Ah! in the days when embryo school boys

Bazaar, quotes from an address made by Sir

William Broadbent before the Technical
copybooks, doing their best with equirming
tongue and spluttering pen to make a fair

"Until the last few years the idea was

of people encounter in learning to live in the paralyzed. But these ideas, I am thankful full, resplendent light of their schoolday to say, are wrong. Tubercle is not inherent copybook is that they have such inadequate in the constitution. Consumption is not an ideas of what and whom they really are keeping company with, and of the why and fate. It is, on the contrary, one of the prowherefore. Ask the boy, and he will say:
"Oh! of course, with Dick and Bob and
We now know how it is brought about, and my age who have a taste for bonnets or bi-

inations, those imaginations are none the asses and goats do not suffer from tuberculess rooted in impulses and passions that are losis and to bear in mind that the shrewd forth, and endow them with tremendous reacting force on the mind of the creator. Thus may there be worse boys and girls in forbid their playing with on the street, or

Who, however, parent or teacher, adethis internal workshop in which the very and stamped with their varegated patterns, while outwardly in the Sunday school listening to the story of Jesus and his disciplesthe far superior faccination of the career of Capt. Kidd and his jolly buccaneers? A man is known by the company he keeps—inside saints or pirates, clean or unclean beasts. This is the fundamental fact to deal

take pains to have them associate with.

pany-high or low, inspiring or degrading— keeping should not avail themselves of so will turn on the class of qualities that have simple and economical a means of at once grown dominant within, along with the netic affinities that draw round him his out- evils that civilization of the present day is side associates; if smutty qualities, then subject to. smutty associates; if clean, then clean ones Whatever he revels in inside, to retail this has first learned to enjoy his own society, refined or sensual, wise or silly, no other people will enjoy it when inflicted on them. If an agreeable man to bright, intelligent people, it is the good times he has had with himself over nature, books, art, travel, opportunities of picturesque observation, that give him the material wherewith to be so. If a disagreeable man to bright and intelligent people, it is the bad times he has had in his own society, the discontent, complaint and moroseness—the murder that will out— that have become chronic within, which make him the same. No! "A man is known by the company he keeps"-inside

A highly educated young girl was one day talking of an elderly cousin who had done a great deal for her. "He is as good as gold," He is the stupidest man I ever saw!"

The several people who heard this remark were properly shocked. After all which ous and cultured man had done have returned to him was silence regarding his failings. She might have left other people to find them out, if indeed they existed, the great shining brass cans.

In November, when the weather becomes

On the other hand, a young man of exone ever heard a complaint of that father from his son's lips. When called into court to their height and size, and then let them to testify against him, the unhappy youth enter the cow stable to take their places in related conscientiously the facts in the case, but it was evidently one of the most painful really elegant cow stables, the tallest couple experiences of his life. The boy showed to occupy the centre stall and the couples to should mentally take an account of the live the Original and Best. his father, but his general bearing was an of the row. utter condemnation of that father's sins. It was a wonderful lesson in right living.

not bear to have anybody praised without hastening to qualify the compliment with something unfavorable. This is bad enough from the living rooms by a glass door, so to hear of strangers or near acquaintances. Hans and his frau can sit in their best room losses as this fact implies that thousands of or supposably near friend of the speaker.

low made an insulting remark concerning her father in the village store in which she served as a clerk. The girl swiftly crossed face pale, but her manner full of dignity. "If you allude to my father, Mr. —," it may be made to produce profitable crops. she said, calmly, but with righteous indig.

But there are many old trees too far gone to nation in her voice, "I will ask you never

a not lire and an ash rich in potash. It is a very tough wood, and even when full of knots its value for manufacturing purposes is rather enhanced than lessened. The factories will drive as hard a bargain — it. Rossettis presented a striking example of this virtue. The Field, Lothrop and Jocelyn cut in suitable shapes is worth many times fundles and many others have been conspichave such wood should know the fact

