.
6—Frank Durling.
7—George Kelly.
8—Isaac Taylor.
9—Reginald Taylor.
10—Hartley Buckler.
11—Kenneth Hannam.
12—Charles Gillis.

SCIENCE

A celebrated scientist said that Nature had "almost a ready-made food"

SCOTT'S EMULSION

is richest medicinal cod-liver oil, in a palatable manner, very much as Nature of butter-fat. Scott's is not unlike but many assimilate it easier than the Scott's Emulsion is concentrated helps keep the body strong. G.D.

Scott & Bowne, Toronto, Ont.