EXCELLENT FOR CHILDREN AND SAFE FROM Mr. H. S. Holmes Pegler, in the London

ay he keeps," how little they in the family, a constitutional tendency which which could only be accounted for by heredthey get through life, that maxim is going ity and against which it was in vain to strive, either to trip them up and lay them by the an inevitable evil to be submitted to as a heels or to stand them four-square on their | decree of inscrutable Providence. Added to this was the impression that it was incurable, The grand trouble, however, the majority | and thus efforts to relieve and cure it were

Tom and Harry, because they all like mar- it is within the power of man to prevent it. skirts of the large cities where all the adbles." Ask the young girl of 15, and she Consumption is 'caught,' to use a familiar will say: "Oh! with all the other girls of expression, from a pre-existing case-not, let me add at once, communicated directly thing, in fine, that endears us to one another

from person to person by breathing the same some years ago. This fact is very noticesome years ago. This fact is very noticeable in the United States, where the number of wealthy residents of the large cities who and makes our souls vibrate in idyllic har- the disease is the tubercle bacillus, a minute have elegant country homes is gradually inmony." In a vague way, they think they | rodlike organism which multiplies at an | creasing. Such homes enable them to get thus know themselves and are known of others through the especial set they go with.

alarming rate." After mentioning dust as one of the means by which consumption is And in a certain superficial sense this is true. spread the lecturer continues: "But there rural district enjoy life surrounded by that Meanwhile there is another sort of com- is another way in which tuberculosis is dispany even children are keeping, of which they know precious little in a reflecting way.

It is with themselves. Astonishing it is how at a certain stage of the disease tubercle

early in life begins this interior kind of com- bacilli are present in the milk. It is through panionship, and how it cuts children off milk so contaminated that children come to from the ken of the outside word. Their have tuberculous disease. The disease of parents, in dread of evil influences, keep a | bones and joints to which children are subsharp lookout for what sort of boys and girls | ject are probably also traceable to milk. they are playing with in the yard, but here | Humpback, hip joint disease and the diseases mething that eludes the keenest eye of of knees, elbows, etc., which cripple so many father or mother or teacher. A whole world | children -perhaps so is lupus-and no doubt tubercle is often implanted by milk in early enterprises, characters, adventures, ideals, good or bad, in which the nature has full

Sir William Broadbent subsequently goes swing. Constructed this world, out of imag- on to say: "It is interesting to note that

fundamental life elements, elements that at | physicians of past days used to order asses' consumption."
This statement, says Mr. Pegler, coming from a medical authority of such high stand that inside world than any their parents | ing, brings the claims of the goat before the public in a very conspicuous manner and

better boys and girls than any the parents | should give an important fillip to goat keeping. It is, however, no new discovery, hav-ing been known to the scientific world for quately reflects on the vital significance of | many years, and yet in all the lectures and treatises on tuberculosis how rarely do we find it mentioned? From this cause to a large proportion of general public the important fact above

mentioned is probably quite unknown. In may all the while inwardly be revelling in France this subject has received more attenwith, and never does a distinctly rational a single case of tuberculosis. He even added

What the nature of this comopportunities and accommodation for goat
foliage is in its tender growth. providing their children with the most easily

The Petted Cows of Holland.

Holland has been termed the cow's paradise, because there everything is done to make a cow's life one of beauty, comfort and even luxury.

In summer and in winter the cow is the

one object of the thoughtful, loving care of the farmer and his family.

Early in May the cattle are turned out to pasture where the grass grows most luxuriantly, the fields being mowed and fed to

cattle on alternate years.

Ditches from 15 to 20 feet wide, of deep-Scattered throughout each field are scratching posts for the comfort of the kine, for

Many farmers are so thoughtful of their eattle as to put on them linen covers to protect them from flies and other insects, as well as from the raw winds.

In the midst of exquisite emerald-green fields of from twelve to fifteen acres each, with abundant water always at hand, the cows spead at least eight or nine months of the year, coming together in squads toward 5 o'clock daily to await the milkers with

too cold for the cows to remain out of doors, they are driven into their respective farmyards to be sized up by their owners; that

There are frequently fifty or more head in one herd, and you would open your eyes in ter of unusual severity and length, and mos amazement could you enter one of these Holland stables. They are built as a part will be surprised at the amount of stock A certain girl once showed a fine feeling his cows all day and dreams of them at night.

We never advise cutting down a healthy the room and stood erect before him, her apple tree, even though it be long unproto mention his name in my presence, unless you can do so with respect. He is poor and feeble, and I will not hear a man like you insult him."

up and burned for firewood every winter.

Apple tree wood is worth too much to be put to such uses, though applewood makes a hot fire and an ash rich in potash. It is a

Agricultural.

The Country Home.

The country home should be the ideal home. Whether it is so or not will depend gue and spluttering pen to make a fair nascript of the maxim, "A man is known that consumption was a disease which was ies and more conveniences in the way of heating and lighting it lacks that quietness in the family, a constitutional tendency upon those who occupy it. While the home and comparative seclusion necessary to make the home what it should be. Except perhaps in the case of light the farmer of today can have every convenience and up-to-date improvement in his home that the person living in the city has, and in addition that

country alone can give it.

tion in favor of country life and rural purinevitable disaster inflicted by a mysterions suits. Many business men who have worked hard for many years to earn a competency, after they have attained that end, seek cosy homes in some rural district or in the outvantages of a country life prevail. Then the very wealthy are more given to having luxuriant country homes than was the case healthfulness, independence and peace which a touch of nature always gives.

In an urgent plea for the country home a writer of our American exchange says: "The small farm, fully equipped, choroughly stocked, highly fertilized with its permanent pasture lots and orchards, with improved applicances for the dairy and modern conveniences for poultry raising, with a bountiful garden, and, lastly but not least, with its attractive, commodious, convenient home of which poets may sing and lovers as to say that as many as one thousand deep dream. If the master of such a home is a practical farmer himself, fully informed, as he should be in the minutize of crop raising, in horticulture, in the care of live stock, he can with unskilled help conduct his business with success and pleasure. If he works once create the scenes and characters bodied and goats' milk for persons threatened with with intelligence, thrift and frugality, he will always have something to sell, be thoroughly independent; and in close proximity

to a steam or electric road, his family can

have many of the advantages of city life,

while at the same time they enjoy the free-

dom, independence and healthfulness of their country home. And so is my plea for the country ho I would have you remember that it is the nursery where the fledgelings in human form can have the safest, the purest, the 'noblest and the truest development. Where the the medical profession and to the bulk of the trees assume most graceful proportions, and the flowers are of the richest bues and sweetest fragrance, there, too, will child-

the most beautiful maturity.

Before warm weather comes all the plum trees should be looked over, and any that show marks of black warts that indicate

-Bovine tuberculosis has assumed alarmgrown dominant within, along with the most easily mental world they make for him to live in.

These qualities are in themselves the magnetic effoliates that draw round him his cut.

The only efficient method of combining the control of the greatest ope, more than half the animals being in fected. The only efficient method of combining the control of the control of the control of the mental world they make for him to live in.

These qualities are in themselves the magnetic efforties that draw round him his cut.

The only efficient method of combining the control of the mental world they make for him to live in. bating the disease among cattle is by separation of healthy from infected animals, either by isolation or slaughter. To determine whether any cattle in a herd are infected and ought to be isolated from the others it is necessary to resort to the tuberculine test. This test should be used to aid the farmer in building up a healthy herd, but not to condemn all reacting animals to slaughter. The history of tuberculosis in European herds will be the history of our own herds unless our farmers wake up to the necessity of battling with the disease at once.

-It often happens where there is great variety of soil in a neighborhood that farmblue water, separate the fields; these are spanned by rustic bridges having bolted.

The farmer who has early, well-drained land the farmer who has early, well-drained land. has, of course, the advantage. If with the help of his neighbors he can get his own crop even the well cared-for, sleek-coated Holstein-Friesian cattle enjoy a good scratching oc-their later land. There is, we think, not so much of this mutual exchange among farmers as there used to be. Times would be better among them if they would return RHEUMATISM to the old-time in this regard

> -All the tall growing berries of the GURED bramble sort, will use a large amount of organic manure. But be careful about dressing your raspberries with rank undecomposed time you will develop a fungoid disease that you cannot easily master. If you use barnyard manure in raspberries it should be thoroughly comminuted with the soil as a compost. In fact, I prefer to compost every manure before it is placed on my gardens Equally important as the manure is the mulching of our fruit trees and bushes of all sorts.

strenges of the speech a filial regard for graduate in height down toward either end stock of various kinds that he has wintered and compare its present value with what it was when winter began. It has been a winwhich has not only paid its way, but has from the living rooms by a glass door, so been kept at absolute loss. It is in such Hans and his frau can set in their occur to and yet keep an eye on their beloved cows, farmers may learn why it is that they are for it is said that a Dutch farmer thinks of not more prosperous.

-Always give hogs plenty of pure freal water, and do not compel them to drink out of creeks or ponds where the water stands stagnant. Hogs do not need wallows. Give plenty of shade in summer and good, dry warm shelter in winter, but do not let then pile up in a manure pile, and give them something better for a wind brake than a barbed wire fence. To be a successful hog raiser watch carefully at all times, feed regularly and see that all possible comforts

Minard's Liniment Cures Burns, etc.

Toniaht

If your liver is out of order, causing Biliousness, Sick Headache, Heart-burn, or Constipation, take a dose of

Hood's Pills

TEN YEARS A CRIPPLE FROM RHEUMATISM

NOW CAN WALK.

BRILEY'S BROOK, Antigonish Co., N.S. To Egyptian Rheumatic Oil Co., Ltd.:-DEAR SIRS, - For ten years my daughter Barbara Ellen has been a sufferer from the

effects of rheumatism; the last two years o

has been totally unable to walk. Early in September I purchased a bottle of EGYPTIAN RHEUMATIC OIL and after the external application of one bottle my daughter was able to walk across the There are evident signs of a healthy reachouse without any assistance whatever. I could scarcely believe it at first, and I feared a relapse, but after some weeks, she still continued to improve, and is now recovering rapidly the former use of her limbs. It therefore gives me pleasure to testify to the merits of EGYPTIAN RHEUMATIC OIL, which has wrought such a wondrous

oure on my daughter. Yours truly, BOSTON SERVICE. ISABELLA CHISHOLM (Cutter) Sold by all dealers.

The art of inflating the lungs to their fullest capacity-in other words, the art of deep breathing-is an exercise that is more and more attracting the attention of those who realize the benefit and necessity of physical culture. Naturally, as the air makes food for the lungs, which make good blood, upon which depends the strength of the system, it is important to have good and abundant air for the lungs to utilize. It is a fact, however, attested by physicians, that the majority of people do not ordinarily fill the dency the habit of taking deep inspirations and comfortable cottage-makes the ideal daily should be formed. Blaikie goes so far inspirations should be taken every day; but if those who are not accustomed to this exeroise would begin with twenty-five, or even ten a day, it would be taking a step in the right direction. This number could be gradually increased. A tendency to consumption -- that scourge of the human race-may be overcome; indigestion, fever, sea-sickness, and many other ills are declared to be helped if not cured, by this treatment, and the benefit to all who persevere in the habit of taking deep and full inhalations of good air can scarcely be estimated.

This method is a simple one. Draw in the breath slowly through the nostrilsnever through the lips-until every air-cell in the lungs is full. Hold the breath for a little time without straining, and then slowly expel it. Repeat this many times. -When the century dictionary was com

piling the editors hunted far and wide for

new words. Among those gathered was "kodak," which had been coined and brought into use within a few years by the Eastman Kodak Company. A snap-shot photography was then a new thing, the and high-aiming life begin till one sets to work to turn his own bad company, neck and heels, off the premises, and hospitably to entertain the good. Nor is this as easy work as ridding one's self of external evil companionship. For one's own bad company is part and parcel of himself, joint owner of bed, board and estate, that wants no writ of ejection served on it.

There is no escaping this hard fact! All through life a man's chief company has to be himself. What the nature of this company—high or low, inspiring or degrading—high or low, in the besone a part of the lexpress train from Halifax act black knot should be removed with a sharp kinder and the wound washed with carbolic acid solutions or some other antiseptic. In fact, it is a good plan to spray plum trees with a carbolic acid solutions or some other antiseptic. In fact, it is a good p that the word was copy-righted, and that if t appeared in the century dictionary a suit for infringent of copyright would follow. kodak is not in the century as a consequence. By the time the standard dictionary went to press in k, the word kodak was still more common, and it was placed in the latter dictionary without objection on the part of the copyrighters, who would have been obobliged to sue all the publications in the country if they desired to restrict the rights of the word. So much for past history. The word kodak has now become so common that probably nearly everyone has forgotten that it is a trade name, and copyrighted as such. Anyway, the late Kodak Cycle Company, of England, did not know it, for it undertook to register the trade-mark kodak pany, or nogistand, did not know it, for it undertook to register the trade-mark kodak as advertising its bicycles. The Eastman Kodak Company promptly took the matter up, brought two suits against the bicycle company and won them both.

TO CURE A COLD IN ONE DAY. Take Laxative Bromo Quinine Tablets. A pruggists refund the money if it fails to cure

Sufferers from Rheuma tism have found great benefit from using

Puttner's Emulsion

the Cod Liver Oil contained in it being one of the most effective remedies in this disease.

Always get Puttner's, it is

MAXIMS ON CLEANLINESS.

Housecleaning is the hinge upon which the Many diseases are due to dirt. which, while not causing death, make life a burden. More disease is removed from a house by proper cleaning than can be cured by all the doctors in the place. cery important, not only because the remo The dust of our houses is the dust of our street. We dread it on our clothing but we breathe it in our lungs. A. C. HICKS makes a specialty of Whi

Orders left at Cochran's Shoe Store will be Spring 1899

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N. H. PHINNEY, Mana

DOMINION ATLANTIC RAILWAY

Land of Evangeline" Route On and after WEDNESDAY, MARCH 1st 899, the Steamship and Train Service of his Railway will be as follows (Sunday ex which she had not the use of her limbs and

Trains will Arrive at Bridgetown: Express from Halifax..... 11.06 a.m Express from Yarmouth.... 1.17 p.m Accom. from Richmond.... 4.35 p.m Accom. from Annapolis.... 6.20 a.m Trains will Leave Bridgetown: Express for Yarmouth... 11.06 a.m Express for Halifax 1.17 a.m exhaustion. Accom. for Halifax...... 6.20 a.m Accom. for Annapolis..... 4.35 p.m

S. S. "Prince George," ,2400Gross Tonnage; 7,000 Horse Power

by far the finest and fastest steamer plying out of Boston, leaves Yarmouth, N. S., every Mon DAY AND THURBDAY, immediately on arriva of the Express Trains, arriving in Boston early next morning. Returning, leaves Long Wharf

Royal Mail S.S. "Prince Rupert 1,260 Gross Tonnage; 3,000 Horse Power. ST. JOHN and DICBY.

Monday, Wednesday, Leaves St. John..... 7.15 a.m. lungs in breathing. To overcome this ten- Arrives in Digby 10.00 a.m. Leaves Digby..... 1.00 p.m. Arrives in St. John...... 3 45 p.m. S. S. "Evangeline" makes daily trips between Kingsport and Parraboro.
Buffet Parlor Cars run each way daily o
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nouth.

Trains and Steamers are run on Easter P. GIFKINS, Superintendent, Kentville, N. S.



The Shortest and Best Route between Nova Scotia and United States THE QUICKEST TIME. 15 to 17 hours

Two Trips a Week. The fast and popular Steel Steamer BOSTON newspapers had taken up the word kodak and used it as a verb, in such senses as NESDAY and SATURDAY EVENING after arri-

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It will pay you to place your order with u for fruit trees, fruit bushes, hedging, etc., earl this season. As proprietors of the largest nur order.

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men to sell our goods. DEMAND FOR OUR
STOCK IS HEAVIER THAN EVER. Sup
plies furnished free, and ouragents paid week

STONE & WELLINGTON, PALFREY'S CARRIAGE SHOP -AND-

REPAIR ROOMS. Corner Queen and Water Sts

THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Fungs, that may be desired.

Best of Stock used in all classes of work.
Painting, Repairing and Vanishing executed in a first-class manner. ARTHUR PALFREY. Bridgetown, Oct. 22nd. 1890.

Mode Cabe Eredaland ARCHIBALO'S PAIN BALSAM. but the best hot medicine for COUGHS. COLDS. CRAMPS. CHILLS CHOLERA, COLIC. THIRTY YEARS

FARM FOR SALE The subscriber offers for sale his valuable farm situated 2½ miles from Bridgetown. This is an Al hay farm, two large orchards, one small plum orchard, good pasture and wood land. House and outbuildings in good order. About two-thirds purchase money can remain on mortrage. Aprily to rder. About two-thirds purchase an remain on mortgage. Apply to

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"Probably no single drug is employed in nervous diseases with effects so markedly beneficial as those of cod-liver oil."

These are the words of an eminent medical teacher. Another says: "The hypophosphites are generally acknowledged as valuable nerve tonics."

Both these remedies are combined in Scott's Emulsion. Therefore, take it for nervousness, neuralgia, sciatica, insomnia and brain

50c. and \$2.00, all drugglets.
SCOTT & BOWNE, Chemists, Toron

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ine India Steel and Green Ribbed Clippe Scythes. Every Scythe warranted.

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Our Name is a guarantee of quality. Inferior Imported Goods are now being offered in some places at about the same prices as Eddy's. If you compare them you will find they contain only about half the material, cost proportionately less, and will as a correspondingly shorter time. Consult your best interests therefore by seeing that the goods you purchase were made by The E. B. EDDY CO'Y. Limited.

JNO. PETERS & CO., Agents, Halifax. SCHOFIELD BROS. Agts. St. John. N.F. BRIDGETOWN Marble Works

The above works, for many years conducted by the late THOS. DEARNESS, will be carried on under the management of MR. JOHN DEARNESS, who will continue the

Monuments, in Marble, Red Granite, Gray Granite and Freestone,

Tablets, Headstones, &c. All orders promptly attended to.

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5,000 Hides,

15,000 Pelts, For which the highest prices will be paid, **Spot Cash**. Those having hides to sell will please bring them to the tannery. lacKenzie, Crowe & Company

CAUTION! All persons indebted to the estate of the ate J. AVARD MORSE, either by accounts ar promissory notes, are hereby notified that

r promissory notes, are hereby notified that il payments of the same must be made to undersigned, as no person has be ed by them to collect said accor-

NO HIGH

The Household.

covered furniture, furs, etc., they should be thoroughly beaten, shaken, brushed, and exposed as long as practicable to the sunlight in early spring, either in April, May or June, depending on the latitude. The brushing of garments is a very important consideration, to remove the eggs or young larvae which might escape notice. Such material can then be hung away in clothes closets which have been thoroughly cleaned, and, if necessary, sprayed with benzine about the cracks of the floor and the baseboards. If no other protection be given, they should be exam at least once a month during summer, brushed, and, if necessary, exposed to the sunligh It would be more convenient, however, to so inclose or wrap up such material as to prevent the access of the moths to it, after i as once been thoroughly treated and aired. This can be easily affected in the case of clothing and furs by wrapping them up tightly in stout paper or inclosing in wellmade bags of cotton or linen cloth or strong paper. Dr. Howard has adopted a plan so, I haven't been dead even a little bit which is inexpensive, and which he has found Not once. Could have been had I wante eminently satisfactory. For a small sum he ecured a number of the large pasteboard | Maybe I ought to be, even now. But, as boxes, such as tailors use, and in these packs away all winter clothing, gumming a strip of wrapping paper around the edge, so as to | done." seal up the box completely and leave no cracks. These boxes with care will last many years. With thorough preliminary tar impregnated paper sacks sold as moth | by myself. protectors, which may be objectionable on

count of the odor. In the case of cloth-covered furniture and cloth-lined carriages, which are stored or left nused for considerable periods in summer, it will probably be necessary to spray them twice or three times, viz., in April, June and August, with benzine or naphths, to protect colt foaled in '97. Would give the name but them from moths. These substances can be applied very readily with any small spraying device, and will not harm the material, but caution must be exercised on account of their inflammability.

Death in the Pot.

The use of enamelled iron ware for culinary purposes is becoming very common. Most seholds possess one or more of these articles, which have much to recommend them on the score of ease in cleansing, and the rapidity with which heat penetrates to the contents. Mr. Sharpin, F. R. C. S., of Brighton, has, however, called our attention to this latter property, and shown that it may constitute a source of danger. He met with the case of a cook who, in cleaning a saucepan made of this ware, had been pierced with a small piece of the enamel under the finger-nail. Upon examination after extrac ion, the fragment proved to be like glass in appearance and sharpness. He points out how readily this enamel breaks off from the subjacent iron, if it be submitted too rapidly to a great heat. This he attributes to the rapid expansion of the metal without a cor-responding extension of the enamel. Once cracked, moisture obtains access to the iron, which becomes rusty, and the enamel then Sharpin ascertained that it was very difficult to pick these pieces out of certain vegetables, for example, spinach or cabbages, and draws the inference that many people eat food to which particles of enamel are adherent. He then inquires whether, such being the case, this may not account for the greater frequency of certain intestinal troubles at the present day than in the days before enamelled ware came into general use. . . . He therefore advises that all housekeepers and others in charge of the domestic arrangements in households where enamelled saucepans, etc., are used should have them overhauled at requent intervals, and that those in which the enamel is defective should be at once discarded. - British Medical Journal.

feet away from where I started. I haven't -The following measures of capacity may be found useful to hang in the kitchen for

4 even teaspoons liquid equal 1 even tablespoonful. 3 even teaspoonfuls dry material equal

even tablespoonful.

16 tablespoonfuls liquid equal 1 cupful. 12 tablespoonfuls dry material equal 2 cupfuls equal 1 pint.

4 cupfuls equal 1 quart. 4 cupfuls flour equal 1 quart or 1 pound. 2 cupfuls solid butter equal 1 pound. 2 cupfuls granulated sugar equal 1 pound. 2½ cupfuls powdered sugar equal 1 pound. l pint milk or water equal 1 pound. 1 dozen eggs should weigh 1½ pounds. ream is lighter than either, while pure milk is three per cent. heavier than water.

The following table of proportions is also aluable. Use 1 teaspoorful soda to 1 cupful molasses. 1 teaspoonful soda to 1 pint sour milk. 3 teaspoonfuls baking powder to 1 quart

1 cupful yeast or 1 cake compressed yeast to 1 pint liquid. 1 teaspoonful extract to 1 loaf plain cake. 1 teaspoonful salt to 2 quarts flour. I teaspoonful salt to I quart soup. 1 scant cupful of liquid to 3 full cupfuls of

flour for bread. 1 scant cupful of liquid to 2 full cupfuls of flour for muffins. 1 scant cupful of liquid to 1 full cupful of I quart of water to each pound of mea

The Child's Health. The school life of a child may be very important, but there need be no haste in send-

and bone for soup stock.

ing a child to school. Ordinarily parents, especially when not well off in this world's goods, hurry off each child to the public chool as soon as it reaches a certain age, and there it is put through the curriculum regardless of individual peculiarities, and in many cases it is like trying to fit a square each child should be examined by the physician to determine its fitness for school life and also to make suggestions as to its studies. Of course no physician could decide these facts at a single examination, but a short study of each case from infancy up will enable the family physician to pass correct judgment upon the ability of the child. Children often gain more and make better lergartens, as a rule, do not force; but the emptation to push the child is great, and an threw him over his head. According to cusmbitious scholar will often take on too great | tom, the sergeant, who was giving the riding burden. Rest from school will often do nore than the best tonics. The length of school hours, recess, sanitary conditions of the rooms and character of the lunch are sll
"I did, sir, career of young children. A clever child may be a pride to the school, but health

ould not be neglected for scholarship. Cleaning Chamois.

To clean chamois polishing clothes pour six tablespoonfuls of ammonia into a quart of tepid water and soak the chamois skin for

Joker's Corner.

Burdette and the Wheel In the Hawk-Eye sometime ago, a card of the Pulaski Independent, inquiring the foundation for the reported death of Mr. Robert J. Burdette. As the Hank Eye had received a similar inquiry from elsewhere, it published its own denial of the story and forwarded a copy of the article with a letter to Mr. Burdette. The following reply, in Mr. Burdette's own happy vein, all," and is ample refutation of the rumor that he had shuffled off this mortal coil. His answer reminds us of the recent reply made by Mark Twain in a similar inquiry concern-ing himself, he said: "My reported death

has been greatly exaggerated. BRYN MAWR, PA., June 14, 1897. My Dear Waite:

Like the true friend and loval comrade you ever were, you do right to protest against my burial prior to the autopsy.

I am indeed very much alive. Not only Not once. Could have been had I wanted to be. Could be yet. But I don't want.

undone those things which we ought to have Possibly the rumor that I have gone dead grew out of the fact that I have learned to ride a bicycle. I say, "have learned"—not

we make weekly confession-"We have left

night to learn, having first locked my family in the house and forbade them to look out of the windows. Led my bicycle out on the turnpike-the Bryn Mawr pikes are broader than the way of destruction, twice as smooth for the fact that I had to pay for the wheel. Will only say therefore in accordance with the ethics of our profession, it is NOT the wheel anybody says it is.

I held him by the withers right in the I dismounted in the same independent

Got on again and proceeded to break him Did I ride the first time?

Well, say! People had told me-liars of all ages and both sexes-that I couldn't fall if, when I felt that I was falling, I would stick out my

I stuck out both feet and both hands-and fell on my head. I fell on one side of that diabolical wheel and then on the other: I fell on both sides it, and I made "dog falls" with it. I fell between the wheels. I fell behind the hind wheel and before the front one at the same time, and don't yet know how I did it. I pike-except the time I fell on my head. I man could unless he dropped out of a balloon and lit in a load of furniture. I lost my confidence, my patience, my temper, my clamps, lamp, bell and reputation. I broke one pedal, the saddle and the ordinance against loud, boisterous and abusive language at night. I ran into everything in sight except the middle of the road. I sat don everyling in the township except saddle. I scorched in a circuit not fifteen feet in circumference until you could smell brimstone. I made more revolutions than a South-American republic and didn't get ten

been so mauled and abraded, so thumped and beaten, so bruised and scratched, since I left the army. But I can ride! I don't say I "do." But I "can."

Do I consider "biking" good for the For the health of some people, I do. I don't see how a physician can bring up his

cision." And do you tell Bro. Davis to keep his obituary on the standing galley until he hears from "Slug Nine." I don't believe he got "30" yet, although friends who have called to see me, break down when they say "good-by" and walk out of the room on tiptoe. But I wouldn't mind that if I knew what became of my shoulder-blades the time

I ran under the hay-wagon. Cheerfully yours, ROBERT J. BURDETTE.

-"Had it no been the Sabbath day," said a Perthshire preacher to an elder "between the preachin's," "I would just have asked ye how the hay was selling in Perth or

"Well, sir," said the elder, "had it no

been the day it is I wad jest hae tell't ye it was gaun at a shillin' the stane." "Indeed. Well, had it been Monday, in-stead of the Sabbath, I would have told you I have some to sell." "Umph, ay, ou, ay, sir. And had it been Monday, as you say, then I wad just hae ell's ye I wad gie ye the market price for it."

The elder's carts were at the manse early on Monday morning, and the preacher's haystack vanished like a highland mist. In the case of Schmalzberg vs. Schnock,

for Slander, a compromise was effected in court, the suit being withdrawn on condition that Herr Schnock should promise to beg the plaintiff's pardon. The next morning Schnook rings the door bell at Schmalzberg's house. "Does Herr Schmidt live here?" usks

Schnock.
"No," replies Schmalzberg. "I beg your pardon," says Schnock, and he goes his way with a consciousness of hav-

An Irish recruit having cavalry regiment was 1

"I did, sir," answered Murphy. "Who from?" bawled the sergeant.
"From hindquarters, sir," said Murphy. Foolishly Sensitive "Yes, we lost the doctor's trade in a very

"Private Murphy, did you receive orders

ofortunate way."
"How was that?"

easy reference: